

Hurricane Season Is Continuing

Although it's tourist season at the coast and almost everyone's invited, there are some visitors, hurricanes, who are downright unwelcome. The hurricane season began the first of June and will run through November, but most hurricanes can be expected in August, September and October.

With their forceful personalities, hurricanes usually seem to get their way, employing millions of tons of water hurled at colossal speeds. In the face of a power so great, man seems pretty insignificant.

But helpless, he is not. In the sub-basement of the Administration Building in Raleigh, Civil Preparedness (CP) officials work throughout the year in anticipation of the days that breed tropical storms and hurricanes in the Caribbean and Atlantic. Their offices surround the State Emergency Operating Room, where the huge lighted map board displays recent hurricane history and the path and direction of any current tropical storm.

For Civil Preparedness this is a landmark year in helping communities prepare for the storms. They have just published their prototype hurricane evacuation plan.

The plan is the result of years of study, observation, and writing, and will form the basis for hurricane plans for counties most threatened by the storms from the sea. These counties include: Beaufort, Bertie, Brunswick, Camden, Carteret, Chowan, Craven, Currituck, Dare, Hyde, Martin, New Hanover, Onslow, Pamlico, Pasquotank, Pender, Perquimans, Tyrrell, and Washington. CP planners have visited emergency service personnel in the coastal counties, familiarizing them with the prototype and helping them draw up their own specialized plans.

State Civil Preparedness Coordinator David Britt is pleased that the plan is being distributed right at the beginning of the season. "With the booming population and unprecedented numbers of tourists at the coast," he said, "there is impetus to local planners to standardize hurricane plans in accordance with our prototype, while allowing for the special needs of individual communities. Our idea is to make emergency procedures more efficient to help ensure the safety of the people and property at the coast. In conjunction with our Disaster Relief and Assistance Plan, the new

hurricane plan will also make it easier when it comes time for federal disaster aid applications." The National Weather Service has announced that changing weather patterns might make North Carolina especially susceptible to the big storms this season. It is of the greatest importance that families and individuals be familiar with the basic precautions.

If the announcement comes for you to evacuate, do not delay. You should have sufficient time to leave the endangered area, but there will be little margin for hesitation. Evacuation of coastal low-lying areas is the primary element to hurricane safety.

David Britt urges that coastal residents and visitors take these three steps immediately: (1) plan a safe evacuation route; (2) learn the elevation of your property above mean sea level; and (3) learn the storm surge history for your area. Storm surge is the giant dome of water striking the coast near the eye. It is by far the most dangerous threat to lives during a hurricane.

Britt further suggests that everyone who intends to be in a hurricane-prone area this summer and fall read

and keep these hurricane safety rules:

1. Enter each hurricane season prepared. Every June through November, recheck your supply of boards, tools, batteries, nonperishable foods, and the other equipment you will need when a hurricane strikes your town.

2. When you hear the first tropical storm or hurricane advisory, listen for future messages; this will prepare you for a hurricane emergency well in advance of the issuance of watches and warnings.

3. When your area is covered by a hurricane watch, continue normal activities, but stay tuned to radio or television for all National Weather Service advisories. Remember, a hurricane watch means

possible danger within 24 hours; if the danger materializes, a hurricane warning will be issued. Meanwhile, keep alert, ignore rumors.

4. When your area receives a hurricane warning:

Plan your time before the storm arrives and avoid the last-minute hurry which might leave you marooned, or unprepared. Keep calm until the emergency has ended.

Leave low-lying areas that may be swept by high tides or storm waves well in advance of the hurricane. If you plan to evacuate, evacuate early.

Leave mobile homes for more substantial shelter. They are particularly vulnerable to overturning during strong winds.



ALL-STARS — The Albemarle All-Stars in Babe Ruth Baseball took on the Manteo All-Stars in a three-game tournament played in Perquimans County last week. The Albemarle team, consisting of young men from Hertford and Edenton, took the tournament title in two games. Coaches for the Albemarle All-Star team included Marvin Hunter (far left) and Bryant Woodell (far right). All-Star team members (l. to r.) included (front row): Tommy Haste,

Mike Spear, Jeff Babb, Michael Winslow, Charlie White and Woody White; (second row): Gary Hunter, Jerry White, Clint Williams, Reggie Boyce, David Jordan and Shelton Skinner; (third row): Phil Woodell and Elton Layden. The All-Stars were selected from the 13-14 age division. Three teams, representing each age group in Babe Ruth baseball, will be playing in a tournament in Greenville, N.C., this week. (Staff photo by Kathy Newbern)

Tips To 'Beat The Heat'

You can't really beat the heat.

Whether it's the heat or the humidity, or both, it's hot in almost all of the United States in July. After weeks of sweating and steaming, it's not uncommon to find the heat is beginning to wear you down.

You can't do anything about the outside temperature. You can avoid it if you're fortunate enough to work and live in air-conditioned comfort, but it still will be hot outside.

The American Medical Association points out that there are some things you can do to be more comfortable — things that can help you beat the heat.

Stay out of the sun as much as possible, especially during the middle of the day when rays are hottest. Wear light loose clothing. The ladies have the edge over the men in this respect. Drink more liquids than usual, but take extra salt only on your physician's advice, particularly if you

have liver or kidney trouble or a heart condition.

Take a shower or dip in the pool once or twice a day to cool off. Get plenty of rest and sleep. Eat your regular diet and don't go overboard on cold cuts and salads, unless you like them anyway.

Get up early in the morning to do your heavy work on the lawn or garden. Or work at dusk in the evening, but try to avoid heavy exertion during the hottest hours of the day.

You need exercise in the summer as well as in the winter, but don't overdo it, especially on extra hot days. Don't overdo physical exertion, whether at work or at play.

The more relaxed outdoor life of the summer months has many advantages to compensate for the heat.

Local People In The News

Mr. and Mrs. Jim Presley of Raleigh were weekend guests of Mr. and Mrs. W.F. Tarkenton.

Mr. and Mrs. Josiah Proctor of Harvey Point spent several days this week at Ocracoke and Morehead City.

Mrs. C.E. Cannon and Miss Cornelia Cannon are spending several days this week in Chocowinity and Burlington.

Mrs. Reba Owens spent the weekend in Elizabeth City with her mother, Mrs. Kenyon Bailey.

Mr. and Mrs. Charles Whedbee and family of Washington, D.C. are guests of Mr. and Mrs. S.N. Whedbee at Nags Head and Hertford.

Mr. and Mrs. Frank Mc-

Closkey and sons, Darrin and Todd, of Norfolk, Va. were weekend guests of Mrs. R.B. Thach.

Mr. and Mrs. Joe Proctor, Jr. and daughter, Shannon, returned to their home in Roanoke, Va. on Sunday after spending last week with their parents, Mr. and Mrs. Joseph Proctor, in Hertford, and Mr. and Mrs. Harlan Hurdle, in Belvidere.

Sgt. and Mrs. Will Green and family of Laurel Bay, S.C. were weekend guests of Mr. and Mrs. Preston Nixon.

Mrs. Lewis McNeill and Miss Martha McNeill of St. Pauls were overnight guests of Mr. and Mrs. Phillip Thach and Miss Ann McNeill.

Mr. and Mrs. Clarence Lee Dail and family of Plymouth were weekend guests of their parents, Mr. and Mrs. Harlan Hurdle, in Belvidere and C.L. Dail, in Hertford.

Mr. and Mrs. Harlan Hurdle, Jr. and son, Brad, of Belvidere and Mr. and Mrs. Frank McCloskey and sons, Darrin and Todd, of Norfolk, Va. spent Saturday at King's Dominion.

Mrs. Katherine Ward has been confined to her home for several days due to illness.

Dr. and Mrs. Frank Ainsley and family have returned to their home in Wilmington after a visit with Mr. and Mrs. W.F. Ainsley.



Classifieds & Legals

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We both want to express our deepest appreciation for all the many kind and thoughtful deeds each of you has shown us during our illnesses.
May God Bless you all.
Selma and Talmadge Stallings

HOMEWORKERS needed in this area. \$250. per thousand possible stuffing envelopes. All materials supplied. Send stamped self-addressed envelope to J.S.R. Enterprises, 2815 Valley View, Suite 125, Dallas, Texas 75234. 7-7-14-77

WANTED: Head Start employee to work with pre-school children who have been professionally diagnosed as having special needs or handicapping conditions. Car and local travel required. Experience working with children necessary. A nine (9) months position, beginning August 1, 1977. For further information, call Head Start Office, 482-4458.

NOTICE OF ADMINISTRATION
Having qualified as Administrator of the estate of Hannah Savage Joliff, deceased, late of Perquimans County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at Route #1, Belvidere, North Carolina on or before the 8th day of January 1978 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.
This 24th day of June 1977.
W. Savage Joliff
Administrator of Hannah Savage Joliff, Dec'd
June 30, July 7, 14, 21, 1977

NOTICE OF ADMINISTRATION
Having qualified as Administrator of the estate of Rebecca Reid, deceased, late of Perquimans County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at 224 Market St. Hertford, N.C. on or before the 30th day of December 1977 or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.
This 21st day of June 1977.
Minnie P. White
Administratrix of Rebecca Reid, Dec'd.
June 30, July 7, 14, 21, 1977

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SOFTBALL CHAMPIONS — Byrum's Cardinals have been named winners in the women's division for the regular season in the softball league sponsored by the Perquimans County Recreation Association. The team is sponsored by Lionel Byrum. Team members, shown above displaying their trophies, are (bottom row, l. to r.) Denise Byrum and Christy Pierce, bat girls; Cecile Burton and Patricia Nixon; (second row) Melba Overton, Darlene Harrell, Page Stone,

Peggy Riddick and Janice Hurdle; (third row) Marlene (Doggie) Pierce, Grace Eure, Peggy Byrum and Debbie Ayscue. Coaches (top row) for the team are Billy Pierce and Daniel Eure. Team members not pictured are Peggy Copeland, Brenda Chappell and Gail Pierce. The team winning the men's division in regular season play will be pictured in next week's edition. (Staff photo by Kathy Newbern)

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