THE PERQUIMANS WEEKLY



RECREATION — The Nutrition Program also allows the participants to join for some recreation and time together. Shown above, a participant in the program wins a prize during a game of bingo.



PROGRAM SUPERVISOR - Mrs. H.B. Reid is supervisor of the National Nutrition Program for Perquimans County. Pictured above, she helps in serving the participants in the program.



BALANCED MEAL - Those involved in the Nutrition Program meet at the Wynne Fork Courts Recreation Room for a nutritionally balanced meal.



GOOD PARTICIPATION - According to Supervisor Mrs. H.B. Reid, approximately 35 are currently participating in the Perquimans Nutrition Program.

Perquimans Residents Are Participating In Nutrition Program

Perquimans County is now among the participants in the National Nutrition Program, which is designed provide inexpensive, nutritionally sound meals to portunity to participate in older Americans, par- community acivities and ticularly those with a low income. The program promotes better health among the older segment through better nutrition under Title VII. Supervisor for the Perquimans program is Mrs. H.B. Reid and the menu is prepared by Nona Huggett,

According to Mrs. Reid, the program also helps reduce the isolation of older people in Perquimans County by giving them an opcombines food with fellowship.

Mrs. Reid pointed out, "We find that many older people do not eat the right kinds of food because 1) they cannot afford to do so; or 2) they lack the skills to select and prepare nourishing and well-balanced meals; or 3)

which may impair their capacity to shop and cook for themselves; or 4) they have a feeling of rejection or loneliness which makes them reject the idea of preparing a good meal and eating alone.

Participants in the Nutrition Program also hear short programs from Resource Agencies and oganizations from the surrounding communities.

The food is prepared daily at Mickey's Restaurant in Hertford and is brought to meals."

they have limited mobility the recreation center at Wynne Fork Courts where an average of 35 older citizens participate in the program. The serving is done by helpers Miss Claudette Weeks and Mrs. Annie M. Rodgers.

Mrs. Reid said, "This program helps the elderly to forget about their problems for a few hours and it gives them a brighter outlook for that day. Many have said they feel better since participating in the program and since eating balanced

Deadline Set For Craftsman's Fair

Craftsmen who would like to participate in the Albemarle Craftsman's Fair have until 9 a.m. of April 1 to submit three samples of their best work to the Edenton Office of the Area Home Economics Extension Agent, Elsie Edwards. No previous participants have to be screened unless a new craft is to be entered. Mrs. Paige Underwood, Home Economics Extension Agent, urges any interested craftsman to contact the Extension Service for application or other in-

According to Lou Capps, Publicity Chairman of the Fair, the purpose of the Fair is to encourage creativeness in design and use of materials, to preserve traditional crafts and the creation of new crafts, and to improve the quality of crafts produced and sold in the

Any information about the September 22-26 Fair and applications may be secured from each county's extension office. The fair will be held at the Knobbs Creek Recreation Center in

Honor Rolls Are Released

William E. Byrum, principal at Perquimans High School, has released the following Honor Rolls for the fourth six week grading period.

A HONOR ROLL

Beverly Eure, Cindy Hendren, Beth Swindell, Suzy Towe, Claudia Winslow, Mary Bryant, Wayne Tarkenton, Brenda Sawyer, Donna Stallings, Peggy Stallings, Debbie Meads, Valorie Perry, Priscilla White, Anne Winslow, Janet Riddick, Sharon Riddick, Elnora Rose, Debbie Ferrell, Cheryl Stallings, Tanya Spear and Janet Jennings. A-B HONOR ROLL

Alice Mallory, Annette White, Mandy Spence, Michelle Boyce, Rita Rogerson, Gloria White, Paula Wood, Adrian Brothers, Anna Harrell, Glenn Harrell, Jackie Riddick, Brenda Schultheiss, McKinley Gilliam, Wallace Phillips, Raymond Stevenson, Mark Cummings, Jonathan Riddick, Tarry Turner, Matthew Miller, Susan Banks, Edwell Zachary, Chris Hinton, Darrell Stevenson, Bernie Jones, Billy Baxter, Carol Felton, Patty Riddick, Cheryl Skinner, Rita Moore, Beth Winslow, Theresa Spruill, Linda Jones, Ann Overton, Linda Overton, Cynthia Wills, Don Matthews, Donna Thatch, Lynn Jordan, Paul Miller, Susan Rogerson. Kent White, Jackie Arnold, Reggie Boyce, Travis Burke, Cathie Byrum, Lloyd Evans, Carolyn Felton, Peggy Harris, Lynette Johnson, Russell Lassiter, Brenda Walton, Dennis Smith, Thelma Riddick, Dorothy Wills, Sandra Lane, Yvonne Baker, Teri Copeland, Danny Meads, Darlene Riddick, Dwaine Hinton, Sandra Wiggins, Mary L. Beers, Lynn Hurdle, Mary Wood Hurdle, Miriam Hurdle, Cathy Newberry, Reginald Stepney, Scott Tilley, Tosh Towe, Linda F. Parker, Terie Harrell, Brenda Moore, Armecia Mallory, Judie Dail, Cindy Gossage, Mattie Armstrong, Connie Allen, Debbie Harden, Janet Rountree, Diane Rogerson and Kenneth Ray Boyce.

Union School Honor Rolls

A HONOR ROLL 5th Grade: Timothy Morgan, Sheila Perry, Elizabeth Towe, Ann Forbes, and Thomas Finley.

6th Grade: Dianne Jordan A-B HONOR ROLL

5th Grade: Lynn Stallings, Cynthia Lyons, Roberta Whidbee, Aubrey Onley, and Fenton Eure.

6th Grade: Zelene Lightfoot, Ginger Stallings, Wilma Jordan, Debra Campbell, Donnie Saunders, Albin Copeland, Preston Lowe, Joan Keyser, Melissa Lewis, and Jesse

7th Grade: Bethany Lewis, Gay Lilley, Randy Winslow, Gregory Creed, Leah Harris, Kenneth Byrum, Lyn Winslow, Janet Barber, and Rhonda Gossage. 8th Grade: Edward Winslow and Robert Brown.

Public Hearings

The Albemarle Aging Unit will hold Public Hearings on Aging relating to the Albemarle Area Draft Plan on Friday, March 26. A hearing will be held in Elizabeth City at the Courthouse (Commissioners Room) from 10 a.m. to 12 noon. A second Hearing will be held that afternoon in Columbia at the Agricultural Building from 2 to 4 p.m. Interested persons are strongly encouraged to attend and let their suggestions and concerns be known. Those who have prepared written statements are requested to leave a copy with Aging Staff Representatives, Oral expressions will be limited to ten minutes.

To Attend Meet

Perquimans County School Superintendent C.C. Walters will be joining superintendents from the other five counties involved in the Alliance for Progress for a meeting at the Holiday Inn in Nags Head on March

Melanie Morris Named Student Of The Week



Melanie Morris has been selected Student of the Week by a panel of teachers at Chowan Academy.

Her honors and activities include: winner of North Carolina Junior Historical Society award in the literary category for 1974-75, winner of county, state, district, division and 3rd in the state for American Legion High School Oratorical Contest for 1976. Chowan Academy representative for Virginia Pilot-Ledger Star Spelling Bee in 1974, Member of Hertford.

Chowan Academy Softball Team 1975 and Basketball Team 1974-75. Member of Varsity Cheering Squad, member of Chowan Academy Bicentennial Committee, a guide on Edenton tour for 1975 and member of the Hertford Methodist Church, Melanie plays the piano and takes ballet,

Congratulations to Melanie and her parents, Mr. and Mrs. Donald Morris of 214 W. Market Street in

Ray Winslow On Bicentennial Forum Panel

and the Orang-utan."

Now there's a talk topic to tweak your curiosity. The subject should guarantee a full Chowan County Courthouse at 7:30 p.m. Tuesday when the American Experiment, a series of three Bicentennial forums, begins.

Dr. Thomas C. Parramore, a native of Winton and professor of history at Meredith College in Raleigh, will speak on 'Grandma and the Orangutan: The Evolution Controversy in Eastern North Carolina," first in the series.

The forums are presented by the Bicentennial Committee of the North Carolina Library Association and the North Carolina Humanities Committee and locally organized by Shepard-Pruden Memorial Library.

Dr. Parramore's talk will relate the evolution controversyof the 1920's to the First Amendment rights under the federal constitution, indicating the threat posed to these rights by the anti-evolutionists.

He will discuss W.O. Saunders, who published a newspaper in Edenton in the early part of the century before moving on to Elizabeth City and into a controversy with roving Prophet Mordecai Ham.

The speech will also cover the background of the evolution controversy, the antievolutionists and Bill

ratification of the First Amendment

J. Clarence Leary Jr. will introduce Dr. Parramore and preside over a panel of four area residents who will lead group discussion.

Ray Winslow of Hertford and Maru Amburn, Mrs. Florence Price and Mrs. Cabell Pruden of Edenton will sit on the panel.

Suggested reading for the forum includes "Preachers, Pedagogues and Politicians by" Willard Gatewood, the "Independent Man" by Saunders, "William Louis Poteat and the Evolution Controversy" and "William Louis Poteat: Prophet of Progress" by Suzanne C.
Linder, "Religion in the
Raw: Cyclone Mack in
Burke County" by Edward
W. Phifer Jr., "Mind of the
South" by W.J. Cash, "Apes, Angels and Victorians" by William Irvine and "Darwin in the Modern World View" by John C. Greene.

Dr. Parramore received degres from North Carolina State University and the University of North Carolina at Chapel Hill. He was recipient of the Smithwick Award in 1968 for the best historical article in a state magazine or newspaper and the Historic Murfreesboro Plaque in

Among Dr. Parramore's writings is "The Cradle of the Colony," a history of Colonial Edenton

DANCE TICKETS AVAILABLE

Tickets are still available for the March 27th dance, "Sham Rock" being sponsored by the Perquimans County Jaycettes. Tickets are \$10 per couple and available from a Jaycette member. Dancing will be held from 9 p.m. until 1 a.m. at the Snug Harbor Clubhouse with music by "Jay and the James Town Ferry.'



EURE ELECTED - Among new officers named by crop and seed groups meeting in Raleigh recently were, left to right: Garland Eure of Hertford, vice president of N.C. Crop Improvement Association; Hassell Thigpen of Tarboro, president, and Raymond Gurley II of Selma, vice president, both of the N.C. Foundation Seed Producers. (NCSU



CATFISH KID RECORD ON SALE IN DARE - A recording produced by Bobby Hollowell of Hertford and sung by Big Tom White, also of Hertford is becoming famous from coast to coast. The record is titled "The Catfish Kid" and it is the story of famous baseball pitcher Jim "Catfish" Hunter, Bob Hollowell, Hertford auto dealer, was in Nags Head last weekend and on behalf of his son, he made arrangements for the popular record to be sold exclusively in Dare County by Galleon Esplanade. Pictured above is Majorie White, and George Crocker, founder of the Galleon. (Aycock Brown Photo)

a dietician nutritionist Bicentennia Plans are now underway

for the drama that is to be presented mid-May as part of the bicentennial project of the Perquimans County Arts Council. President Brenda Hollowell has announced the completion of the locallywritten script. Working with a theme and idea developed by William Byrum, the gifted and talented class of Mrs. Carroll Harrell has done the actual writing of the play. It is a drama in three acts that deals with the call to go to war and the

Tavern which of course is well-known in Perquimans County history.

Casting tryouts will be held March 22, 23, 24 at the auditorium of the county office building from 7:30 until 8 p.m. The cast includes nine men, two women, three teenagers and one young girl. Also several people will be needed for the crowd scenes. Those interested in a part are urged to come to the tryouts and bring something to read for the committee. This is open to decisions that must be made in wartimes. Most of the acthe public. For further intion takes place in the Eagle formation call 330-4184.

Civic Calendar

THURSDAY March 18 Hertford Lions Club will meet.

Hertford BPW Club will meet. Hertford Fire Department will meet. SATURDAY, MARCH 20

Perquimans Lodge No. 106 A.F. and A.M. will have a pig picking at T.U. Jackson's home in Durants Neck beginning at 4 p.m. Members and their guests are invited to attend.

The Snug Harbor Civic League will hold a covered dish supper at the clubhouse beginning at 6:30 p.m.
SUNDAY, MARCH 21

A meeting of the Snug Harbor Civic League will be held at 1 p.m. at the clubhouse.

MONDAY, MARCH 22
Perquimans County Historical Society will meet at 8 p.m. at the Perquimans County Library. All members are urged

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Perquimans County Rescue Squad meets.
TUESDAY, MARCH 23
Perquimans Lodge No. 106 will meet at 8 p.m. at the odge Hall in Hertford.

Hertford Rotary Club will meet.