

Report IV On White House Conference On Aging

More than 3,400 delegates and program participants grappled with such issues as income, housing, transportation, health, nutrition and many other related needs of the Aging at the White House Conference held in Washington D.C., November 28 - December 2, 1971.

Both Conference Chairman, Dr. Arthur S. Flemming and Conference Director, Dr. John B. Martin emphasized that the goal of the meeting was "Action." The year 1972 has been designated as the year of implementation during which recommendations will be acted upon.

Income was pointed out as a need in all of the areas recommendations to improve the situation of the aging at the conference. There is no substitute for income if people are to be free to exercise choices in their style of living.

- 4. Abolish earned income level for Social Security Benefits of the poor elderly.
5. Prompt receipt of payments from Social Security and Public Assistance (reimbursements for underpayments due to error)
6. Increase in pensions (Railroad, Veterans should receive pension regardless of income, state and federal employees)
7. Increase in Widow's Pensions (continue to receive full pension and Social Security benefit of husband)
8. Lower age for Social Security Benefits

- 9. Increase Old Age Assistance (Maintain own home, stay in boarding home, meet rising cost of living)
10. Lower Medicare Costs (Lower premium for those not receiving extended care facility benefits or home health assistance.)
11. Eliminate payment of G.I. insurance after 70.
12. Eliminate relocation of those unable to pay back taxes.
13. Abolish Lien Law.
14. Establish central office for disbursement of all Aging benefits.

During the sixties the elderly as a whole enjoyed improvements through greater employment opportunities and a better old age security and other public and private benefits.

of younger groups even with an upturn in the national economy. Direct action to increase the income of the elderly is urgent and imperative.

Recommendations made at the White House in the area of income were as follows: Income Adequacy. The immediate goal for older people is that they should have total cash income in accordance with the "American Standard of Living."

The recommendations for income will continue in next week's paper, stated today by Mrs. M.B. Taylor, Home Economics Extension Agent.

Washington - George Hays, an official in the architect of the Capitol's office, says the U.S. capitol building is infested with cockroaches.

Washington Report

By Congressman Walter Jones

WASHINGTON - President Nixon's new economic policy which imposes wage-price controls in mid-August and the devaluation of the dollar in late December constituted the most far-reaching change in our domestic affairs in 1971.

Congress, called upon late in the session to enact new tax legislation and to extend the Economic Stabilization Act of 1970, cleared measures to implement this policy a few days before adjournment.

While I did not favor the Economic Stabilization Act of 1970 when Congress initially passed it, because I felt that the Administration and the Congress ought to have exercised fiscal responsibility without resorting to wage and price controls, I did support the President's request to extend this Act after it became evident that we were either going to have economic controls or face economic disaster.

OSWALD'S POSSESSIONS Dallas, Tex. - A federal judge has ruled that the government should pay \$3,000 for personal effects it seized from the estate of Lee Harvey Oswald, named as the assassin of President John F. Kennedy.

Hog Killing Time Here; Cure Right

Hog killings, like farm numbers and the mule population, keep decreasing in North Carolina, but Tar Heels still practice this winter ritual probably more than any other farm folks in the country.

The number of hogs slaughtered on the farm dipped to 130,000 in 1970, less than half the number of 1962. But the value of the meat killed for home use remains fairly steady at around \$11 million.

The ham remains the most valued portion of the pig, just as it remains an important source of pride for the farmer who has developed the skill required to properly cure and care for a genuine "country ham."

But not all hams are cured properly. In fact, the loss attributed to improperly cured hams is estimated in the thousands of dollars.

The losses come primarily from three sources: spoilage, off-flavors and insect damage, according to food scientists at North Carolina State University.

Getting a uniform cure is important in avoiding spoilage and off-flavor. The NCSU meat experts recommend applying the curing mix -- whether straight salt or salt with sugar and salt-peter -- as soon as the ham is cut following chilling.

They use about one and a quarter ounces of mix per pound of ham or eight pounds for each 100 pounds.

The curing mix should be rubbed on the ham at three different times. The first time is when the meat is cut and ready, the second on the third day and the third on the 10th day.

Caution: Be sure to pack some curing mix into the shank end at each application.

is that many of them are too salty. Avoid this by curing on the following schedule: two days per pound for a 15-pound ham; one and three-fourths days per pound for a 20-pound ham; one and a half days per pound for a 25-pound ham.

For each day the temperature averages below freezing during curing, add an extra day to the schedule. Bagging hams in clean, cloth bags with crumpled newspaper stuffed around the ham is a good way to store the meat for aging.

Aging is required to give the ham good flavor. About six months is a good aging period.

Card Of Thanks

We want to take this opportunity to say Thanks to all our friends and neighbors in sharing our grief with your visits, prayers, flowers, cards, letters, contributions and food during the illness and death of our dear Mother (Annie P. Leary).

The Children of Annie P. Leary

Social Security Administration

People are sometimes puzzled about the social security lump-sum death benefit because it isn't clear to them who gets it and why the amount can vary.

The death payment is usually made to the widow or widower of a deceased worker who was insured under social security. But if there is no widow or widower who was living in the same household with the worker at the time of death, the payment may be made, under certain conditions, directly to the funeral home or to the person who paid the funeral expenses.

The amount of the social security death benefit is three times what the deceased worker would have received as a monthly retirement benefit at 65 -- with a maximum of \$255. The amount can vary from \$211.20 to \$255. The average is about \$242.

The death payment is paid only when a worker who was insured under social security dies. It isn't payable if a dependent of an insured worker dies--unless the dependent himself had worked long enough under social security to be insured on his own record.

A retired couple receive monthly social security benefits on the husband's earnings record. The wife never worked under social security. If the husband died, a lump-sum death payment would be made to his wife because he was insured under social security.

If the wife died, a payment would not be made. She had received retirement benefits on her husband's record, but she was not herself insured under social security.

Vatican restates ban against married priests.

Synthetic fuels viewed as threat to oil.

Cancer Clinic Set For Fri.

The Northeastern Cancer Clinic will be held on Friday afternoon January 7, 1972, with registration beginning at 12:00 p.m. A chest X-Ray will be given to anyone wishing it along with the examination of the five areas of the body where cancer is most easily found and cured.

Card Of Thanks

I wish to express my sincere thanks to friends and relatives for the many visits, flowers, cards, many useful gifts and phone call.

My thanks to my minister for his visits and prayers also to other ministers and many church groups that were praying for my recovery while I was a patient in the Albemarle Hospital and since my return home.

My prayer is: That all of us will live closer to God in this New Year 1972.

Mrs. Earl Hollowell

Whitston News

Mrs. Irma White returned to her home on Sunday from Albemarle Hospital having been a patient there for several days.

Mr. and Mrs. William Winslow, Pam, Mrs. Arba Winslow, Mr. and Mrs. Arba C. Winslow and Jason were dinner guests on Sunday, of Mrs. Worth Winslow at Norfolk, Va.

Mr. Jasper Winslow and sister, Sybil Winslow, recently visited their sister Lillian and husband at Benton, Maryland.

Mrs. Sallie Rountree and Mrs. Arba Winslow spent last Monday with their niece Mrs. Emory Rountree at Sunbury.

RICKS LAUNDRY & CLEANERS SERVING HERTFORD AND Perquimans County TUESDAY WEDNESDAY FRIDAY SATURDAY

How to be a Winner in '72

Following are a few hints, which, if adhered to during the coming year, are bound to win added pleasure and happiness for you and the people with whom you communicate daily...

When using your telephone equipment:

- 1. Call by number
2. Place calls carefully - Answer promptly
3. Speak distinctly and directly into the mouthpiece
4. On party lines - be considerate of the other fellow
5. Be brief when you call
6. Develop a voice with a "smile"

The Norfolk & Carolina Telephone & Telegraph Company

TAYLOR THEATRE

Edenton, N. C.

Wednesday & Thursday Jan. 5-6-Rating (GP)

JASON ROBARDS IN "MURDERS IN THE RUE MORGUE"

Friday & Saturday Jan. 7-8 Rating (G)

BIG TRIPLE FEATURE

"TRACK OF THUNDER"

"SPEED LOVERS"

"PIT STOP"

Sunday, Monday & Tuesday Jan. 9-10-11-Rating (G)

THOR HEYERDAHL'S "THE RA EXPEDITIONS"

Sunday 3:00-5:00-7:00 & 9:00 p.m. Weekdays 5:00-7:00 & 9:00 p.m. Adults \$1.75 - Children 75c

COMING JAN. 12-13-14-15

RICHARD HARRIS IN "MAN IN THE WILDERNESS"

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