

Thousands Expected To Enter Contest

Thousands of white high school students from throughout the State are expected to participate in the 1949 agricultural speaking contest sponsored by the North Carolina Bankers Association, says J. Frank Doggett, Extension soil conservationist at State College.

Several thousand dollars worth of government savings bonds and cash prizes will be awarded to school, county, district and State winners in the contest, which is designed to stimulate interest in proper land use and treatment.

In a statement this week, John P. Stedman of Lumberton, chairman of the agricultural committee of the Bankers Association, said:

"The agricultural committee of the North Carolina Bankers Association has for many years centered its interest around the protection of the soil of North Carolina, which is the State's most valuable asset. We, as bankers, realize that the prosperity of our people will rise or fall in proportion to the care or lack of care and treatment that the majority of the State's population, who produce a livelihood from the land, give to it.

"Approximately 72 per cent of all North Carolinians live in or produce from the country-side. For that reason, the strongest efforts are needed on the part of business and industry to foster an effective educational program for proper land use and care. It takes a long time to develop good land, but carelessness and neglect can cause it to lose its value overnight.

"Again this year the Bankers Association, assisted by soil conservationists, Extension Service personnel, foresters, and other agencies, takes pleasure in sponsoring a speaking contest covering some phase of soil conservation."

Health and Beauty

By Dr. Sophia Brunson

Modern Treatment of Tuberculosis
A few years ago surgery on the lungs was in the experimental stage. It was considered too dangerous to operate on the lungs.

Modern methods of anesthesia and better care have lessened the risks. Instruments have been perfected. Operations that were too hazardous a few years ago are now safely performed.

The objectives of lung surgery are for the purpose of closing cavities, resting the lungs and thus lessening

U. S. MILITARY GOVERNOR IN BERLIN HAS DIFFICULT BUT INTERESTING JOB

A key figure in the troubled Berlin picture these days is Colonel Frank L. Howley, a wiry little Cavalry reserve officer who holds the



position of director of military government in the U. S. sector of Berlin.

The high level policy which determines the American position in the beleaguered former German capital is the work of Colonel Howley's military and diplomatic superiors. But it is Col. Howley who is responsible for the day-by-day working out of that policy as it affects the welfare of more than a million Germans and all Americans in the U. S. sector.

The fuel, food and other necessities brought in by the airlift to keep life going in the U. S., British

and French zones of the city are apportioned among the governing agencies of the three zones in accordance with rigidly determined schedules.

It is an important part of Col. Howley's job to see that the supplies allotted to his zone are distributed and utilized in a manner to insure maintenance of the zone's economic and political life at as nearly normal levels as conditions will permit.

The task of keeping the wheels in an occupied area turning, whether there is enough coal to do it with or not, is not new to the former Philadelphia advertising executive.

After the fall of Cherbourg in June, 1944, he headed the Civil Affairs detachment which entered the city with the occupying forces. His immediate job there was to see that the city with its wrecked port facilities was put on its feet as quickly as possible, to supply the Army's advance to Paris and the Rhine.

Later, when Paris was liberated in August, 1944, he took his Civil Affairs unit to that city and performed the same kind of job on a much bigger scale during the remainder of the war in Europe. On July 4, 1945, he entered Berlin with the first American forces to arrive there, and set up the military government for the U. S. sector.

Except for brief visits home, he has been in Berlin ever since, serving as a sort of unofficial mayor of the U. S.-governed area, and a military Mr. Fixit for the crises that have arisen almost daily in both the city's internal affairs and our dealings with the Russians.

Colonel Howley's wife and four children are with him in Germany.

the mobility.

A method most commonly resorted to is known as pneumothorax. This is done by injecting air around the lung that crowds it away from the chest wall. "The lung collapses in varying degrees depending upon the amount of air pressure." This collapse rests the lung and gives it a better chance to heal.

The patient who is successfully receiving this treatment ceases to cough and becomes sputum free, or partially so. Pneumothorax is rather a simple procedure. The advantage of pneumothorax is obvious. The lung may be permitted to expand at any time that the patient's condition seems to warrant it.

Another means of securing rest for the lung is an operation on the Phrenic nerve. This nerve originates from the spinal cord in the neck. It is about the size of a pin. It runs through the chest cavity and sends

branches to the diaphragm.

Every time one breathes, the diaphragm moves up and down, massaging the lower part of the lungs and the abdominal organs. By crushing the Phrenic nerve in the neck, which is on the diseased side of the lung, the movements of the diaphragm on the same side cease. The paralyzed diaphragm rises up in the chest cavity and lessens the movement of the chest. This gives the lung more rest.

X-rays reveal adhesion in the tissues between the lung and the chest wall. These adhesions prevent the necessary collapse of the lungs from pneumothorax. An instrument has been devised for cutting these adhesions. It is a lighted instrument with a system of lenses. This operation is called pneumolysis.

A successful pneumothorax can be given after the adhesions are cut and the sputum as a rule is negative in a few weeks. It may be necessary to maintain pneumothorax for months

or possibly for years. When the patient is symptom-free, the pneumothorax is abandoned and the lung allowed to expand.

SNOW HILL NEWS

Mr. and Mrs. Ralph Mercer and family of Bayside spent Sunday afternoon with Mr. and Mrs. Moody Harrell.

Miss Elizabeth Proctor of Bethel was the week-end guest of Miss Carolyn Dean Harrell.

Mr. and Mrs. Moody Harrell and Mr. and Mrs. D. M. Cartwright spent Friday at Raleigh.

Mr. and Mrs. Ralph Harrell and Ruth visited Mr. and Mrs. G. J. Barcliff at Nixonton Sunday.

Mrs. Vernon Harrell, Mrs. D. M. Cartwright, Miss Eunice Harrell and Mrs. Jesse Harrell were shoppers in Elizabeth City Thursday afternoon.

Mrs. Eddie Harrell and Mrs. W. M. Mathews spent Thursday at Plymouth attending the district PTA meeting.

Mr. and Mrs. Joe Harrell of Mount Hermon visited Mr. and Mrs. Eddie Harrell Sunday afternoon.

MACK SENNETT'S FAMOUS GLAMOUR GIRLS

Remember way back when the flickers featured such famous stars as Mabel Normand, Ben Turpin, Gloria Swanson and Ruth Taylor, to name a few? Now Adela Rogers St. Johns brings you a series of stories of these colorful personalities of bygone days, starting November 21 in

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Sunday School Lesson

(Continued from Page Seven) through the form—the reading of the Scriptures, the singing of the songs, the repeating of the creeds—with our minds wandering to the far corners of the earth.

The prophets believed that one's religion affects the whole life. It is not hard to be religious on Sunday, when the setting is right and one is in the mood. How about the rest of the week? True religion permeates one's entire life and affects one's relationships in the home, on the street, in the office, at the store, on the farm, in the church and everywhere. Micah's definition of true religion as stated in our Golden Text, is just as true today as it was back in his day: "Do just-

ly love kindness and walk humbly with thy God."

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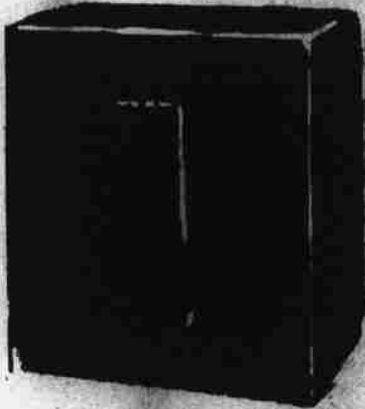
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