



### Finishing Class Project

Brunswick Technical College welding students put finishing touches on a barbecue grill constructed by the class as a community service project for the Calabash

Rescue Squad. They are, from left, welding instructor Thurston Clemmons, Willie McCoy, Foy Bennett and Gene Carter.

## Board Revises High School Physical Education Classes

BY TERRY POPE

Brunswick County educators are rolling out the basketballs in favor of more physical fitness and lifetime sports for high school students.

A plan approved by the Brunswick County Board of Education Monday night will revise advanced physical education classes at all three high schools beginning next year. According to Assistant School Superintendent Ed Lemon, who presented the curriculum changes, physical education classes at the high schools need revision because they "lean far too much toward team sports."

A high school physical education committee has recommended the changes for grades 10-12, beyond the basic PE class offered to ninth-graders. Both North and South Brunswick High Schools will begin sports on an elective system, as already begun at West Brunswick High.

The PE program at West will be expanded next year. During the three-year existence of the elective system at West, the students have enjoyed the programs, Lemon said. All three schools will have the same P.E. offerings for the 1985-86 schedule.

Those class offerings will include physical conditioning, new games, dance/aerobic, lifetime sports and tennis.

"One can not play basketball or soccer for a lifetime," Lemon recommended. "One can, however, play golf or tennis, or can jog or do other aerobic activities for a lifetime in a majority of cases."

Union Primary School physical education instructor Tom Simmons said he favored the new approach to PE classes at the high school level.

"Too many parents say PE is just a place for kids to go to play," Simmons said. "I can't stand to see classes where they just throw out the

basketballs and say, 'Go play for 55 minutes.'"

Students taking physical conditioning will learn to develop strength, endurance, flexibility and agility. Weight training will be a primary activity in the class including stretching, running and agility drills.

Under new games, the activities will be more fun, but will also include vigorous activities involving team work, Lemon said. Games include soccer, modified football and other relay-type games, trust games, four square and angle ball.

Students taking dance/aerobic will help develop cardiovascular fitness while having fun moving to music, learning locomotor dance movements and rhythm. Aerobic dance, jazz dance, aerobic exercise, folk dance and modern dance will all be offered under the new course.

Students taking lifetime sports will learn the rules, regulations and locomotor skills in several sports. Each student will choose six of 11 sports to take during the school year, including golf, basic tennis, badminton, archery, ping pong, croquet, horseshoes, jogging, gymnastics, self-defense and volleyball.

An advanced tennis course will be open to juniors and seniors only. Students will learn the history of ten-

nis as well as the rules and regulations of the game, both singles and doubles. Students will also get to play and practice the game, developing their forehand, backhand, serve and volleyball skills in the lab, smash and drop.

One to two juniors and seniors in each course will be chosen to serve as assistant to the teacher. They will assist the teacher in having equipment ready, in officiating games, checking dressing rooms and taking care of class members' valuables.

Assistants will also earn one-half unit of credit for each course. Each of the outlined courses will offer one unit of credit toward graduation. Students are only required to take one unit credit of PE in high school.

Serving on the committee that recommended the PE changes were Lemon, Nelson Best, special services supervisor; Cliff Gibson, NBHS athletic director; Bubba Baldwin, NBHS coach; Ronnie Champion, WBHS coach and Tracey James, WBHS.

School representatives worked with their principals and faculty to revise the plans. A self-study prepared by the state for accreditation that was completed over two years ago was also used in revising the program, Lemon reported.

## Students Await Board's Prom Decision

South Brunswick High School juniors and seniors will not know until the end of this week whether or not they will be allowed to have their prom in Wilmington on May 4.

Five SBHS students addressed the Brunswick County Board of Education Monday night requesting permission to have their prom at the Ramada Inn ballroom in Wilmington. Students had already paid a \$300 deposit on the room and began collecting student dues before they discovered there was opposition to their plan.

School Superintendent Gene Yarbrough said Monday he will poll the individual board members by telephone later this week to reach their ruling on the matter. Holding a prom in Wilmington is not against a countywide policy, but it may make the school board liable for accidents, he added.

"If we sponsor an event that has so much mileage involved, I think it is a question of our liability," Yarbrough said. The school board attorney will be consulted in the matter.

However, many students will be traveling to Wilmington anyway to dine or date before or after the prom,

said student Candi Somers. Other students who presented the board with petitions of over 100 names Monday were Dee Dee Hemby, Cheryl Borszich, Jeff Morgan and Darryll Brown.

North Brunswick High School is holding its prom in the Elks Lodge in Wilmington while West Brunswick will be holding their prom in the Shallotte Middle School cafeteria. North students are closer to Wilmington, making a round trip not as dangerous, Yarbrough said.

SBHS students had considered holding their prom in the Moose Lodge on Long Beach Road, but the traveling conditions on that highway

were considered too dangerous, Ms. Somers said.

"We realize drunk driving is a concern of parents and the board," she said. "We plan to have a drunk driving awareness week before the prom."

Students will also be encouraged to take a pledge not to condone alcohol use by others during prom night, she added.

If the students are forced to cancel their reservation, they may lose at least part of their \$300 deposit. Both the juniors and seniors voted to hold the prom in Wilmington, Ms. Somers said.

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