

## Working To Improve Health Of Pamlico's Citizens

Pamlico County's death rate from motor vehicle accidents is thirty-percent higher than the average for the state.

That was one of the statistics presented by health educator Daune Humphrey during last week's Public Health Week activities which included a seat belt awareness project at Pamlico County High School, films on seat belt safety, hypertension and physical fitness, walk-a-thons and a special aerobics session. The theme of the week of activities, which was Humphrey's first major project since joining the health department a month ago, was "Live Better Longer".

Humphrey is the health department's first full-time health educator. She is originally from New Bern and is presently making her home there. She is a 1972 graduate of Wayne Community College in the dental hygiene program and earned her bachelor's degree in school and community health education from

East Carolina University in 1977. Humphrey has been a dental hygienist in private practice and in public health in Martin, Beaufort, Pitt and Mecklenburg Counties. She comes to Pamlico County from Mecklenburg.

As a health educator, Humphrey said she wants to promote "overall wellness." One area she plans to focus on is hypertension. Pamlico County in 1980 had a prevalence rate of 22.1 percent, she said, compared to the state's 18.5 percent.

Planning to begin work on her master's degree in public administration at ECU in May, Humphrey, who is single, also enjoys exercises, such as aerobics, walking and running, water skiing, snow skiing, and needlework and other crafts. She lives in New Bern with her German shepherd, Seneca.

The position is funded by state monies for hypertension and Maternal and Child Health programs.

## Maribel News

by Mrs. F.A. Miller

Happy 8th anniversary to Raymond and Betty Gibbs.

Luke Miller and Dorothy Mae Respass are in Craven County Hospital receiving treatment. They are doing much better.

Harriett Gibbs and Ruth Lewis visited her sister, Carrie Beasley, Sunday afternoon.

Betty Ralston and daughter of New Bern visited her sister, Edna Duval, Sunday afternoon.

Grace Beasley, who is attending N.Y. State College, spent her spring break with her parents, Joe and Odessa Beasley, and visited her grandmothers, Carrie Beasley and Sudie Beasley, and aunts and uncles. She said she really enjoyed herself.

Clara Pearsall of Britt Haven in New Bern spent the weekend with family and friends and attended church.

Gregory and Debra Squires and daughter of Winston-Salem visited

his mother, Perilla Parker, and grandparents, Otis and Annie Squires of Cash Corner.

We were glad to have one of our sick and shut-in, Hazel Brown, at church Sunday. Also attending were John Hill, principal of PJHS; Benny Miller and Mary Driggers of Merritt; Lindsey and Dollie Hall, Johnny and Shirley Moore and children, Rosa and Laura, all of Havelock; Turner Anthony Jones of Aurora.

Lindsey and Dollie Hall of Havelock visited Gladys Green Sunday.

Johnny and Shirley Moore and children, Rosa and Laura, visited Ruby Sawyer and baby Ruth Gibbs.

John Earl and Piggy and daughter visited F.A. Miller and Helen on Sunday.

Mike Monk and Evelyn Monk and Rosa Lee Fisher of Vandemere visited F.A. and Helen Miller and J. Frank Northern Monday afternoon.

## Economics Of Recreational Boating To Be Studied

The N.C. Saltwater Fishing Federation has donated \$750 toward a UNC Sea Grant College Program study to examine the economics of the state's recreational boating industry. Sea Grant researcher Jeff Johnson, an anthropologist at East Carolina University, will compile information on the number of boating manufacturers, the people

they employ, and the money the industry generates.

UNC Sea Grant, a federal and state program, works to promote the wise use and development of North Carolina's coastal and marine

resources through research, education and extension.



Daune Humphrey

## Lowland News

by LaRue Cayton

Audrey Lewis is a patient at Craven County Hospital and underwent surgery Monday.

Mr. and Mrs. Al Wilton of Oriental announce the birth of a son, Jarron Royce, born April 19. The proud grandparents are Mr. and Mrs. Wilbur Lewis and Mr. and Mrs. George Jones. The proud great-grandparents are Mr. and Mrs. Herman Ireland of Alliance.

The Warden's Grove Free Will Baptist Church will hold their revival on May 6 at 7:30 pm with the Rev. Blaney Rowe. Special singing will be held every night.

Elizabeth Watson of Washington visited with Mr. and Mrs. Plum Watson, Mrs. Adrian Watson and Mr. and Mrs. Wilbur Watson.

Marie O'Neal has returned home after spending two days with her daughter, Mr. and Mrs. Kerry Carawan of Roanoke Rapids.

Mr. and Mrs. H. Tom Shelley of Pennsylvania visited with Freeman Ireland, and Mr. and Mrs. George Lupton this past week.

Visitors for Lowland Church of Christ this past weekend were Mr. and Mrs. Troy Potter and Eric of Bayboro.

Visitors for Warden's Grove Free Will Baptist Church this past Sunday were Eric Campen of Cape Carteret, Cynthia Robey and son, Thomas, of New Bern and Mr. and Mrs. John Carrere and boys of Silverhill.

Gene Lupton of Virginia visited with his mother, Lucy Lupton.

Bud Hopkins of Aurora visited with his mother, Amy Hopkins.

Everyone is invited to attend the Goose Creek Island auction to be held at the Hobucken School on Saturday, April 27, beginning at 12 noon.

Peggy Potter and LaRue Cayton made a tour of Oriental this past Sunday.

## Oriental News

by Mayella Calhoun

Saturday night a capacity crowd enjoyed a fun evening of fabulous refreshments and lively bidding at the first "Something Different Auction" sponsored by the Oriental Woman's Club. Mike Bivona and Walt Paleen, as auctioneers, were the most talented "ever" and their comic manner of item presentation was worth the price of admission. Thank you, Woman's Club, for a lovely evening.

New members just added this month to the growing list of membership in Sailing Club of Oriental are Christine and Bill Hamilton, Florence and Ken Cooper, Dixie and Byard Bridge, Bob Hanafin, Helga and Jena Collier, Bill Douglass, and Marian and Somers Ratcliffe. We are fortunate to have such experienced sailors among us.

The Master Gardener class of Pamlico County drove to Raleigh this past week to visit the NCSU Arboretum, the test gardens at the Ag School, the solar house (a project of the School of Engineering to advance the use of solar energy through demonstration, education and research), and visited a private garden full of outstanding trees and azaleas. The crepe myrtle tree sale sponsored by this group went over very well and in the future more trees will be sold.

Sailing Club of Oriental's Yachtsman's Flea Market was a success, according to the committee of Robert Pezzoli and Ray Creech.

If you are interested in belonging to a Pamlico County

Homemakers Club, call the Extension Service office and give your name to Betty DeCamp (745-4121), secretary. Any adult in the county can join and you can learn about nutrition, sewing, tailoring, wardrobe coordination, family resources management, furniture refinishing, etc. Susan Herring, Pamlico County Extension Agent, will be advisor and lead the club. A meeting to organize is planned at the Oriental town hall May 7, at 10 am.

## Aurora Jr. Youth

The Aurora Junior Youth met April 21 and opened their meeting with a song and a prayer.

Cards were sent and the members talked about the library in New Bern and viewed beautiful pictures.

The youth also enjoyed a visit to Pizza Hut...by Youth Reporter Jennifer Walker

## PJHS Honor Students Named

John A. Hill, principal of Pamlico Junior High School, is pleased to announce the Honor Roll and Principal's List for the third nine weeks grading period.

Those placed on the Honor Roll are as follows: 7th grade-Kristy Elaine Anderson, Brain Keith Banks, Heather Kelleen Brinson, Terri Allison Caton, Donna Dail, Stephen Thomas Daniels, Elmo Murray Gilgo, Brenda Carol Green, Lillie Mae Hacker, Angela Jane Harris, Billy Wayne Harris, Megan Lea Ireland, Benita Lynn Jennette, Lisa Rochelle Jones, Vickie Lynn Jones, Corey Duran Jordan, Owen Anthony Lupton, Emily Shan Meeks, Kimerly Renee Rice, Jennifer Lane Rice, Clyde Earl Roberts, Donald Edward Tighman, Rebecca Diane Tompkins, Gregory Mitchell Voliva, Dori Jo Whitford, David Alan Willis,

Dawn Laurette Woodard, Walter Earl Wall; 8th grade-Angel Beatrice Caroon, Michelle Lee Cowell, Jennifer Elaine Dietz, Erica Penderson, Sherry Lynn Harris, Clyde James Harris Jr., William Murphy, Kelly Alana Parrott, Douglass Wayne Partin, Christopher Lee Paul, Allen Rowe, Mark Stuart Scott, Merry Elizabeth Sottile.

The following students were placed on the Principal's List: 7th grade-Cynthia Marie Broome, Geitha L. Credle, Chelsea Czuchra, Daniel Brewster Stern, Jonathan Heath Wilson; 8th grade-Frank Carl Alcock, Christina Grey Chase, James Brent Davis, Michael Ray Dixon, Rachel Elizabeth Holton, Charlie Watson Lewis, Kevin Michael Lewis, David Christopher Lupton, Allen Duane Potter, Angela Love Potter, Mark Sadler Prescott.

## Cutworms In The Garden

Cutworms are one of the first insect pests to cause damage to home gardens. According to Fred May, Pamlico County Agricultural Extension Agent, damage caused by cutworms results in plants cut off at ground level during the night. Cutworms usually feed at night and hide 1-2 inches deep in the soil near the damaged plant or adjacent plants.

May points out that cutworms usually cause more damage in home gardens where weeds have been allowed to grow in the fall and winter providing a ready food supply

for them. For cutworm management, clean and till the garden in the fall and early in the

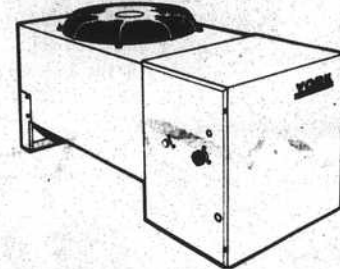
spring. Other methods of preventing damage from cutworms include using physical barriers and insecticides. Possible physical barriers might include a cardboard or aluminum foil collar around the stem of the plant. Milk cartons or tin cans with both ends out placed over the plants will help prevent cutworm damage.

For chemical control of cutworms in the home garden, May suggests using diazinon (Spectracide) or carbaryl (Sevin).

Treatment must be directed at or spread around the base of the plants being protected. Follow pesticide label directions for rates and application.

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