

**THE PERQUIMANS WEEKLY**  
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the daily news could be used to show how following that simple rule would save inestimable suffering and grief for juveniles and families.

**MY MINUTE WITH GOD**

By GEORGE MILLER, Pastor  
 Chowan Methodist Church

"Launch out into the deep, and let down your nets for a draught." Luke 5:4.

After Jesus had been teaching the people, he turned to the fishermen and commanded them to launch out into the deep and to let down their nets. We remember that enough fish were caught to fill the boat. If we would be fishers of men we can and should learn a lesson here. Note that Jesus gave the command to those tired and discouraged fishermen. He still gives the commands today. Next followed obedience in the face of physical exhaustion, doubt, and failure. We also note that Jesus did not tell these fishermen to go to some other place to fish, but to let down their nets where they were. We too, are to let down our nets in our home, our church, and our community. Beloved, if we obey the command of Jesus, we can leave the results in the hands of Jesus. The results will be joy, peace, and victory.

Dear Lord: Help us to obey thy commands at all times, regardless of circumstances. Amen.

**This Is The Life**

By DONALD R. THOMAS

**ADD AND SUBTRACT**  
 God put Adam in the garden of Eden to take care of it. He told Adam that he could freely eat of every tree in the garden but the tree of knowledge of good and evil. If you eat of it, you will surely die that day. Now Eve was speaking to the serpent and he lied to her. He said, "Did God say you shall not eat of every tree in the garden?" Eve

added and subtracted. In verses two and three of chapter three of Genesis, Eve said, "we may eat of the fruit," but she left out "freely." And she added by telling the serpent that neither shall you touch it. We see Adam and Eve disobeying God and fell from Grace. Death came upon everyone, but Jesus subtracted and opened a way where we can have life after this one by accepting Him as Lord and Saviour. He died and paid a price for us. Don't add nill to your life by choosing this life, but choose Jesus as your saviour. The Bible says, "If any man shall add unto these things, God shall add unto him the plagues that are written in this book."  
 —Rev. 22:18-19.

**CARD OF THANKS**

I wish to express to each and everyone who remembered me with cards, flowers, gifts and visits during my recent illness in the hospital and my convalescence at home.

BRENDA THACH



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**Sunday School Lesson**

CHRISTIANS GROW THROUGH WORSHIP  
 International Sunday School Lesson for August 8

Memory Selection: God is a spirit: and they that worship him must worship him in spirit and in truth.—John 4:24.

Lesson Text: Mark 1:35; Acts 2:40-47; Colossians 3:16-17; Hebrews 10:19-25.

From the earliest times, when man first walked this earth, he has felt the innermost need for worship. Archaeology, in research, has borne this fact out. Man has built altars from time immemorial, to one god or another, and this tendency persisted for some time even after Christ came, offering forgiveness and salvation.

And, although, as Christians, we cannot approve of the concept of false gods, we must at least respect the desire in man's struggling soul to pin his faith on something other than himself.

Our lesson for today is directed toward sharpening our awareness of what true worship can mean, and how we can make it a factor in our growth as Christians.

"And in the morning, rising up a great while before day, he went out and departed into a solitary place, and there prayed." — Mark 1:35.

Jesus, himself, often felt the need for silent communion with God. His was an active ministry, and very demanding; he was continually in the public eye, rallying converts, instructing his disciples so that they might help him spread his message among the people; communing with the people themselves, as they gathered round him to listen to him. It was little wonder, then, that he often went into lonely places, and there replenish his spirit in communication with his Father.

Christians are partners in Christ. There is a need to be together, and this need reaches its pinnacle when we draw together in public worship. This was felt by the early Christians, and the Bible records many instances of little bands of converts drawing together for instruction and worship in a variety of places—in their homes (even at the risk of discovery and persecution) and even in the temples.

Today we are more fortunate. We do not face persecution for our religious beliefs. We have churches in which we can gather openly for worship services and spiritual renewal. We have Christian fellowship in our public worship services, and this is good and very necessary. For this experience adds a new dimension to our growth as Christians, because, from this association with our fellow men in the act of worship we draw encouragement, support and inspiration.

We do not, however, have to relegate our worship to public gatherings only. As individuals, we have individual needs, our own private times of distress or joy. And, in our busy lives—our constant association with people—it is good for us to recognize the need to be alone sometimes, to commune with God in privacy.

"Come unto me all ye that are heavy laden, and I will give ye rest..." is one of the most comforting passages in the Bible. If we avail ourselves of this loving offer, in a quiet place, we will come away from such communion with our God with a renewed sense of growth as a Christian.

Probably no other thing does as much to keep our faith in God real and vital as worship. For this is how we grow.

(These comments are based on outlines of the International Sunday School Lessons, copy-righted by the International Council of Religious Education, and used by permission.)

BE A BETTER CITIZEN  
 ATTEND THE CHURCH  
 OF YOUR CHOICE ON  
 SUNDAY



**Make Church Going a Habit**

**THREE CHEERS**



Here comes the winner! Can he hold that first place position, or will he fail? In the eyes of these youngsters, victory is the most important thing in the world. Everything hinges on the outcome of this contest!

Enthusiasm is part of successful living, stimulating the imagination, and inspiring the mind. It is contagious, too, and can affect co-workers, friends, families. It is essential to organizations as well as to individuals.

Through the centuries a rich spiritual enthusiasm has been handed down by the Church, one of the greatest institutions on earth. Its members, working together, fired by the enthusiasm of faith, can give you renewed inspiration, and strength.

Why not attend church next Sunday? Become a part of this great fellowship of believers! You, too, can be a winner.

Sunday Genesis 32:22-32	Monday I Chronicles 29:1-7	Tuesday I Chronicles 29:10-19	Wednesday I Corinthians 9:19-27	Thursday II Corinthians 2:12-17	Friday James 2:14-26	Saturday I John 5:1-5
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