

School menus for Oct. 9-13

The following breakfast and lunch menus have been announced for Perquimans County Schools for the week of Oct. 9-13. Breakfast menus are for grades K-8 only.	School Baked Brownie Milk
HERTFORD GRAMMAR PERQUIMANS CENTRAL PERQUIMANS UNION Mon., Oct. 9	Fri., Oct. 13 Pineapple Juice Grits with Butter Toast Milk
No School Teacher's Workday Tues., Oct. 10	Fish Sandwich on School Baked Bun French Fries Lettuce & Tomato Milk
Peach Cup Doughnut Milk	PERQUIMANS HIGH Mon., Oct. 9
Baked Beans with Weiners Cole Slaw Applesauce School Baked Cheese Biscuit Milk	Wed., Oct. 11 (Universal Lunch) Fried Chicken Mashed Potatoes with Gravy Mixed Vegetables Orange Wedges Angel Biscuits with Honey Oatmeal Raisin Cookies Milk
Fried Chicken Mashed Potatoes with Gravy Carrot & Celery Sticks Orange Wedges Angel Biscuits and Honey Oatmeal Raisin Cookies Milk	Thur., Oct. 12 Beef Vegetable Soup Grilled Cheese Sandwich OR Luncheon Meat Sandwich Fresh Apple French Fries Milk
Thur., Oct. 12 Half Orange Toasted English Muffin Jelly Milk	Fri., Oct. 13 Fish Sandwich OR Cheeseburger on School Baked Bun French Fries Lettuce & Tomato Sliced Peaches Milk
Beef Vegetable Soup Peanut Butter & Jelly Sandwich Fresh Apple	

Taking a look backward

October 1940
By VIRGINIA WHITE TRANSEAU

REV. HOBGOOD ASSUMES PASTORATE AT HERTFORD BAPTIST CHURCH: The Rev. C.E. Hobgood Sunday assumed the duties of pastor of the Hertford Baptist Church. Mr. and Mrs. Hobgood arrived in Hertford last week and until renovation arrangements are completed at the parsonage they are making their home with Mrs. Ellen McCallum.

LOCAL BOYS IN GUARD UNIT OFF FOR CAMP: Three Perquimans County boys, Louis Nachman, Joshua Sutton and Wrightson Jackson, entrained with Company D, 105th Medical Regiment when it left Edenton Monday morning around 5:00. The unit, traveling by ambulances, trucks and private cars, was scheduled to reach Fort Bragg Monday night. After a night's rest, the journey to Fort Jackson, S.C., was completed. The company arriving there during the early part of Tuesday afternoon. The National Guard was changed to the regular army and was called to training for a period of one year, unless the President sees fit hold it longer for emergency duty.

BREAKS ARM WHILE PICKING GRAPES WITH NEIGHBORS: Mrs. Charlie Lane, of near Belvidere, fell from a grape vine at the home of Basil Copeland Wednesday afternoon, breaking her arm between the wrist and elbow.

4-H DRESS CONTEST WON BY ELOUISE KEATON: The 4-H Club Dress Contest for Perquimans County was held at the September meeting of the Hertford Senior 4-H Club. There were five contestants, Doris Miller, Mary Pasco White, Alma Davenport, Eloise Keaton and Myra Layden. Eloise Keaton won first prize and will represent Perquimans County at the State 4-H Show in Raleigh on Friday, October 4. Mary Pasco White won second place. The five contestants will attend the Style Show.

WRITES ECONOMICS TEXT: Professor Earl R. Sikes, a native of North Carolina now teaching at Dartmouth College is the author of a new text in the field of business and economics entitled "Contemporary Economic Systems". Professor Sikes is a Duke University graduate and married Miss Katherine Newby, formerly of Hertford.

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Kids need love not alcohol

Use of alcohol by college students has substantially increased over the years. Today, there is hardly any difference between sexes or classes in drinking patterns, though college-age men still drink more heavily and frequently than women.

Reports I've read indicate a high correlation between college drinking and the use of cigarettes, marijuana and hard drugs, while the strongest association was with drinking in high school. The problem? Emptiness. A young person properly motivated, actively challenged, and lovingly reared will hardly succumb to the threat of ill-advised drugs.

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County schools to join in National Health Week

Perquimans County Schools will join other schools across the state and nation in observing National School Lunch Week, Oct. 8-14. On October 11 every school in the United States will be serving the same menu to call attention to the special week.

The Universal Menu this year features oven fried chicken, mashed potatoes and gravy, carrot-celery sticks, angel biscuit in honey butter, orange wedges, oatmeal-raisin cookie and milk. Planned to USDA's Type A pattern, the universal meal more than meets the requirements for one-third of the recommended Daily for the average 11-14 year old.

School Lunch Week '78 continues the theme Eat to Learn—Learn to Eat, with the emphasis this year on nutrition for the energy and strength youngsters

need to run, skip, play ball and other activities including the learning process.

During the week, schools and food service programs will host open houses, conduct contests, develop displays and special exhibits, sponsor media campaigns and participate in many other activities to emphasize the importance of good nutrition habits.

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PUBLIC NOTICE

The Legal Services Corporation, a private, non-profit organization established by Congress to provide financial support for legal assistance to poor people in civil matters, will be allocating limited funds to establish new programs or expand existing programs, starting January 1, 1979, to serve eligible clients in various un-served counties throughout the United States. Counties in North Carolina under consideration for this purpose include:

Alexander	Lenoir
Alleghany	Lincoln
Anson	Macon
Ashe	Mitchell
Avery	Montgomery
Beaufort	Moore
Buncombe	Mash
Camden	Northampton
Carteret	Onslow
Chowan	Pamlico
Cleveland	Perquimans
Craven	Pitt
Cumberland	Polk
Currituck	Richmond
Dare	Rowan
Duplin	Rutherford
Edgecombe	Scotland
Franklin	Transylvania
Gates	Tyrrell
Greene	Union
Halifax	Van Hook
Haywood	Warren
Henderson	Watauga
Hoke	Wayne
Hyde	Wilkes
Jones	Wilson
Jones	Yancey

The views of and proposals from all interested groups will be considered. Grant application forms and additional information may be obtained by written request to Legal Services Corporation, Atlanta Regional Office, 615 Peachtree Street, N.E., 9th Floor, Atlanta, GA 30308. No funding decisions will be made prior to 30 days from the publication of this notice. The public will have an opportunity to review and discuss proposals at an open meeting, the time and place of which will be announced in the service area under consideration.

Library update

By WAYNE HENRITZE
Perquimans County Librarian
ONGOING EVENTS

Story Hour: Friday morning from 10-11 a.m. for preschoolers ages 3-5.

Bookmobile: New Hope/Woodville Rt. this Friday October 6. Call for list of Stops and times (426-5319).

Saturday Afternoon Mystery Filmstrip Series: See below. The Loch Ness Monster. 2:00-2:30 p.m. this Saturday, Oct. 7.

SATURDAY AFTERNOON MYSTERY FILMSTRIP SERIES

Beginning this Saturday, October 7, and for the next 12 Saturdays thereafter, the library will present a filmstrip series examining such unexplained real life mysteries as the Loch Ness Monster, Witches, Ghosts, Abominable Snowmen, and the like. These are aimed at an elementary and junior high age audience although anyone is welcome. The filmstrips will be presented every Saturday from 2:00-2:30 p.m. at the Perquimans county Library.

If this proves at all successful, we hope to move into a Saturday afternoon film program for children at a later date.

GOVERNOR'S CONFERENCE ON LIBRARIES

We would like to invite public input on the subject of library service in small towns and rural areas in preparation for the North Carolina Governor's Conference on Library and Information Services to be held in Raleigh October 19-21.

Perquimans County has one official delegate and Pettigrew Regional Library of which we are a part, two others. Our delegate is Catherine Biggers, chairman of the local library board, who is very interested in taking your ideas to the conference.

There will be some 200 official delegates at the conference plus hundreds of observers and interested parties. These delegates will then select 20 of their number for next year's White House Conference on Libraries.

The Governor's and White House Conferences will be among the most important library meetings of the decade, since they will represent the public's official view of the nation's needs in library and information services. Now is your chance to tell us what is right and wrong about libraries in this area and have the message count.

Among the topics likely to be on the agenda: the proper mix of local, state, and federal funding; whether libraries should be financed on a strict per capita basis or on a service equivalency basis; wide area library services; statewide union borrowers cards; sharing of materials between public, school, and college libraries and who pays the bills; and anything else someone like you asks us to talk about.



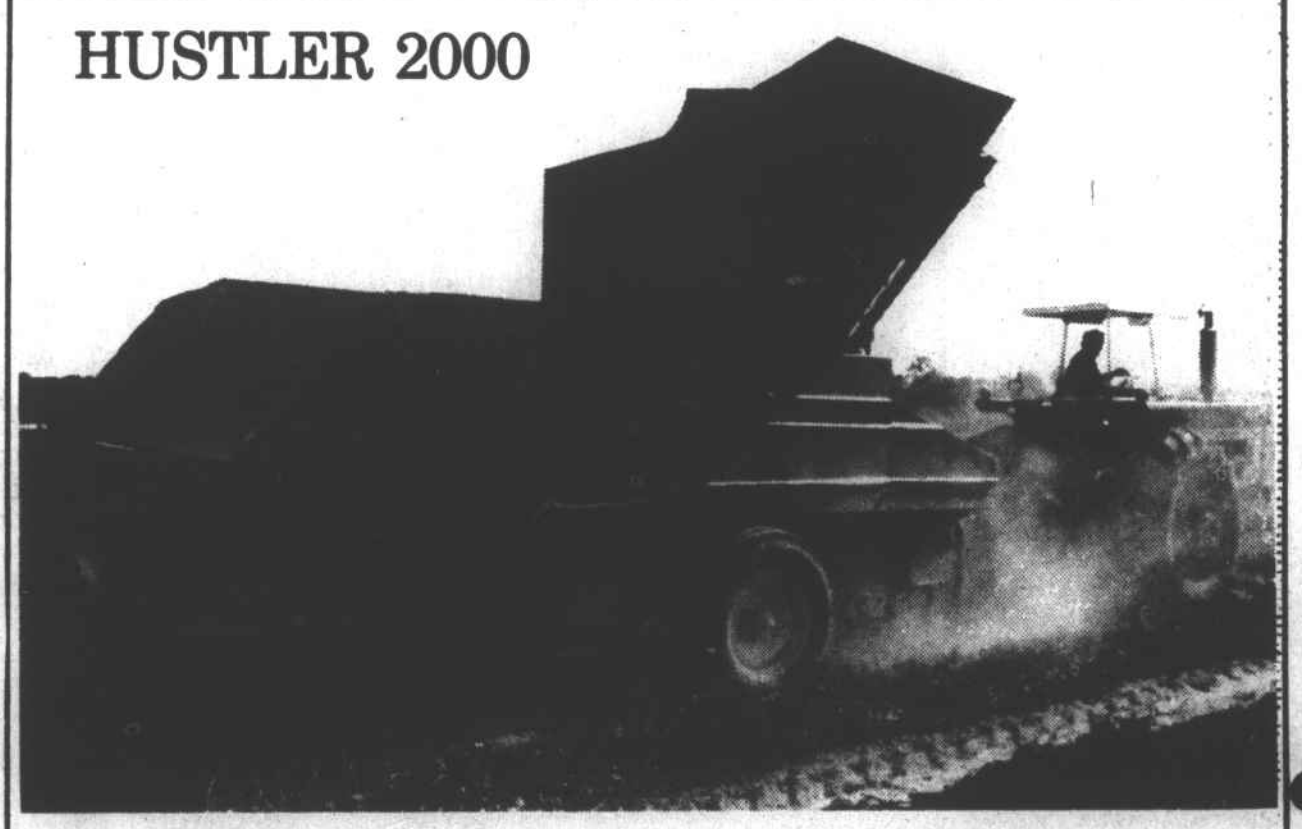
QUILT RAFFLED — Mrs. Sarah Eason is shown with the quilt she helped make which was raffled to help with expenses for a trip planned by senior citizens participating in the local nutrition program. James Hassell won the handmade item Sept. 29 which netted \$78. The raffle was just one of many activities the group is participating in. (Staff photo by Paige Eure)

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