

PREVIEW OF PLATES — Perquimans County Chamber of Commerce secretary, Jean Harrison, gives you a preview of next year's license plate - and next year's and next year's and next year's and next year's. In case you haven't gotten the idea yet - North Carolina is joining other states in selling automobile license plates that you will keep for five years. The only thing you buy from year to year is that year tag in the middle. The new plates are aluminum and lighter than the ones now in use. They go on sale January 2. Office hours are 9:15 a.m. to 5 p.m. on Monday, Tuesday, Thursday and Saturday, and from 9:15 a.m. to noon on Wednesday and Saturday. By the way trailer, truck, and motocycle plates will be the same as in the past. One more thing heed the advice on the bumper stickers on the rear of Mrs. Harrison's car.

Three State Watershed Workshops Are Held

workshops designed to in- Fairchild Drive. form project sponsors, urban planners and other government officials, environmental groups and the public at large on watershed projects was held in discussions of: North Carolina November 19, 20, 21.

announced by William fected. G. Greenlee of Marion, 2. S chairman of the Watershed Committee of the State Association of Soil and Water Conservation Districts, and by Jesse L. Hicks of Raleigh, who heads the Soil Conservation

Service in North Carolina. Each workshop will begin at 10:00 a.m. and close at 3:00 p.m. Locations include:

Tuesday, November 19 -Ramada Inn, Greenville, Highway 264 Bypass.

Wednesday, November 20 County Forsyth Agricultural Building,

Thursday, November 21 -Lemon Tree Inn, Marion, intersection of Interstate 40 and Highway 221.

The program included

1. Local watershed work, The workshops were and how projects are af-

> 2. SCS principles and standards used on watershed projects.

3. Legislative action affecting North Carolina watershed projects.

4. The status of watershed projects in North Carolina.

A question and answer period will be a key part of each session. In addition, **Executive Director Leonard** Solomon of the Oklahoma Conservation Commission will discuss watershed work in Oklahoma, and a panel will discuss a North

Three watershed Winston-Salem, 1450 Carolina project at each

At the Greenville session, Conetoe Creek Watershed Project in Pitt and Edgecombe Counties were discussed.

At Winston-Salem, the Dutchman Creek Project in Davie County covered.

At Marion, the Muddy Creek Project which serves McDowell and Burke Counties was the panel

"We think these three workshops, with knowledgeable people on hand to supply scientific information, will contribute to the general knowledge of people interested in flood prevention and related resource conservation in North Carolina, "Chairman Greenlee commented.



HolidayHints For Mailing

fast approaching, Hertford Postmaster Henry Stokes reminds the public that mailing early and following wise mailing practices will speed up the Christmas mailing load and insure delivery on time.

The suggested Christmas mailing dates are December 10 for surface parcels; December 15 for cards and letters; and December 21 for air parcels.

Some suggested mailing practices include the use of zip codes, blundling large mailings for local, in state and out of state deliveries, and the use of strong packaging materials when wrapping Christmas parcels for mailing.

In connection with the holidays, the two ten-cent traditional Christmas postage stamps are presently on sale at the Hertford Post Office.

This year's Christmas Masterpiece stamp is based upon a detail from "The Perussis Altarpiece," a large oil painting which hangs in the Metropolitan

Designer of the stamp is Bradbury Thompson of Riverside, Conn.

The stamp features an angel taken from the central of the five panels making up the large alterpiece painting. The angel is one of two in the central panel — one is depicted in flight on either side of the upright portion of the cross that dominates the

The second Christmas stamp is taken from an 1853 lithographic print, "The Road, - Winter," by the firm Currier and Ives. The drawing was done on the lithography stone by Otto Knirsch, one of the celebrated American artists Nathaniel Currier employed to produce drawings that were to be colored on an assembly line of girls, each of whom applied a single

The stamp was designed by Stevan Dohanos of Westport, Conn. The design shows a man and a woman in a horsedrawn sleigh moving through a wintry



PRESENTS PROGRAM - Ms. Rosemary Dunford recently presented a program on alcoholism to seventh and eighth grade students at Hertford Grammar School. Ms. Dunford is Alcoholic Educational Specialist with the Albemarle Mental Health Center in Elizabeth City.

Hertford Grammar Students Learn **About Alcoholism**

By KATHY NEWBERN Seventh and eighth grade students at Hertford Grammar School learned some of the facts about alcoholism when Ms. Rosemary Dunford presented a program at the

school Monday morning. Ms. Dunford is Alcoholic Educational Specialist with the Albemarle Mental Health Center in Elizabeth City. Her job includes educating students through school programs such as the one on Monday, counseling with families of alcoholics and counseling with the

alcoholic. Ms. Dunford presented the facts related to the disease. As she put it, "I'm here to just present the facts; it's up to you how you use them.

In her presentation, Ms. Dunford used several phrases to describe alcohol. According to her, alcohol is a drug, a chemical, an allergy of the body, an obcession of the mind, an anesthetic.

Some of the facts about the disease of alcoholism included some startling statistics. Ms. Dunford informed the students that there are nine million alcoholics in the United States today and four other people are effected by these nine million, such as wives, husbands, parents, em-ployers, brothers, sisters, etc. She also pointed out that 450,000 teenagers in the United States are already alcoholics. Further com-menting on the widespread disease, she added that one out of every ten people that

drinks alcohol will die from it or will develop permanent brain damage. Alcoholism is the number three killer in this country with heart disease and cancer ranking first and second respect-

Ms. Dunford told the **Hertford Grammar students** that alcoholism is chronic, progressive, and fatal.

Showing an understanding of some of the problems young people face, Ms. Dunford said, "Alcohol makes us feel more congenial, and like one of the gang; it gives us a sense of belonging." However, she did not preach on the sins of drinking. "I'm not here to frighten you," she said, The alcoholic is drinking because he is so full of fear and he knows that alcohol deadens the emotional

Following the class presentation, a personal interview with Ms. Dunford revealed some new trends toward helping the alcoholic and the role society plays.

Ms. Dunford commented, "If we can think of the alcoholic as a sick person doomed to death or permanent insanity, then we can start to help him."

The Albemarle Health Center where Ms. Dunford works is under the State Department of Mental Health. The center covers five counties including Perquimans. Ms. Dunford said, "Treatment of alcoholism in this Albemarle area is one of the center's concerns. We have an alcoholism rehabilition

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named Perquimans County Farm-City Week chairman chairman. This will be the twentieth annual observance of Farm-

Building, Hartford, Con-

necticut. Kiwanis Inter-

national will serve as

for the nineteenth con-

resolution have called for

Farm-City Week ob-

servances each year since

the inception of the event.

Farm-City Week has won

the Freedoms Foundation's

Distinguished Service

Award, which carries the

same distinction in the

community service field as

does the famed "Oscar" in

secutive year.

PROCLAMATION — Hertford Mayor Bill Cox recently signed a proclamation declaring

Nov. 22-Nov. 28 as Farm-City Week. Looking on is R.L. Stevenson, 1974 Perquimans

County Farm-City Week chairperson. Activities of observance for the week include a

Nov. 26 luncheon at Owen's Restaurant in Hertford for the county's civic club presidents.

This will be followed by a tour of Don Juan Manufacturing Corp. in Hertford. Also, there

will be a one-week art exhibit at the Peoples Bank lobby displaying works done by

Deanna Tückel Stevenson. And, R.L. Stevenson will attend a luncheon at the North

Carolina State University Faculty Club in Raleigh for the county Farm-City Week chair

Newton Grove, state Farm-City Week Chairman. Serving with Stevenson as co-chairman for the county 15,000 communities in the committee is Richard Bryant, County Extension U.S. and Canada.

R.L. Stevenson has been

for the 1974 observance of

Farm-City Week. The ap-

pointment was announced

by Mr. Sherrill Williams of

Farm-City Week will be observed across the nation on November 22-28, ending on Thanksgiving Day. The purpose of the event is to help create a better understanding between rural

and urban people. In appointing county Farm-City Week chairman, Mr. Williams stated that North Carolina is fortunate to have a fine relationship between urban and rural citizens. "Farm-City Week can help to maintain and strengthen this relation-

ship," he said. Mrs. Gilbert English of



Randy Simmerson

Named To Who's Who

Randy Simmerson, a senior at North Tredell High School in Statesville, N.C. and a former resident of Hertford, was notified recently that he is to be featured in the Eighth Annual Edition of Who's Who Among American High School Students, 1973-74.

Simmerson is the son of Mr. and Mrs. Wilford L. Simmerson of Statesville, N.C. He is active in the DECA Club, French Club, VICA, Scouting, and has won a science award, is a selected member of the Order of the Arrow and is an Eagle Scout

In addition to having his biography published in the book, Randy will also compete for one of ten scholarships of \$500 to \$1,000 funded by the publishers

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County To Observe

Farm - City Week Trinity is serving with Mr. television field, and the Silver Anvil Award from the Williams as state vice-

> American for being the best community relations pro-City Week, Last year's observance, according to Bill Cox, mayor of Hertfinal reports received at ford, signed the following national headquarters, proclamation for the obinvolved the active parservance of Farm-City ticipation of more than Week in Perquimans

Public Relations Society of

County. WHEREAS the prosperity and well-being of this community are dependent Farm-City Week is under the direction of a National Farm-City Council, Inc. upon the cooperation betheaded by Don Tuttle, ween the two great elements Connecticut Department of of our society: farmers and urban people, and Agriculture, State Office

WHEREAS the complexities of their individual problems and coordinating agency for divergence of their ac-Farm-City Week and act as tivities have led to a headquarters for the National Farm-City Council widening gulf of misunderstanding, and

WHEREAS this gulf of misunderstanding must be The National Farm-City eliminated, and each group Council is composed of must understand the other if representatives from more our American way of life is than 150 major farm to endure, and

organizations, industries, WHEREAS Farm-City businesses, associations, Week provides an ungovernmental agencies, paralleled opportunity for farm and city people to educational institutions, and church groups. A Presidential proclamation and a joint Congressional become re-acquainted,

THEREFORE, I, William D. Cox, Mayor of the City of Hertford, do hereby proclaim the period of November 22 through November 28 to be Farm-City Week; and I do further call upon all citizens of this community to participate to the limit of their capability in the joint visits, seminars, social and civic events attendant to a successful the motion picture industry Farm-City Week in Hertand the "Emmy" in the ford.



CANCER CRUSADERS - David White, president of the high school Health Careers Club, recently presented a check in the amount of \$200 to Harriet Woodard, town chairperson for the Cancer Crusade campaign. The Health Club members raised the money selling the "Send a Mouse to College" buttons and the Cancer Crusade balloons. Faculty advisor for the club is Elaine Pritchard and the community sponsor is the Hertford Business and Professional Women's Club. Carolyn Fowler served as county chairperson during the Cancer Crusade month of October. (Ray Ward photo)