



It seems difficult to realize that Congress has been back in session for almost two months now. We have made hardly a dent in the work to be done—if you judge only the action on the Senate floor itself.

The reason behind the virtual inactivity in the Senate proper is the fact that most of the legislation is still being studied by the various committees. Actually it is the committees which do the real work in Congress. It would be virtually impossible for the full Congress to thrash out the thousands of details involved in various pieces of legislation. Each Senator is a member of two or more committees.

The bills should begin to come forth from committees pretty soon. Then you'll see plenty of action. A month from now we should have a better indication as to how long Congress will be in session this year—which, as you know, is election year.

LATTIMORE HEARING

Much of my time last week was devoted to a special hearing before the Senate Internal Security subcommittee. It involved Professor Owen Lattimore, whom you will remember as one of those listed by an admitted one-time Communist as being Communist also.

Lattimore is now a professor at John Hopkins University. He asked for the hearing before our committee, and asked that it be made public, so that he could answer the charges which were made against him by Louis Budenz, former managing editor of the Communist Daily Worker. Mr. Lattimore proved himself to be a very clever individual. He was very evasive in his answers. He had prepared a statement of some 50-odd pages in which he condemned our committee as unfair and in which he defended his career as a self-styled advisor to the State Department and the President on the Far East.

Mr. Lattimore complained bitterly about the charges made against him and criticized our committee for listening to the charges. It was point-

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FIRE FACTS

ed out to him that the witnesses who previously had mentioned Mr. Lattimore had testified under oath, just as Mr. Lattimore himself was doing.

Mr. Lattimore, during the course of the hearings, did exactly what he accused the other witnesses of doing—making charges they could not prove.

I wish that all North Carolinians could have had the opportunity to sit in on this hearing. I believe almost everyone would have been fascinated by it.

RUSSELL'S ANNOUNCEMENT

I know you noticed the announcement of Senator Russell of Georgia last Thursday as a candidate for the Democratic nomination for President.

I consider Senator Russell a close friend and I think I am able to speak authoritatively as to his ability and character. He is one of the best men in the Senate; he is energetic and fearless.

He would make an excellent President and I hope that he will not be regarded as a mere sectional candidate. He is a credit to the South and the nation.

MEDICINE BY MAIL

Our office mail continues to include hundreds of letters about UMT. But in recent days, a large amount of mail has been received from citizens of North Carolina who are interested in proposed regulations which would restrict the practices of a mail-order drug firm in Chicago.

This firm apparently has a large number of customers in our state. At stake in this matter is the question of whether the firm shall be permitted to continue its present system of sending phenobarbital, a habit-forming drug, through the mail to persons suffering from epilepsy.

There is actually no law against sending drugs through the mail. The proposed regulations would not create such a restriction. But they would require that the Chicago company modify its practices so as to dispense habit-forming drugs on prescription only, and, further, only under the immediate supervision of a licensed doctor.

The firm in Chicago sent letters to all of its customers asking that they write their Congressmen. As a result, I have heard from many scores of good people who fear that they will no longer be able to obtain the drugs.

Most of the people do not realize they can obtain the very same drug at their corner drug store—if their doctor prescribes it.

Health and Beauty

By Dr. Sophia Brunson

A noted specialist on nervous and mental diseases at Johns-Hopkins states in his book on "mental diseases" that "alcohol and heredity are so closely connected that it is almost impossible to separate them."

Pronounced alcoholism in the parents means examples of mental disease and weak-mindedness in the children, provided the alcoholic tendency is not acquired somewhat later in life. Children of pronounced alcoholics are most frequently of dull and feeble mental development. Many die at an early age. As a striking instance of these facts, Marse has detailed the history of a drunkard who had sixteen children, fifteen of them dying at an early age, while the one that grew was an epileptic.

Darwin states that the families of drunkards do not descend beyond the fourth generation. According to Word, the plan of decadence is the following: In the first generation there are moral depravity and alcoholic excess; in the second, drunkenness and maniacal ideas, particularly those of murder; in the fourth generation the imbeciles and idiots appear and the family becomes extinct.

The action of alcohol directly upon the nervous system can be definitely traced as the cause of a large number of the total admissions to any general asylum. The lower the social class, the more frequent the insanity from alcohol. This may be partly due to the very cheap grade of liquor they drink and also to the poor quality of their food.

It was a sad day for the people of the United States when the government went legalizing alcohol. We see its effects in the increased number of accidents on the highways. It is taking its toll more and more.

God made water and put an abundant supply upon the earth as a beverage for men and animals. Alcohol is a poison to all animal life and plant life. Alcohol interferes with the water in the body; whenever it comes in

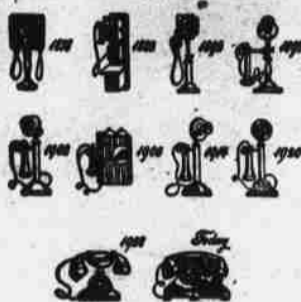
contact with it actually absorbs and devours it in the body. It extracts water from the muscles, the brain, the nerves and the digestive juices. The body is gradually destroyed from the constant use of alcohol.

The sensation of warmth that is experienced after drinking alcohol is due to the dilation of the surface blood vessels. Arctic explorers have found that it is extremely dangerous to drink whiskey when exposed to extreme cold because the blood, after a drink rushes to the surface of the body, which causes it to lose heat rapidly and the person is in danger of freezing to death.

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