

# Taking A Look Backward

**FEB. 1939**  
By VIRGINIA WHITE  
**TRANSEAU**  
**DISASTROUS "TWISTER" WRECKS WOOD HOME AT WOODVILLE FRIDAY:** Of the hundreds of Sunday visitors who viewed the ruins of Wallace Wood's home after a tornado demolished it last Friday evening, many were heard to repeat over and over again, "I don't see how anyone came out of that

house alive." Following a blustery day, the blast struck at 6:55 p.m., while Mrs. Wood was preparing supper in the kitchen annex and while Mr. Wood was listening to the radio in the sitting room. Their granddaughter, fifteen month old Pauline Wood, was in the kitchen with Mrs. Wood. How any one of the three escaped death from falling timbers and tumbling pieces of household furniture is still

a mystery. Mrs. Wood suffered a gash in the forehead and little Pauline was burned slightly about the legs. All three suffered minor lacerations and bruises. With the aid of three passersby, Wilse

W.A. Hoggard, half a mile away in Woodville.

**The Perquimans Weekly**  
Court House Square  
HERTFORD, N.C. 27944  
Entered as second class matter November 15, 1934 at Post Office in Hertford, N.C.

**RAY WARD**  
General Manager  
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News Editor  
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Circulation Manager  
**OFFICE HOURS**  
9 A.M. to 5 P.M.  
Monday-Thursday  
**PHONE 426-5728**  
News and advertising deadline: 11 a.m. Tues. prior to Thurs. publication.

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Published By  
Advance Publications Inc.  
Elizabeth City, N.C.

**Health News & Views**

**WOODARD'S PHARMACY**      **HERTFORD, N.C.**

**Pharmacists likened to basketball heroes**

In some respects the pharmacist is like the basketball player who plays the whole game unnoticed, but who scores a last second goal that wins the game. It only takes a second, but perhaps the most important obligation that a pharmacist has to his "team" of health officials is to insure a correct, safe prescription. We are the last ones on your health team to take a "shot" at catching a possible error in your medicine. So, like the basketball player, your pharmacist stands ready to "score" when you need the point!

It is an awesome responsibility, day in and day out. But 24-hours a day, we stand ready to serve you instantly.

*Your Pharmacist*  
R. Ph



**COMPLETES CETA COURSE** — Ida Rouse of Perquimans County (right) receives her certificate of achievement from Joan Hatcher, instructor, for the successful completion of a seven-month Stenographers' Program conducted by College of the Albemarle and the Employment Security Commission under the Comprehensive Employment Training Act (CETA). The award was made recently during graduation exercises held at the Technical Center in Elizabeth City. Of the 15 students who participated in the program, 11 were employed prior to their graduation. (COA Photo)

## Lunch Menus For Feb. 14-18

The following are the lunch menus for Perquimans County Schools for the week of Feb. 14-18:

**HERTFORD GRAMMAR PERQUIMANS CENTRAL PERQUIMANS UNION**  
Mon. Feb. 14

Grilled Cheese Sandwich  
Bowl of Beans  
Green Salad  
Fruit Cup  
Valentine Cake  
Milk

Garden Peas  
Orange Juice  
Rice & Raisin Pudding  
Milk

Wed. Feb. 16  
Ham Biscuit or Sloppy Joe  
Turnip Greens

Potato Salad  
Raisin Cup  
Milk

Thurs. Feb. 17  
Country Style Steak or Smoked Sausage  
Rice & Gravy  
String Beans  
Congealed Salad  
Buttered Corn  
Hot Rolls  
Milk

Fri. Feb. 18  
Batter Fried Fish or Taco  
Tumbles  
French Fries  
Lettuce & Dressing  
Orange Juice  
Bread  
Milk

Tues. Feb. 15

Chili Dog on Roll  
French Fries  
Orange Juice  
Rice & Raisin Pudding  
Milk

Wed. Feb. 16

Ham Biscuit  
Macaroni & Cheese  
Turnip Greens  
Pear Halves  
Milk

Thurs. Feb. 17

Country Style Steak  
Rice & Gravy  
String Beans  
Congealed Salad  
School Baked Rolls  
Milk

Fri. Feb. 18

Sea Dog on Roll  
French Fries  
Orange Juice  
Dessert  
Milk

**PERQUIMANS HIGH**

Mon. Feb. 14

Grilled Cheese Sandwich or Hamburger on Bun  
Bowl of Beans  
Green Salad  
Fruit Cup  
Valentine Cake  
Milk

Tues. Feb. 15

Chilli Dog on Roll or Pizza  
French Fries

## Recipe Corner

The following recipe was submitted by Mrs. Marie White of Rt. 1, Belvidere. Readers are invited to submit favorite recipes for this column.

### CARROT CAKE

2 c. sugar  
1 1/2 c. salad oil  
4 eggs well beaten  
2 t. soda  
2 c. all-purpose flour  
2 t. baking powder  
2 t. ground cinnamon  
1 t. salt  
1 c. chopped pecans  
3 c. grated carrots  
Mix sugar and salad oil together. Add well beaten eggs and mix well. Combine dry ingredients and stir in. Mix until smooth. Add chopped pecans and grated carrots. Bake in three greased 9-in. cake pans. Bake 30 minutes at 325°F.

### ICING FOR CARROT CAKE

1 box powdered sugar  
8 oz. pkg. cream cheese  
1/4 stick margarine  
1 t. lemon extract  
Mix all ingredients together until smooth and spread on cake.

Letters From Our Readers:  
**Editor's Mailbag**

## For A Fire Chief

**TO THE EDITOR:**  
Enclosed is a poem written for and about Jimmy Chappell of Belvidere. He is the founder and Chief of the Belvidere-Chappell Hill Volunteer Fire Department.

Dedicated to Chief Jimmy Chappell of the Belvidere-Chappell Hill Volunteer Fire Department...in loving appreciation for his devotion, strength and courage. May God be with him in his efforts to protect and defend his community against the evil and merciless forces of an unpredictable enemy. Citizens, be proud, and support him and his men as they battle so desperately to maintain your safety!

**LITTLE COWBOYS**  
He was just a little boy of two, busy at play,  
But, he can still remember what happened that day.  
He had no toy guns, he used a stick instead.  
For a cowboy hat, he wore a bucket on his head.  
He was fighting the Indians that were all about,  
With a make believe gun, and a little boy shout.  
Imagine this scene, it was several years past—  
(Before modern society began moving so fast)—  
Over a fire in the yard was an old black wash pot,  
Filled with water that was boiling hot.  
And the cowboy shooting Indians had killed about three,  
Before his "hat" slipped down, and he couldn't see.  
Head first, into the hot liquid he goes—  
Both arms badly burned, up past his elbows!  
Luckily, the bucket had stayed in place,  
And his too big "hat" had saved his face.  
He faced long years of hospitals and waitin'  
For skin grafting scars and fingers he can't straighten.  
But, with a will power that only a few have known,  
He faced the hardships — and now he's grown.  
Today he's a fireman — a volunteer,  
Chief of the department in Belvidere.  
He fought the Indians — now he fights fire!  
With deep dedication, and a genuine desire  
He risks his life and gives his all,  
To answer a neighbor's desperate call.  
Not for reward, and not for pay...  
But for little cowboys — busy at play. (Anonymous Author)

**NEW HOURS**  
8:30 A.M.  
5:30 P.M.

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## Belvidere Highlights

Mrs. Amy Van Winslow had charge of the devotional at the County Council Meeting in Hertford. Her theme was "love and understanding" and she read some lovely poems of Helen Steiner Rice. She read several passages from the Bible that gave inspiration to all.

**Look at your attitude toward aging.**

**Get off your rocker. Don't take old age sitting down.**

**Change your cooktop to match your menu**

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**AUCTION SALE**  
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Saturday, FEB. 12, 1977 — 10:00 A.M.

SALE LOCATED: D. C. BUTLER FARM, Caroline Road, 2 1/2 Miles South of Suffolk, Va. off Hwy. 11 and 12. FOLLOW YELLOW AUCTION SIGNS.

- Ford Tractor — 1968 Diesel — Dual Power
- Ford Tractor — 6000 Diesel
- Hobbs Peanut Comber — P.T.O.
- Long Die on Rubber — 12 Ft.
- Big Die — 18 Ft. 4 Ft. Hitch
- Perquimans Tractor — 4 Row with Gandy Box 18 Ft.
- Cole Planter with Gandy Hoppers — 4 Row
- E.M.C. Rolling Cultivator — 4 Row
- McCloskey Cultivator — 4 Row
- Windsong Cultivator with Gauge Wheels — 4 Row
- Fertilizer Spreader — 8 Ton — 4 Wheels
- Ford Chisel Plow — 16 Ft. 3 Ft. Hitch
- Ford Bottom Plow — 3 Bottom 18 Inch Flip-Type
- Wood's Hydro-Boost Tractor Beam
- Ford Tractor Blade — 8 Ft.
- Ford Rotary Cultivator — 8 Ft.
- Ford Dirt Scoop 7/8 yd. Lift-Type with Rubber Wheel (No. 719)
- Hobbs Peanut Digger Flip-Type — 2 Row
- Perquimans Peanut Digger Inverter — 2 Row
- Sprayer on Rubber — 300 Gal. tank — 8 Row
- Long Peanut Digger — 2 Row
- Johnson Duster — 8 Row
- Gandy Lime Sower — 12 Ft.
- John Deere Cycle Mower
- 2-Fern Trainers
- 2 Wheel Wagon on Rubber
- Vine Cultivator
- 2-Gandy Hoppers
- Large Vent Fan and 2 Large Vents — Rotary Type
- Portable Gas Tank with Pump — 150 Gal.
- Railroad Jack, Hydraulic Jack
- Large Vin. Chain Sliders, Pipe Wrenches
- Chase Fall 1/4 Ton
- Electric Wrench with Tool Box
- Black-Decker Grinder
- Shill Saw, Grass Cut, Used Tires
- Water Pump (gas), Horse Saddle
- 1-Let Drainage 7 1/2 Inch
- 1-Let Drainage 7 1/2 Inch

MANY OTHER ITEMS TOO NUMEROUS TO MENTION  
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**THIS WINTER IS SHAPING UP AS A COLD ONE. THAT MEANS HIGH ENERGY BILLS UNLESS YOU DO SOMETHING ABOUT IT.**

**The biggest ways to save energy this winter are right at your fingertips.**

If you really want to save energy — and keep your bills down — start with the things that use the most. As the chart shows, more than half of the energy you use in your home goes to heat it, whether your home uses gas, oil or electricity. So the more of this energy you save, the more you can save on your heating costs.

Begin by putting your finger on those heating costs. You can do this by keeping your thermostat set at 65 degrees or less during the day — and turning it back five or ten degrees at night. (Heat pump users should not set back their thermostats at night as the morning recovery period will offset the efficiency of continuous operation.)

Another tip?

Make sure you have plenty of insulation. Six inches in ceilings and three inches in floors and walls are the minimum you should have — nine inches in ceilings and six inches under floors are desirable. (If you are planning to build a home, look into the new construction techniques that will permit you to put six inches of insulation in outer walls.)

Storm windows and doors pay for themselves in energy savings. Weather stripping and caulking are also good, inexpensive ways to keep in the heat. And if you're building a new home or changing your heating system, consider the heat pump — one of the most efficient ways available to heat your home.

**DON'T LET MONEY GO DOWN THE DRAIN.**  
Since water heating is the next biggest winter energy consumer, look at these ideas.

Set your hot water heater no higher than 140°F. Do only full loads in your washing machine and dishwasher. When you're doing the laundry, use cold water to do the job whenever possible. And to save even more, take a quick shower instead of a tub bath. Surprisingly enough, you'll use a lot less water. Also, fix those leaky hot water faucets. One drop per second adds up to 200 gallons a month. And that's a lot of hot water and money down the drain.

**COVER POTS WHILE COOKING.**  
And when it comes to cooking in the oven, try cooking in double quantities. What you don't use right away, you can freeze for later use.

Use countertop cooking appliances or a microwave oven if you have them instead of your electric range. They usually use less electricity.

Keep refrigerator door opening to a minimum. And when you do open it, shut it as soon as possible.

Be sure to avoid overchilling. 40 degrees is recommended for refrigerators, 0 degrees for freezers.

For more good ways to save, ask your nearest Vepco office for our book of energy saving suggestions.

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