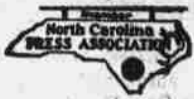


## THE Perquimans Weekly

Entered as second class matter November 15, 1934, at Post Office at Hertford, North Carolina, under the Act of March, 1879.

Published every Friday by the Perquimans Weekly, a company of Hertford, N. C.  
MAX CAMPBELL, Editor



### SUBSCRIPTION RATES:

One Year \$1.50

Cards of thanks, obituaries, resolutions of respect, etc., will be charged for at regular advertising rates.

Advertising rates furnished by request.

FRIDAY, JUNE 10, 1949.

## Always Try To Buy A Home

It is about time for The Weekly to again remind the people of this county that local merchants deserve a chance to supply their needs.

Whenever you have anything to buy, give local business houses an opportunity to serve you. The future prosperity of all of us depends upon a willingness to cooperate in the common good and one way to do this is to patronize home concerns whenever possible.

We do not urge any person to pay an exorbitant price for any goods. It is the business of sellers to meet competition. They must do this if they expect to stay in business. It is their obligation if they desire the patronage of local customers.

## Modern Civilization

Mr. Winston Churchill, former Prime Minister of Great Britain, has received general recognition as a student of history and a writer of repute.

Recently speaking to a university audience, the war leader of the British people said that "despite anxious, critical and even agonizing moments," modern civilization is "undoubtedly a higher form of society than ever prevailed in ancient worlds."

This is a conclusion which many moralists, reformers and do-gooders will dispute. In fact, the stock of trade of some human beings seems to involve the necessity of denouncing the present generation, with the implication that, for some strange reason, men and women have suddenly degraded themselves.

We have no sympathy with such a view of the present generation. It is apparent, we think, from a study of various civilizations, including habits, customs and civilizations, that the world today is housing a race of people, on the average, which is more intelligent, more healthy and more spiritual than any other generation of the so-called human race.

## You Can Do Your Part

Every citizen of Perquimans County can make a contribution to democratic government.

It is not by abusing Soviet Russia, the Communist Party or Joseph Stalin. It is not by urging a war against the Communist ideology or the Russian people.

All that any person here has to do to make a fight on dictatorship, or Communism, is to see that democracy works in our own local, state and national governments.

When there is a deviation from the accepted principles of democracy in the government of Hertford or Perquimans County, on any other unit of American government, it can be scored as a gain for the isms that we say we abhor.

## Fight Erosion On Your Land

For more than ten years, experts of the Soil Conservation Service of the Department of Agriculture have been calling attention to the losses suffered through soil erosion in this country.

Some ten years ago, Dr. Hugh H. Benett, then Chief of the Service, told a House Committee that about 100,000,000 acres of rump land, some of it of the best, had been "completely finished" as a result of soil erosion. He then estimated the annual direct cost of soil erosion to farmers alone, not counting damage to reservoirs, stream channels, irrigation ditches, highways and railroads, at \$400,000,000.

This information has been read time and again by the farmers of Perquimans. It undoubtedly attracted their attention and some sporadic efforts have been made in various sections of the county to meet the peril and armuch of our best land.

We take this occasion to call the attention of Perquimans farmers to the necessity of fighting erosion on their land. Like some other things that menace mankind, the time to start the war on erosion is when it begins and especially before great damage is done.

## Health and Beauty

By Dr. Sophia Brunson

### THE VITAMIN B COMPLEX

Today we hear a great deal from patients about vitamin B1, of vitamin B complex. Many of them say, "My doctor put me on vitamin B complex: in fact I got so run down and weak that I was glad to get help. Oh yes, I do feel better. It has benefited me."

Why do people need to take so many vitamins, pills and capsules as they do today? To one who knows foods and the diets of civilized peoples, the answer is not far to seek. It is all due to malnutrition from denatured and devitalized foods.

It is well to remember that complex refers to a group of vitamins, which help to keep the nervous system in good condition. It also has a decided effect upon the digestive tract in helping it to function properly. This complex is necessary to the health of the stomach and all of the digestive organs. It contains such substances as thiamin B2, and nicotinic acid, also called the P. P. or pellagra-preventing factor.

Physicians who have tried giving only part of the B complex found that patients got along better who took the whole complex. For example, those who took either thiamin or riboflavin alone did not get well, but continued to suffer from gas and indigestion, but when they took them in connection with nicotinic acid and the rest of the complex, most of them improved.

There are certain foods which supply the B complex. Some of the foods are liver, yeast, whole grain and cereals (among these cereals are whole wheat and oat meal). It is very unfortunate that wheat is so denatured and devitalized in milling processes before it comes to the tables of civilized people.

Whole wheat contains many important minerals and vitamins upon which human beings depend on for health. Many of these are removed in our modern milling processes.

We have just said that while vitamin complex is needed, that one part or two, does very little good. You can readily see the fallacy of removing the valuable vitamins from flour in milling and then attempting to improve the health and morale of the people, by restoring a small part of the flour.

This is being sold as fortified flour and the majority of the people are so ignorant of the whole subject, that they buy this denatured, fortified white flour and imagine that they are spending their money for a superior grade of flour when in reality it is low in health-building properties.

Whole wheat flour is rich in minerals and vitamins. It also has a delicious nutty flavor that white flour does not possess.

The government is interested in the health of the people. For this reason, experts are collaborating with food handlers in an effort to fortify foods and vitamins that are necessary to the health of the population. This would not be necessary if people knew and followed laws of nutrition.

## Classified and Legals

**PUERTO RICAN SWEET POTATO**  
Plants for sale. See C. E. Lupton, Route 3, Edenton, N. C.  
May 13, 20, 27 June 3, 10, 17, 24

**CHICKS—AAA ROCKS AND REDS,**  
\$12.95 per 100. Heavy Assorted, \$11.95. Heavy Breed Roosters, \$10.95. Blood-tested. Prompt shipment. 100% Live Delivery. G.O.D. 12 Pekin Ducklings, \$4.60. RUBY CHICKS, Dept. 33B, Norfolk, Va. Phone 29040. tf

**NOTICE OF ADMINISTRATION**  
Having qualified as Administrator, CTA of the estate of Sidney M. Reed, deceased, late of Perquimans County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at Hertford, N. C., on or before the 12th day of May, 1950, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.  
This 12th day of May, 1949.  
D. L. REED,  
Administrator CTA of Sidney M. Reed. may 20, 27 June 3, 10, 17, 25

**NOTICE OF ELECTION FOR OR AGAINST THE ESTABLISHMENT OF AN ABC STORE FOR PERQUIMANS COUNTY**

Pursuant to a resolution passed by the Perquimans County Board of Commissioners at regular meeting on May 2nd, 1949, the Perquimans County Board of Elections hereby gives notice that an election will be held on July 12th, 1949, the same to be called under House Bill 1197, 1949 Session of Laws, in all respects thereof, and under the General Statutes of North Carolina, for or against the establishment of an Alcoholic Beverage Control Board and Store in Perquimans County, North Carolina.

Registration books will be open at regular polling places in the County on Saturday, June 11th, 18th and 25th, and open for challenge on July

Dated and posted this 30th day of May, 1949.

**PERQUIMANS COUNTY BOARD OF ELECTIONS,**  
A. W. Hefren, Chairman.  
May 27 June 3, 10

### NOTICE OF SALE

By virtue of the authority contained in that certain deed of trust executed on the 1st day of August, 1946, by Thomas Phillips and wife, Jessie H. Phillips, and C. W. Phillips, the said Thomas Phillips and C. W. Phillips trading as "Phillips Brothers," to Chas. E. Johnson, trustee, and recorded in the office of the Register of Deeds for Perquimans County, North Carolina, in M. D. Book 24, page 370, default having been made in the conditions of said deed of trust, at the request of the holder of the note thereby secured, the undersigned trustee will, on the 25th day of June, 1949, at 11:30 A. M., at the Court House door of Perquimans County, N. C., offer for sale at public auction to the highest bidder for cash, the following described property:

**REAL ESTATE:** Beginning on the eastern side of state highway No. 342, at the southwestern corner of the J. H. and Lucille N. Satchwell property, thence in an eastern direction along the J. H. and Lucille N. Satchwell and Jacob L. White property, 225 feet to a stake, thence in a southern direction, a line parallel with the said state highway No. 342, 100 feet to a stake, thence in a westerly direction, a line perpendicular with said state highway No. 342, 225 feet to said state highway No. 342, thence in a northerly direction along said state highway No. 342, 100 feet to the point of beginning.

**PERSONAL PROPERTY:** All the right, title and interest in and to that bottled put distributing business known as the "Phillips Brothers," located in Hertford, N. C., and all

**FADELESS GREEN SHINO**  
**ONE COAT COVERS**  
SAVES TIME SAVES PAINT

Contains Specialized copper.  
A permanent green point for wood, metal, brick. Particularly effective in painting tin or galvanized roofs, window sash, window blinds, wooden shingles, roofing and siding. Spreads easily, lasts for years.  
Listed under American Institute of Architects File No. 25B 25.

**The Friendly Paint & Wallpaper Store**  
W. D. LANDING, Prop  
HERTFORD, N. C.

**TAYLOR THEATRE**  
EDENTON, N. C.  
SHOWS CONTINUOUS EVERY DAY EXCEPT SUNDAY

Thursday and Friday, June 9-10—  
Clifton Webb and Shirley Temple in "MR. BELVEDERE GOES TO COLLEGE"

Saturday, June 11—  
Tim Holt and Richard Martin in "GUN SMUGGLERS"

Sunday, June 12—  
Robert Ryan and Audrey Totter in "THE SET-UP"

Monday and Tuesday, June 13-14—  
Spencer Tracy and Deborah Kerr in "EDWARD, MY SON"

Wednesday, June 15—  
Double Feature Robert Douglas in "HOMICIDE"

— Also —  
Tom Brown in "DUKE OF CHICAGO"

Coming June 16-17—  
"THE BARKLEY'S OF BROADWAY"

**Eden Theatre**  
EDENTON, N. C.  
Friday—Shows 7 and 9 P. M.  
Saturday—Shows Continuous  
Friday and Saturday, June 10-11—  
John Wayne in "THE FLYING TIGERS"

equipment and materials of every description belonging with said business. Said equipment, including in part, the following: One Frubauf Trailer No. NCX115834, one 1942 Dodge Truck, Motor No. T118-57642, Serial No. 81812799, one 2-compartment Meyer Bottle Washing Machine for pints and splits complete with 220 volt 3 phase 60 cycle motor, two 100 gallon stainless steel mixing tanks, one 1/4 H. P. Portable Mixer, one Cem's Saturator, all bottles, all cases, one 1942 Chevrolet 1 1/2-ton truck, 2 speed axle, Motor No. 2 AG-900441, Serial No. 14MS98-1276, one Hollowell Trailer No. Z802915, 1 Dixie Model F. one man unit, one Cem's Saturator, 250 gallon, 1 H. W. 30-S Par Condensing Unit complete with starter 220/440 60 cy 3 phase, 1 M-40-RA Filtrine water cooler and all plumbing fixtures.

A five per cent deposit will be required of the successful bidder the day of sale.

Dated and posted this 25th day of May, 1949.

CHAS. E. JOHNSON,  
June 3, 10, 17, 24 Trustee.

## LOOKING AT WASHINGTON

(Continued From Page 3)  
Forest Service, and various agricultural agencies, are pushing the idea of more tree-planting. The basic idea is to stop the wind, which, if forced to blow over a roof-like obstacle of trees,

is blown down, as well as lifted up. This process tends to cause a deposit of snow on the side of the shelter-belt facing the wind and to protect the buildings, highways and cattle that are sheltered on the other side.

The shelter-belt idea has some value in other areas besides the Great Plains. Individual farmers should consider the possibility of protecting their land from wind erosion and, perhaps, from the effects of unseasonal cold winds. They can get further ad-

## Kidneys Must Work Well

For You To Feel Well

24 hours every day, 7 days every week, never stopping, the kidneys filter waste matter from the blood. If more people were aware of how the kidneys must constantly remove surplus fluid, excess acids and other waste matter that cannot stay in the blood without injury to health, there would be a better understanding of why the whole system is upset when kidneys fail to function properly. Burning, scanty or too frequent urination sometimes warns that something is wrong. You may suffer nagging back-ache, headaches, dizziness, rheumatic pains, getting up at night, swelling. Why not try Doan's Pills? You will be using a medicine recommended by the country over. Doan's stimulates the function of the kidneys and help them to flush out poisonous waste from the blood. They contain nothing harmful. Get Doan's today. Use with confidence. At all drug stores.

## DOAN'S PILLS

## Telephone workers are "SPECIAL" people



Only "special" people have the sense of duty that keeps them at their posts in every emergency—or braving the worst weather to do their job. We're proud of these folks—a vital part of the team that helps keep telephone service at its present high level.

THE NORFOLK & CAROLINA TELEPHONE & TELEGRAPH COMPANY

**"SPEEDY" by TOWE-WEBB MOTOR Co.**

**TOWE-WEBB MOTOR Co.**  
Sells CHRYSLER-PLYMOUTH Service  
PHONE 2461 • HERTFORD, N. C.

**MORE THAN 150 RAILROADS USE SINCLAIR LUBRICANTS**

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**YOUR SINCLAIR DEALER** is equipped to give your car lubrication service with oils and greases of the same high quality used by leading U. S. railroads. Stop in today.

**AT LA GUARDIA FIELD, New York, Sinclair oil truck services American Airlines Flagship, American Airlines, Chicago and Southern Air Lines, other commercial air carriers, as well as airplane manufacturers and engine makers long have relied on Sinclair Aircraft Oil. Your Sinclair Dealer has motor oil of the same high quality for your car.**

**SINCLAIR**  
**J. H. TOWE, Agent**  
SINCLAIR REFINING CO.  
Hertford, North Carolina