

SELECTED - The Hertford Business and Professional Women have selected Beth Harris as their Young Careerist candidate. Ms. Harris, 25, is a special education teacher in the Perquimans County School system. She attended St. Mary's Junior College and graduated with a B.S. degree in business administration from the University of North Carolina at Chapel Hill. She was treasurer of the UMCA at St. Mary's. She is co-sponsor of the Beta Club at PCHS. Her hobbies and interest include reading, needlework, traveling, playing tennis and bridge and listening to music. She lives with her parents, Mr. and Mrs. Jesse Harris at 504 Grubb St. She will compete in district competition March 17 in Tarboro.

### **People In The News**

IN HOSPITAL V.N. Darden is a patient in Norfolk General Hospital. WEEK-END AT WINSTON-SALEM

Mrs. Jack Kanoy was a week-end guest of Mr. and Mrs. Roy Harris at Winston-Salem

#### **RETURNS FROM** HOSPITAL

Mrs. Tom Cox has returned from Memorial Hospital where she underwent surgery recently. FROM VA. BEACH

**Miss Sue White of Virginia** Beach, Va. spent the weekend with her parents, Mr. and Mrs. Julian White. ATTEND MEETING

AT SCOPE Mrs. Sarah White, Mrs. Lydia Perry, and Miss Linda Grieves attended Zegarelli's Beauty Show at Scope on Sunday in Norfolk,

WEEK-END AT WHITE HAT

Mrs. Hal Rogers of Portsmouth, Va. and Mr. and Mrs. Hal Rogers, Jr. of Corapeake spent the weekend at the Rogers cottage at

White Hat. **RETURNS FROM** 

WEEK-END GUESTS Mrs. Braxton Dawson and Miss Tommie Dawson of Washington were week-end guests of Mrs. Lloyd Horton. ROCKY MOUNT

GUESTS Mr. and Mrs. G.E. Newby, Jr. of Rocky Mount spent a. few days last week with Mr. and Mrs. W.H. Pitt. ATTEND FUNERAL

Mr. and Mrs. W.F. Tarkenton, Wayne and **Billy** Tarkenton attended a funeral in Washington on Sunday. ON VACATION

Mr. and Mrs. Charles Woodard and daughter, and Mr. and Mrs. Carroll Williams left by plane Wednesday for a visit with Mr. and Mrs. Harold Deaton in Baton Rouge, La. and a tour of Florida, which will include Disney World, before returning home.

IN HOSPITAL Mrs. Ben Thach, Jr. is a surgery patient at the

IN HOSPITAL

patient at the Chowan Hospital.

Mr. Raymond Eure is a

Thursday.

Exterior pant serves more than just for the beautification of the house— Chowan Hospital. VISIT HERE Mrs. L.M. Simpson, Mrs. Bennie Halstead, and Miss it protects the wood from the Mary Louise White of weather. However, painting Elizabeth City were guests should be done only when of Mr. J.H. Baker on needed. Excessive painting should be done only when

## **Extension Forum** there is dust or dirt-was off the dust or dirt.

When painting the ex-terior, it is best to use a high-quality linseed oil

alkyd or latex type paint. It is estimated that one top-coat with a primer will last

about three years but two

the floors are level, and the

surface is in satisfacory

condition. Walk over the floor slowly and try to notice

if it gives underfoot. This is

a good way to determine if

the floor is well laid and

tight. If the floor surface is

asphalt tile, it is important

that the joints be smooth. Give careful attention to

kitchen and bathroom floors, which are usually

covered with asphalt tile,

linoleum or ceramic tile.

You should require that any

cracked or chipped pieces be replaced. Delay in repair

could result in needing a

There are usually two main types of inside wall

construction, known as "dry

wall" and "plastered wall." The dry wall, which is very

serviceable, can be of

plywood, gypsum wallboard

By MRS. PAIGE L. UNDERWOOD **Home Economics** 

Extension Agent Statistics show that two out of every three buyers select a used house. Usually one of the biggest advantages that an older house offers is more space for the money, states Mrs. Paige Under-wood, House Economics

Extension Agent. The more budget-minded families and those who must know beforehand the exact cost that home ownership necessitates, are best served through the purchase of an existing house. Although the joys and thrills of planning and watching their new home take form are foregone, the savings resulting from the purchase of a previously owned house often prove quite rewarding. If the house you like is an

"old" home, you should be absolutely sure the house is in sound condition. The age of a house should not necessarily limit your choice. While older homes may require more repair work, many have received excellent care from previous long-time owners and will compare favorably with newer structures. Such comments were given recently by Mrs. Underwood on her monthly radio program.

obligate yourself to buy.

age of the house and if it has

Gutters usually wear out

about the same time as the

roof. Gutters are generally

made from galvanized iron.

can cause peeling and

chipping. A good rule to use

when trying to decide

whether to paint is: If the

wood is showing-paint; if Home Economic no bare wood is showing but Office, 426-7697.

been reroofed.

or fiberboard. A plastered wall is constructed of lath and plaster. Both types of Remember, there is no walls may be painted or papred. Check to be sure perfect house. Just be sure you know in advance the shortcomings of the house you are satisfied with the you are buying. Don't wait to be shocked after you wall finishes. Most families will want the inside painted to suit their own taste. move in. Get expert advice

new floor.

from a person experienced Electrical outlets can be in house construction. It can checked while looking at the be well worth the time and walls. Give attention to the expense necessary to be number of outlets, their assured you would not buy a location, and check to see if house they you would find later needed a lot of repairs. there are enough to meet your needs. Remember that If the seller of the house wiring in older houses often agrees to correct some cannot take care of the defects in the house, be many electrical appliances sure to get a written and pieces of equipment used today. agreement specifying what the seller will do before you

Other additional expenses would be incurred if light The following is given to help you know what to look for when buying a previously owned house. fixtures were changed or if you were required to increase the number of ampere service because of The average roof lasts about 15 years. Find out the additional appliances.

The main concern with the heating system in a house is that it is of the proper capacity for comfort and economy. The life of most furnaces is around 15 years. Especially when buying a previously owned house you may need expert advice on whether the heating system will be satisfactory and on what repairs it may need.

If you would like a

"Checklist for buying a

previously owned house'

and the cost estimates for

repairs, please contact the

**Home Economics Extension** 



WHAT IS CUB SCOUTING? - Shown here are members of Den 2 performing a skit about cub scouting. They are (from l. to r.): Chris Mansfield, Spencer Weiner, David White, David Saunders, James Denehy, and Zeb Daneker. These scouts are under the supervision of den mother, Esther Weiner and den dad, Stephen Weiner.

# **Tips For** Homemakers

MRS. M.B. TAYLOR HOME ECONOMICS EXTENSION AGENT Watching your budget?

Cheese spread from a pressurized can costs more than cheese spread from a jar. And grated cheeses and wrapped cheese slices cost more than equal amounts of the same cheese in wedges or sticks

What cuts of beef are frequently cured? Brisket (called corned beef when cured), the tongue, and some sausages and luncheon meats that contain beef. Dried beef is usually made from the round.

Fresh cabbage, potatoes and watermellon are inexpensive (usually) sources of vitamin C. Canned citrus juices, canned sauerkraut, and tomatoes also are important sources - and relatively inexpensive.

Remember broth and gravy are especially spoilage. subject to

Cool leftovers quickly and put them in the refrigerator. Don't hold for more than a day or two, warn U.S. Department of 'Agriculture nutritionists.

Making sandwiches? Ham sandwiches, turkey and chicken salad and deviled eggs need special care. They are easily contaminated. You can freeze cubes of chichen and use them in preparing the salad later. All salads should be kept cold as possible.

The secret of cooking frozen vegetables successfully is to cook the vegetable until just tender. That way you save vitamins, bright color, and fresh flavor.

The time required for cooking vegetables is slightly longer at high (than at low) altitudes because the temperature of boiling water decreases about 2 degrees F. with each 1,000 feet above sea level.

HOME FOR WEEK-END Woody Perry, student at

ECU, Greenville, spent the week-end with his parents, Mr. and Mrs. Elwood Perry.



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ATTEND BANQUET — The newly reorganized cub scout Troop 155 recently held their annual blue and gold banquet. According to scoutmaster Keith Haskett, there are approximately twenty boys involved in local cub scouting. After the buffet style dinner, there was a brief awards presentation. (Photos by Kathy Marren)



DISCUSSES BENEFITS - Donald Morris, field representative for the Social Security Administration, recently spoke to members of the Hertford BPW club at their monthly meeting. Morris gave a most informative presentation about Social Security

(Photo by K. Marren)

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What is "cured meat"? The meat is treated with curing ingredients primarily salt and sugar. Then the meat is heat processed.

HOSPITAL Mrs. B.M. Miller has from returned the Albemarle Hospital where she underwent surgery.

VA. BEACH GUESTS

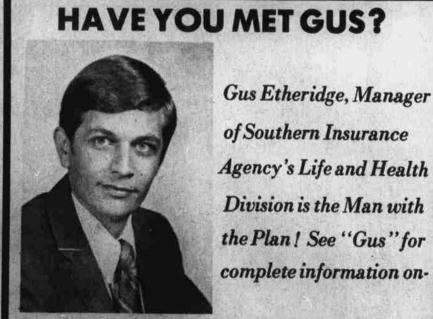
Mr. and Mrs. Odis Harcum and Mr. and Mrs. J.E. Weaver of Virginia Beach, Va. were guests of Mr. and Mrs. Ralph Wilcox on Wednesday

FROM PORTSMOUTH Mr. and Mrs. Louise Tarkenton and family of Portsmouth, Va. were guests of Mr. and Mrs. William Elliott on Sunday. WINDSOR GUESTS

Mr. and Mrs. Bobby Elliott of Windsor were guests of Mrs. W.M. Divers on Friday.

> TAYLOR Theatre EDENTON N.C. **NOW SHOWING THRU TUESDAY** THIS YEARS' **NO. 1 LOVE STORY**

> > ris Wednesda



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