

Lunch Menus For Sept. 5-9

The following are the lunch menus for Perquimans County Schools the week of Sept. 5-9:

- HERTFORD GRAMMAR PERQUIMANS CENTRAL PERQUIMANS UNION**
- Mon. Sept. 5**
Labor Day
No School
- Tues. Sept. 6**
Hot Dog on Roll
Baked Beans
Slaw
Believe-It-Or-Not Cookie Milk
- Wed. Sept. 7**
Sloppy Joe
Tossed Salad
Orange Juice
School Baked Brownie Milk
- Thur. Sept. 8**
Tuna Salad on Lettuce
Green Peas
One-Half Peach Crackers
Milk
- Fri. Sept. 9**
Cheeseburger
French Fries
Slaw
Milk

- PERQUIMANS COUNTY HIGH SCHOOL**
- Mon. Sept. 5**
Labor Day
No School
- Tues. Sept. 6**
Hot Dog on Roll OR Luncheon Meat & Cheese Sandwich
Baked Beans
Slaw
Pear Halves
Peanut Butter Brownie Milk
- Wed. Sept. 7**
Pizza OR Sloppy Joe on Bun
Tossed Salad
Buttered Corn
Orange Juice
Milk
- Thur. Sept. 8**
Chicken Pot Pie OR Tuna Salad on Lettuce
Green Peas
Candied Yams
Sliced Peaches
Hot Rolls
Milk
- Fri. Sept. 9**
Cheeseburger on Bun OR Barbecued Beef on Bun
French Fries
Fruit Cup
Slaw
Milk

Kiss Your Baby Campaign Begins

Perquimans County will join in with the State Kiss the Baby Campaign, Sept. 1-30. The State Campaign Chairperson for North Carolina is George W. Little. The purpose of the Cystic Fibrosis Foundation is to support research in children's lung-damaging diseases such as asthma with lung damage, chronic bronchitis, bronchiectasis childhood emphysema, and cystic fibrosis, the most serious of all.

More than 6,000,000 American children suffer with one or more of these lung damaging diseases of which there are 150,000 in North Carolina alone. Many of these youngsters are treated at the Duke Cystic Fibrosis Center which is supported by the foundation.

The signs of lung damaging diseases are recurrent wheezing, persistent coughing, excessive mucus, pneumonia more than once, excessive appetite but poor weight gain, and clubbing of the finger-

tips. In addition to the above, Cystic Fibrosis signs may also include salty taste of the skin, persistent bulky diarrheas, and nasal polyps. The goal for Perquimans County is \$1700.

Check made payable to the Cystic Fibrosis Foundation are being accepted by County chairperson, Mrs. M.B. Taylor.

Taking A Look Backward

By VIRGINIA WHITE TRANSEAU

(Mr. and Mrs. W.F. Ainsley) are planning to have the Doris Dress Shoppe open and ready for business the latter part of next week. The Doris Dress Shoppe, in the building formerly occupied by Iilda's Beauty Shop on Church Street, is in the final stages of preparation.

LEAVING ON LABOR DAY TO TAKE TEACHING JOBS: Crayton Stephens and sister, Miss Polly Stephens, both graduates of Elon College, will leave on Labor Day to take up teaching jobs. Crayton will go to Garner and Polly has become a member of the Pantego Faculty. Lila Budd, another sister in the C.G. Stephens family,

leaves on the third to return to Elon. She is a sophomore there.

BIRTH ANNOUNCEMENT: Born to Mr. and Mrs. N.S. Hurdle, of Hurdletown, on Saturday night, August 28, a son.

I KNEW HER WHEN: St. Peter was interviewing the fair dandel at the pearly gate. "Did you while on earth," he asked, "indulge in necking, petting, smoking, drinking or dancing?" "Never" she retorted emphatically. "Then why haven't you reported sooner?" asked St. Peter. "You've been dead a long time."

MISS FLEETWOOD WEDS LESLIE WINDER: The wedding of Miss

Katherine Skinner Fleetwood of Hertford, to Lloyd Lester Winder, of Elizabeth City, was solemnized in a private ceremony, Thursday, Aug. 31, at 4:30 p.m. at the home of the bride's sister Mrs. C.R. Holmes, and Mr. Holmes in Hertford. The Rev. R.S. Monds, officiated.



Students Help In Orientation

RALEIGH — When incoming Peace College freshmen arrived on campus Aug. 21, they were greeted by a host of smiling sophomores offering helping hands.

The Peace sophomores, including two from this area, welcomed the new students, assisted in moving their luggage and alleviated their fears and apprehensions.

More than 200 freshmen moved onto the Peace campus and were kept busy with meetings, counseling sessions and placement tests.

Also among the first-of-the-year activities were the President's Reception honoring freshmen on Aug. 22 in Belk Hall, and the 106th Academic Convocation on Aug. 23 in the Browne-McPherson Music Building.

Classes began on Aug. 23. Among those students helping with freshmen orientation were Mary Bryant and Anne Winslow. Miss Bryant is the daughter of Mr. and Mrs. Richard Bryant of Rt. 4, Hertford and Miss Winslow is the daughter of Mr. and Mrs. G. Eldon Winslow of Phelps St., Hertford.

Lewis Presents Paper

James Mackey Lewis recently presented a paper at the Joint Mathematics Meeting in Seattle, Wash. His paper, entitled "Continuous Convergence in C(X)," was presented to the Pi Mu Epsilon National Mathematics Fraternity and was sponsored by the N.C. Delta Chapter at East Carolina University. Lewis

also attended the national convention of the Mathematics Association of America at the University of Washington.

Lewis graduated Summa Cum Laude from East Carolina University in mathematics in 1976. He is continuing his graduate work at the University of Virginia.



QUILTING PARTY — Participants in the Perquimans County Nutrition Program are shown with the quilt recently completed as a program activity. The quilt was raffled and netted \$125 for the group. Shown standing at far right is site manager, Mrs. Hester Reid.



ARTS & CRAFTS — In addition to providing nutritious meals for participants, the Nutrition Program also provides fellowship and activities such as the assembling of arts and crafts materials which participants show above. (Staff photos)

Nutrition Program Continues

The Perquimans County Nutritional Program has been aiding the senior citizens of the county for nearly two years under the direction of Mrs. Hester B. Reid, Site Manager and Mrs. Rebecca Rhodes, Director. Rev. J.H. London is also a program helper.

The program, for citizens over 60 years of age, is designed to encourage the elderly citizens to become involved with others and participate a few hours daily in the offered programs such as arts, crafts, games, films, singing, and religious activities. A nutritious dinner is also

one important phase of the program. A recent activity of program participants has been the completion of a quilt under the direction of Mrs. Sarah Eason, chairman of the quilting party. The quilt was raffled netting a profit of \$125 for program participants, which will probably be used to offset expenses of a trip. Tickets for the quilt raffle were supplied through the courtesy of the Bank of N.C.

Mrs. Reid expressed appreciation to those participating in this and other programs and encourages other citizens 60 years of age or older to consider

participation in the Nutrition Program.

AMANA MAYTAG KELVINATOR SPEED QUEEN MAGIC CHEF TAPPAN

"We Carry These Brands, We Service All Brands"
LASSITER'S APPLIANCE
SALES & SERVICE
HARRIS SHOPPING CENTER
HERTFORD

NOTICE

Board of County Commissioners

WILL MEET SEPT. 6 AT 10 A.M.

INSTEAD OF SEPT. 5

Due to Labor Day

PEOPLES BANK PUTS IT ON THE LINE

Free—a dozen spring-action clothes pins to anyone who makes a savings deposit.

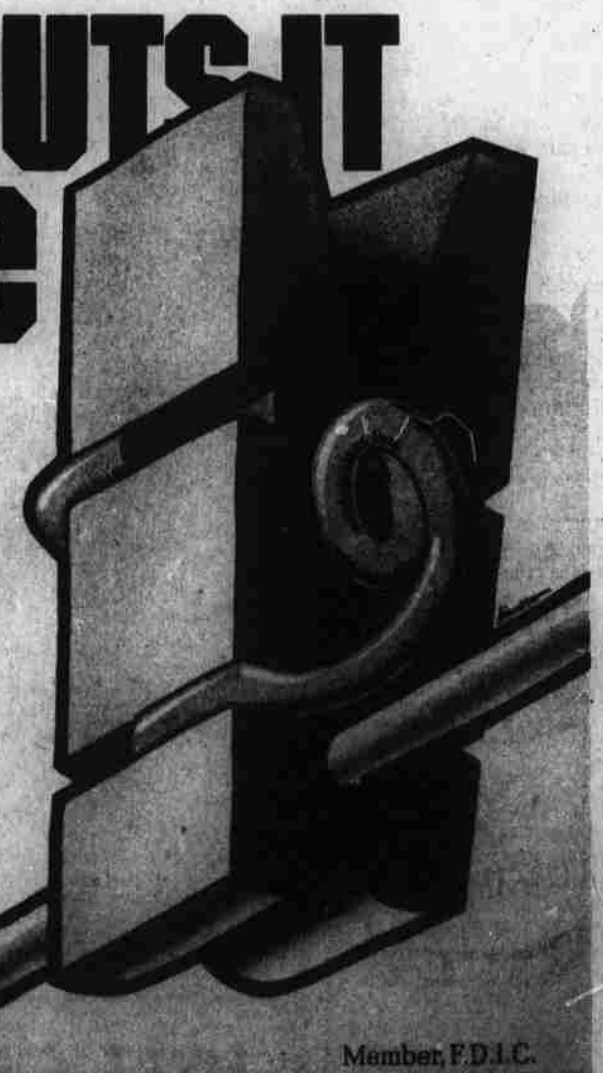
Put the sun in your pocket. Make a deposit in a new or existing savings account at Peoples Bank and get a package of 12 energy-saving clothes pins free, while our supply lasts.

A snap to use. These spring-action pins are easier to use than ordinary clothes pins and have a better grip.

The best of the past. Generations of people found that hanging clothes outdoors was the best way to get them dry. Using sunpower to dry your wash can make it fresh and sweet as times gone by.

The President will love you. Using clothes pins saves electricity. It's in keeping with our country's energy conservation policy. So make a deposit at Peoples Bank and get your free clothes pins. You'll be saving energy and money.

Peoples Bank



Member F.D.I.C.

Private Eye Has Public Concern



TV PRIVATE EYE MIKE CONNORS, MANNIX, is as concerned about fighting the nation's number one killer—heart disease—as he is about fighting crime on TV. Connors and his Gal Friday (Gail Fisher) urge Americans to give generously to their Heart Fund. Both are celebrity Heart Fund volunteers. Connors served as 1971 Honorary Heart Sunday Chairman for the Los Angeles area.