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THE PERQUIMANS WEEKLY

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Hertford, Perquimans County, North Carolina, November 21st, 1968

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Junior Miss Contestants Attend Tea

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A Sunday afternoon tea was held at the bome of Mr. and Mrs. Howard Williams for the Irs. Howard Williams for the hirtsen area contestants en-ered in the annual Albemarle unior Miss Pageant. Mrs. Wil-iams was assisted by the Jay-ee wives of Hertford in giv-ng the affair. The high school contestants were given a chance o become acquainted with each liker, and Pageant Co-chair-nen Welly White and Billy White plained to the girls what would

MEET THE SMITH FAMILY:

Nice Home, nice car, nice in-come" STARVATION die"i Is

testants in this year's event, A delicious hot punch and cookies were served. PICTURE.

First row-left to right Hope Basflight, Elizabeth City; Debbie Dough, Plymouth; Sharon Saund-ers, Aydlett; Debra Wright, ers, Edento

high income itself did not in-sure a good diet. More than one-third (37 per cent) of the

households with incomes of \$10,000 and over like the Smiths had diets below recommended

allowances for one or more re-quired hisricuts. Despite ris-ing incomes, fewer households had good diets today than ten

years ago. The typical American home must take t

maker evidently must take a closer look at the value of meals

served their families, Accord-

ing to nutrient experts, each meal should be planned around the four basic food groups: (1) Milk and milk products (2) meat,

fish poultry, eggs (3) fruits and vegetables (4) cereals and breads. By including one item

home.

Is There A Trend Toward

"Unhealthy" Eating?

sor; Susan Harrell, Hertford; Karen Neverdousky, Elizabeth be expected of them as con-

City. Third row – left to right: Jackie Louise Simpson, Eliza-beth City; Susan Lynn Hare, Edenton; Marjorie Spruill,

Edenton; Washington. Not pictured - Paulette Daniels, Corapeake,

Second row-left to right Judith Ann Huston, Elizabeth City: Mary Joyce Bowen, Wind-Working As

Working As **Intern Teachers**

Tow hundred East Carolina University, Greenville, students from 52 North Carolina counties and 12 other states are working as intern teachers during the fall quarter.

According to Dr. Thomas A. Chambliss, director of student teaching, the interns have been assigned to school systems in 26 N.C. counties and also in Norfolk, Va. and Lakeview, S.C. Each tern is asigned to conduct regular classes under the direction of a supervisor and is given a grade for his class-

room performance. Perguimans County students at ECU who are participating in the Student Teaching Program include Mrs. Phyllis Nixon By-rum, teaching Math at Bertie High School at Windsor, and Miss Joan C. Green, Home Ec., at Bath High School.

Miss Homecoming **Reigns At P.C.U.S.**

Community Development Winners Announced

The Perquimans County Rural Community Development Award Program was held Wed-Resday. November 6, 1968, at 8:00 p.m. in the King Street Elementary School Auditorium, Hertford, North Carolina, with C.T. Felton presiding. The pro-C.T. Felton presiding. The pro-gram featured as guest speaker G.W. James, President of the 4-H Leader Organization, the Perquimans Union School Band under the direction of W.L. Green, and the Perquimans County Male Chorus. The Perquimans County Male Chorus is being supervised by Mrs. Mary Lee James. Billy White, President of the Perquimans 4-H County Council gave the invocation. The purpose of the Rural Community Development work was given by Mrs. Alline Jones. Mrs. Eunice Jones, gave several points on How to Make Our Communities a battar blace Our Communities a better place in which to live. Mrs. Emma Burke, gave a report on the accomplishment made from October 31, 1967 to November 1, 1968.

The recognition of visitors and the awarding of prizes were given by W.C. Strowd. The first place winner in the Rural Community Development was the Belvidere Community. The sec-ond place went to Bethel and New Hope, the third place winners were Winfall, Beech Spring, and Woodville.

In the Vegetable Garden Con-test Mr. and Mrs. Odell Hurdle, won first place, Mr. and Mrs.

Haywood Lilly second place, and Mr. Hope Eason third place. The door prize was won by Mrs. Margaret Felton. In the Mother of the Year competi-tion, Mrs. Eva Hurdle, Belvidere Community was recognized as being the most outstanding mother. She was awarded a prize for the most outstanding achlevement made in the county. Mrs. Emma Burke, Woodville

Community, was recognized for making the greatest achieve-ment through Extension Home-makers projects and club activities this year. She earned the lowest muchar of points the largest number of points. The second highest was Mrs. Vasthi Lilly, Belvidere Com-

munity. There were 25 4-H Club boys and girls recog-nized and awarded a prize for achievement made in 4-H project work this year. The 4-H Alumni pin was won by Mrs. Joans S. Thomas. Prizes were awarded to the following 4-H boys and girls for being the best campers at J.W. Mitchell

refreshments, 4-H exhibit, and special exhibit on Christmas

best campers at J.W. Mitchell 4-H Camp June 24-29, 1968: Cheryl Jones, Winfall 4-H Club, Charon Elliott, Busy Bees 4-H Club, Garey Rouse, Hertford, 4-H Club, Jimmie Tally, Wya-noke 4-H Club, and Ricky Newby, the Cardinal 4-H Club. During the social hour the 4-H members, 4-H leaders, parents and friends enjoyed

decorations. There were 400 people attended the program.

American Legion Cmdr. **To Visit North Carolina**

The American Legion Na-tional Commander William C. Doyle will visit North Carolina to 1938, and at the outbreak of World War II, he enlisted in on November 23 and 24, 1968, it was announced today by North the U.S. Army and was com-missioned in January, 1943. Wounded in action three times, Carolina Department Com-mander C. Marcelle Williams. William C. Doyle, 49, of Vinehe holds the Silver Star and land, New Jersey, was unan-imously elected to the office of Bronze Star with Cluster and V-clasp among his decorations. National Commander of The He received a battlefield pro-American Legion, the world's motion to captain in 1945. After largest veterans organization, at the closing session of the 50th Annual National Conventhe war, he was commissioned to the rank of captain in the New Jersey National Guard. He tion in New Orleans, Louisrose to the rank of brigadier

Farm Bureau **Federation To** Meet In Durham

The thirty unird State annual meeting of the North Carolina Farm Bureau Federation is being held at the Jack Tar Hotel in Durham, N.C. November 17through 20.

Those attending the convention from the Perquimans County Farm Bureau are Mr. Albert Eure, Carroll Baker. L. Clinton Winslow and Rollo P. White, Those attending from The Gates County Farm Bureau are Mr. Marvin Wiggins, Frank Russell, and Mark Eason.

Those attending from Chowan County Farm Bureau are, Thomas Paul Griffin, Woodrow Lowe, David Bateman, and Dick Lowe.

Perry And Caddy Attend N.C.S.C.C.

On Sunday, November 10, the 42nd Annual North Carolina Student Council Congress convened Jacksonville Senior High School, Jacksonville, N.C. Delegates representing student councils from all over the state attended the three-day convention. Donald Perry and Johnny Caddy, President and Vice President respectively of the local Perquimans High School student, Council, attended this meeting. They were accompan-ied by Mr. Shelton Davis, teacher at P.C.H.S.

Officers of the convention were as follows: President, Wally Kernodle, Walter Wil-liams High School (Burlington); Vice Presiden, Scottie Wilson, Independence High School (Charlotte); Secretary, Peaches Gunter, Ashley High School (Gastonia); and Treasurer, Gary Lanvermeier, Jacksonville Senior High School.

The theme of the convention, "Twenty-Four Hour leadership," was carried out very well, and each delegate was made well aware of the leadership potential represented at the convention. On Sunday night the keynote address was delivered by the Honorable Robert Morgan, Attorney - General Elect of North Carolina, He challenged the delegates in attendance to use their leadership ability to help curb the present rate of lawlessness and disorder in our state and county, Each delegate gained much from listening to this great North Carolinian.

Monday and Tuesday were spent attending different discussion groups where delegates learned about the problems of other schools and also learned how to go about solving their own problems. The discussion groups were very interesting and informative. Donald and Johnny gained many new ideas concerning student council work and will try to put these new ideas into practice in our local council. It was a great experience, and one which they will never forget.

Susan Harrell Is Entrant In Junior Miss Pageant



Miss Susan Harrell, daughter of Mr. and Mrs. Charles M. Harrell, Jr., is one of thirteen contestants entered in the 1969 Albemarle Junior Miss Pageant. The thirteen high school seniors represent almost all sections of Northeastern North Carolina and will meet to compete for the title on Saturday, November 23 at 8 p.m. at the Perquimans County High School Auditorium. The Albemarle Junior Miss Pageant is an annual event spon-

sored by the Hertford Jaycees. Miss Harrell is a senior at Perquimans County High School and resides at 109 North Rail-road Street, Hertford, N.C. She is editor of her school newspaper, has served on the student council for three years, has served as a cheerleader for 4 years, is a member of the Beta Club and Letter Club, has served as a class officer and marshall, and has many other honors. She is a member of the First Methodist Church in Hertford. Susan enjoys reading, writing, and swimming. She is being sponsored by Elliott's Beauty Shop.

of Aydlett; Edenton Jaycees Susan Lynn Hare of Edenton; Windsor Jaycees Mary Joyce Bowen of Windsor; Waccanaw Veneer Co. Inc., Treva Jane Lee, Washington Jaycees, Marjorie Spruill of Washington; Bagley & Hurdle Equip. Co. Paulette Daniels of Gatesville.

Plymouth Jaycees Debbie Dough of Plymouth; Albemarle Chemical Co. Sharon Saunders of Aydlett; Edenton Jaycees Debra Wright, Edenton Jaycees Susan Lynn Hare of Edenton; Windsor Jaycees Mary Joyce Bowen of Windsor; Waccanaw Veneer, Co. Inc., Treve Jape Lee, Wash-ington Jaycees, Marjorie Spruill of Washington; Bagley & Hurdle-Paulette Daniels of Gatesville.

The judges for the event are; Frank Roberts of Hertford, Curtis Albertson of Elizabeth City, Mrs. Dot Wagoner of Gatesville, Edgar "Red" Gurganus, of Williamston, and Mrs. Harry Las-siter of Edenton.

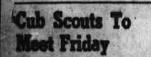
The winner of the event will receive a \$100 scholarship, a trophy, and the title of Albemarle's Junior Miss. The first and second runner-ups will re-ceive a \$25 award and a trophy. The scholarships are awarded by the local Chevrolet dealers including; Hollowell Cheverolet of Hertford, Midway Chevrolet of Sunbury, Kruegar Chevrolet of Elizabeth City, Has-sell & Creef Chevrolet of Manteo, George Chevrolet, of Eden-ton, R&W Chevrolet of Windsor, House Chevrolet of Wash-ington and Elliott Chevrolet of Beaufort. The new Albemarle Junior Miss will be crowned by last year's winner, Miss Alice Sue Knowles of Elizabeth City.

come" STARVATION die"1 is there a trend toward "un-healthy" esting in America? (Mrs.) Ila Gray White states, "The United States Department of Agriculture recently survey-ed 7500 Americans homemakers to determine whether the meals at home met recommended diet-ary allowances set by the Food and Nutrition Board. Secretary of Agriculture, Or-ville Freeman stated, in part, "The report indicated that des-pits higher income, and the fact that Americans may choose from among the greatest abund-ance and variety of wholesome nutritious food at the lowest real cost at any time in our history, there has resulted a somewhat adverse shift in food habits and some change in national dietary levels.

cost at any time in our history,

levels. According to the survey: only half of the households had diets that met the allowances for all nutrients. These diets were rat-ed "good". The other half fail-ed to meet the allowances estab-lished by the Board. Most fre-gaently lacking in the diets were calcium, vitamin A value and ascorbic acid, (These nutrient abortages were associated with inadequate consumption of milk and milk products, vegetables and fruit.)

At each successively higher level of income, a greater per-cestage of households did have diets that met allowances, But



District Court Convenes

an Privat presided a para charged with and was and the im pay

speeding, \$15,00 and costs; Carl Thesson, speeding, \$10,00 and costs; Alton Thomas Butler, withere to stop at stop sign, 100,00 and costs; James Brin Vaits, improver brakes, \$20,00 and costs; William Heary brossort, speeding, improper at dealer plates and im-

Acody Vance Haskett, speedin 18,00 and costs; Glean Jun Tines, speeding, 300,00 es costs; Howard Donald Winslo-speeding, 350,00 and costs; Be amin Harrison Chambers, J speeding, 415,00 and costs; Co pages strature, 410,00 a

every meal, the homemaker is automatically assured of pro-Miss Shelia Everett reigns as "Miss Homecoming" at the Perquimans Union School's anviding nutritionally balanced nual Homecoming activities menus for the family.

We begin by asking you, re-gardless of your income, to analyze your own family's eat-November 8. Miss Everett, a senior, was crowned by Miss Doris Simp-son, "Miss Homecoming" for 1967-68. ing patterns in relation to the four basic food groups, Good nutrition begins at home-your

Shelia is the attractive daughter of Mr. and Mrs. James Everett, Sr. of Hertford, N.C.

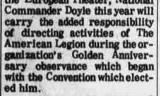
Perquimans Co. Historical Society

By R. A. Winslow, Jr.

The Perguimans County Board of Health met Oct. 30 1931 and passed the following extraordinary resolutions: be vaccinated for smallpox prior to their entrance in school, un-less such child has had small-pox, or unless they secure from less such child has had small-pox, or unless they secure from a physician a certificate sett-ing forth such reason why such a child cannot because of phy-sical condition be vaccinated... Resolved that the Churches of

"BE IT RESOLVED; that owing to the diphtheria situation in the County, that all schools in the County be closed for the period of one week, as a pre-

The Cab Soot Pact 6155 of In the Conney week, as a pre-cationary measure: BE IT FURTHER RESOLVED That all drug stores, soda foun-mins and dispensers of soft in anything other than paper cups for the period of merenet. Retreatments will be mardet. **Attend Mosting At Ilbornarie Hospital** Larry Sviadell, Norman Mars, Mrs. D. M. Jaotson Method Methoding Tat Marshing Mrs. D. M. Jaotson Methoding at me Albemarie Hospital Methoding at me Albemarie Hospital



Jobs Available In Health Field

There are lots of jobs in the health field - interesting, pro-ductive, satisfying jobs-waiting for young people to fill them. Jobs such as medical techno-jogist, physical therapists, A-systechologist, laboratory as-sistant, and many, many others. There are lots of young people minimuly fitted for such jobs. Music somehow the jobs and the other enough. Result health ca-reser positions unfilled, pro-mising capabilities unfulfilled. What's wrong? One of the basic troubles was pinpointed by three physicians, whose opin-ions on an important phase of it were sought and published in a recent issue of Medical Tri-bune. They were asked. "How can health careers attract more women?" Appropriately, two of the three ware women doctors. The problem, thought Dr. Ma-tion M. Laison, of Tacoma, Wash. Is one of communica-tion. "The paith professions don't really advertise what they have to offar. By advertising, mean talking to the high school girls before they begin to look around for a pareer." The frend M. La Kossove, of farifotte, N.C., generally agreed and called for "a change in attitude on the part of the ducators, the counseloors, and the attitude on the part of the ducators, the counseloors, and the attitude on the part of the ducators, the counseloors, and the ducators, the part of the ducators, the counseloors, and the institute on the part of the ducators, the counseloors, and the institute on the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloors, and the institute of the part of the ducators, the counseloot sen-ter divide their time between ducators, the counseloot sen-ter divide their time between ducators and hospital work for which they Resolved that the Churches of the County are requested not to hold Sunday School and church services on Sunday Nov. 1 and Sunday Nov. 8th, and resolved further to be mandatory on the Moving Picture Shows to close Saturday night Oct. 31 and ex-tending for one week through Saturday night Nov. 7th 1931; One motion, the Nov. Term of Superior Court of Perquimans County be closed and hold in January 1932."

Tax Course To Be

A two-day course in farm and small fusiness income tax will be conducted by North Caro-line. State University during December. Anyone interested in enrolling for the course should contact Dr. Eugene Starnes, North Carolina State University, P.O. Box SI25, Ra-leigh, N.C. 27607. The course will be conducted at four locations in the State Ashaville, Charlotte, Greens-

e course will be conducted our locations in the State ville, Chariotte, Greens-and Greenville. additon to these courses, dvanced Income Tax Pro-will be conducted at North gram will be to University in Ra-g December 11-18.

Held By NCSU

vill include y -

tion in New Orleans, Louis-iana, on September 12, 1968. A World War II veteran of service with the U.S. Army in-the European Theater, National Commander Doyle this year will carry the added responsibility of divertised to the New Jersey Army National Guard. In 1965 he was assigned as Assistant Divi-sion Commander, 50th Armor-ed Division a position which ed Division, a position which he still holds.

He is superintendent of the New Jersey Memorial Home for Disabled Soldiers, Sailors, Marines and their Wives and Widows, at Vineland, New Jer-

sey, where he has been an active member of James Mac-Farland Post No. 79, the Ameri-

can Legion, since 1945. National Commander and Mrs. Doyle, along with his Aide, Mr. Joe Flick, are scheduled to arrive at Charlotte Municipal Airport at 10:20 A:M, Saturday, November 23rd. A re-ception for Commander Doyle's party will be held at 12 Noon at Paw Creek American Legion Post 353, located on Highway 16 West on Belhaven Boulevard. Following the reception will be a luncheon at 1:00 p.m. also at Post 353. During his stay in Charlotte, a press conference will be held.

On Saturday afternoon, the National Commander's party will travel to Salisbury and the Holiday Inn for a reception be-ginning at 5:30 p.m. with a dutch dinner at 6:30 p.m. in the Holiday Inn Dining Room. Following this dinner, Commander Doyle will travel to the VA Hos-

pital in Salisbury for a major Address at 8:00 p.m. On Sunday, November 24th, the Commander's party will take a Charter Flight leaving Salisa Charter Flight leaving Salis-bury at 1:30 p.m. and arriving in Benson at approximately 2:30 p.m. for a social hour at Ben-son's Fost 109, located on High-way 301, five blocks North of Highway 27. Following this ap-pearance, Commander Doyle's party will return to Charlotte by Charter Flight where he will remain over night and depart Charlotte, Monday, Nov-ember 25th. National Commander Doyle and Department Commander Williams will be streasing

and Department Commander Williams will be stressing membership in North Carolina under the slogan "Forging the Future" during this 50th An-niversary. Year which Com-mander Doyle has designated under the banner "50/100" to remind our Nation that The American Legion has given 50 years of 100 pc cent service to God and Country which is our "Commitment to Free-

Perg. Homemaker Club Members Attend Meeting

Perquimans County Exten-sion Homemaker Club leaders traveled to Edenton November 13 to attend the 1969 Northeastern District Planning Meeting. The meeting was held at the First Baptist Church.

Mrs. Elwood Stevenson, of Pasquotank County presided at the meeting. Mrs. Melvin Eure, Advisor, of Route 3, Hertford led the group singing for the meeting.

Miss Lorna Langley, State Leader, N.C. State University, Raleigh, gave an inspirational heaters of the long heritage of Home Demonstration and quoted some of their contributions to North Carolina.

The group dissambled to meet in sessions concerning commit-tee or officer responsibilities. Mrs. Warner Madre, Route I, Hertford, District Treasurer,

Social Security

How long does it take to get your first disability check from social security when you become in filing, the disabled person misses out altogether on some back payments. disabled?

disabled? The answer to this question is generally left up to the per-or filling the claim. A person should file his application for isability bentits as soon after becoming disabled as he can be any filling means prompt pay-ment of the first check due. While no payment can be made during the first six full movies of disability, an application on he filed as soon as a person here that he is going to be meanied for at least a person indicated on at least a person

The other twelve contestants are: Hope Basnight sponsored by E. City Jaycees, Judith Ann Huston, Hertford Livestock, Karen Neverdousky, Hertford Hardware, Jackie Louise Simp-son of Elizabeth City, N. C. Farm Bureau Mutual Insurance Co.; Plymouth Jaycees, Debbie Dough of Plymouth; Albemarle Chemical Co. Sharon Saunders

Mrs. Joe Towe White of Route 1, Hertford, County 1st. Vice President; Mrs. C.T. Rogerson, Jr., of Route 2, Hertford, Secretary; and Mrs. Melvin Eure attended a workshop for officers.

Mrs. M.T. Grimin of Route 2, Edenton attended the Education meeting. Mrs. Delvin Eure, of Route 3, Hertford attended Public Information, Mrs. Dewey Yeates and Mrs. H.K. Rogers

of Route 3, Hertford, attended music. Mrs. T.T. Harrell of Roule 1, Hertford, District Chairman, and Mrs. Bobby Eure of Route 3, attended the Foods and Nutrition committee. Mrs. Ralph Harrell of Route 3, attended the committee meeting on

Housing and Crafts. The leaders will hold similar meetings at the county level to plan and produce a 1969 Extension Homemakers Program of Work.

Administration

Although everyone is urged to file early for all types of social security payments, it is especially important in the case of disability claims. It takes a good bit longer for pro-

takes a good bit ionger for pro-cessing the disability claim than it does for the regular retire-ment payment. The earlier you file, the better your chances of getting that very first check when it is due. The Elimbeth City social security office at 401 S. Dyar Circet is open from 8:45 a.m.

Mr. Roy Askew of Elizabeth City will serve as Master of Ceremonies and choreographer for the event. Tickets will be available both at thedoor and in advance.

Wildlife Group Stocks Fish In Perguimans River

Horace Cahoon, Wildlife Protector, reports that the Per-quimans River has been stocked with 15,400 lbs. of Blue Gill or Bream. These fish were delivered October 30, by truck from the Fayetteville Hatchery. Also included in this shipment were 15,400 lbs. at Tulls Creek; 15,400 lbs. at Arneuse Creek; 15,400 lbs. at Dillard's Pond and 15,400 lbs. at Rocky Hock Creek.

Cahoon directed the release of the fish in all of the counties.

Mrs. Jackson Urges Workers To Send In Their Reports

Mrs. D. M. Jackson, Crusade Chairman, Perquimans County Unit of the American Cancer Society, urges all volunteers who have not sent in their rewho have not sent in their re-ports as yet, to please do so, us soon as possible. She reports that the Fund Drive has passed the \$1,000,00 mark and hopes to report the goal ar B68 in the near muscle, the will submit her report for the Drive when all of the archieve bays deal their re-