One of my fondest memories of our sojourn in Europe. was that occasional box from home containing cookies, candy, a jar of meinade preserves and other good things reminiscent of home. Many readers have children and relatives overseas who, too, would enjoy a taste of something from home. Here, then, is a delicious.cookie that travels well.

Fruit-N-Spice Cookies

- 1 c soft shortening c brown sugar, packed
- 2 eggs 1/2 c cold coffee
- 31/2 c sifted flour
- t soda
- t salt
- 1 t nutmeg 1 t cinnamoh
- 21/2 c halves seeded rai-
- sins 1% c broken nuts

Mix well the shortening, sugar, and eggs, Stir in the coffee and add the next five ingredients which have been sifted together. Mix well. Then add the raisins and nuts. Chill for 1 hour, then drop by rounded teaspoonfuls 2 inches apart on lightgreased cookie sheet. Bake at 400 degrees until. set, about 10 minutes. This Thakes about 6 dozen

FIGHTS INFLATION

ookles.

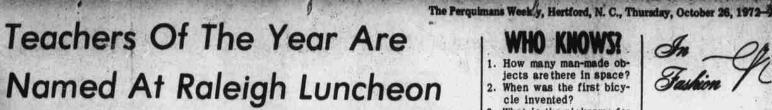


The above photo shows a section of the New Hope Group ditch. A group of 13 farmers in the New Hope Community of Perquimans County had this ditch constructed during the past winter. They received assistance on construction through a pooling agreement with the local ASC office.

The ditch was surveyed, designed and checked by Soil Conservation Service Technicians working with the Albemarle Soil and Water Conservation District.

The spoil from the ditch was placed close to the ditch and shaped for a travelway. The sides slopes of ditch and the travelway were limed, fertilized, and seeded to fescue grass. Inlet pipes were installed under the travelway at various places. The travelway will be used in maintaining the ditch and the fescue grass will prevent erosion and provide food for wildlife. This ditch will provide an outlet for drainage on approximately 2000 acres of land.

Trants 66 ANNURS



Fourteen Regional Teachers of the Year were announced today at a luncheon in Raleigh. One of the 14 will be named North Carolina's Teacher of the Year at the November 2 meeting of the State Board of Education. The regional representatives were selected by Association of Classroom Teachers-NCAE districts. A nine member committee will interview the Regional Teachers of the Year today and two of them will be selected for consideration as the North Carolina Teacher of the Year. The finalists will be observed in their classrooms during National Education Week, October 23-28, by a

committee from the Learning Institute of North Carolina. The current Teacher of the Year, Jay Rogers of Durham High School, went on to become the 1972 National Teacher of the

Year The Regional Teachers of the Year include Mary Ann Oates of Southern Wayne Senior High School; Walter Plemmer, Jr., of North Edgecomb High School; Patricia Fave Gibson of Newton-Conover Junior High; Noah Cleveland Harris, Jr., of Northeast Junior High in Hgh Point; Michael Glenn Hood of Buies Creek High School;

Marjalene Thomas of Central I Elementary School in Elizabeth City: Judy Mavin Gilbert of S. Ray Lowder Elementary School in Lincolnton; Sarah Spivey of North Ridge Elementary School in Wake County; Carl Leo Hill of Union Pines High School in Moore County; Rudolph Boone, Sr., of Carver High School in Winston-Salem, Forsyth; Anne Brooks McGougan of TaborCity: Mrs. Gretchen Briggs of E.M. Holt School in Alamance County; Mrs. Frances Ward Black of Concord Senior High School; and Connie Cathey of Claxton Elementary School in Asheville.

"These are all fine teachers," said State School Superintendent Craig Phillips. 'Selecting the Teacher of the Year from among this extremely well qualified group will be a difficult decision," he added. Dr. Phillips stresses that the search for Teacher of the Year is not for the 'best teacher' but for one who exemplifies the finest in the teaching profession.

National Teacher of the Year Jay Rogers was honored at the White House after his selection. He has been featured in several national magazine articles and has appeared often on nationwide television and as a speaker at conferences. Rogers

luncheon because he was out the state for a Teacher of the Year appearence.

The Teacher of the Year award program is sponsored by the Encyclopaedia Britannica Companies, the Council of Chief State School Officers, and the Ladies Home Journal

Human Repair

Dr. Russel Lawson, of the University of Oregon Medical School in Portland, has successfully removed the kidneys of two patients. repaired and replaced them in the patients' bodies suc-

cessfully. Dr. Lawson told the American College of Surgeons recently, in reporting on the successful repair-operations, that other organs of the body could be similarly repaired and reimplanted--such as the heart and liver. for examples.

Reimplanting patients' own repaired organs avoids the problem of the body's rejection of alien organs, a problem which so often has plagued heart-transplant operations.

who knows 1. How many man-made objects are there in space? When was the first bicycle invented?

What is the nickname for New Jersey? When did Finland become

an independent nation? What is the earth's speed as it journeys around the sun?

2.

Name the eight states bordered by the Great Lakes.

When was the first transcontinental telegraph line completed?

What is a kookaburras? When was the Marine

Corps established? 10.What is Queen Elizabeth

II's full name?

Answers To Who Knows

- 1. As of last February, approximately 5,850.
- 2. About 1790, called a walk-along.
- 3. The Garden State. 4. In 1917, when she declared herself free of

Russian rule. 5. About eighteen and onehalf miles per second. Minnestoa, Wisconsin, Michigan, Illinois, Indiana, Ohio, Pennsylvania

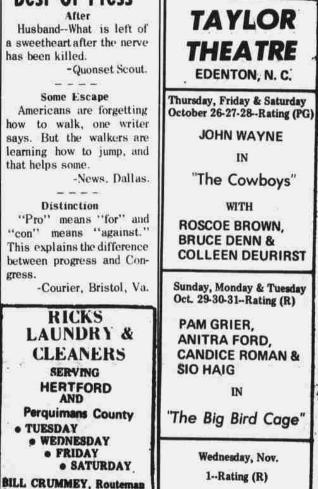
and New York. 7. October 24, 1861. 8. A laughing jackass.

9. November 10, 1775.

10.Elizabeth Alexandra

Mary Windsor.







"Men's sweaters and jackets come in beautiful fabrics and colors this season. Combinations of suede, velvet and leather are used.

The little black dress is back in style. It may be short or long but is usually fashioned of a clinging fabric.

Hats are reminiscent of World War One. Felts, turned up in front are popular.

BIBLE VERSE

'Know ye that the Lord he is God: it is he that hath made us, and not we ourselves."

- 1. Who is the author of the above verse?
- 2. What does this verse warn us against?
- 3. What is the rest of the verse?

4. Where may it be found? **Answers To Bible Verse**

1. The Psalmist--probably

- King David.
- 2. Against the sin of worry. 3. "We are his people, and
- the sheep of his pas-

ture." 4. Psalm 100:3.

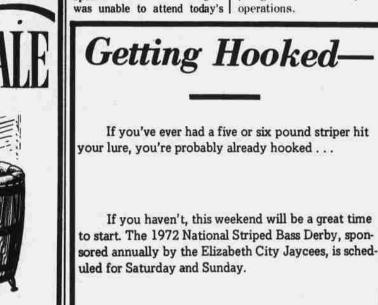
All Together Now



gress.

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Get a bunch of fishing friends together, break them up into two or four-man teams, register by Friday, October 27, then - have yourself a whale of a good time!

The Norfolk & Carolina Telephone & Telegraph Co.

rbon Barrel GROUP FOR DINING SALE An 'intoxicating' set-authentic distillery barrels once used to age bourbon whiskey! Includes a 48" round table with stain-resisting laminated plastic top, plus 4 swivel barrel chairs tastefully uphol-STORLS ... SALE 3 for 199 your pleasure at specious ber with stered, with deep-foam cushioning. So roll out the padded bumper, and rear storage shelves. barrel for fun and comfort! Foam-cushioned swivel stools. AEDITERRAMEAN **4-PIECE** BEDROOM SET SALE



