

## Social Service Asked To Expand Family Plans

Local social services and health departments across North Carolina are being asked by their state offices to expand family planning programs based on 1967 Federal legislation.

Six district meetings are being held across the state to explain implementation of the program, established as an amendment to the Social Security Act. Four of these meetings have already been held at Asheville, Hickory, Lexington and Fayetteville. The final two meetings will be held October 29 at Greenville and October 29 at Raleigh.

An agreement has been signed between the State Board of Health and the State Department of Social Services. The introduction of the agreement states, "Regardless of the fact that North Carolina has pioneered in the field of family planning, and regardless of the fact that some type of family planning is available in 97 percent of the counties, there are still great unmet needs in this field of service."

"There are still many women who need and desire such service to whom such service is not available. Whatever the facts might be which obstruct patients from obtaining such service, the obstruction must be removed and family planning must be made available to all who need and desire these services."

The purpose of the district meetings are to encourage local officials to devise a similar agreement for expanded family planning services aimed at former, present, and potential AFDC (Aid to Families with Dependent Children) recipients.

The Federal regulation requires that departments of social services must offer and provide these services to all individuals in these categories wishing such services; specifically

including medical, contraceptive services (diagnosis, treatment, supplies and follow-up), social services and educational services. Such services must be made available without regard to marital status, age, race or parenthood. Individuals must be assured choice of method and there must be arrangements with varied medical resources so that individuals can be assured choice of source of service.

The largest financial share of the services and supplies would come from the Federal government. A breakdown shows 75 percent Federal financing, 12-1/2 percent State funds and 12-1/2 percent county money.

The next step is for county officials to determine if such an agreement will be made between social services and health departments. The agreement will then be submitted to the State Department of Social Services for approval.

Once approved and the local matching money assured, the local departments of social services will determine eligibility and refer people to the local health departments for services. The health departments will be paid on an approved cost per patient fee by the department of social services. This cost could include transportation into and from the clinic.

The costs for such services by private physicians or through outpatient clinics or inpatient facilities of licensed hospitals may also be paid for on a reasonable cost basis by the department of social services.

The legislation to expand family planning was adopted with certain factors in mind, such as the population explosion, the juvenile delinquency problem, the high birth rate among low income families, and the rising rate of births out of wedlock.

## Mrs. Griffin Is Nutritionist For 10 County Area

Since August of 1968, the Economic Improvement Council has had the services of a full-time nutritionist for the ten county area. The young woman responsible for EIC's Emergency Food and Medical Services program is Mrs. Maggie Griffin, a resident of the Newland Community in Elizabeth City.

The Emergency Foods and Medical Services program serves the counties of Camden, Chowan, Gates, Hyde, Perquimans, Pasquotank, Tyrrell, Washington and Currituck. Dare County does not participate in the program, but Mrs. Griffin is on call there as well as in the other nine, working with Economic Resource Centers, local community organizers and Child Development Centers, along with Head Start.

In addition to providing the important and necessary services detailed in the Emergency Food and Medical Services Program, EIC's Nutritionist Griffin works in the field of general planning and training for the residents of these communities, and helps to coordinate all the food components of the community action agency's far-reaching and diverse program.

Food and nutrition groups, as well as civic and church organizations may secure a special nutrition presentation from EIC by contacting their local Economic Resource Center or the EIC offices in Elizabeth City or Edenton.

### ON ARTIFICIAL SWEETENERS

Secretary of the Department of Health, Education and Welfare Robert H. Finch has ordered an immediate production halt of all foods and drinks containing the artificial sweetener cyclamate by February 1. Finch said cyclamate products will still be available on a prescription basis for those persons with diabetes or obesity.

## HERTFORD, NC

By Paul Snooks White

Why I am proud of my Hometown? Because it is a town of friendly people. It's climate is wonderful and mild all year round, and plenty of beautiful flowers and tall church steeples.

It's located on the beautiful Perquimans River, That flows into the Historic Albemarle Sound. At times you feel like you could gaze at it forever. Especially when the moon is shining down.

Hertford is a town of a very High Honor, It is now part of that beautiful old Causeway. A home of famous people including Jimmy "Catfish" Hunter, And that famous song "The Carolina Moon" was once composed here and will always be sung and played.

Hertford is a town with a variety of beautiful shady trees, Where the birds sing all the day, Where you can always enjoy the southern breeze, Where you can put all of your worries away.

You can go north up to Maine or South to Florida, Or as far west as the San Francisco Bay And you won't see anything as beautiful as the Perquimans Water, When the moon is full and shining on the Old Causeway.

If you ever see Vinegar Valley you will want to go back, With it's moss covered trees, it's a beautiful sight on any bright Winter day. There is only two ways to see it, either in a boat or walk the railroad track. It's west across the River from that famous Causeway.

Hertford has just as pretty homes as there are on earth, Everyone knows that that is an honest true fact, Good city lawmen and a very good county Sheriff, And most everybody that has ever left Hertford loves to get back.

Hertford is a beautiful town that is peaceful and quiet, Some people complain because it won't grow, But whether you like Hertford or not, I wouldn't trade it for Los Angeles, New York or San Francisco.

The children of Hertford are intelligent, honest, neat and clean, They all carry that Dixie smile on their young face, Some of them are full of fun but not mean, They are taught to worship God and keep the faith.

I have seen little boys that have grown up to be strong men Like acorns that grew into being strong great oaks, I have seen little girls that have grown up to be famous to the end, You will find plenty of both among the Hertford Folk.

I have seen little Hertford boys many years ago play baseball, Today the same boys have little grandsons playing the same game, To see them grow up it has been a pleasure to watch them all, Of course I know that I am aging but it seems that I stay the same.

If you could name all of the cities and towns and you have done your best, And named all the postoffices large and small across our country all the way, North, South, East or in the Center or out west, You will only find one Hertford in the whole U. S. A.

The Hertford people are always friendly they smile when they speak, Most of them will do you a favor if they can, Some will even hollar at you across the street, Yes, folks Hertford is a town where you can always find a friend.

### Memorial Books Added To Library

Three memorial books have been received in the Perquimans County Library recently. Our amazing World of Nature, in memory of R. M. Riddick; The Beauty of America, and The Running Backs (in college and Pro Football) both in memory of Wayne Hefren.

New non-fiction titles in the library are Ambassador's Journal, by John Kenneth Galbraith; Our Criminal Society, by Schurz; The Doctor's Quick-Inches-Off Diet, by Stillman; The Long War, Israel-Arab since 1946, by Bell; The Human Zoo, by Morris (the current Book-of-the-Month selection) and Ancient Egypt the 12th vol. in The Great Ages of Man series by the editors of Time and Life.

Three new fiction titles are: For Love of a Doctor, by Seifert; Colonel Blessington, by Frankau; and Gumdrops, Gumdrops, Let Down Your Hair, by Sakol.

For young people the library has three new books this week: A Biography of John Adams; The Story of Radio Activity; and a football story, Fullback in the Rough, by McCormack.

Young Chris Peterson presented a beautiful plaque of appreciation to the Press Club on behalf of the nation's 4-H members; President Heffernan said it would hang in a place of honor so long as there was a National Press Club.

### Legion Post, Aux. To Have Covered Dish Supper

The William Paul Stallings post 128 of American Legion and Auxiliary will hold a joint covered dish supper Thursday November 6, at 7 o'clock at the American Legion home.

The president ask all who haven't brought gifts or money, please do so at this time or get in touch with her, or with Mrs. Lou Del Myers the Rehabilitation Chairman.

### One Minute Sports Quiz

1. How old is Tommy Agee?
2. What is the Baltimore Orioles total World Series record.
3. Who won the Notre Dame-Southern Cal football game?
4. Who won the Emile Griffith-Joseph Naples fight?
5. What team leads the Capitol division of the National Football League?

### The Answers

1. 27.
2. Won 5, lost 4.
3. A 14-14 tie.
4. Welterweight champion Jose Napoles.
5. The Dallas Cowboys.

### Tree Seedlings Now Available

County Forest Ranger Lewis Stallings announces that forest tree seedlings are now available from N. C. Forest Service Nurseries. Each year the N. C. Forest Service offers for sale forest tree seedlings to landowners who wish to improve their land resources, practice conservation, and at the same time provide a source of future income.

The Forest Service states that, in general, the best results in the Elizabeth City area are obtained by planting Loblolly Pine at a 7 by 10 foot spacing. At this spacing 622 seedlings will plant one acre. The Forest Service nurseries sell the tree seedlings in bundles of 1,000 seedlings. The cost of 1,000 Loblolly Pine seedlings is \$1.00 including delivery charges.

The N. C. Forest Service advises that applications for purchase of tree seedlings are available through the County Forest Ranger, Agriculture Extension Office, Soil Conservation Service, and the ASCS Office.

In addition, the N. C. Forest Service recommends that Landowners contact their Forest Ranger who will assist in determining the proper species to plant and the correct number that should be planted.

## PER-CO-HI SPECTATOR

By Karen Haskett and Wayne Riddick

The week of homecoming at PCHS has finally arrived. Since Monday, many of the clubs at the high school have been busy working on their floats, which will be displayed in the Homecoming Parade tomorrow afternoon at 4:30. The parade itself, sponsored by the Letter Club, will have "school spirit" as its overall theme, and each participating club is hoping that its float will place in the competition. On Friday night, PCHS will be playing Scotland Neck for its Homecoming game during which the Homecoming Queen will be announced and crowned. The Monogram Club, which sponsors the Homecoming Queen contest, has been busy organizing the contest's procedure.

On Tuesday, October 21, members of the Junior Class interested in going to college took the PSAT test during a large portion of the school day. Most of these same Juniors will also be taking a more important test, the Saturday before the school year ends.

Last Friday night, the Perquimans Indians lost to Gates County 38 to nothing. Three of our players suffered injuries during this hard fought game. In the first quarter, Johnny Wood sprained an ankle. During the

third quarter, Henry Perry received a broken thumb, and Jim White emerged from the last few seconds of the game with a compound fractured leg. Jim remained in Albemarle Hospital for several days, after which he must stay home from school for a period of two weeks or so. The student body is grateful for Jim's efforts on the team and is sorry about his misfortune.

On Monday, the Debate Club, with Mrs. Britt as its sponsor, held its first meeting of the year. Its newly elected officers are: President, Angela Baker, Vice President, Wayne Riddick, Secretary, Wallace Nelson, and Treasurer, Betty Murray. This year, the club will have regular monthly meetings during school in addition to unscheduled meetings after school.

Tonight, the cheerleaders will hold a bonfire to produce spirit in preparation for our Homecoming game, and of course, tomorrow's events will include the Homecoming Parade and football game.

It seems there is always at least one ambitious organization striving to make money to finance its activities at PCHS. The FFA and FHA are now engaged in a magazine subscription drive and the Student Council will soon be selling navy - blue parlous, each imprinted with an emblem of PCHS.

The elections of class officers have now been completed. Freshman Class officers are: President, Jeff Haskett, Vice President, Sybil Jean Esteman; and Secretary - Treasurer, Jenny White.

Sophomore Class Officers are: President, Tommy Fleetwood, Vice President, Martin Fleetwood; and Secretary - Treasurer, Gail Chappell.

Junior Class Officers are: President, C. J. Stallings, Vice President, Johnny Webb; and Secretary - Treasurer, Darlene Meads.

Senior Class Officers are: President, Doug Benton; Vice President, Doug Fleetwood; Secretary, Gail Watson; and Treasurer, Martha White.

What are the Marching Unit members so excited about? They have been asked to attend the Lion's Club Convention in Atlantic City, New Jersey next July.

A new class of candy strippers recently began training. After a 6 weeks study course, each candy stripper must work at least 30 hours at the Albemarle Hospital before she will be capped.

Upcoming PCHS events include the beginning of basketball season on November 10, and the Powder Puff football game, which will take place during the latter part of November. Plans are now underway for both of these events; Also, many students will be attending the Open House which will be held by North Carolina State University on November 8.

## 1,500 Fish Caught During Rock Rodeo

The most successful Rock Fish Rodeo ever held in the County was sponsored by the Jaycees during the weekend when 192 fishermen caught over 1,500 fish, with the team sponsored by Froggy's Sport and Hobby Shop taking first place.

Placing second and third in the team competition were Perry Tire Store and Ideal Repair Shop and the first three individual winners were Eugene Boyce, Bill Palmer and Clyde O. Weeks.

The top three teams were credited with catching a total of 362 fish. First place team composed of Hester Holmes, Charles Palmer, Raymond Harris and Milton Sprull caught 136 fish for a rating of 1,915.7 points.

Second place Perry Tire Store team captured points with 104 fish. Team members included Louis Davelro, George Brinson, George Manos, and Jim Brinson. Although third place team caught 123 fish their point total only reached 1,220.9. Fishing on this

team were Dickie Boyce, Douglas King, Wayne Trimmer and Marvin Sawyer.

The three largest fish were taken by H. W. Kennedy whose rick tipped the scales at 10.41 pounds, Eugene Boyce, 9.09 pounds, and Lee Rathner, 7.38 pounds.

Team members catching the most fish were Dickie Boyce, Wayne Trimmer and Joseph McPherson.

Following are the top 30 teams, number of fish caught, and points totaled: Froggy's, No. 1, 136, 1915.7; Perry Tire Store, 104, 1373.0; Ideal Repair Shop, 123, 1280.9; Durham Life Insurance, 82, 1077.0; Frog Island Marina, No. 1, 72, 1038.0;

Northeastern Ford, 72, 962.4; Quany Oil Co., 53, 869.9; Frog Island Marina, No. 2, 57, 781.8; Anderson Oil Co., 55, 580.2; C&H Oyster Bar, No. 1, 40, 503.8; C&H Oyster Bar, No. 2, 26, 484.8; O. L. Lumsden, 34, 427.5; Budweiser's, 38, 413.6; M. G. Morrisette Furniture Co., 35, 332.0;

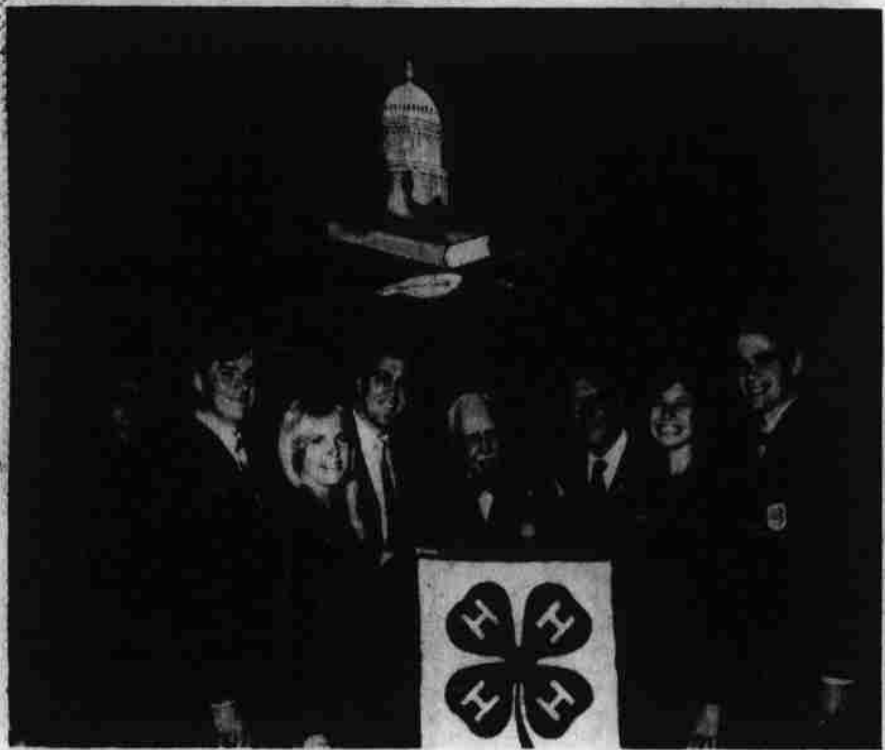
National Guard, No. 1, 14, 246.90; Froggy's, No. 2, 17, 280.6; I-XL, Rolling Rocks, 18, 232.84; Nixonton Fishing Team, 15, 185.3; Last Chance, 12, 175.6; I-XL Rock and Reelers, 4, 144.0.

### COA Music Recital Sat., Nov. 1st

The public is cordially invited to attend the first College of the Albemarle Music Recital of the current school year this coming Saturday, Nov. 1 at 3 p.m. in the multi-purpose room of the college auditorium.

Performing will be pre-college, college and special adult students from the piano and voice classes of Mrs. Mary Byerly and Dr. Clifford Bair. Vocal selection accompaniments will be provided by Mrs. Dorothy Morse, staff accompanist, and Mrs. Byerly.

Performers will include: Earnestine Evans, Nancy Morris, Nina Scott, Donald Waters and Becky Woodhouse, pianists; Susan Dunstan, Julia Gaither, Deborah Griffin, Stephen Johnson, Nelle Jones, Fern Lundell, Sandra Rhodes, William Sanford, Gene Sawyer, Wade Sawyer, Richard Simmons, Deborah Stokes and Donald Waters, vocalists. Ushers will be Ava Copper-smith, Penny Jones and Glands Stillson.



Posing behind the familiar 4-H emblem and under the Official Seal of the National Press Club are principals of the special 4-H Week observance in Washington October 9, including five members of the 4-H Report to the Nation Team. Left to right are: Miss Janice I. Glover of Westbury, N. Y.; George Wallace, Hopedale, Ohio; Miss Susan Neve of Pentum, Calif.; Jack Linkletter, famed TV star and West Coast businessman; J. C. Penney, founder of the department store chain bearing his name; John D. Heffernan, Washington Bureau Chief for Reuters News Service and Press Club President; Miss Margaret Bartoszek, Rockledge, Fla.; and Chris Peterson, Millin, Pa. (Beth Muse Photo)

WASHINGTON, D. C. - It was "...an historic night" in the 61 years of the National Press Club October 9 when National 4-H Week was observed with a large representation of national 4-H leadership from business and government.

Jack Linkletter, famed young TV star and son of Art Link-

letter—they are National 4-H Foundation Co-Chairmen for the West Coast—received rapt attention and a standing ovation, a rare occurrence with Press Club audiences, as President John D. Heffernan observed at the conclusion.

"It is Not the Generation Gap—it's the Communication Gap" was Linkletter's topic, previously selected by his father, who was unable to attend because of a death in the family. Young Mr. Linkletter generally praised today's younger generation, and declared that much of their demonstrated resentment reflected their feelings toward hypocrites in an adult society that dictated strict codes of behavior for youngsters, not necessarily practiced by their elders.

Linkletter cited the need for 4-H principles among today's youth, and said that he and his father were committed to the current \$8 million capital fund campaign to expand the National 4-H Center, located in suburban Washington. The expansion of 4-H membership, and emphasis into urban and suburban areas by the

traditionally rural organization, was outlined by Chris Peterson and his colleagues on the 4-H Report to the Nation Team, representing the Nation's 3 1/2 million 4-H members. The poised with which these youngsters communicated 4-H goals and the great strides in reaching city youngsters earned repeated applause from the audience.

A special tribute was paid J. C. Penney in the audience, the 94-year-old founder of a department store empire who, with Mrs. Richard M. Nixon, is Honorary Co-Chairman of the Advisory Council. His 60-odd years of philanthropy and work with young people, notably with 4-H, was cited, and he received a respectfully affectionate response from the large attendance.

Young Chris Peterson presented a beautiful plaque of appreciation to the Press Club on behalf of the nation's 4-H members; President Heffernan said it would hang in a place of honor so long as there was a National Press Club.

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