

BELVIDERE NEWS

Miss Belle P. White, of the State Sanatorium, arrived Monday for a week's vacation with Mr. and Mrs. H. P. White.

Mr. and Mrs. Roy Rodman and sons, Roy, Jr. and Judson, and Howard Rodman, of Norfolk, Va., were guests of Mr. and Mrs. A. D. Weston Sunday.

Mr. and Mrs. L. J. Winslow were the guests of Mr. and Mrs. William Raeford of Ivor, Va., Sunday.

Miss Evelyn Copeland spent Sunday night with Miss Barbara Winslow, of Whiteston.

Miss Elizabeth White, of Center Hill, was the week-end guest of Miss Grace Chappell.

Miss Elsie Copeland spent the week-end with Mr. and Mrs. Tom Copeland, in Portsmouth, Va.

Mr. and Mrs. C. C. Ward, of Rocky Mount; Mr. and Mrs. Bennie Ward and son, of Greensboro, arrived Saturday to visit Mr. and Mrs. T. R. Ward, and attend the marriage of Miss Hannah Wrae Ward.

Mr. and Mrs. J. E. White, of New York City; Mr. and Mrs. G. W. Bradshaw and son, William White, of Raleigh, were recent visitors with Mr. and Mrs. H. P. White.

Mrs. T. P. Layton and daughter, Velma; Mrs. Maude Chappell and daughter, Thelma, spent Thursday with Mr. and Mrs. Dick Layden, in Hertford.

BRIDE-ELECT HONORED BY MISCELLANEOUS SHOWER

Mrs. Edwin S. White was hostess on Wednesday evening at a miscellaneous shower at the home of Mrs. E. L. Chappell, of Belvidere, in honor of Miss Hannah Wrae Ward.

The home was attractively decorated with cut flowers, a color scheme of pink and white being carried out.

Two contests were enjoyed during the evening. Winners of the "Bride's Contest" were Mrs. Claude Winslow and Miss Syble Rogerson. Winners of the "Famous Lovers' Contest" were Miss Merlee Asbell and Miss Elizabeth Nowell. These prizes were graciously presented to the honoree.

The bride-elect led the guests to the dining room, which was lighted with tall white candles. Especially attractive was the bride's cake in the center of the table, on which stood a miniature bride and groom. Delicious ice cream and cake was served, while the wishes to the bride were read by her sister, Mrs. Walter Hollowell.

As the guests followed the bride-elect from the dining room, each registered in the bride's book. On entering the hall a huge table was spread with many beautiful and useful gifts for the honoree.

Those present were: Miss Hannah Wrae Ward, Miss Elizabeth White, of Center Hill; Miss Lucy White, Miss Clara White, Miss Emma White, Miss Margaret White, Miss Elizabeth Nowell, Miss Dorothy White, Miss Evelyn White, Miss Bertha V. Smith, Miss Marq Elizabeth Winslow, Miss Olive Layden, Miss Dorothy Hollowell, of Hobbaville; Miss Syble Rogerson, Miss Merlee Asbell, Miss Julia Weston, Miss Grace Chappell, Miss Sara Maie Chappell, Miss Attie Chappell, Mrs. T. R. Ward, Mrs. T. R. Winslow, Mrs. Claude Winslow, Mrs. Joe Nowell, Mrs. N. Q. Ward, Mrs. Lana Layden, Mrs. Lyrewood Winslow, Mrs. Sammie Winslow, Mrs. L. J. Winslow, Mrs. Julian Chappell, Mrs. W. T. Smith, Mrs. T. C. Perry, Mrs. J. M. Copeland, Mrs. Howard Chappell, Mrs. Maude Chappell, Mrs. Jesse Asbell, Mrs. H. P. White, Mrs. Nerous Chappell, Mrs. C. T. Rogerson, Mrs. Curtis Chappell, Mrs. A. D. Weston, Mrs. Basil Copeland, Mrs. Murray Lane, Mrs. Walter Hollowell, Mrs. Carroll Ward, Mrs. Laura Ward, Mrs. Vernon Lane, Mrs. Freeland Copeland, Mrs. Velma Winslow, Mrs. C. S. Chappell, Mrs. Raymond Dail, and Mrs. E. L. Chappell.

Feed Dairy Cows Cull Sweet Potatoes

Unmarketable sweet potatoes may be fed to dairy cattle with excellent results, says E. H. Ruffner, head of the animal husbandry department at State College.

Both the tubers and the vines make a good, palatable feed which will produce milk and butter of high quality.

But livestock men can afford to feed only cull potatoes or those which cannot be marketed for human consumption at a fairly good price, Ruffner pointed out.

Sweet potatoes contain about one-fourth the total feed value of an equal weight of corn. Consequently, dairymen cannot afford to allow more than one-fourth the price of corn for the sweet potatoes.

Sweet potatoes may be fed cows in place of corn silage. Since there are 25 pounds of digestible nutrients in 100 pounds of potatoes, while an equal weight of silage contains only 17 pounds, the cows will not need as much potato feed as silage.

When sweet potatoes are fed, the cows should also get eight to ten pounds of legume hay to balance the ration, as potatoes consist mostly of starch and sugar, Ruffner stated.

From 25 to 30 pounds of potatoes a day may be fed the average cow, but it is advisable to feed only five to ten pounds a day at the start. The quantity may be increased gradually as the cows get used to the roots. The sweet potato vines may be grazed off by the cows or they may

FOODS FACTS and FOIBLES



LITTLE MISS MUFFET EATING HER CURDS AND WHEY WAS THE FIRST EXPONENT OF THE MOST MODERN SCIENTIFIC IDEA. WHEY, ONCE A DISCARDED BY-PRODUCT OF CHEESE-MAKING, IS PROVING OF GREAT VALUE IN TREATING DISEASES OF MALNUTRITION. IN POWDERED FORM, WHEY CONTAINS TWO AND ONE-HALF TIMES AS MUCH VITAMIN G AS FLUID MILK, IN ADDITION TO A HIGH PERCENTAGE OF NECESSARY MILK SUGAR, CALCIUM, AND PHOSPHORUS.

SPINACH ORIGINATED IN SPAIN. IT WAS UNKNOWN TO THE GREEKS AND ROMANS.



AFTER CONQUERING THE NEMEAN LION, HERCULES WAS CROWNED WITH PARSLEY, A MARK OF GREAT DISTINCTION.



ASAFOETIDA—WHICH OLD-FASHIONED CHILDREN USED TO WEAR TO WARD OFF EVIL SPIRITS—WAS ONCE HIGHLY REGARDED AS A CONDIMENT



FAMOUS GOURMETS OF HISTORY



CHAPANOKE NEWS

Mrs. Levi Hoggard has returned to her home at Leweston, Va., after visiting her son, Dr. W. A. Hoggard, of Woodville.

Mrs. L. F. Winslow and little son have returned to their home at Winfall, after a week's visit with Mrs. Winslow's mother, Mrs. Arthur Bogue.

Mr. and Mrs. Talmage Lewis have returned to their home at Roper, after several days' visit with Mr. Lewis' parents, Mr. and Mrs. W. W. Lewis.

Mrs. A. G. Phelps, who has been visiting Dr. and Mrs. W. A. Hoggard, has returned to her home at Hillton Village, Va.

Mrs. Z. W. Evans and Miss Marguerite Etta Evans, from near Edenton, were dinner guests of Mrs. J. C. Wilson Monday.

Mr. H. E. Stokely, of Woodville, continues quite ill at the home of his daughter, Mrs. aul Gregory, of Elizabeth City.

Misses Louise and Elizabeth Wilson were guests of Miss Margaret Bogue Sunday.

Mr. and Mrs. J. L. Tucker, of Robinsonville, Va., spent last Thursday with Mrs. G. W. Alexander.

Mr. and Mrs. Everett Bright and family are making their home at Okisko, Mr. Bright having purchased the Sample place.

Mr. and Mrs. Everett Bright and children were Sunday guests of Mrs.

John ymons.

Mr. and Mrs. C. Quincy attended the funeral of Mrs. Martha Towe White Saturday morning. Mrs. White was an aunt of Mrs. Quincy.

Billy Hoggard, son of Dr. and Mrs. Hoggard, left Monday for Wake Forest College.

Miss Attie Bray, who has been ill, is convalescing.

Mrs. W. H. Elliott spent Monday in Elizabeth City.

Little Miss Dorothy erry, of New Hope, has returned home after a delightful visit to Mattie Meade Alexander.

Louise and Bill Bright spent Monday with Mattie Meade Alexander.

Miss Annabelle Wood is spending several days at Nags Head.

Miss Waverly O'Dorsey has returned after a visit to Miss Wilma Nobles in Hertford.

Mr. and Mrs. hilip Winslow and Mrs. George Winslow were visitors

of Mrs. G. W. Alexander Sunday afternoon.

ITCHING SORE SCALY
SCALP
DRY BALD PATCHES CRUST

Most scalp troubles involve a parasite of some kind—a living organism that causes infection with resulting itch, scales, crust, thin and falling hair. Here, at last, is a treatment that not only destroys the parasite but helps repair the damage done. It is Dr. Porter's Antiseptic Healing Oil and it works wonders in correcting scap and skin troubles. Stops itch almost instantly. Softens and removes crust. Cleanses and stimulates the whole scalp, making it white and wholesome and promoting growth of new hair. Dr. Porter's Antiseptic Healing Oil is made by the makers of Grove's Laxative Bromo Quinine and is sold by all druggists at 30c and 60c with guarantee of satisfaction or money back.

FLOWERS . . . FOR ALL OCCASIONS

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be pulled and fed in the barn. Each cow can consume from 30 to 40 pounds of vines a day. Do not allow them to eat more than this amount, Ruffner added.

Timely Questions On Farm Answered

Question: How much whole corn should be fed the poultry flock each day?

Answer: During the fall months the grain ration will consist of 60 per cent whole corn and 40 per cent whole wheat and a flock of 100 hens will consume from ten to twelve pounds of this mixture a day. For winter feeding the grain ration will consist of whole corn only with the same amount being fed daily. The feeding of one pound in the morning and the remainder late in the afternoon is a good practice in that it insures the birds a full crop before they go to roost and tends toward higher egg production.

Question: What is the best rate for seeding alfalfa and when should the seed be planted?

Answer: At least 25 pounds and preferably 30 pounds of seed should be planted to the acre for best results. A good stand is worth more than 5 or 10 pounds of seed and it is therefore important to use a few extra pounds in seeding. Best seeding dates in the coastal plain and lower piedmont section are from September 1 to 30. In the upper piedmont the dates are from August 15 to September 15. Spring planting is advisable in the higher mountain sections.

Question: Are mixtures of different crops better than single crops for growing winter hays?

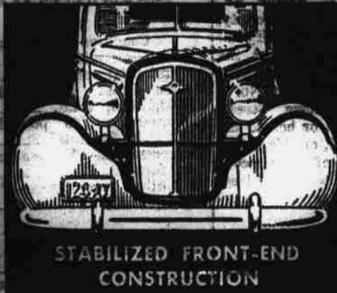
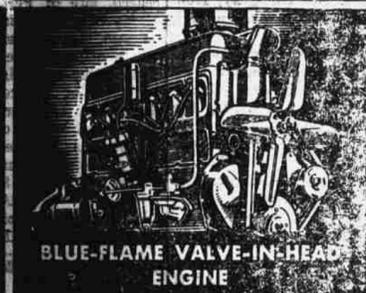
Answer: More seed are used to the acre where mixtures are planted and this results in larger yields of hay. Mixtures also have the added advantage in that if one crop fails the others will be left to make a good growth. Then, too, livestock relish the hay better on account of the variety. In seeding mixtures, however, it is important that the varieties of the different crops mature at the same time. Recommended varieties and amounts of seed to use are listed in Extension Circular No. 187, copies of which may be secured free upon application to the Agricultural Editor, State College.

Question: How big a trench silo should I dig to handle silage for 12 cows?

Answer: This depends upon how long your animals are to be fed. The average cow will consume about one cubic foot of silage each day. A silo of silage from three to five inches thick beginning at the top and going to the bottom should be fed daily to prevent spoilage. The suggested dimensions for a silo to take care of 12 cows is 7 feet wide at top, 5 feet wide at bottom, and 6 feet deep. For a 180-day feeding period the silo should be 80 feet long. For a longer feeding period the length should be increased rather than the width or depth.

More than 4,000 acres of lespedeza are being grown in Burke County this season, following introduction of the legume a few years ago.

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