

Cost Of Living On The Rise

WASHINGTON, D.C. — The cost of living for an urban family of four rose about 6 per cent in the one-year period from autumn 1975 to autumn 1976, according to figures released by the Bureau of Labor Statistics.

In three hypothetical family budgets released by the Bureau, the living costs for an urban family consisting of a 38-year-old husband, his non-working wife, a 13-year-old boy and an 8-year-old girl, could expect the average cost of an intermediate budget to amount to about \$16,236. That same family living on a lower budget would spend \$10,041. A higher budget would amount to \$23,759.

Family consumption items comprised 76 per cent of the intermediate family budget with the remaining 24 per cent composed of gifts and contributions, life

insurance, occupational expenses, social security and personal income taxes. Total family consumption at the lower and higher budget levels comprise 81 per cent and 73 per cent of the family budget, respectively.

Food costs represented the largest single expenditure for the lower and intermediate budgets, while housing expenditures were the largest component at the higher level. Food costs accounted for 37 per cent of total family consumption at the lower level, 31 per cent at the intermediate level, and 28 per cent at the higher level.

These findings were reported in the September issue of FINANCE FACTS, a newsletter on consumer financial behavior published by finance companies.

In The News

Mr. and Mrs. Leroy White were guests of Mr. and Mrs. Joseph Bass at Virginia Beach, Va. on Sunday.

Mrs. T.W. Nixon spent the weekend at Va. Beach, Va. with her son and daughter-in-law, Mr. and Mrs. Russell Nixon.

Mr. and Mrs. Robert Barnard and son of Suffolk, Va. were weekend guests of Mr. and Mrs. Marion Swindell.

Mr. and Mrs. W.G. Edwards and Walter Edwards Jr. spent the Labor Day Holidays at their cottage at Nags Head.

Social Security Interest Message

By LEE WALLIO
Field Representative

Young people who wonder whether Social Security will be around when they are ready to retire should be aware that Social Security means a lot to them right now.

Many people forget that Social Security pays other types of benefits besides retirement benefits.

It also pays benefits to people whose disability keeps them from working for a year or more, or is expected to result in death, and to the survivors of deceased workers.

In fact, about a third of the 33 million people receiving Social Security checks are under age 60.

And Medicare, too, is no longer just for people 65 and older.

It is also for people who are eligible for Social Security disability benefits for two years or more and insured workers and their dependents who have permanent kidney failure.

The value of your disability or survivors protection depends, of course, on your age when you die or become disabled, on how many dependents you have, and on your average earnings covered by Social Security.

Social Security benefits are based on average annual earnings over a period of years.

The benefit is increased by 50 percent for each

dependent of a disabled worker and by 75 percent for each surviving dependent up to a family maximum.

For example, if your average earnings covered by Social Security were \$1,000 a month, or \$12,000 a year, and you became disabled at age 30 and have a wife and two children, both under five, you would be entitled to a maximum family benefit of \$958.40 a month or \$11,476.80 a year.

Your payments would continue as long as you're disabled.

Your children would be eligible for checks until they reach 18 or until 22 if they are unmarried full-time students. Your wife would be eligible for payments as long as she has a child under 18 or a disabled child in her care.

If you should die, your survivors would also be eligible for payments.

Survivors benefits would continue until the youngest child reaches 18, or age 22 if he or she remains in school and does not marry in the meantime.

These benefits could amount to more than \$185,000 over the years.

Social Security is more than just something for the elderly. It's something you can count on now.

The Elizabeth City Social Security office is located at 111 Jordan Plaza next to Southgate Mall (phone 338-2181) and is open 9 a.m. to 4:30 p.m. weekdays.

Taking A Look Backward

SEPT. 1939
By VIRGINIA WHITE
TRANSEAU

STOCK YARD AND AUCTION MARKET READY IN 3 WEEKS: A huge new livestock auction market, stockyard and commission house is in the process of construction at Winfall, and will be known as Perry and Hollowell Brothers. The partners are W.G. and J.F. Hollowell, of Winfall, owners of Hollowell Brothers Storage Co. and J.I. Perry of

Okisko. The market building is being located on U.S. Highway 17, just south of Winfall.

WAR TALK REPLACES WEATHER AS CHIEF TOPIC CONVERSATION: American farmers, like all our citizens, abhor war and will pray for a speedy peace. American farmers are urged by Sec. of Agriculture Wallace to proceed with their production plans as if the outbreak in Europe had not occurred. The President's speech Sunday night was reassuring

to many listeners but there are still those who see too vividly today a duplicate of the events that led up to the World War I.

BIRTH ANNOUNCEMENT: Born to Mr. and Mrs. Joe Harrell, of the Hopewell Community a daughter born August 30, 1939.

ENJOY HOUSE PARTY: During the weekend a number of the younger set enjoyed a house party at Nags Head. On the Party were: Miss Ruth Wilson of Chapanoke; Miss Henrietta

Jackson of Weeksville, Miss Ann Britt, of Elizabeth City, Miss Marjorie Weathersbee of Scotland Neck; Al Ward, Carlton Perry, Robert Morris, William White and Mr. and Mrs. B.L. Gibbs.

ENTERTAINS FRIENDS: Jesse Lee Harris entertained a number of friends at a delightful house party at the Harris' cottage at Nags Head for several days. In the party were Miss Katherine Winslow of Fayetteville,

Miss Becky Atkins, of Raleigh; Miss Lucy Flutie, of Raleigh; Jesse Lee Harris, Bill Jessup, Henry Clay Stokes, Tommy Nash, of

Memphis, Tenn. Harry Sheep of Elizabeth City, Zack Harris, and Mr. and Mrs. Fred Morrill, chaperons.

Cattlemen's Groups Consolidate

RALEIGH — The consolidation of the nation's two major cattlemen's organizations — the American National Cattlemen's Assn. and the National Livestock Feeders Assn. — was officially accomplished Sept. 1, according to a spokesman for the N.C. Cattlemen's Association.

Charles E. Messer, president, said the merging of the two associations into the new National Cattlemen's Assn. has united the nation's cattlemen under one banner for the first time in their history.

"Through individual memberships and affiliations with organizations such as the N.C. Cattlemen's Association, NCA now represents some 280,000 cattlemen in all segments and areas of the industry," Messer said. "Fifty-two state cattlemen's organizations and thirteen national breed associations are affiliated with the new national organization."

Messer noted that advantages of the merger are considerable. With NCA's increased total membership, broader geographic base and larger total

revenue, improved services to members are assured.

"The new NCA gives the beef cattle industry a stronger, more unified voice at the national level," Messer explained. "We in the N.C. Cattlemen's Association are pleased to be part of this new organization, serving the largest segment of the American agriculture — the beef cattle industry."

The new association will (1) represent the beef cattle industry to the legislative and administrative branches of the federal government; (2) interpret beef

economics to the public and interpret economic, social and political developments to the industry; and (3) provide economic information to members to aid them in their own planning and management.

According to Messer, the new association, like its predecessors, will be a "grass roots" organization. "As an affiliate of the NCA, we will play a key role in developing and carrying out policy on public issues. Through work with our Congressmen and Senators in Washington, we will have a positive effect."

EMT Classes Scheduled

Classes and refresher courses for Emergency Medical Technicians (EMT) in Region 8 have been scheduled at various sites during September and October.

A 14-week EMT course will begin at Mattamuskeet High School in Swan Quarter on Oct. 11. Instructor for the course will be Billy Alligood, Respiratory Therapist at Beaufort County Hospital in Washington, N.C. Persons interested in taking the

course should contact James Piland at 926-8071.

Three 4-week EMT refresher courses will also be conducted, beginning with a course at the College of the Albemarle on Road St. in Elizabeth City on Sept. 13. Instructor for the course will be Ernest Mickey, who can be contacted at 335-1616.

A second refresher course will begin Sept. 20 at the Manteo Fire Station and will be conducted by Deputy Sheriff Billy Brown, phone 473-2024.

Chowan Hospital, B-Unit classroom will be the site of a third EMT refresher course to begin Oct. 11. Murray Ashley, instructor for the course, can be contacted at 482-3111.

Persons can sign up for any of these courses up until the second class meeting of each. There is no absolute limit on the number to be enrolled, but will be kept within practical limits. There is no charge to persons associated with area rescue squads; however, there is a \$5 charge for others.

Museum Plans Art Show

Albemarle area artists are invited to exhibit in the Museum of the Albemarle's annual Art Show and Sale to be held Oct. 21 through Oct. 29.

Original work in all subjects in the following media will be accepted: 1) oil and acrylics; 2) water colors; 3) mixed media; and 4) graphics. Due to space limitations, sculpture and pottery will not be accepted.

Artists must be at least 18 year of age. All work must


be for sale. Each artist may enter a total of five pieces of work to be judged.

Registration forms are available at the museum. Only 45 artists will be accepted. Forms should be returned to the museum prior to Oct. 1.

Prizes will be awarded in each of the categories listed, plus an award for best in show. Judging will take place Oct. 21, followed by a premiere viewing and reception for artists, museum members and guests.

Mrs. Terry Daniels is overall chairman of the show. For more information, artists may call the museum at 335-1453.

**Your Pharmacist
Charles Woodard
Says**



Woodard's Pharmacy, 101 N. Church Street, Hertford, N.C. Tel. 426-5527

Athletes beat heat with H2O

Hot, sweaty football practices need not be dangerous if sensible precautions are taken. To begin with, sweat is basically water — some salt, but mostly water. It makes little sense for an athlete to consume salt tablets without replacing lost water. Regular water-bucket breaks spaced during practice are crucial. Salt taken without water compounds the problem of heatstroke.

Football players are advised to salt food heavily, drink electrolyte solutions such as Gatorade, and in terms of preventing heatstroke, drink plenty of water before and during practice. Water is essential.

Charles Woodard
Prescription Specialist

Woodard's Pharmacy
Dial 426-5527 Hertford, N.C.

79¢ Store
CHURCH & MARKET ST.
HERTFORD

**School Supplies
Odds & Ends
Grocery Supplies
1,000 of Items
To Choose From**

The Perquimans Weekly
Court House Square
HERTFORD, N.C. 27944
Entered as second class matter November 15, 1934 at Post Office in Hertford, N.C.

RAY WARD
General Manager
KATHY NEWBERN
News Editor

OFFICE HOURS
9 A.M. to 5 P.M.
Monday-Thursday
PHONE 426-5728
News and advertising deadline: 11 a.m. Tues. prior to Thurs. publication.

SUBSCRIPTION RATES
ONE YEAR
\$7.50
"ALL SUBSCRIPTIONS PAYABLE IN ADVANCE"
Published By
Advance Publications
Inc.
Elizabeth City, N.C.

FCX Appreciation Sale! September 9-17



ANNUAL RYE GRASS
For a green lawn in the winter and early spring. 50 lb. bag. **\$7.95**

8-8-8 LAWN & GARDEN FERTILIZER
A completely balanced premium fertilizer especially formulated for lawns and gardens. 50 lb. bag. **\$2.29**

RABBIT MAKER
Clean compact pellets with built-in hay. 50 lb. bag. **\$3.90**

Silver Stirrup HORSE FEED
All the ingredients performance horses need — 11% protein and coarse texture. 50 lb. bag. **\$3.65**

RED RANGER MEAL BITS
The complete high protein food for all dogs, including puppies. 50 lb. bag. **\$8.15**

Co-op Permanent ANTIFREEZE AND SUMMER COOLANT
Total glycols: 95% Corrosion inhibitors and anti-foam agents: 2%. **\$2.79** gal.

MOTTO 1 1/2" GAUGE BARBED WIRE
4 point, 5 inch spacing. 80 rod spool. Reg. \$20.00 per spool. **\$16.60**

KOPPERS FENCE POSTS
Pressure treated standard line post. 2 1/2 in. - 3 1/2 in. x 6 ft. Reg. \$1.70. **\$1.39**

AMES 19-333 Deluxe SPRING BRACE LAWN RAKE
24 independently floating tines and heavy duty stress distribution bar. Reg. \$6.30. **\$4.95**

CO-OP DIRECTOR 12-VOLT BATTERY
More than a wet battery — More than a dry battery — It's Dynamic! Most Ford, GM, and Chrysler vehicles DR24 and DR24F. Reg. \$45.15. **\$35.65**

FIELD FENCING
20-rod roll. Guaranteed. Class 1 zinc coating for long life. 39 in. high. Reg. \$53.05. 938-6-12 1/2. **\$44.95**

SPECTRACIDE
Lawn insect control. Granular 12 1/2 lb. bag. Treats up to 2500 sq. ft. Reg. \$7.20. **\$5.55**

FCX Hertford Ahoskie
FARM & GARDEN

SOME ITEMS MAY BE IN SHORT SUPPLY.

COLLEGE OF THE ALBEMARLE
Continuing Education Department

ADULT INTEREST CLASSES
Perquimans Course Schedules

Supervisor: Fred T. Riddick - 426-5539, Tues. or Thurs., 7-10 p.m.

Course	Begins	Ends	Day(s)	Time	Location
Adult Basic Education (Lab)	Sept. 13	Dec. 15	Tu. & Th.	7-10 pm	Occupational Bldg.
Cake Decorating	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.
Ceramics	Sept. 15	Dec. 15	Thursday	7-10 pm	Old Bus Station
First Aid	Oct. 11	Oct. 25	Tu. & Th.	7-10 pm	Occupational Bldg.
Hair Making	Sept. 13	Dec. 15	Tuesday	7-10 pm	Occupational Bldg.
Masonry	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.
Oil Painting	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.
Quilting	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.
Religion	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.
Religion	Sept. 16	Dec. 16	Friday	10-1 pm	Wynne Fort Courts
Sewing I	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.
Sewing II	Sept. 15	Dec. 15	Thursday	7-10 pm	Occupational Bldg.
Sewing	Sept. 12	Dec. 12	Tuesday	10-1 pm	Wynne Fort Courts
Small Engine Repair	Sept. 13	Dec. 15	Tu. & Th.	7-10 pm	Occupational Bldg.
Typing I	Sept. 13	Dec. 13	Tuesday	7-10 pm	Occupational Bldg.

REGISTRATION: During the first two weeks of the beginning of the class period on the dates and at the locations listed above. The fee for each course is \$5.00, except Driver's Education, which is \$17.00. Adult Basic Education courses are free. Persons 65 years of age or older may also enroll free. Please bring your Social Security number to enroll.

College of The Albemarle is An Equal Opportunity Institution