

The Tar Heel Kitchen

By MISS YORK KIKER
N.C. Department of Agriculture
Marketing Home Economist

Fond memories surround the Christmas season and often they are tied to traditional and family food favorites. By all means, plan for a beautiful big roast turkey to be served elegantly on your best platter. Southern tradition frequently calls for ambrosia as the favorite dessert for the climax of a hearty meal, but for variety try Holiday Peace Ambrosia as the delectable garnish for the roast turkey.

Turkey is an excellent meat buy. Modern day turkeys are fast cooking, have more meat per bone weight, and have more white breast meat available than in earlier days. Choose a whole turkey, turkey roll, roast or parts according to your needs. You will find turkey ranks high in food value and relatively low in calories.

A smart planner will want enough turkey to last more than one meal. Extra turkey may be sliced and carefully packaged and frozen for later use. Sometimes the "planned" leftover turkey is as delicious as the festive bird on Christmas Day.

Fond memories are stirred of meals with friends to share in creamed turkey or turkey hash or waffles! Quick and easy creamed turkey will provide easy eating for your family as it is served at the open house in our test kitchen in the N.C. Department of Agriculture.

In my family, soft custard is one of the traditional foods served along with cake and apples. As a child, we poured custard over orange sections and still a good idea for you to try. Recipes follow to help with your holiday planning.

HOLIDAY PEACE AMBROSIA

Present your holiday turkey with real old-fashioned flair by serving golden peach halves filled with a delicious ambrosia. For Peach Ambrosia, drain 1 can (29 ounces) cling peach halves, saving 2 tablespoons syrup. Peel and cube 2 oranges. Combine oranges with 1/4 cup miniature marshmallows, 1/2 cup shredded coconut, reserved peach syrup and 1/4 teaspoon nutmeg. Spoon 1 tablespoon on each peach half and serve with roast turkey. Yields 6 servings.

VERSATILE CREAMED TURKEY

1 cup butter
1/2 cup flour
1/2 cup turkey broth
1/2 cup milk
1/2 teaspoon salt
1/2 teaspoon paprika

Bridge Club Meets

Mrs. W.C. Dosier was hostess to her bridge club Tuesday night at her home on Market Street. Those playing were Mrs. John Coston, Mrs. T.L. Jessup, Mrs. L.C. Stokes, Mrs. G.W. Barbee, Mrs. J.T. Biggers, Mrs. C.R. Holmes, Miss Mary Sumner and Mrs. Coston.

Mrs. Coston won the high score. A sweet course was served.

Card of Thanks

I wish to express my sincere thanks to friends and relatives who sent flowers, cards, phone calls, and prayers while I was a patient in the Albemarle hospital and since my return home. May God bless each of you.
Mrs. Earl Hollowell

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Announce Engagement



Miss Paula Ruth Kornegay will be married to David Calvert Patchell January 10 at Westminster Presbyterian Church, Wilmington, N.C. She is the daughter of Mrs. Giles R. Kornegay and the late Mr. Kornegay. Patchell is the son of the late Mr. and Mrs. David Calvert Patchell of Seth, West Virginia. Mrs. Kornegay is the former Ruth Winslow of Hertford.



HEALTH AND BEAUTY

In a world in which hate is on the march and fear is gripping with its icy fingers the hearts of men, nothing is secure. Everything that we were brought up to consider sacred is being revised and jeered at. Can anyone remain serene and find a measure of peace and happiness amidst such turmoil? Yes, by finding the source of happiness which depends only secondarily upon material things. You must educate your heart as well as your head, if you would invite happiness to abide with you. If we would think more, we would forget ourselves in trying to make someone else happy. Merely contributing money, or sitting on a committee, or attending meetings, is not enough. It's the personal self-sacrificing work that counts. Christ showed us the way. He went about day by day serving his fellow men. His heart beat in sympathy for the sorrowing. He wept at the grave of Lazarus even though He knew that He himself would soon restore His friend to life. It was because he was touched by the grief of his friends. The writer was listening to a conversation one day among a group of educated people. One of them remarked that a work of art brought her happiness; another said that she derived great joy from her love of nature, a gorgeous sunset, a lovely flower, the lilting melody of a bird's song, the thrilling story of a strange adventure. It's true that all these things make life fuller and sweeter. The appreciation of the beautiful, especially in nature, is an unending source of enjoyment, but nothing can give that deep satisfaction to the human soul as can a love-filled life. The Master is our great exemplar. When asked to name the greatest commandment, He replied, "Thou shalt love thy God with all thy heart."

"Christmas Prayer"

Christmas times are coming fast
Who will be going home?
To visit the old folks they left behind
While they are doomed to roam.

In foreign lands so far away
Where God's good sun still beams
Each soldier boy will be coming home
If only in their dreams.

Another picture of life's other side
Is the old folks sad and alone
Longing for the nearness of loved ones
That nothing else can atone.

Their weary minds call out in their sleep
Names so familiar and sweet
And no one else can satisfy
No matter where they meet.

Advice and bad medicine are alike
Easier to give than take
We've all made mistakes of carelessness
Try to do better for Christmas's sake.

To the boys in service so far from home
To the aged away near or far
In some strange locality may be
And don't ever know where they are.

They are each one of God's dear children
Misplaced from loved ones and home
Say a little prayer, visit if you can
Send them a little Christmas Poem.

In Fashion

Pants suits are smart when the jacket and pants are made of the same material. The jackets should cover the hips.

Very full pants suits of materials such as satin or chiffon are for evening wear. Many girls are buying pants which harmonize with mini-garments that they own. They wear the mini-dresses over the pants and have an up-to-date costume.

SOCIETY

(Continued from Page 2)

THANKSGIVING IN PLYMOUTH
Mr. and Mrs. Alton Stallings spent Thanksgiving with their daughter, Mrs. John Carr of Plymouth. Mrs. Stallings remained there until Saturday.

VA. GUESTS
Mrs. E.D. Bailey and girls, Ann and Jody, of Hampton, Va. spent Sunday with Mrs. Dora Robertson and Travis White.

THANKSGIVING GUESTS
Mr. and Mrs. Don Gulick and son, Christopher, from Columbia, S.C. spent Thanksgiving week-end with Mrs. Gulick's grandparents, Mr. and Mrs. Rolac Webb.

VISIT HERE
Mr. and Mrs. Sidney Winslow of Rural Hall spent several days last week with Mr. and Mrs. Lindsey Winslow and visited other relatives in Belvidere.

WEEK-END IN WILSON
Mr. and Mrs. Ed Nixon and family spent the week-end with Mr. and Mrs. Sid Harmon in Wilson.

VISIT IN WILLIAMSBURG
Mrs. Azalea Winslow, her mother, Mrs. Ruth Chappell, Mrs. C.T. Rogerson, Sr., Mrs. Lizzie Hollowell and Mrs. Archie

Baccus spent Saturday at Williamsburg, Va. with Mrs. Winslow's son-in-law and daughter, Mr. and Mrs. Phillip Corwin, and saw the Christmas Parade there. Mrs. Corwin was an angel on one of the floats.

Card of Thanks

I wish to thank all my friends and neighbors for the cards, visits, flowers and prayers while I was a patient in the hospital and since my return home.
Pete Riddick

OPEN HOUSE
AT
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DOWNTOWN IN FRONT OF COURTHOUSE

SATURDAY, DEC. 12th
- FROM 10 A.M. - 5 P.M. -

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NOTICE
TO PROSPECTIVE REGISTRANTS IN PERQUIMANS COUNTY . . .

In compliance with GS163-67 the Perquimans County Board of Elections will be open Monday, Wednesday and Friday each week beginning December 1, 1970 from the hours of 9:00 o'clock until 1 p.m., for the registration of voters, at the Perquimans County Soil Conservation office on Dobb Street in Hertford.

Mrs. John Elton Hurdle, registrar

W. L. Tilley, Chairman

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