



**NEW MEMBERS** of the Shallotte Junior Woman's Club are (from left) Dee Hall, Lynnette Lewis, Debbie Rupp, Donna Williamson, Nikki Proctor, Diane McRainey, Tara Walker, Kathryn Fisher and Vicki Rogers.

## Shallotte Juniors Begin New Year

Shallotte Junior Woman's Club recently changed officers, added new members and recognized members' accomplishments during the past year, said spokesman Gerri Cox.

Susan Gibble of Holden Beach is the club's new president. Serving with her during 1991 are Betsy Lewis of Calabash, president elect; Vicki Marshall of Shallotte, first vice president; Kate Williamson of Ocean Isle Beach, second vice president; Lynne Carr of Holden Beach, treasurer; Gerri Cox of Shallotte,

historian; Julie Harrelson of Shallotte, secretary; and Kim Galloway of Supply, co-treasurer.

Mrs. Gibble was also recognized as the outstanding clubwoman for 1990, receiving the Sandra D. Thomas award. Other award recipients were Polly Russ of Shallotte, the Katherine C. Gainey Citizenship Award; Lisa Mintz of Supply, the Tommye Glenn Outstanding New Clubwoman; Lynne Carr, Sylvia Tripp Congeniality Award; and John Marshall, The Brunswick Hospital,

the Dianne Holden President's Award for contributions to the club. Sharing the Sharon B. Cranford Department award were Gerri Cox and Cathy Milligan of Shallotte.

Inducted as new members were Dee Hall, Donna Williamson and Kathryn Fisher of Shallotte; Debbie Rupp, Nikki Proctor and Tara Walker of Ocean Isle Beach; Lynnette Lewis of Supply; and Vicki Rogers of Southport.

The club meets the first Monday of each month.



**INSTALLED AS 1991 OFFICERS** of the Shallotte Junior Woman's Club are (from left) Susan Gibble, Betsy Lewis, Vicki Marshall, Kate Williamson, Lynne Carr, Gerri Cox, Julie Harrelson and Kim Galloway. District Junior Director Debbie Lemon (right) was the installing officer.



**RECOGNIZED FOR THEIR WORK** during 1990 were club members (from left) Susan Gibble, Polly Russ, Lisa Mintz, Lynne Carr, Gerri Cox and Cathy Milligan.

## Gardening's Not For Adults Only

BY C. BRUCE WILLIAMS  
Extension Area  
Turf Specialist

I was recently reminded that gardening is for people of all ages.

A mother of two young men told me that her sons, D.J. and J.R., read my column every week. D.J. and J.R., your loyalty is appreciated.

I sometimes forget that my childhood curiosity about the mystery and wonder of plants grew into a career.

Children love to garden. Last year, NASA sent out tomato seeds to schools throughout the country. These seeds were exposed to all the unseen forces of the universe in the shuttle's space flights. Thousands of tomato plants were grown from these seeds.

I do not know if any great scientific lessons were learned, but I am sure that a great number of children were introduced to gardening. I have spoken to numerous parents, teachers and children who enthusiastically tell me the details of growing these plants in school and home gardens.

I have a young cousin who is hybridizing roses, with his mother's



WILLIAMS

### THE PLANT DOCTOR

help. I know of no better way to encourage a child's natural curiosity and at the same time impart a love of the environment.

Don't tell the kids, but gardening is one of the most wholesome, healthy and satisfying lifelong hobbies around.

Plants used in a child's garden should be non-poisonous, edible, mature quickly and fun to grow. Seed catalogs are great fun for children and one of the best places to start planning a summer garden.

Designate a small plot of land especially for your child's garden. Pay special attention to site location, soil preparation and size. Tailor the details of garden preparation and planning to the child's personality and creativity.

#### Some Crops For Kids

Root crops like radishes, carrots and sweet potatoes are always fun for the first-time gardener.

Carrots can be difficult if germination, plant thinning and soil fertility are not properly attended. The smaller, finger-size early maturing carrot varieties would probably be best for the young gardener.

Radishes are a sure-fire success under most garden conditions.

Sweet potatoes would be a good follow-up crop and usually produces

a crop under the most trying environmental conditions. Slips can be produced from the shoots of a rooted sweet potato on a window sill.

Field crops such as popcorn, pumpkins, gourds and watermelons take up considerable space in the garden, but kids love 'em. Get the popcorn planted in early April and be sure to amend the soil with adequate fertilizer since popcorn requires lots of nitrogen for a good yield.

Hills thinned to four or six plants is a good way to grow this crop.

Pumpkins, gourds or watermelons can be planted later in the season, around mid-May or June, between the hills of popcorn.

Most children like cherry tomatoes. Many varieties are available but early maturing types would probably be best for the impatient gardener. Seed can be saved for planting in future gardens.

Planting a few flowers around the child's vegetable garden is a good idea. Giant sunflowers are always a hit. And for perennials, daylilies, coreopsis and blackeyed Susans are ideal.

Encourage creativity and experimentation. Most seasoned gardeners know that good gardening practice is learned through trial and error.

(Send your gardening questions to *The Plant Doctor*, P.O. Box 109, Bolivia, N.C. 28422.)

## Students Focused On Dental Health

Bolivia Elementary School students buried a "toothy" time capsule as part of their month-long celebration of dental health in February.

Inside the capsule awaiting future discovery: a toothbrush, fluoride powder, a denture plate, a denture mold and floss.

Other activities coordinated by school nurse Beatrice Flythe included a dental health parade by the kindergarten classes; talks by local dentists on good dental health practices; and making of bookmarks and bulletin boards by students for display in the community.

Students also helped produce a health foods recipe book and entered a count the teeth contest. Winners were Terry Lanier, Nicole Maxwell, Heather Mellor and Robin Beck. Overall, 20 students received gifts donated by four area merchants.

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## Black Achievers Focus Of Talks

Speakers from Brunswick Community College and the Brunswick County Department of Social Services participated in a Black History Month reading incentive program at Union Primary School during February.

The program was sponsored by Etherine P. Butler, media coordinator, and was intended to spark students' interest in reading about the accomplishments of black Americans.

On Feb. 22, Willie Fullwood, director of literacy programs at BCC, told third grade students about famous inventors, including Eli Whitney and "Ole Sam," the true inventor of the cotton gin; Garrett Morgan, whose inventions included the gas mask and traffic light; and Elijah McCoy, who developed the automatic lubricator for moving machine parts.

Velma Williams, BCC recruitment

coordinator, spoke to second grade classes on Feb. 25, focusing on the late civil rights leader Dr. Martin Luther King Jr., who she had occasion to meet and conversed with.

On Feb. 27, Joyce Hewett, director of business programs at BCC, told kindergarten and resource class students about Wilmington native Michael Jordan. She shared stories from his boyhood and his tenure at the University of North Carolina at

Chapel Hill and showed a video.

The last speaker of the week was Evelyn Johnson, services director with the Brunswick County Department of Social Services. She presented a dramatization of Rosa Parks, considered the "mother" of the civil rights movement. She also led the children in singing *Cum By Ya*, a traditional black hymn that took on new significance when used by slaves and the Underground Railroad as a code during the Civil War.

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