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food news

THE PARALYTIC MAN ohn 5:2-15

Our Lord attended a feast of the Jews in Jerusalem, knowing that the event would afford Him numerous opportunities for doing much good to many of those in attendance. • The Pool

By the sheep market was a pool called Bethesda, meaning "the house of mercy." When the waters bubbled up intermittently they were reputed to contain elements of a medicinal and curative nature for the one who entered the pool first after the troubling of the waters. • The Patients

The roofs of the five porches around the pool protected the sick folk from the sun and rain while they were awaiting the moving of the waters.

On the Sabbath that Christ visited Bethesda, a motely gathering of sick and afflicted people were assembled along the five porches. In the crowd were the blind, feeble, debilitated, lame and withered, many of whom were helpless. Those invalids, who were so anxious to get rid of their maladies, gazed at the waters, and each time they bubbled a flash of hope came to them.

Among those who thronged the porches was a man who had suffered from a disabling infirmity for 38 years. This pathetic figure, lying there within sight of the pool, sufbeing unable to reach it in and tried to slay Him.

time, and then seeing others far less needy, snatch the boon of healing from before his eyes. He had waited so long that he was almost in the grip of despair.

•The Physician. Ever the incarnation of mercy, Christ, the Great Physician, went to the place where this patient and numerous others were in order that He might bless them. He always went to the places where hearts were aching and breaking. Regardless of whether human suffering was physical, mental or spiritual, Christ delighted to alleviate suffering, restore health, and present salvation to the needy.

Knowing his condition and circumstances, Christ asked the man if he would really like to be made well. Willingness to be cured was essential to his recovery. When he signified his willingness and desire to be healed, Christ challenged the man's faith, saying, "Rise, take up thy bed and walk." Because Christ's command is Caracas, Venezuela early this His enablement, this afflicted man was cured immediately. instantaneously, completely and permanently, and he took up his bed and walked.

The Persecution

When the Jews saw the man carrying his bed on the Sabbath they objected and sought to discover who had healed him. As soon as the man's Physician was identified, the fered the twofold agony of Jews persecuted the Saviour



Miss Moore honored

Phyllis Lane Moore, (far r.), Her mother is the former granddaughter of Mr. and Edna Ruth Lane. Other Mrs. W.P. Lane, Sr. of Hertcontestant winners pictured ford, was named second are (l-r), Gertie Herring, Miss runner-up in the Miss Gold-Congeniality; Vicki Todaro, sboro pageant recently. She is outgoing Miss Goldsboro; the daughter of Mr. and Mrs. Terri Ham, 1980 queen; and William Moore of Goldsboro. Karen Scott, first runner-up.

Obituary-

Felton

Mrs. Margaret Smith Felton died in Brooklyn, N.Y. on January 27, 1980.

She was a native of Hertford and the daughter of the late James and Mrs. Ollie Smith. She was the wife of the late George Felton of Hertford.

The funeral was held, Saturday, February 2nd at the First Baptist Church by the Rev. J. H. London, and assisted by the Rev. Howard Manley.

The First Baptist Church Senior and the St. Paul A.M.E. Zion Choirs rendered the

People briefs

of Mr. and Mrs. H. B. Mat- relatives in the area on Mr. Carlton A. Davenport from Houston Texas was a thews. Sr. guest of his mother, Mrs. C. A.

Davenport before leaving for

Schaaf, in Gloucester.

Two make-it-yourself

workshops highlight a list of

week.

Mrs. Roy Harrell of McLean, Va. is a guest of her parents, Mr. and Mrs. Linford Winslow, at Belvidere.

Mr. and Mrs. J. T. Bigger Mrs. Monnie Ross of have returned home after Raleigh spent the weekend spending a few days last week with her parents, Mr. and with their son-in-law and Mrs. Haywood Divers. She daughter, Dr. and Mrs. W. A. was accompanied home by her son, Jason, who spent last Dr. and Mrs. H. B. Matweek with his grandparents. thews, Jr. and family of Mr. and Mrs. Vick Stallings Durham were weekend guests

in three different flavors.

She will make up a batch of

Saturday.

Miss Donna Thach, student at ECU, Greenville, spent the weekend with her parents, Mr. and Mrs. Ben Thach, Jr.

Mr. and Mrs. Clarence Lee Dail and family of Plymouth were weekend guests of Mr. and Mrs. Harlan Hurdle at Belvidere.

and family were weekend guests of Mr. and Mrs. Billy of Portsmouth, Va. visited Hudson at Lawrenceville, Va.

from Fort Eustis and Langley Field, Va. spent the weekend with their parents, Mr. and Mrs. Ray Kirby and Mr. Tom Cox.

Mr. and mrs. Clay Kirby

music. A solo was sung by Mrs. J. C. McNair of

Remarks were made by Dr.

G. N. Reid and

acknowledgements were

Surviving Mrs. Felton are

three sons: Jerome, George,

Jr. and Harrasion Felton, all

of Brooklyn, N.Y.; two sisters,

Mrs. Ollie M. Vaughn and

Miss Clarice Smith; one

grandson; and several nieces

She was buried in the New

Roadside Cemetery.

Arrangements were made by

Lowe-Stallings Funeral

and nephews.

Home.

made by Mrs. H. B. Reid.

Plymouth, N.C.

Mrs. D. R. Reed, Sr. is a patient in Albemarle Hospital and Bridget Twine is a patient

in Chowan Hospital.

Cook's corner

EDNA WOLVERTON

For a real Valentine's or Beat egg whites and cream George Washington's! Birof tartar together until very thday celebration, try this stiff. Slowly add sugar and vanilla. Fold in crackers and cherry torte recipe. It stores beautifully in the refrigerator nuts. Grease a 9" x 13" pan very well before pouring in and serves a crowd. Why not use it for a February birthday batter. Spread evenly. cake?

CHERRY TORTE

2 c. broken saltine crackers

2 pkg. powdered whipping

6 egg whites

2 c. sugar

2t. vanilla

cream

% t. cream of tartar

% c. chopped pecans

1 can cherry pie filling

Bake 25 min. at 350°. Cool.

Beat powdered whipping cream and add a little vanilla. Spread over cold torte.

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Spoon cherry ple filling over 0 top and chill for 4 to 5 hours.

Can be stored 4 to 5 days in the refrigerator and not get soggy. 1:12

Serves 12 to 16 persons.

Look who's new Bell Mr. and Mrs. Horace Wright Mrs. Bell is the former Suzette Chappell of Hertford....

Bell. III, announce the birth of a daughter, Jessica Lane, born January 21 at the Albemarle Hopsital.

Maternal grandparents are Mr. and Mrs. Clarence L. Chappell and paternal grandparents are Mr. and Mrs. Horace W. Bell, Jr.

Mr. and Mrs. Gene Perry announce the birth of their second daughter, Donna Jenean, born January 29, in 🕐 the Chowan Hospital.

Perry



Extension news

PAIGE UNDERWOOD

Today's clothing prices seem to shock most peoples' pocketbooks! It could be a good time to look at your "closet cases" that are too good to toss out-but just hang there because you never wear them.

The Magic word is "recycle" one or more of these garments by adding imagination and giving it an up-to-date personality. Updating doesn't necessarily mean a lot. Add a scarf, a belt, or jewelry or all three for a fresh new look.

Consider layering garments you already have; wear a tunic or dress over a dress; if (shiny sides next to garment.) one sweater is good, two may Press around the hem be better: or add new vest to a pants suit. A change in fabric to completely dry length may be all that is necessary. Predictions for 1980 are

vinegar. Test the solution for color fastness on a small fabric scrap before proceeding. Next, dab the crease line with the solution. Steam press over a press cloth. Allow the fabric to

completely dry before moving the garment. After the fabric is dry, proceed with above steps until the hem is completely pressed with the

vinegar solution. For hard to remove hemlines, try this technique. (Remember, test on a scrap of fabric.) Dab the crease line with the vinegar solution. Place two strips of aluminum

Al-Anon-8 p.m. Hertford **United Methodist Church** American Legion Aux. Hertford Lions Club-6:30 p.m. American Legion foil on either side of the hem Hertford Grammar PTA-7:30 Fri. Feb. 8 **Bethel Homemakers 10:00** remembering to allow the Substitute Workshop, 8:30 a.m. before removing it. I have had Sat. Feb. 9 excellent results for pants and sleeve hems on my son's suits For Your Information

Thurs Feb. 7

Church

extension homemaker acdough in advance to cook tivities scheduled during the during the workshop and will month of February. The first is a make your own doughnuts workshop set February 19 at 2 p.m. at the county office building.

Extension homemaker Juanita Bailey will lead the workshop, and promises light, product, she promised. fluffy, yeast risen doughnuts The second make-it-yourself

> Civic calendar Sun. Feb. 10

Alcoholic Anonymous-8 p.m. Mon. Feb. 11 Hertford United Methodist Winfall Fire Dept.

Wed. Feb. 13

American Legion Post 362-8 p.m. Legion Post Rescue Sq. Ladies Aux, 7:30 Chamber Commerce Bd. Dir. Inter-Co. Fire Dept. Tues. Feb. 12 Perg. Co. Bd. of Education-7

p.m. Hertford Rotary Club-6:30 Perg. Co. Horse & Pony Club

make up another batch during the workshop for demonclass. stration purposes (the dough must rise for several hours before cooking).

Participants will also get a chance to taste the finished

hammock.

shorter skirts and dress lengths. If you are recycling by legthening hemlines, you will find the following technique helpful for removing all but the most stubborn creases. (Of course no amount of work can erease a line made by frayed or faded fabric.)

Make a solution of two parts water and one part white

omit gifts.

with this method. **Consider three main factors** in determining a garment's recycling potential: (1) fabric type, (2) fabric condition, and

(3) garment style. Good quality fabric is necessary for a successful project. If garment fabric is weak, worn, torn, stained or

faded, its limited future may not justify time and effort.

INVITATION You are cordially invited to attend a Birthday Retirement Party honoring Talmadge Stallings Sunday, February 10th from 3 until 6 o'clock p.m. at Anderson United Methodist Church, Hertford, N.C. Please

CARD OF THANKS

I want to thank all my many friends for all the cards, visits, phone calls, food and especially prayers while I was a patient in Chowan Hospital and since I've been home. I will always remember your kindness and thoughtfulness.

Lillie Pink Hurdle

CARD OF THANKS

The family of Reginald "Rex" Jones wishes to express their gratitude to everyone who has been so kind to us during his illness and death. Your prayers, visits, cards, flowers, money, food and all other acts of kindness rendered were greatly appreciated. May God bless each of you.

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Cora Jones Family

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Dear friends,

It is difficult for one's emotions to accept the loss of a fellow human. The mind understands — but the emotions may refuse. Ceremony affects the emotions: music — ritual people as a group relating to one purpose. For this reason a funeral ceremony has a healing effect on the emotions of the bereaved.





CARD OF THANKS

I wish to express my sincere appreciation and heartfelt thanks to everyone that remembered me and my family through cards, flowers, gifts, food and visits during the time of our bereavement.

May God bless each one of you.

Rosa B. Gibbs

CARD OF THANKS

With deep gratitude I would like to thank all for the kindness shown me through my recent illness in the hospital and since I returned home. Thanks for all the many cards, gifts, flowers, visits and most of all for your prayers. Friends like you are a part of my "Daily Bread".

Carroll Williams