Dr. Theodore I. Rubin, who writes on family problems, recently commented: "Using my mail as a criterion, the most common problem seems to be poor communication within the family....This is especially true of husbands and wives." In fact, a Canadian study revealed that poor communication between mates ranked first among marital problems, being listed in 92 per cent of the cases

Likely you can see that even the small amount of Bible advice that we have considered in our last two articles would, if followed, greatly relieve the problem of lack of communication between husband and wife. If a huband loved his own wife as the Christ loved the church, protecting and cherishing her,' would he not talk to her, confiding in her and listening to her? Sociologist Jack Balswick observed: Women expect their spouses to have the ability to share emotions, to share feelings, to say "I love you." Yet affection and love are the most difficult feelings for most men to express. But surely a husband is aided to do just that when he knows that Jehovah God urges him to do so, and when he sees that his wife is making the effort to be 'submissive and adapting herself' to him. No doubt about it!

Regarding a wife's communication with her husband, a factor that may bring tension and cause him to be unresponsive is nagging on her part. The Bible does not ignore this factor. It offers frank counsel, such as: "Better to live out in the desert than with a nagging, complaining wife." (Prov. 21:19, Today's English Version) Further it says, wisely: As apples of gold in silver carvings is a word spoken at the right time for it." (Prov. 25:11) It may not be "the right time for it" just as soon as he gets home from work, or when he is under some pressure or is absored in another matter. A wife applying the Bible's advice will consider such things and will 'adapt herself to her own husband. This will make conversation more welcome.

Of course, sometimes today a lack of communication results when one of the mates has been offended or hurt by the other. In addition to stifling communication, resulting resentment may affect the couples sexual relations, or their mutual efforts in handling the budget or in dealing with each other's relatives.

Does such a situation sound familiar? You probably can think of couples who have experienced this very thing. It may have happened even to you. Does the Bible provide counsel that could be applied to solve this difficulty? It certainly does. On one occasion Jesus spoke of a person who was taking some step to please God, but realized that his brother had something against him. Jesus said: "First make your peace with your brother, and then, when you have come back, offer up your gift (to God). Be about settling matters quickly with the one complaining against (Matt. 5:23-25) How beneficial it is when married persons too settle matters quickly if one has a complaint against the other! So, husbands and wives who accept God's advice do well to try to communicate kindly with each other about any hurt feelings or offense. This, in turn, will make for better communication on other matters. It will increase happiness.

So far, we've considered here just two of the main problems in marriage, those involving headship and communication. There are other factors that may rob some marriages of joy: Jealousy, sexual dissatisfaction, in-law trouble, conflicts about children alcoholism, violent temper and others. Maybe you feel that one of these is harming your marriage. The wisest counsel on any of such problems is found in God's Word. He knows what is best.

If you have any questions or comments concerning this week's discussion, please direct them to this newspaper. Contributed by:

The Congregation of Jehovah's Witnesses Edenton, North Carolina

Grant Approved

- Gov. James E. Holshouser, Jr., encourages adjacent announced Friday the jurisdictions to work approval of a \$49,500 federal together to overcome grant to help continue a regional economic program of planning for longrange economic growth and new jobs in 10 North Carolina counties.

The Albemarle Regional Planning and Development Commission at Edenton applied for the grant from the Economic Development Administration, U.S. commission's growth Department of Commerce.

The funds will help pay administrative costs of a planning staff for economic development districts in the counties of Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell and Washington through June 30, 1976.

Card Of Thanks

I would like to take this opportunity to express my sincere appreciation to everyone who remembered me with cards, visits, flowers, gifts, and aspecially your prayers, while I was a surgery patient in the Albemarie Hospital, and since my refurn home.

Albemarie Hospitaliness will Your thoughtfulness will always be a cherished memory.

Mrs. Maude Godwin

LEGALS

NOTICE OF ADMINISTRATION ADMINISTRATION
Having qualified as Executor
of the estate of Alice M. Kanoy,
decessed. Iste of Perquimans
County, North Carolina, this is
to notify all persons having
claims against the estate of said
decessed to exhibit them to the
undersigned at 401 N. Church
St. Hertford, N.C. on or before
the 20th day of February 1976 or
this notice will be pleaded in bar
of their recovery. All persons
indebted to said estate will
please make immediate
payment.
This 4th day of August 1975.

payment.
This 4th day of August 1975.
Walter Jackson Kanoy.
Executor of Alice M. Kanoy.

8-14,21,28;9-4-75

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Celebrate Anniversary

Mr. and Mrs. Lawrence B. Perry of Grubb St., Hertford celebrated their 50th wedding anniversary on August 12th. They were honored on Aug. 9 at a family dinner with all their children and a majority of their grandchildren present.

Those attending were Mrs. Mary P. Lloyd, Lauren

Saunders of Gates, Mr. and Mrs. Don Overton and Bryan of Elizabeth City; Roger Saunders of Gates, and Tammy Speaker of Hertford; Mrs. Marjorie P. Flick, Amy, Stephen and Marc Flick of Macon, Ga.; Dr. and Mrs. J. Belmont Perry, David, Diane and

Pa.; Mr. and Mrs. Ervin R.

and Larry Lloyd, and Flip Kyle Perry of Newark, Del. Ms. Modlin Enlists

Evelyn A. Modlin of Rt. 4, Hertford enlisted in the U.S. Force Delayed Enlistment Program today, according to TSgt. Clark Sessoms, USAF Representative in Elizabeth

The Air Force Delayed **Enlistment Program allows** Evelyn to enter the Air Force for active duty up to six months after enlistment. She is scheduled to attend the Air Force six-week basic training course on 23 October 1975. She will then receive technical training upon graduation from basic as a Veterinary Specialist. She will also be enrolled in the Community College of the Air Force.

Evelyn is a graduate of Perquimans High School University, Raleigh. She is in-law, Mr. and Mrs. the daughter of Mr. and Doward Jones.

Mrs. James E. Modlin, also of Hertford.

ATTEND RECEPTION

Mr. and Mrs. Willard M. Copeland visited Tony at Duke University in Durham, N.C. and attended a reception at the home of President and Mrs. Terry Sanford on Thursday.

Major and Mrs. S.L. Sisco of Waco, Texas were guests of Mr. and Mrs. S.M. Whedbee at their cottage at

Nags Head last week. Mr. and Mrs. Carl Overton and daughter of Newport News, Va. were weekend guest of Mrs. Harry Overton.

Mrs. Addie Keegan spent the weekend in Plymouth Shaw with her son and daughter-

For Your Information

Dear Friends,

Any person serving officially in any branch of the military services, or who has been honorably discharged from any of the military services, is entitled to a military burial and, if desired, a plot in a National Cemetery. The Office of the Quartermaster General will furnish a headstone or marker upon proper application.

Respectfully,



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of the district.

The district commission will provide \$16,498 to complete the \$65,998 total cost of the program.

W.H. Pitt is a guest of his son and daughter-in-law, Mr. and Mrs. W.H. Pitt, Jr., at Charlotte.

Billy Chappell, III, of Richmond, Va. spent last week with his grandparents, Mr. and Mrs. W.N. Chappell, Sr., at Belvidere.

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HERTFORD, N. C.

The Perquimans Weekly, Hertford, N. C., Thursday, September 4, 1975-Page 3 Sunday School Lesson

ACCEPTING THE CHALLENGE TO GROW (II Timothy

1:6-10; 2:1-7) In his book, The New Man for Our Time, Dr. Elton Trueblood makes this statement, "The only hope of being contemporary is to more than contemporary." The same author continues, "The man who is wedded to his time will soon be a widower."

Man must grow to stay alive. He may exist without growth but life demands room to expand. One of life's greatest challenges is the challenge to grow. You don't have to stay like you are!

For the one who desires to grow, God has provided many precious jewels to hold onto.

Jewels, II Tomothy 1:6-10

The believer has been given the person, the presence, the power of the Holy Spirit to indwell his life. This precious Gift must not be neglected. One would not think of neglecting an ordinary guest in his home. How much less should we neglect the person of the Holy Spirit!

God has given us the precious gifts of power, love, and a sound mind. God has equipped the believer with courage. This courage comes from an awareness of the presence of the Holy Spirit within us. It is God's gift of love that enables us to love one another, and to love even our enemies

The gift of a sound mind

which leads to self-God. With these gifts from our Creator and Redeemer how can we be ashamed of the testimony of our Lord? God has saved us, and called us with an holy calling. This has come to us, not by human merit or human strivings, but because God willed it by His grace. God's eternal purpose concerning our redemption was revealed in the coming of His Son Jesus Christ. This was not some after-thought

before the world began! The appearing of Jesus has brought to light the truth that death is not the end. Life that goes on throughout the ages — God's kind of life - is the rsult of believing the Gospel.

The Christian receives his strength to grow from Christ Jesus

Jesus, II Timothy

2:1-2 The apostle Paul reminds the young preacher Timothy that he can be strong in the grace that is in Christ Jesus. The Christian who wants to grow must not forget the Source of his strength. As the branch cannot bear fruit, or grow, apart from the vine, neither can the Christian grow apart from Jesus.

Jesus is all and in all for the Christian. Jesus said, 'Without me ye can do nothing."

Paul knew that Timothy would grow in grace as he shared with

Mr. and Mrs. Thomas Wade Stanton and family of Winfall were guests of Mr. and Mrs. Emmett Eason at Cedar Point, Va. on Sunday.

Mr. and Mrs. Esley Cherrix and family were weekend guest of Mr. and Mrs. Terry Surtain in Raleigh.

Mr. and Mrs. Paul Smith and Mr. and Mrs. Paul Smith, Jr. and son spent the weekend at Ocracoke. Charlie Banks and son,

Chip, of Wnston-Salem were weekend guests of Mrs. C.C.

Mr. and Mrs. Ralph Wilcox visited friends at Virginia Beach, Va. on Wednesday.

R.B. Kirby and Kermit Kirby of Norfolk, Va visited friends in Hertford on Saturday.

Baker at Nags Head on Monday. Mr. and Mrs. Frazier Miller and family of

Ricky White of Belvidere visited Mr. and Mrs. Tim

Virginia Beach, Va. were guests of Mr. and Mrs. E.A.

Goodman on Sunday.

discipline is another gift of about Jesus. It is our privilege and responsibility to pass on to faithful men the truths we have come to grasp in our own lives. Faithful men will then pass it on to others. Would you and I be classed among the faithful or the unfaithful by this test?

Accepting the challenge to grow involves the exercise good judgment.

Judgment, II Timothy 2:3-7

The last verse in this calls passage of God, but was God's plan for consideration of all that Paul has said to Timothy. It also contains a promise that Lord will understanding in all things. The Christian who would grow must think these things through. As a soldier undergoes rigid training and self-discipline, so must the

others what he had learned soldier of the Cross. As soldier must not ge entangled with the busin of this world, so the soldier of Christ must seek only to please Christ.

Only the athlete who strives and who strives lawfully will win the crown. Only the farmer who labors

will harvest a crop. **BIBLE QUESTION** OF THE WEEK

"How does Christian baptism differ from the baptism of John the Baptist?'

ANSWER

The baptism of John was characterized by repentance. Christian baptism has an additional meaning. It is based upon what God has done in the death and resurrection of Jesus. It is based on an event - the event of the cross and resurrection.

Obituary -

ALEC B. CHAPMAN SR.

Alec Bertram Chapman Sr., 73, of Durants Neck died Tuesday morning at 7:15 in the Albemarle Hospital following an illness of one and a half months.

A native of Ludgershall England, he had lived in Durants Neck for 6 years. He was the son of the late grandchildren. Frederick and Mrs. Clara Earl Chapman, was a retired professional landscaper and gardner and was a member of the First Baptist Church Carpinteria, California.

Mrs. Ida Mae Case Chapman; a son, Alec B. Chapman Jr. of Kingman, Arizona; three daughters, Mrs. Donna Gunn, - Miss Shirley Chapman and Miss June Chapman Rosamond, California; a step-son, Leonard Walker of Durants Neck and three

Funeral services will be held Thursday at 2 p.m. in the New Hope United Methodist Church Cemetery by the Rev. Thomas Hoogerland.

Swindell Funeral Home is Surviving are his widow, in charge of arrangements.

First Baptist News

Superintendent R.B. will follow at 11 a.m. The pastor, Rev. J.H. London will preach from the text: Condition Discipleship" (Luke 14:27).

Sunday will be Youth Day at First Baptist Church. The Youth Choir under the direction of Mrs. Mary E. James, organist, will render

The men of the First Gibbs invites the public to Baptist Church will sell attend the First Baptist chicken and fish plate Church Sunday School at tickets Saturday, Sept. 6, 9:45 a.m. this Sunday. The Dinner will be on sale from morning worship service 11 a.m. until. For tickets, call 426-5093 or come by the church. To have plates delivered, call the above

Rev. J.H. London, pastor of First Baptist Church will conduct revival at Riddick Grove Baptist Church Sept. 8-12 starting nightly at 7:30 p.m. The public is invited to

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