



COMPLETES FACULTY — Members of the Chowan Academy faculty has been completed. The academy begins operation, Monday, Sept. 10. From left, four new faculty members are: left to right, Mrs. Carolyn E. Ward, Mrs. Alice S. Pittman, Mrs. Ann H. Perry, Thomas Gregory, and Jack Evans of the board of directors of the academy.



Skilled Worker

Officers Selected

The William Paul Stallings Post 126, American Legion recently elected officers for the new year. North Carolina Department Commander Bruce Honeycutt, of Franklinton, was the installing Officer. He praised the work of the local Post, and spoke briefly on the State and National levels. He said we need to be strong in membership in order to obtain benefits for all veterans. Those installed by Commander Honeycutt were:

James Roy Ball, Commander
J. H. Broughton Sr. Vice Commander

Diets Need Traces Of Some Items

RALEIGH — Zinc, manganese, chromium, cobalt and selenium are words that may soon become familiar to you, even if you've never had a chemistry course. Scientists are finding that these trace elements are needed nutrients, important in your diet, says Diane Pistori, extension food specialist, North Carolina State University. By choosing foods from the Four Food groups, you can be reasonably sure of getting adequate amounts of these elements, the specialist says. Green leafy vegetables, fresh fruits, whole grains and organ and lean meats all contain generous amounts. With a well-balanced diet, the risk of deficiency is slight.

C.T. Skinner, Jr. Jr. Vice Commander
J.W. Rountree, Adjutant
W.F. Ainsley, Chaplain
M.R. Rountree.
Sgt. At Arms
Hilton M. White, Service Officer
Jay W. Dillon, Membership Chairman
The next regular meeting of Post 126 will be September 6.

COA Offers Skill For Job

"It's hard to find work without the right training," John C. Marshall, newly appointed Director of Special Projects at College of The Albemarle said as he discussed employment problems in the Albemarle counties.

Marshall's responsibility with the college's Project COA is to provide training for the unemployed and unskilled.

"Project COA stands for Careers, Opportunities, and Advancement," he said. "What that boils down to is that we offer certain courses with only a \$2 fee to those who want to learn a skill for a job."

He continued by noting two examples of courses that Project COA will hold this fall.

"We will have a Care of Children and the Aged and a Fundamentals of Welding Course that will begin September 4. The classes will be taught daily from 9 a.m. until 4 p.m.," Marshall said.

The Care of Children and the Aged is designed to train those who might work in nurseries, kindergartens, or day care centers with children or for work with the elderly in nursing homes or even in private homes. Classes will end October 12. The Welding Course will begin on September 4, also, and end October 26. It is designed to prepare students for work in various industries that require arc

and acetylene welding and metal cutting.

Marshall said Project COA will offer courses such as Homemaker's Assistant, Crafts for Employment, Sales Clerk, Horse Care and Grooming, Masonry, and Nursing Attendant. Most of the classes last from six to eight weeks.

"But our main problem is locating students and matching their capabilities with the training that is available," Marshall said. "That is why we have three full-time recruiters to contact potential students. Fred Fearing works in Pasquotank County; Edith Nixon in Chowan, Gates, and Perquimans counties; and Sadie Gallop in Camden, Currituck, and Dare Counties.

Marshall said that with the fall program soon to begin, those who want more information about Project COA courses should contact his office at College of The Albemarle or they could check with their county counselor. In Perquimans County Mrs. Nixon may be reached at 482-3274.

Schools Ready To Open

Public schools in North Carolina will be better prepared for opening this fall than they have ever been in the state's history.

They will be better prepared because of the extension of the employment term for teachers enacted by the 1973 General Assembly, according to Dr. A.C. Dawson, executive secretary of the N.C. Association of Educators.

"Since our teachers will begin their year more than a week before the children begin, our teachers will have time to prepare records, rooms and materials before the children arrive," Dr. Dawson explained.

"In the past many teachers did preparation on their own time without pay.

"Other teachers did the preparation during the first few days of school and let the children go without instruction," Dr. Dawson continued. "And sadly, some just didn't get it done, which meant their children got less than they should have in educational quality."

Dr. Dawson pointed out that the General Assembly has assured every child of a teacher who is prepared and ready to begin instruction on the first day the child attends school.

The General Assembly extended the teachers' work year from 197 to 10 calendar months. This means teachers will have time to learn new material, get and count textbooks, gather the many supplemental materials that enrich the learning process, plan playground and lunch duty schedules, complete in-service training, put up bulletin boards, check clerical records and the many other things needed to begin the school year.

During the year there will be days set aside for bringing records up to date, replenishing supplemental materials and evaluating children's progress.

"At year's end, a few days will be available for winding up the term—but after the children go home," Dr. Dawson said. "Our children ought to get a full 180 days of instruction this year. We think this is a significant advancement in the quality of North Carolina's public school system."



HAPPY BIRTHDAY, HAPPY — Tuesday was Happy's birthday. Happy is the wandering pet beagle who belongs to Bobbie Jean Keaton. The canine wonder was three-years-old. There was cake and presents and fun for Happy. Happy slept through it all. He was doggone tired!



THE PRESENTS — Happy had all kinds of presents for his third birthday Tuesday. There were toys and personal items and a big cake with a dog decoration.



Dwight J. Flanagan, a former star performer at John A. Holmes High School and East Carolina University, has accepted a coaching position at Sanford University in Birmingham, Ala. He will be an offensive receiver coach.

Wayne Grubb is head football coach at Sanford. Flanagan, son of Mr. and Mrs. James Flanagan, Country Club Drive, served last year as assistant football and head track coach at New Hanover School in Wilmington.

He played his high school football for the Edenton Aces, coached then by Jerry McGee. At East Carolina University he played under Clarence Stasavich and Mike McGee. In 1971, Flanagan served as backfield coach for the ECU freshman team.

He is expected to assume his duties at Sanford immediately.

MAKING BUTTER

One quart of milk weighs 2.15 pounds. It takes 21.2 pounds of whole milk to make a pound of butter.

IN MEMORY OF
NAN WARD WINSLOW
WHO LEFT US
AUG. 20, 1972.

In tears we saw you sinking,
We watched you fade away;
Our hearts were almost broken,
You fought so hard to stay,
But when we saw you sleeping
Peacefully, free from pain;
We could not wish you back
To suffer that again.
Our hearts still ache with sadness
And secret tears still flow,
What if meant to lose you,
No one will ever know.
When we are sad and lonely,
And everything goes wrong;
We seem to hear you whisper,
Cheer up and carry on.
Each time we look at your picture,
You seem to smile and say,
"Don't cry, I am only sleeping
Till we meet again someday."

Love,
The Family

Building Permits

Building permits totaling \$376,061,385 were issued by 36 North Carolina cities of more than 10,000 population during the first half of 1973.

State Labor Commissioner Billy Creel reported today. Creel said the six-month total was 12.6 per cent higher than the \$334,046,942 reported for the first half of 1972.

Greensboro led the Tar Heel cities with building valued at \$58.5 million during the six months. Raleigh was second with \$50.5 million and Charlotte third with \$34.5 million.

Complete city reports for the first half of 1973:

Albemarle	\$1,044,390
Asheboro	\$3,395,184
Asheville	\$12,365,152
Burlington	\$8,661,407
Chapel Hill	\$10,615,730
Charlotte	\$34,589,801
Concord	\$2,924,237
Durham	\$28,946,735
Elizabeth City	\$3,604,514
Fayetteville	\$11,618,071
Gastonia	10,334,314
Goldsboro	\$8,120,665
Greensboro	\$58,527,415
Greenville	

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E. LAMB'S TONGUE	1.00
F. SCROLL FLAT COLUMN	3.20
G. OAK CORNER COLUMN	16.65
H. SCROLL CORNER COLUMN	8.30



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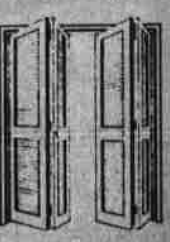
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