## Report IV On White House Conference On Aging

program participants grappled such issues as income, ing, transportation, health nutrition and many other ed needs of the Aging at White House Conference d in Washington D.C. nber 28 - December 2, 1971. Both Conference Chairman, Dr. Arthur S. Flemming and Conference Director, Dr. John B. Martin emphasized that the goal of the meeting was "Action." The year 1972 has been designated as the year of implementation during which recommendations will be acted

Income was pointed out as a need in all of the areas recommendations to improve the situation of the aging at the conference. There is no substitute for income if people are to be free to exercise choices in their style of living. The income of the elderly people in the past left the greater number of them with insufficient means of lecent, dignified living.

There were 16 most important needs that you mentioned in the community forums and also were considered at the 'White House Conference. Those needs were as follows:

1. Lower prices (reduced drug rates, telephone rates, medical costs, transportation, food, rents, air travel, insurance, utilities, funeral services, ambulance services, and home

2. Lower taxes (exemption of income tax for those under poverty level, property tax, income tax for those over 70 unemployed, reduced property and income tax for those 65 and over. Lower income tax base, intangible tax on investments, \$5,000 Homestead Exemption, local sales tax exemption, exemption of tax on pensions. Permit widow to be counted as head of household)

3. Increased Social Security (Income for clothes, fuel, nutritional food, relief for those | improve more slowly than that

Card Of Thanks

recipients of 10 years ago)
4. Abolish earned inco level for Social Security Benefits of the poor elderly.

5. Prompt receipt of payments from Social Security and Public Assistance (reimbursements for underpayments due to error)

6. Increase in pensions (Railroad, Veterans should received pension regardless of income, state and federal employees)

7. Increase in Widow's Pensions (continue to receive full pension and Social Security benefits of husband)

8. Lower age for Social Security Benefits

Increase Old Age Assistance (Maintain own home, stay in boarding home, meet rising cost of living)

10. Lower Medicare Costs (Lower premium for those not receiving extended care facility benefits or home health assistance.)

11. Eliminate payment of G.I. insurance after 70. 12. Eliminate relocation of those unable to pay back taxes.

13. Abolish Lien Law. 14. Establish central office for disbursement of all Aging

benefits. 15. Reappraisal of economic

values and principles. 16. Adherence to policy of fiscal responsibility by all levels of government.

During the sixties the elderly as a whole enjoyed improvements through greater employment opportunities and a better old age security and who are employed and other public and private benefits. The last two years may have witnessed the reversal of these trends toward improvement as inflation continued to erode the purchasing power of fixed incomes, and rising unemployment reduced job opportunities for older workers. The economic situation of the elderly, if past experience is repeated, will

of younger groups even with an upturn in the national economy. Direct action to increase the income of the elderly is urgent

and imperative. the White House in the area of income were as follows: Income Adequacey. The immediate goal for older people is that they shuld have total cash income inaccordance with the "American Standard of Living." We, therefore, recommend the adoption now, as the minimum standard of income adequancy, of the intermediate budget for and elderly couple prepared by the Bureau of Labor Statistice (nationally averaging about \$4,500 a year in Spring 1970). This level must be adjusted annually for changes in both the cost of living and rising National Standards of living. For single individuals the minimum annual total income should be sufficent to maintain the same standard of living as for couples, not less than 75 percent of the couple's budget. For the elderly handicapped with higher living expenses, the budget should be appropriately

The recommendations for income will continued in next week's paper, stated today by Mrs. M.B. Taylor, Home Economics Extension Agent. If you need further information olease contact Mrs. Taylor at 426-7697, Hertford, N.C.

#### BUGGY CAPITOL

Washington - George Hays. an official in the architect of the Capitol's office, says the U.S. capitol building is infested with cockroaches. Hays said there were s many nooks and crannies in the Capitol, so many miles of conduits, so many false walls and ceilings that just getting at the roaches was a tremendous problem.

#### Social Security Administration

We want to take this opportunity to say Thanks to all our friends and neighbors in aring our grief with your isits, prayers, flowers, cards, etters, contributions and food can vary. during the illness and death of "The death payment is our dear Mother (Annie P.

Leary.). These acts of kindness have helped so much to ease our sadness and will always be remembered by her children. May God richly bless each of you for all of this.

> The Children of Annie P. Leary

#### Card Of Thanks

I wish to express my sincere thanks to friends and relatives for the many visits, flowers, cards, many useful gifts and phone call.

My thanks to my minister for his visits and prayers also to other ministers and many church groups that were praying for my recovery while I was a patient in the Albemarle Hospital and since my return

My prayer is: That all of us New Year 1972

Mrs. Earl Hollowell

#### Whiteston News

Mrs. Irma White returned to her home on Sunday from Albemarle Hospital having been a patient there for several

Mr. and Mrs. William Winslow, Pam, Mrs. Arba Winslow, Mr. and Mrs. Arba C. Winslow and Jason were dinner guests on Sunday, of Mrs. Worth Winslow at Norfolk, Va.

Mr. Jasper Winslow and sister, Sybil Winslow, recently visited their sister Lillian and husband at Benton, Maryland.

Mrs. Sallie Rountree and Mrs. Arba Winslow spent last Monday with their neice Mrs. Emory Rountree at Sunbury.

> RICKS LAUNDRY & CLEANERS SERVING HERTFORD

Perquimens County WEDNESDAY

· SATURDAY ILL CRUMMEY, Route

People are sometimes puzzled about the social security lump-sum death benefit because it isn't clear to them who gets it and why the amount

usually made to the widow or widower of a deceased worker who was insured under social security. But if there is no widow or widower who was living in the same household death, the payment may be made, under certain conditions, social security. directly to the funeral home or to the person who paid the Administration paid \$293.6 funeral expenses.

security death benefit is three workers. times what the deceased worker \$211.20 to \$255. The average is formation on survivors about \$242.

only when a worker who was St., Elizabeth City, N.C. insured under social security dies. It isn't payable if a dependent of an insured worker dies--unless the dependent himself had worked long enough under social security to be in-

sured on his own record."

A retired couple receive monthly social security benefits on the husband's earnings record. The wife never worked under social security. If the husband died, a lump-sum death payment would be made to his wife because he was insured under social security.

If the wife died, a payment would not be made. She had received retirement benefits on with the worker at the time of her husband's record, but she was not herself insured under

Last year, the Social Security million in death benefits on the The amount of the social records of \$1,220,248 deceased

"If someone in your family would have received as a dies, be sure to check with the monthly retirement benefit at local social security office for 65 -- with a maximum of \$255. information about the death The amount can vary from payment as well as for inbenefits." The social security 'The death payment is paid office is located at 401 S. Dyer

> Vatican restates ban against married priests.

Synthetic fuels viewed as threat to oil.

## How to be a Winner in '72

Following are a few hints, which, if adhered to during the coming year, are bound to win added pleasure and happiness for you and the people with whom you communicate daily . . .

When using your telephone equipment:

- 1. Call by number
- 2. Place calls carefully Answer promptly
- 3. Speak distinctly and directly into the mouthpiece
- 4. On party lines be considerate of the other fellow
- 5. Be brief when you call
- 6. Develop a voice with a "smile"

The Norfolk & Carolina

Telephone & Telegraph Company

## **Washington Report**

By Congressman Walter Jones

WASHINGTON - President Nixon's new economic policy which imposes wage-price controls in mid-August and the devaluation of the dollar in late December constituted the most far-reaching change in our domestic affairs in 1971. Congress, called upon late in

the session to enact new tax legislation and to extend the Economic Stabilization Act of 1970. cleared measures to implement this policy a few days before adjournment. New Legislation dealing with the dollar devaluation is expected to be offered later this month. Although the Administration won both a new tax law and the requested one-year extension of the President's authority to control wages and prices, it also got bills on these subjects with unwanted provisions. Among these were the tax checkoff to finance Presidential campaign expenditures beginning in 1976 and a Federal pay raise effective January 1, 1972, instead of July 1, 1972.

While I did not favor the Economic Stabilization Act of 1970 when Congress initially passed it, because I felt that the Administration and the Congress ought to have exercised fiscal responsibility without resorting to wage and price controls, I did support the President's request to extend this Act after it became evident that we were either going to have economic controls or face economic disaster. I think it would have been preferable had the Administration and a majority of the Congress faced up to the need for fiscal

responsiblity many months ago. Because of my deep concern about the precarious state of the Federal budget with its estimated deficit of \$32 billion for the current fiscal year and also because I do not think the Federal Government has any business financing political campaigns, I voted against the Revenue Act of 1971 which I considered objectionable on both grounds.

I did favor the Federal elections campaign bill. This measure won 'Senate and House approval in differing versions. At the end of the session, House-Senate conferees reached agreement on this bill and the conference report won Ser approval on December 14. Further House action has been. postponed on that bill until Congress reconvenes.

### Cancer Clinic Set For Fri.

The Northeastern Cancer Clinic weill be held on Friday registration beginning at 12:00 p.m. A chest X-Ray will be given to anyone wishing it along with the examination of the five areas of the body where cancer is most easily found and cured. Only 30 people can be seen at the Center each month due to limited facilities, so it is suggested that anyone who wishes to be assured of an appointment should write or call the Cancer Center, Health Department, Elizabeth City, N.C. for a priority. Examinees are asked to bring a robe or housecoat with them

## TAYLOR THEATRE

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Wednesday & Thursday Jan. 5-6—Rating (GP) JASON ROBARDS IN

"MURDERS IN THE **RUE MORGUE"** 

Friday & Saturday Jan. 7-8 Rating (G)

**BIG TRIPLE FEATURE** "TRACK OF THUNDER"

"SPEED LOVERS" "PIT STOP"

nday, Monday & Tuesday Jan. 9-10-11—Rating (G) THOR HEYERDAHL'S "THE RA EXPEDITIONS" day 3:00-5:00-7:00 & 9:00 n.m. Weekdays 5:00-7:00 & 9:00 p.m. Adults \$1,75— hildren 75¢

**COMING JAN. 12-13-14-15 RICHARD HARRIS IN** 'MAN IN THE **WILDERNESS"** 

Anti-busing amendments to the omnibus education bill became a focal point in the Congressional battle over Federal pressures to achieve racial balance in the public schools. The House late in the session adopted amendments which would block the use of Federal funds for busing to achieve racial balance and would prohibit Federal agencies from requiring local school units from spending monies for this purpose. However, the Senate leadership deferred action on this bill until the next session at which time I expect to

amendment. The battle over day care centers became a major concern in the consideration of S. 2007, a bill to extend the antipoverty program for another two years. I voted against this bill when the Senate initially considered it on September 9 and voted to uphold the President's veto of this bill when that question was presented to the Senate on December 10.

continue my efforts to secure

the enactment of an anti-busing

The end finally came to the lengthy battle over the funding of the supersonic transport plane. Congress rejected further efforts to expend Federal monies to finance this project. I voted against the continuting authorization for the SST because I think that the financing of this project should be borne by private enterprise and it should not be the obligation of the taxpayers to provide transportation for a limited number of passengers by means of an aircraft which raises serious environmental

Next week, I shall continue the review of legislation pending before the 92nd Congress.

#### OSWALD'S POSSESSIONS

Dallas, Tex .- A federal judge has ruled that the government should pay \$3,000 for personal effects it seized from the estate of Lee Harvey Oswald, named as the assassin of President John F. Kennedy. Oswald's widow had sued to obtain more for the possessions-appraisers had set a post-assassi-

## Hog Killing Time Here; Cure Right

Hog killings, like farm numbers and the mule population, keep decreasing in North Carolina, but Tar Heels still practice this winter ritual probably more than any other farm folks in the country.

The number of hogs slaughtered on the farm dipped to 130,000 in 1970. less than half the number of 1962. But the value of the meat killed for home use remains fairly steady at around \$11 million. The ham remains the

most valued portion of the pig, just as it remains an important source of pride for the farmer who has developed the skill required to properly cure and care for a genuine "country ham." But not all hams are

cured properly. In fact, the loss attributed to improperly cured hams is estimated in the thousands of dollars. The losses come pri-

marily from three sources: spoilage, off-flavors and insect damage, according to food scientists at North Carolina State University.

is important in avoiding spoilage and off-flavor. The NCSU meat experts recommend applying the curing mix -- whether straight salt or salt with sugar and saltpeter -- as soon as the ham is cut following chilling. They use about one and a quarter ounces of mix per pound of ham or eight pounds for each 100 pounds.

The curing mix should be rubbed on the ham at three different times. The first time is when the meat is cut and ready, the second on the third day and the third on the 10th day. Contrary to some popular beliefs, a lot of rubbing isn't required -- just enough to cover the surface.

Caution: Be sure to pack some curing mix into the shank end at each application. Ideal temperatures for

shelf-curing hams are from 36 to 40 degrees. When temperatures go above 50 degrees for any length of time, there is some chance of spoilage. Don't let the hams cure

too long. One of the main objections to country hams

Getting a uniform cure | is that many of them are too salty. Avoid this by schedule: two days per pound for a 15-pound ham; one and three-fourths days per pound for a 20-pound ham; one and a half days per pound for a 25-pound

For each day the temperature averages below freezing during curing, add an extra day to the schedule.

Bagging hams in clean, cloth bags with crumpled newspaper stuffed around, the ham is a good way to store the meat for aging. The paper should not be packed tightly. Tie the bag closed and hang it with a string attached to the ham rather than to the bag.

Aging is required to give the ham good flavor. About six months is a good aging period.

Other information on curing country hams is available in printed form at county agricultural extension offices. Ask for Extension Circular No. 405, "Curing Hams Country

## N-O-T-I-C-E

Take notice that the planning board of the town of Hertford will hold a public hearing, January 19, at 7:30 o'clock at the Municipal **Building in the town of Hertford, North** Carolina on the question of rezoning property located on U.S. 17 south of Hertford and owned by Harrell's, Inc. This property now zoned B-N Business Neighborhood District. This the 4th day of January, 1972. Planning Board, Town of Hertford By A, Marvin Hunter,

(CLERK)

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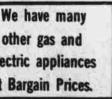
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