

RECREATION BRIEFS

Trip Offered To Myrtle Waves

The Brunswick County Parks and Recreation Department is planning an Aug. 9 day trip to Myrtle Waves Water Park in Myrtle Beach, S.C.

The field trip is open to boys and girls ages 9 to 15. The cost of \$12 per person covers transportation and admission to the park. Pre-registration is required. For information, call Emma McGraw at 253-4357 or 1-800-222-4790.

Seniors Plan Trip

Brunswick County senior citizens will take a trip to Swansboro Aug. 22 to see the outdoor drama *Worthy Is The Lamb*.

The cost of \$13 per person covers

transportation and the ticket. The deadline for reservations is Aug. 7.

For more information, call Emma McGraw at 253-4357 or 1-800-222-4790.

Learn To Swim

The American Red Cross will offer swimming lessons for children ages six to 15 during the week of Aug. 5-9 at the N.C. Baptist Assembly at Caswell Beach.

Participants will meet each day at 8:30 a.m. the Brunswick County Parks and Recreation office in Bolivia and return at 12:30 p.m.

The lessons will cost \$25 and the transportation fee is \$5. Pre-registration is required.

For more information or to register, call Emma McGraw at 253-4357 or 1-800-222-4790.

Drama Camp Set

A creative dramatic day camp will be held Aug. 5-8 at West Brunswick High School.

The camp, sponsored by Brunswick County Parks and Recreation, will be held each day from 9 a.m. until noon. A performance is scheduled Thursday, Aug. 8, at 7:30 p.m.

The camp fee is \$12 per person and pre-registration is required. For more information, call Emma McGraw at 253-4357 or 1-800-222-4790.



AT SUMMER INSTITUTE—A contingent of Brunswick County high school students and coaches attended the Student/Athlete Summer Institute at Mount Olive College last week including, from left, front, Yates Gupton, George Beasley and Mark Jessen; back, Sharon James, Dwain Waddell, Duke University basketball star Brian Davis, Kristy Poulos, staff member Greg Turner, co-director Jeff Cumbie and co-director Brenda Council. Not pictured were staff member Mike Dumas and co-director Martie Gillis.

County Athletes And Coaches Participate In Summer Institute

A group of nine Brunswick County high school students and coaches attended the annual Student/Athlete Summer Institute last week at Mount Olive College.

West Brunswick students Yates Gupton, Mark Jessen and Kristy Poulos were among those attending, along with Lady Trojan basketball coach Brenda Council and tennis coach Martie Gillis.

Participating from North Brunswick were George Beasley, Sharon James and Dwain Waddell, along with Scorpion wrestling coach Mike Dumas.

The Institute began in 1986 at Appalachian State University and, due to its popularity, has been expanded into two different locations in the state with the help of the Alcohol and Drug Defense Division of the State Department of Education.

"The goal of the program is to function as an early prevention-intervention measure for athletes by encouraging and teaching decision-making skills, communication skills, promoting healthy lifestyles and gaining an awareness of risks of substance abuse," said Gillis.

"The long-range goal is to prepare participants to use their position and visibility as athletes to organize and implement activities in their school and communities," added Gillis. "The development of this action plan is an integral part of the institute's programming."

The Brunswick County Action Plan developed last week by the local participants features inter-school friendships at West and North Brunswick off the playing field rather than fostering intense rivalries.

The athletes from North Brunswick expressed the desire to begin a Fellowship of Christian Athletes Huddle. Because of the interest, West Brunswick FCA members will now aid in the organization of the club.

As result, the athletes proposed that one huddle (meeting) a month be held jointly with the South Brunswick FCA club as a way to begin building friendships between the schools.

The week-long camp included activities from 8 a.m. each day until midnight. Instruction in sports

medicine, injury prevention, nutrition and the addiction process.

Other activities were featured to introduce "new" sports to the participants including archery, lacrosse, racquetball and team handball.

Group time was spent working on leadership skills, value clarification and other personal growth skills.

The highlight for most involved was a day on the "ropes course", an activity designed to offer a series of obstacles and problems where the athletes must work together in order to complete the challenges.

While most of the course challenges were group-oriented, the final obstacle, the zip line, was a totally personal event. Participants were required to climb over 50 feet up a tree, cross a 100-foot steel cable with only guidelines for balance and then jump off a platform riding a cable 150 feet into the woods.

"Relying on their ROTC skills, Yates and Mark had no problem but Sharon and Kristy succeeded in overcoming a concern for the height of the challenge," said Gillis. "By the week's end, the athletes had come together as a group, working with and trusting people who were once complete strangers."

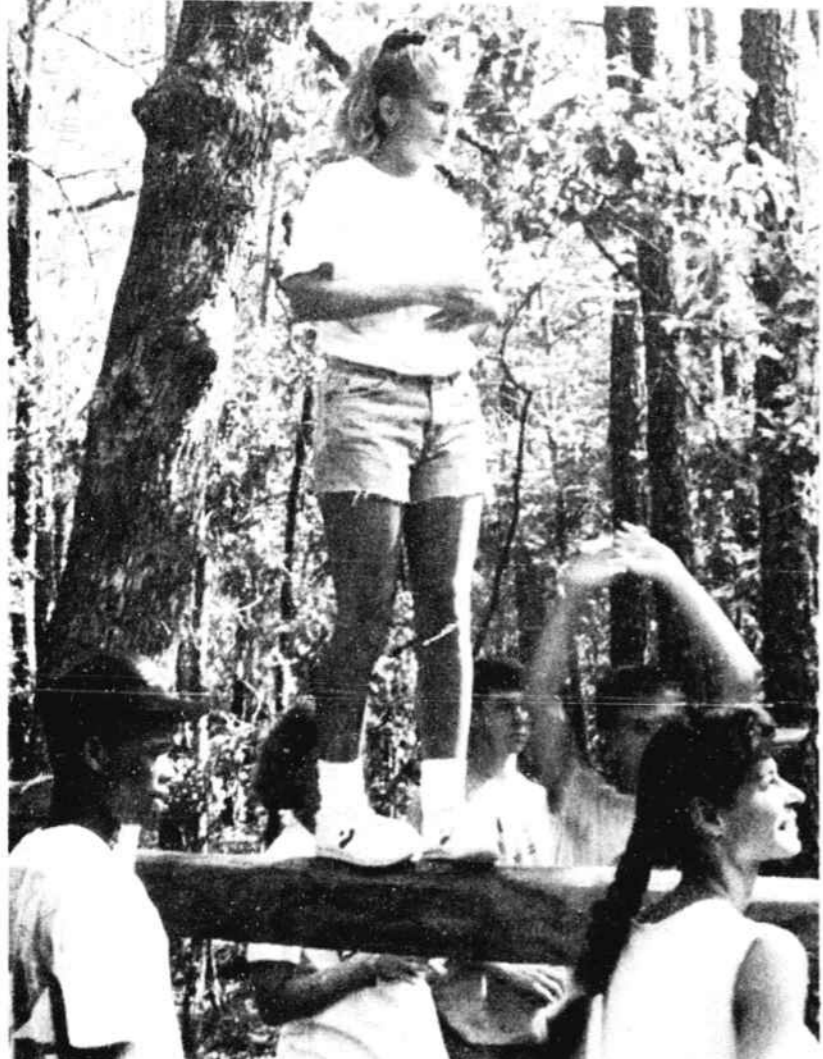
Brian Davis, team captain of the 1991 national champion Duke University basketball team, was the Institute's guest speaker for the second straight year.

"Brian's address focused on setting goals and encouraging the participants to push themselves to achieve them. He also warned the athletes that relying on athletic ability alone to get them success in life was not a wise choice because so few athletes can be stars."

"Brian used himself as an example in that he plans to enter politics after graduation at Duke," explained Gillis. "He told the athletes present that basketball for him was a craft and not a vocation."

Hill remained at the Institute for the remainder of the week giving those attending plenty of time for pictures and autographs.

Applications for the Summer Institute (SASI) are sent to each high school athletic department in North Carolina in February or March for the upcoming summer. The only requirements for prospective participants are that the athletes show leadership potential, be good students and that a coach commit to accompany the athlete(s). The coach's commitment is vital because of the importance of the action plans developed during the camp.



WEST BRUNSWICK'S KRISTY POULOS keeps her balance on one of the obstacles of the ropes course at the Student/Athlete Summer Institute last week at Mount Olive College. The course featured a series of similar challenges that required participants to work together to overcome the obstacles.

Trojan Football Camp Opens Monday

The West Brunswick Trojan football camp for all junior varsity and varsity prep prospects begins Monday at 6 p.m. at the high school grid complex.

The three-day camp will last till 9 p.m. nightly through Wednesday, according to Trojan head football coach Marshall Seay.

All prospective varsity as well as junior varsity players are expected to attend the camp which is offered

at no charge.

Players attending are to report by 5:30 p.m. dressed in football shoes or sneakers, shorts and t-shirts.

The camp's main emphasis will be on fundamentals and player orientation. Participants will be instructed by the Trojan football coaching staff as well as several former West Brunswick grid stars. Among the former Trojans expected to assist are Corey Hankins

(Catawba College), Brian Hill (Wingate College) and Raymond Howard (Air Force Academy).

"Unlike most football camps, this one is being offered without any fees," emphasized Seay. "We expect all prospective players to come ready to work."

Official Trojan football practice begins Thursday, August 1, at 9 a.m. For more information contact Seay at 754-7700.

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