

Clothing Tips— Materials & Care

Are you baffled about what's important in wash and wear? POLYESTERS, dacron, fortrel, kodal and cyron fibers are noted for excellent wrinkle resistance, as a group they are best.

ACRYLICS, acrilan, creslan, orlon and zefram hold a fine crease, but they're not as wrinkle resistant as the polyesters.

ARNELS are noted for holding pleats when used alone. High percentage is needed in blends for wrinkle resistance.

NYLON, 100% nylon tricot, is good wash and wear. In a blend nylon is used mainly to add strength and abrasion resistance.

WASH AND WEAR COTTONS have been vastly improved. Best of all are spin dry cottons that can go through the full cycle of a washing machine. No more messy drip-drying when clothes are hung to dry. Good wash and wear will have a label listing brand names of fabrics or finish, washing instructions and extent of ironing needed.

DON'T buy wash and wear garments if seams have the slightest pucker. They will pucker more when laundered. The fewer seams, the better the appearance after laundering. Check thread, zipper and lining carefully.

DO use short, gentle wash cycle, warm or cool water. When dryer-drying, remove clothes while they're touch damp and hang on hangers, or smooth and fold. Use correct iron setting when touching up. Don't leave clothes in dryer when tumbling stops.

Clothing chairman, Emily Harrell.

ECU Releases Honor List

Twenty per cent of East Carolina University's students last quarter made high enough grades to earn places on the university's official honor lists.

A total of 1955 students were officially commended on the three honor lists. The honorees include 1558 North Carolinians and 397 from out of state.

Most elite among the honor students are the 250 who made all A's. Next are those who made the Dean's List by earning a solid B-plus average with no grade below C.

The Honor Roll includes those students who made a B average with no grade below C.

Students from Perquimans County making the honor roll are: Shirley Gregory of Route 3, Hertford. Benjamin Hobbs of Route 1, Hertford and Cynthia Ann Winslow of Route 1, Hertford.

LADYBUGS HELP

SEATTLE (AP) — Ecological interest ran rampant in the Seattle Times city room recently when newsman Jim Heckman portioned out 100,000 ladybugs to fellow workers who preferred the insects to use of pesticides.

Ladybugs eat aphids and other plant-destroying insects. Heckman ordered his to deal with garden problems on which he didn't want to use a pesticide. Before ordering he posted a notice on the city room bulletin board for anyone else interested.

A number of colleagues responded, and Heckman wound up sending \$41 to a California firm for the ladybugs, then distributing them to his co-workers. His major problem at that point, he said, turned out to be packaging.

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THURSDAY, FRIDAY & SATURDAY

JULY 16-17-18-Rating (GP)

FABIAN FORTE and JOCELYN LANE & ADAM ROAKE in "A BULLET FOR PRETTY BOY"

SUNDAY, MONDAY & TUESDAY

JULY 19-20-21-Rating (GP)

STEVE McQUEEN, SHARON FARRELL & RUPERT CORRE in "THE REVERS"

WEDNESDAY JULY 22 - RATING (GP)

KYLE JOHNSON & ESTELLE EVANS in "THE LEARNING TREE"

Announce Engagement



ANNOUNCE ENGAGEMENT - Mr. and Mrs. Benjamin H. Chambers of Durants Neck announce the engagement of their daughter, Anna Marie, to Howard Donald Winslow, son of Mr. and Mrs. Clinton Ray Winslow of Hertford. The wedding will take place at the home of the bride August 8 at 4:30 o'clock. No invitations are being sent but friends and relatives are invited to attend.

Veteran's Administration

Veterans were reminded today by the Veterans Administration that it is still not too late to enroll in college this fall under the GI Bill.

While many of the larger universities no doubt have already filled their freshman classes for this year, W. R. Phillips, Director of the Winston-Salem VA Regional Office, said there are many smaller colleges and junior colleges that will accept new students up until school begins in September.

However, Phillips advised, it is best to enroll as soon as possible. Phillips urged veterans to contact their nearest VA office immediately to get their certificates of eligibility.

The current GI Bill covers men and women who served in the Armed Forces after January 31, 1955.

John Van Hecke Takes Position With N. C. Hwy. Comm.

John Van Hecke, a well-known Raleigh television newsmen, has accepted a position as a communications and information specialist with the State Highway Commission, it was announced today.

A native of Chapel Hill, where his late father was dean of the School of Law at the University of North Carolina, Van Hecke has been associated for the past few years with WRAL-TV in Raleigh. He also was previously employed by a Durham radio station.

Van Hecke will report for work at the Highway Commission on July 20, Arch Laney, Public Information Officer, said. His salary will be in the \$8,000-\$10,800 range.

A bachelor, Van Hecke resides at the Beckmann Apartments.

Women of Ethiopia's Danakil tribe braid their hair in tight plaits to attract suitors. The men wear their hair in tiny ringlets.

E.I.C. Grant Is Announced

Congressman Walter B. Jones, 1st District, North Carolina, is pleased to announce and has informed Roy L. Lowe, Executive Director of the Economic Improvement Council, Inc., with Administrative Offices located at Edenton, North Carolina, (Edenton Airport) of the Economic Opportunity Office, Southeast Region, Atlanta, Georgia, announcement of Approved Grant for Program Year beginning June 1, 1970 through May 31, 1971, allowing for Federal Share in the amount of \$539,494, to assist with costs for Program Administration Community Resource Organization, Job Development, Placement, Emergency Food and Medical Services Program, and follow up services, Special Youth Summer Programs, Family Planning, and Economic Development. The announced grant includes \$115,636, local share making a total cost of \$655,130.

E. I. C. Inc., serves the counties of Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell, and Washington. Roy L. Lowe, Executive Director, states that the Grant provides for the continued operation of E. I. C. INC., at its present level of operation and does not include any new programs.

Congressman Jones also announced the approval of Grant in the amount of \$288,525. (Federal Share) from the Office of Child Development, a division of Health, Education, and Welfare, to expand E. I. C.'s Full Year Head Start Program as of June 1, 1970 with centers located in Chowan, Dare, Gates, Hyde, Pasquotank, Perquimans, and Washington Counties to serve 240 children from low income families. The children are all of pre-school age and are given a complete medical and dental examination and are fed a hot lunch and morning and afternoon snacks. Hot breakfasts are provided where needed.

Congressman Jones also announced the approval of Grant from the United States Department of Labor in the amount of \$240,880, to E. I. C. Inc., to provide jobs of young men and ladies for the summer months in the ten county Neighborhood Youth Corps Program. The enrollees can work no more than 24 hours per week at a rate of \$1.45 per hour and are assigned

to Boards of Education, counties, cities, and towns and non-profit organizations. The user agencies must agree to provide on the job supervision. A total of 572 youths will be included in the Summer Program and all have signed statements of their intent to return to High School when school opens in the fall.

Roy L. Lowe, Executive Director of E. I. C. Inc., expressed appreciation to all the many local leaders and people within the ten-county area for their loyal support in helping E. I. C. Inc., and its Board of Directors and dedicated staff in developing its program designed to meet as many of the needs of the poor as possible within the budget limitations. E. I. C. Inc., now has some 130 full time employees and the \$1,068,899, Federal money is like a major industry serving the area.

PERMAFRONT FOUND

Honolulu - Dr. Alfred Woodcock a scientist, reports that he has discovered a layer of permafrost—the ice that never melts—atop an extinct volcano in tropical Hawaii. He believes the permafrost dates back to the Pleistocene ice age, which ended 10,000 to 25,000 years ago.

Nurses Attendant Course Offered By COA

A Nurses Attendant Course is being offered by the Adult Education Division of College of the Albemarle at the COA School of Nursing at the Albemarle Hospital, beginning Monday, July 20, from 7 to 10 p.m. three nights a week, for a total of 30 class hours.

The Nurses Attendant Course is conducted to train people to take temperatures and pulse, check respiration, bathe patients, make beds and to give general patient care. This training will qualify persons to work for patients in the local

ON ADDITIVES IN FOOD
Washington - The Food and Drug Administration has taken a step toward re-evaluating many of the food additives authorized as usable between 1938 and 1958. This, a spokesman said, does not mean the substances are illegal—but that the action meant that authorizations would be reviewed.

PRINCE CHARLES END TRIP
London - Britain's Prince Charles has returned home from his 40,000-mile trip to New Zealand, Australia and Japan. Prince Charles has begun his final term at Cambridge University.

History of Bay Branch Homemakers Ext. Club

In the month of March and year of 1948, under the supervision of our Farm Agent, W. C. Stroud, and with the assistance of Miss Frances Maness, the white Home Agent, a group of women met at the Bay Branch Community Building and organized the first Negro Home Demonstration Club in the county.

We had accomplished a long hoped for goal.

The Clubs began to grow throughout the county until ten clubs were organized and working.

Mrs. Ruby Carraway, District Agent, visited us in June of 1948 and with her came our first Home Agent, Mrs. Alene Alston, of Salisbury. Mrs. Alston was with us a short while and then came our present agent, Mrs. M. B. Taylor.

Mrs. Taylor has been with us for twenty years and we have worked diligently with her and our accomplishments have been many. With her assistance we have learned many new things, visited many places of interest in

North Carolina, Washington, D. C., Home of George Washington in Virginia, the Department of Agriculture Experiment Station in Beltsville, Md., Luray Caverns in Virginia, Farmers and Homemakers Conferences in Greensboro, University Days at Raleigh and District Meetings in many towns in our State.

The interest has been high - the cooperation immense - and the inspiration keeps us trying hard to improve ourselves and become ideal women in the field of Home Economics.

Our Club has had three presidents in its life. The first one, Mrs. Elnora V. Wood Billups, served for ten years. She was followed by Mrs. Marian Billups Frierson, who served for four years and the present president, Mrs. Isetta Hawkins Hollowell, who has been president for eight years. Each served to the best of her ability. The other present officers along with Mrs. Hollowell are Mrs. Sadie Small, Vice President; Mrs. M. B. Frierson, Secretary; and Mrs. Reba Hurdle, Treasurer.

In conclusion we are reminded of these famous lines:

"Lives of Great Women remind us we can make our living sublime and departing leave behind us foot prints on the Sands of Time."

History written by - E. V. Billups and M. B. Frierson

LOUISA'S LETTER

Dear Louisa,
I read your letter and will answer it as your case is a lot like mine.

I am a woman of seventy-nine years—will be eighty on the 7th of October. We built our house and furnished it before we were married and moved in as a bride and groom. We had three children—two girls and one son. All are married and each has four children. My husband died 13 years ago in 1957 and I live alone on the farm in my beautiful home where my three children were born. I could not think of ever leaving it with all its pleasant memories. I am in good health now and able to do my own work and all of my grandchildren love my home too. I hope you can be happy and be in your own home. Good luck to you and God Bless you and your family.

Answer:
Thank you Mrs. W. for your very nice letter. We have so many heart breaking letters to read and situations that ask for help that it is nice to hear from someone who has lived a busy, satisfying life and is still contented with the way things are.

This column is for people, however, that need advice or talk to someone who can be objective about problems that occur in everyone's life. You must be blessed with wonderful health and a very fine family.
Louisa

WHO KNOWS?

1. How did Hermann Goering, Hitler's right-hand-man die?
2. What does the word "agenda" mean?
3. What is measured by troy weight?
4. Identify the rupee; krona; gulder; drachma; diner.
5. Who invented the motion picture camera?

Answers To Who Knows

1. He committed suicide.
2. Memoranda of things to be done—from the Latin verb, Agere; to do.
3. Precious metals, such as gold and platinum.
4. Currencies of Burma; Denmark; the Netherlands; Greece; and Iraq, respectively.
5. Thomas A. Edison.

... "Guess What Happened To Me"

"Guess What Happened To Me" was a dairy food demonstration given by Cynthia Denise Norman at the Hertford Junior 4-H Club Meeting, Monday, at 1:00 p.m. The meeting was held at 303 Dobb Street, Hertford, N. C. with 23 4-H boys and girls attending. The topic for devotion was "Meet God In Prayer", taken from Psalms 12:1-2. The devotion followed with the song Whisper a Prayer In The Morning. The minutes were read and approved by the secretary. During the business session the following officers were elected: President - Cheryl Skinner, Vice President - Erma Lee, Secretary - Myrthe Felton, Assistant Secretary - Connie White, Club Reporter - Carol Skinner, and Sergeant At Arms - Johnny Flight.

The meeting was adjourned by saying the 4-H Pledge and Motto.

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| 67 Ford Fair 500 4 dr. | 2-door Hardtop | 69 Ford F100 Pickup |
| 67 Ford Gal. 500 | 66 Falcon 4-dr. | 68 Ford Ranger |
| 4 Dr. | 65 Olds 4-dr. H. Top | 67 Ford F100 Pickup |
| 67 Ford Fairlane 500 | 65 Buick, 4 dr. H. Top | 66 Ford F100 Pickup |
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| 66 Falcon 4 dr. Futura | Hardtop | 65 Ford F100 |
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