

Extension news

PAIGE UNDERWOOD

The ripe juicy fruits of the season taste good. But the squirts and dribbles of their juices leave tell-tale signs on clothes and table linens.

When a ripe fruit or berry squirts juice on your blouse or shirt, your first inclination may be to wipe it off with soap and water. Don't! Using soap on any fruit stain may help set the stain.

Instead, apply an enzyme pre-soak to the stained area or soak in cold water. Then work a detergent into the stain.

Launder the garment using a bleach appropriate to the fabric. You may need to sponge set stains with white vinegar. Then work a detergent into the stained area and launder the garment.

If the fabric can tolerate it, pour boiling water through the stain. To do this, place the stained area over a bowl and secure with a rubberband.

Treat any remaining discoloration by sponging with lemon juice or a three percent hydrogen peroxide solution. Again launder the garment, using an appropriate bleach for the fabric.

The best advice is to remove fruit stains while they're fresh. And that might mean keeping an enzyme pre-soak on hand. You'll save yourself a lot of hassle later on.

A class entitled "Topping It Off" will be held on Thursday, June 26, at 2 p.m., at the County Office Building. You are invited to hear and see how to save money by making your own blouse to be worn with skirts, shorts, and pants.

Mrs. Connie Sherrill, Asst. Home Economics Extension Agent from Chowan County will present this interesting and helpful class.

Please register by calling 426-7697.



Employees recognized

The Perquimans County Schools System acknowledged all school personnel with an Employee Appreciation Day last Tuesday at Central

Grammar in Winfall. David Ziemba, (l), county schools band director, received a check from Janie Foster, (r),

show in order to raise money for the band. (Photo by PAT MANSFIELD)

Canning tips

Figure product yield

Ever wonder how many fruits or vegetables to buy for home canning?

You can expect to get 30-44 pints of peaches and 30-40 pints of snap beans from one bushel of green beans.

According to Dr. Nadine Tope, agricultural extension foods and nutrition specialist at North Carolina State University, the legal weight of a bushel varies from state to state, so the yields given here are approximate.

One bushel of fresh apples will yield 16 to 20 quarts of canned product; a bushel of tomatoes makes 15 to 20 quarts.

A bushel of sweet corn, approximately 35 pounds, yields 8 to 9 quarts and a bushel of spinach makes 6 to 9 quarts of canned product.

About 16 to 20 quarts of summer squash can be canned from one bushel of product and 50 pounds of pumpkin fill about 15 quart jars.

Knowing how much canned product can be obtained from fresh fruits or vegetables is economical to buy the product and can it yourself or buy the produce already canned, according to Dr. Tope.

Jars won't close?

Jars that don't seal after processing happen once in a while to every home canner, but when it happens often it's a good sign you're doing something wrong.

The most common reason is failure to read and the instructions on the package of lids, according to foods and nutrition specialists with the North Carolina Agricultural Extension Service.

Since each manufacturer uses a different composition for the sealing compound around the edge of the lid, following the directions on the box is very important.

A jar may also fail to seal if you leave the wrong amount of headspace at the top of the jar or forget to "knife out" any air bubbles inside the jar.

Failures can be due to defective jars or the use of jars other than standard canning jars.

Seals may fail if you don't process the food as long as recommended in a reliable

canning book or if there is food on the sealing edge of jars.

Not holding an even steady temperature during processing may also result in food on the sealing edge of jars. The same thing may happen if steam is released too quickly after processing. Let the pressure in the canner reach zero naturally before removing the cover, they advise.

Using bands that have dents, rusty spots or warped edges may cause uneven pressure on the lid and keep jars from sealing. Problems may also be caused by tightening or loosening the bands immediately after processing.

Don't lift jars by the tops or invert the tops while hot; either can prevent sealing. Always use tongs for removing jars from the canner and leave the jars with space between them in an upright position to cool.

Look who's new

Mr. and Mrs. Theron Plum of Raleigh, N.C., announce the birth of a son, Jordan Alexander, born May 27.

Mrs. Plum is the former Rita Jordan of Hertford.

Maternal grandparents are Mr. and Mrs. Ralph Jordan of Hertford and paternal grandparents are Mr. and Mrs. Rocco Brognano of Beaver Falls, Pa.

People briefs

Dr. and Mrs. H. B. Matthews, Jr. and family of Durham, were weekend guests of Mr. and Mrs. H. B. Matthews, Sr.

John McNeill of St. Pauls is a guest of Mr. and Mrs. Harrell Thach.

Mr. and Mrs. John Stallings and family of Greenville were weekend guests of their parents, Mr. and Mrs. Jimmy Sawyer.

Mr. and Mrs. J. T. Biggers have returned home after a visit with their son-in-law and daughter, Dr. and Mrs. W. A. Schaaf, in Gloucester.

Mr. and Mrs. Alan Latham and family of Greenville spent the weekend with Mrs. Latham's mother, Mrs. Marshall Owens.

Miss Sherree Moore, summer student at ECU, Greenville, was a weekend guest of Mr. and Mrs. Ben Thach, Jr. and Miss Donna Thach.

Mr. and Mrs. Dick Brewer have returned from a meeting at Asheville.

Mrs. Marie Elliott has returned to Murfreesboro after spending several weeks with her daughter, Mrs. Anne Young.

Miss Bonnie Hollowell of Rocky Mount was a weekend guest of her grandparents, Mr. and Mrs. Howard Matthews.

Mr. and Mrs. Howard Broughton and family of Southern Pines, Mrs. Hubert Dale of Raleigh, and Harry Broughton, Jr. of Raeford will arrive Friday to spend the weekend with Miss Louise Chalk.

Miss Caroline Wright left Sunday to spend the summer vacation with her mother, Mrs. Charlie Wright, at Jarvisburg.

Carlton Davenport, Jr. has returned to his home in Houston, Texas after a visit with his mother, Mrs. C. A. Davenport, Sr., who is a

patient at Leigh Memorial Hospital in Norfolk, Va.

Mrs. George Clarke of Petersburg, Va. spent a few days this week with her mother, Mrs. J. E. Morris.

Mr. and Mrs. Carlyle Woodard and family of Princeton, spent several days this week with Mrs. Helen Woodard.

Mr. and Mrs. Wallace Baker, Jr. and family of Clayton, were weekend guests of their parents, Mr. and Mrs. T. P. Byrum, in Hertford and Mr. and Mrs. Wallace Baker, Sr., in Belvidere.

Mrs. Anne Young and John Young are spending a few weeks in Murfreesboro with Mrs. Marie Elliott.

Miss Jo Davis Towse of Richmond, Va. was a guest of her parents Mr. and Mrs. Martin Towse, on Saturday.

Mrs. Herman Ward and Miss Ann Ward of Winston-Salem, spent a few days this week with Mr. and Mrs. J. W. Ward.

Mrs. Carol Woodard of Asheville spent several days this week with Mr. and Mrs. Charles Woodard and Mrs. Helen Woodard.

Mrs. Jackie Bowles of Norfolk, Va. was a weekend guest of her parents, Mr. and Mrs. A. F. Williams, III.

Mr. and Mrs. F. E. McCloskey and sons, Darrin and Todd, of Norfolk, Va. were guests of Mrs. Ben Thach, Sr. and other relatives on Sunday.

Mr. and Mrs. Reed Matthews and family of Plymouth were guests of Mr. and Mrs. H. B. Matthews on Sunday and attended the Matthews family reunion at the home of Crafton Matthews, Jr.

Mrs. J. Van Roach of Winfall and Mrs. Ellis Winslow and daughters, Sara Winslow and Leah Harris, of Belvidere spent last week at Nags Head.

Mr. and Mrs. Clinton Eley of Virginia Beach, Va. were

of the Association of Classroom Teachers. ACT sponsored a spring fashion

show in order to raise money for the band. (Photo by PAT MANSFIELD)

Service news

Brinn

Claudius Ray Brinn, son of retired Navy Captain and Mrs. R. T. Brinn of Front Street, Hertford, has been commissioned a second lieutenant in the U. S. Air Force upon graduation from Officer Training School at Lackland Air Force Base in San Antonio, Texas.

The lieutenant was selected through competitive

examination for attendance at the school, and will now go to Reese Air Force Base, Texas, for training.

Lieutenant Brinn, a 1973 graduate of Rocky Mount Senior High School, Rocky Mount, N.C., received a bachelor's degree in 1976 from the University of North Carolina at Chapel Hill. He earned a master's degree in 1979 from Duke University, Durham, N.C.

Crusade successful

Mrs. Joe Towe White, Jr., president of the Perquimans County Unit of the American Cancer Society, has announced that the 1980 Crusade has been highly successful.

Mr. Gene Boyce, Crusade chairperson and treasurer for

the county, stated that the goal has been exceeded.

"The American Cancer Society is grateful for the assistance of all who participated in this 1980 Crusade," said Boyce. "We share a common goal: a world free from cancer!"

VA offers career aid for veterans

The Veterans Administration Regional Office in Winston-Salem has opened a career development center in Winston-Salem that will assist veterans with the problem of unemployment.

Kenneth E. McDonald, director of the regional office, announced the opening of the center to be located on the first floor of the Federal Building, 251 N. Main Street, Winston-Salem.

The center will assist veterans who are unemployed, underemployed, and undecided about careers in preparing themselves for the job market.

Services include occupational exploration and career planning. Veterans can learn how to look for job openings, write resumes, and

fill out job applications.

Complete information on schools and training programs are also available. The center will help any veteran who needs assistance in developing job seeking skills and in preparing for a career best suited to the individual.

McDonald said he encourages interested veterans to visit the career development center Monday through Friday, from 9 a.m. to 1 p.m. or to telephone 1-800-642-0841 for additional information.

Horace Robert Long has been named to the spring semester dean's list at the University of North Carolina at Chapel Hill.

Long is the son of Floyd Long of Rt. 2 Box 1507, Perquimans County.

Summer mildew is everyone's problem

Hardly a home in eastern North Carolina escapes from summer mildew problems.

And anyone who's had clothing damaged by mildew will agree that precautions against it happening again are well worth taking.

According to Judy Walker, extension clothing specialist at North Carolina State University, molds causing mildew have a liking for moisture, darkness and warmth.

Unfortunately, clothing stored during muggy summer weather is a perfect setting for mold growth.

The best weapons against closet mildew are cleanliness, good ventilation and a dry atmosphere.

Because soil on clothing can supply nutrients for molds, clothing should be thoroughly washed or dry cleaned before storing. Clothes should also be hung as loosely as possible to permit air to circulate.

Shoes, suitcases and other leather goods should be stored on shelves.

Chemicals to dry the air can also help combat mildew. Silica gel, activated alumina and calcium chloride, often sold under trade names, help control growth by absorbing moisture from the air.

Silica gel and activated alumina are not harmful to fabrics and can be hung in cloth bags in closets, placed in

Hospital Notes

Mrs. Cora Stafford is a patient in Albemarle Hospital and Mrs. C. A. Davenport is a patient in Leigh Memorial Hospital.

Mrs. Anne Young has returned home from Leigh Memorial Hospital.

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