

## \$26 Million Plus Paid To Tarheels By Security Office

The people of North Carolina have benefitted during the past year to the extent of \$26,719,486, which represents the national Government's share in their State and local investment in health, education and social welfare, according to J. E. D'Auteuil, Field Representative, Norfolk office of the Social Security Administration. This figure according to Mr. D'Auteuil, which was a part of a summary released by Dr. E. R. Coffey, Regional Director of the Federal Security Agency includes payments under the Federal old-age and survivors insurance program and is based on preliminary data on North Carolina's participation in the various FSA programs.

"Even this substantial investment," Mr. D'Auteuil pointed out, "does not tell the whole story in terms either of people or of money, since it does not take account of certain nationwide FSA services which benefit every citizen of North Carolina. These services are food and drug regulation, services to the State's educational system, supervision of Federal credit unions and public health services operated directly by the Public Health Service, such as quarantine and epidemic control."

"A total of 150,360 men, women and children in North Carolina benefitted directly from Federal funds added to North Carolina's investment in health, education, welfare, vocational rehabilitation and social security. These citizens received individual benefits or services during the past year through Federal Security Agency programs operating in their own communities, most of them with the cooperation of both State and national governments."

As for the investment of \$26,719,486 itself, Mr. D'Auteuil pointed out that Dr. Coffey's summary represents only the Federal share in the partnership.

To complete the picture, North Carolina would have to add to its own State and local funds which its citizens also use for these purposes. Only four of the major programs under the Federal Security Agency are administered entirely by the Federal Government. These are: Old-age and survivors insurance, food and drug regulation, Federal credit unions, and Federal employees' compensation. The summary also shows that by June 30, 1949, 42,370 residents of North Carolina were receiving monthly payments under the Federal system of old-age and survivors insurance at a rate of \$62,762. This program provides a monthly income for workers in private industry and commerce and their families when the worker retires at age 65 or later and for his family when he dies. Monthly benefits certified for payment to retired workers, their wives and their dependent children in North Carolina during the

fiscal year 1948-49 amounted to \$3,968,000. Monthly benefits to survivors of insured workers totaled \$3,666,000. These payments went to children, widowed mothers, aged widows, and aged parents of deceased workers. In addition, lump-sum payments totaling \$454,000 were made to survivors who were not immediately eligible for monthly benefits.

In this area, Mr. D'Auteuil stated that OASI monthly benefits totaled \$11,692. Of this total \$7,201 was being paid monthly to wage earners who have retired from employment and wives of such individuals, and \$4,601 to widows, children and parents who survived deceased wage earners.

In making this announcement, Mr. D'Auteuil pointed out the necessity of prompt filing of claims for OASI benefits, stating that benefits under the law could only be paid retroactively three months and unless claimants filed within that period loss of one or more months payment might occur.

Mr. D'Auteuil stated that in submitting the summary of the year's activities, "The benefits and services received through the Federal Security Agency's programs by the people of North Carolina during the past year demonstrate the effectiveness of State and Federal teamwork. The Washington regional office serves North Carolina's agencies in this joint endeavor. It also facilitates administration of the wholly Federal programs."

The Norfolk office of the Social Security Administration is located in the Plafiron Building. A representative from that office is in Hertford the second Wednesday of each month at the County Welfare office.

## Health and Beauty

By Dr. Sophia Brunson

### Do You Have Heart Pain?

Americans are prone to worry about every little heart pain, and to imagine that they have or going to have angina pectoris or coronary thrombosis. In fact, they get so scared that their very apprehension and tenseness tend to aggravate the condition, whereas if they remained calm and relaxed, the pain might pass off in a moment without leaving any untoward results.

Prolonged worry or distress often brings on pain in the heart that even extends to the whole left side, and may even affect the arm pit as well as the arm. Doctor Thomas Fitz-Hugh, Jr., of the University of Pennsylvania, has written an article on the subject in which he says that "a review of 4,000 consecutive private patient records of the past 15 years showed migraine in 22 per cent. About one in every four presents symptoms of regular attacks of pain in heart region resembling angina pectoris. This pain in the chest, instead of the head, appears as a substitute for the pain in the head. The pain is most often a dull, heavy boring ache in the region of the lower part of the breast bone. Sometimes it

extends into the left arm pit. The dull type of distress may come and go for days at irregular intervals."

The quickest way to get rid of it is to become interested in other things. As a rule, the pains are fleeting, sometimes lasting for only a few minutes, but may last hours. The patient may even be seized with air hunger. This inability to get a deep breath is alarming and uncomfortable. When the pain is deep and stabbing, a full breath cannot be taken until the pain passes off. These symptoms are usually a form of migraine that attacks the heart instead of the head.

In regular, or one-sided headaches, we are not sure of the exact cause, but they seem to be brought on by anxiety and worry, too much mental or physical overwork, which produces nerve tension.

However, we have a very satisfactory treatment for migraine headaches as follows: Ergotamine tartrate, or the breathing of 100 per cent oxygen will in most cases bring relief.

A point to be remembered by sufferers from heart pains such as have been described is that the patient does not sweat from agony as in true angina pectoris. Sufferers from heart pains should be examined by a competent physician.

## WHO KNOWS

1. What is the population of Egypt?
2. Identify: Waldfists' and Saadists.
3. What is the date set by law for adjournment of Congress?
4. What heads of state took part in the Cairo Conference of 1943?

5. Which rank is higher—baron or viscount?

6. The word "embarrassed" has been often in print recently. What does it mean?

### ANSWERS

1. Almost 20 millions.
2. Political parties of Egypt.
3. Not later than July 31, except in time of war or national emergency.
4. Franklin D. Roosevelt, Winston Churchill and Chiang Kai-shek.
5. Viscount.
6. Painless, easy death.

### BURGESS W. M. U. MEETS

The Burgess W. M. U. met Monday night with Mrs. J. B. Basnight at her home near Burgess.

The meeting was called to order by the new president, Mrs. J. R. Ayscue. "I Love to Tell the Story," was sung followed by prayer by Mrs. Ayscue.

The minutes were read and the roll called by the new secretary, Mrs. Josiah Proctor.

Announcements were made and hostesses accepted for each month of the ensuing year.

The new program chairman, Mrs. J. H. Shean rendered the following program on "Playing Fair With Others," devotional, by Mrs. J. R. Ayscue; Prayer, Mrs. Reuben Stallings; Hymn, Send the Light. Reading by Mrs. A. M. Copeland and Mrs. J. B. Perry. Chorus, "Every Baptist a Tyther," reading by Mrs. J. B. Basnight, duet, At the Old Country Church by Mrs. Joe Ayscue and Mrs. Sidney Copeland.

Reading by Mrs. Willie Lane, Mrs. Meador Harrell, Winston Lane, Mrs. Josiah Proctor and Mrs. E. Y. Berry. Closing hymn, Bless Be the Tie That Binds.

Those present were Mrs. Winston Lane, Mrs. J. B. Perry, Mrs. Meador Harrell, Mrs. Sidney Copeland, Mrs.

J. R. Syarty, Mrs. Joe Ayscue, Mrs. E. Y. Berry, Mrs. Willie Lane, Mrs. J. B. Basnight, Mrs. J. R. Ayscue, Mrs. J. H. Shean, Mrs. Irwin Whetbee, Edna R. Lane, Mrs. J. R. Syarty, Mrs. Edgar Riddick and Mrs. Reuben Stallings.

The hostess served nuts, ambrosia and cake with punch.

## Lesson Sunday School

(Continued From Page Nine)

equality of all men before God. The Christian world today needs to fully appreciate the error of holding contempt for other races and people. It should realize that God loves and accepts righteousness, right living and thinking, and an honest search for truth wherever and in whomsoever these are found.

## MANY NEVER SUSPECT CAUSE OF BACKACHES

As we get older, stress and strain, over-exertion, excessive smoking or exposure to cold sometimes slows down kidney function. This may lead many folks to complain of nagging backache, loss of pep and energy, headache and dizziness. Getting up nights or frequent passages may result from minor bladder irritations due to cold, dampness or dietary indiscretions.

If your discomforts are due to these causes, don't wait, try Doan's Pills, a mild diuretic. Used successfully by millions for over 50 years. While these symptoms may often otherwise occur, it's amazing how many times Doan's give happy relief—help the 15 miles of kidney tubes and filters flush out waste. Get Doan's Pills today!

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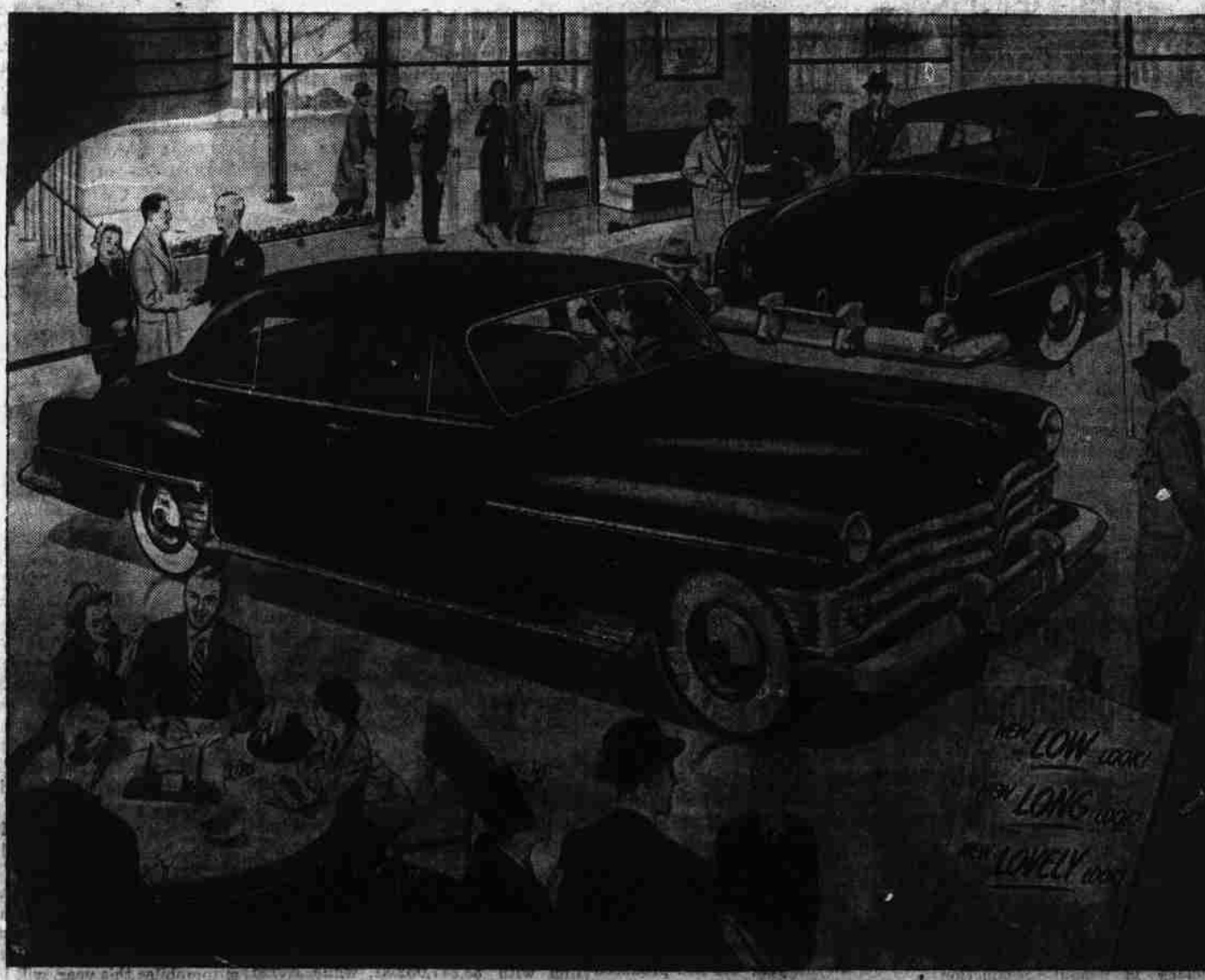
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