



RECEIVING AWARDS for achievements during 1990 were (from left) Tammy Lewis, Meleta Humbert, Lynne Carr, Susan Gibble and Debbie Rupp.



NEW JUNIORS inducted this month are (front, from left) Fonda Phillips, Kathy Ross and Jill Flaccavento; and (rear, from left) Erin Tamar, Melissa Simms, Sharon Morrison, Shirlene Milliken, Mary Joe Melcher and Selena Gore.



1992 OFFICERS of the Shallotte Junior Woman's Club are (front, from left) Cathleen Payne and Lisa Mintz, shown with installing officer Debbie Lemon (center); and (rear, from left) Betsy Lewis, Lynne Carr, A.J. McCullough, Sally Wilkerson, Kim Galloway and Debbie Rupp.

Juniors Begin Year With Recognitions

Shallotte Junior Woman's Club held its annual awards program Jan. 7 at Haley's Restaurant in Calabash. The club installed officers for 1992, inducted 10 new members and recognized members who had showed outstanding citizenship, participation and congeniality during the past year.

New officers are Betsy Lewis, president; Lynne Carr, president elect; A.J. McCullough, first vice president; Sally Wilkerson, second vice president; Kim Galloway and Debbie Rupp, co-treasurers; Cathleen Payne, historian; and Lisa Mintz, secretary. They were installed by Debbie Lemon, district officer.

Two members, Tammy Lewis and Meleta Humbert, shared the Dianne W. Holden President's Award. Lynne Carr received the Sylvia Tripp Congeniality Award and the Kathryn C. Gainey Citizenship Award. Susan Gibble received the Susan D. Thomas Outstanding Clubwoman Award and Debbie Rupp received the Outstanding New Clubwoman Award. New members welcomed include Jill Flaccavento, Connie Buckley, Kathy Ross, Fonda Phillips, Selena Gore, Mary Joe Melcher, Shirlene Milliken, Sharon Morrison, Melissa Simms and Erin Tamar.

'Look-Alikes' Are Confusing Donors

American Cancer Society offices across North Carolina have been flooded with questions recently about cancer organizations not associated with the American Cancer Society, says Judy Rudow of the Area Five office in Wilmington. The phone calls are coming in the wake of mass mailings by several "look-alike" cancer organizations here in Brunswick County and across North Carolina, she said.

Ms. Rudow uses the term "look-alike," she says, because the charities in question try to confuse donors with words like "National," "Society" and "Foundation" in their titles. The approaches taken by such "look-alikes," however, include sweepstake prizes for donations and cancer research lotteries, she said, where little money is spent in search of a cure for cancer.

In contrast, organizations such as the American Cancer Society rely heavily on volunteers to raise money cost effectively and to channel more than 80 percent of the gifts they receive into cancer control programs.

Ms. Rudow recommends that those interested in supporting the American Cancer Society beware of "look-alike" organizations and look for the American Cancer Society's red "Sword of Hope" in its registered logo.

She can be reached at 919-343-1711 by anyone wishing more information.

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Support Group Offered To Diabetics

A local diabetes support group will meet for the first time Monday, Feb. 3, at 7 p.m. in the conference room of The Brunswick Hospital at Supply. The meeting is open to anyone diagnosed with diabetes and those who live with and/or care for a diabetic, said Daphne Yarbrough, the hospital's marketing director. There is no charge to participate in the group, which will meet at the same time the first Monday of each month. Ms. Yarbrough said the group's purpose is to offer moral support to diabetics and to enable them to share information concerning personal ex-

periences with the disease. "There are many occasions when individuals learn more by sharing and relating to others who live under similar circumstances, thus making participation in the support group beneficial to everyone involved." Also, the group will have a guest speaker each month to discuss various topics. **Classes Begin** The hospital's third series of free diabetes education classes began Wednesday, Jan. 22, and continues for approximately four to six weeks. Several spaces may still be available in the class, which is offered at no charge.

The program helps educate individuals with diabetes and those who assist in their care on all aspects of the disease. Presentations cover the disease process, medications, proper nutrition and exercise, eye and foot care and the commonly seen complications of diabetes. Open to all ages, the classes are taught by registered nurses from the hospital staff as well as a registered dietician. For more information on the diabetes support group or current and future diabetes education classes, contact Sherry Hendricksen, R.N., or Patricia Nutter, R.N., at The Brunswick Hospital.

SHIIP Benefits Topic Of Session

A Senior Health Insurance Information Program (SHIIP) benefits seminar will be held Tuesday, Jan. 28, at the Brunswick County Cooperative Extension Service Center in Bolivia, at 10 a.m. Ida Perry, SHIIP representative with the N.C. Dept. of Insurance, will be available to highlight the purpose and operations of the SHIIP program, said Pearl W. Stanley, county home economics extension agent. The session is open to all interested persons. For more information, contact Mrs. Stanley at 253-4425.

Next Medifast Classes Start March 5

Call today to sign up.

Marilyn J. Boehm, M.D., Ph. D.
Village Pines, Shallotte

919-754-5581
919-754-9949

Tom Clark is Coming Sat., Jan. 25
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