cial milk program, she described an's cuts in the lunch program as ertal" to its existence

"If the proposed (47 percent) cuts are approved, there is just no way the program can operate," said Mrs.

But Reagan's administration does not perceive the cutbacks as a threat to existing programs. In addressing the House Education and Labor Committee on proposed cuts, Deputy Secretary of Agriculture, Richard Lyng stated that the administration does not believe that ols will discontinue the child nutrition programs or that the increase

pation, becasue "local and state ments will offset these costs."

The Perquimans County school system presently receives an 1816 cent federal on all paid lunches, which yields a total of 80% cents on a 60 cent lunch. "But it costs us about \$1.12 to \$1.20 to pay for that lunch, including the food, labor, and electricity" said Mrs. Rogerson.

\$1.02 subsidy on each free lunch, and no reimbursement on adult meals.

Mrs. Rogerson cited studies that have proven that proper nutrition can be the effect of proposed cuthacks in the directly linked to good citizenship and nutrition program should imme proper study habits. "Too many studies write Corgressmen and Senators.

have proven that children do not learn well without eating breakfast and lunch," she said.

And while she maintained that a cutback in the breakfast program could have a serious effect on some students' performances, she said that she felt that the lunch program was serving more

"I would hate to have breakfast cut-The county school system recieves a out, but I feel we could serve more children with an uncut lunch program," said Mrs. Rogerson.

She said that parents concerned about nutrition program should immediately

Childbirth group sets meet

The Albemarle Parenting strategies, and changes that and Childbirth Education Association has set its second annual meeting and all day conference for Saturday, April 11, from 10 a.m. until 3 p.m. at the First United Methodist Church on the corner of Church and Road Streets in Elizabeth City.

The theme of this year's affect child bearing options. meeting will be "Choice, Change, Challenge."

Special guest speaker will be Margaret L. Clancy, attorney, from Rochester, New York, who will speak on care, discussing the trends, Alan Alda,

affect maternity care, how they are influenced and how to influence them.

Two other presentations will offer a look at the preferences in maternity care among women in the Albemarle area and proposed changes in North Carolina laws that

Three films will be shown: "Five Women, Five Births" a film about choices: "Fathers" - a film portrait, and; "Free to Be You and Me" - an animated film politics of women's health featuring Marlow Thomas and

A panel in the afternoon will lead a discussion on raising children in a changing and challenging world that will explore the role of the involved and nurturing father and the issue of non-sexist child-raising.

Michael Chapdelaine, classical guitarist and artistin-residence at College of The Albemarle, will share some

APCEA will report on the past year's activities and proposals for the coming year, and new officers will be elected by the membership.

Doors will open at 9:30 a.m. with a coffee and cake buffet and a bookstore available. Those attending should plan to bring a boxed lunch.

Childcare will be available by reservation only. Call Dee Spaeth at 338-2992 prior to

Advance sale price of tickets is \$4; admission at the door will be \$5. APCEA members qualify for a discount. Tickets may be obtained by writing APCEA, Box 2082, Elizabeth City, or by calling Kate Shales in Hertford at 426-8387.

Upside down car Washington Vern Lyons lost night and it wound up upside of Covent Garden Street. was demolished.

control of his car Monday down in the swamp at the end Lyons was unhurt but his car ar goes haywire, crashes into swamp

Washington Vern Lyons had a real scare when he lost control of his vehicle on Covent Garden Street Monday night.

The accident had Hertford policeman Vernon Brooks Hart scratching his head over what he felt was a very

unusual auto accident. make a left turn to park his car in front of his barber shop on King Street when the car

Lyons was attempting to straight ahead, right up Thomas Roger's driveway at the end of Covent Garden.

Lyons' 1973 Chrysler tore went haywire, he said. down the fence in Rogers' The car's steering, and back yard and continued 150 brakes failed, and the acmore feet before coming to rest upside down in the swamp though a little shaken. celerator got hung up. Instead

of turning, the car roared and brush behind Rogers' house, Hart said.

Lyons' car was demolished. and an estimated \$250 in damages was done to the fence, Hart said.

Lyons came out of it unhurt,

ommunity watch

(Continued from page 1)

He called the community watch program an information network. There is a watch chairman, a block captain, and watch members.

A watch member might report a suspicious looking vehicle to the block captain, who reports it to the chairman.

If the chairman gets several calls, he reports it to law enforcement authorities and they check into it. Block captains would warn other members to be on the lookout

There are also large signs that warn the potential housebreaker, "This community is watching you."

It's enough to make a thief nervous,

and that's just what the community watch is designed to do.

Perquimans County Sheriff's Department deputy Joe Lothian has said the department hopes to get citizen's watch groups organized across the entire county.

For more information, contact the sheriff's department.

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- industry over past 5 years.
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Tax tips Do-it-yourself

GREENSBORO - Last year more than one million North Carolina taxpayers prepared their own federal income tax returns, an Internal Revenue Service spokesman said.

With no change in the forms this year, even more may be able to figure their own taxes, according to the IRS.

This is especially true if the taxpayer files the short form 1040A, the spokesman said. only 17 lines and comes with Step-by-step instructions explaining how to fill it out.

The IRS offers a service to 1040A filers that enables the taxpayer to complete the return down through line 11, sign it and send it in. The IRS will compute the tax and send the refund or bill the taxpayer for the additional tax.

on said date.

iated.

For those taxpayers figuring their own taxes this year, the IRS offers more than 90 free publications on various tax topics.

These publications can be ordered by calling the forms toll-free number, 800-241-3860 For personal assistance with the forms, call IRS toll-free at 1-800-822-8800.

North Carolina taxpayers filing a Federal tax return may choose to help finance the 1984 Presidential Election Campaign at no obligation. This one page form contains according to the Internal Revenue Service says.

> When filing 1980 Federal tax returns, taxpayers may designate, or choose not to designate, a dollar of their taxes to the 1984 campaign by checking the appropriate box or boxes on the tax form.

Designating a dollar per taxpayer to the fund will not increase a tax bill nor reduce

Campiagn Fund was established in 1971 to enable the American public to take part in the nation's most expensive political campaign.

The Presidential Election

a refund, the IRS said

Only those candidates qualifying under the guidelines of the Federal Election Commission can Campaign fund receive money from the fund.

Free workshop

Free tax assistance will be available at the Municipal Building this Tuesday, March 24 from 7-9 p.m.

Internal Revenue Service and Elizabeth City State forms. University, will help fill out income tax reports.

One faculty member, who is

forms (such as the W2) along. Tax help set

a licensed CPA, and two

business majors who have

completed a course on taxes

Anyone interested in

receiving this free help,

should bring the necessary tax

will be on hand for questions.

for seniors

Volunteer Income Tax Assistance is made available for elderly and low income persons, by the Internal Revenue Service at the Masonic Hall, located at 210 Hyde Park, in Hertford.

Volunteers In Tax This is a free service Assistance, sponsored by the available to help elderly people in preparing basic tax

The service is available personal state and federal Monday through Friday until April 15. Hours are 9 a.m. until

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flowers should be removed by

owners, from all Town maintained

cemeteries by April 6, 1981 or the

Town of Hertford will remove same

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harmacy, 191 N. Church Street. Hertford, NC, Tel. 426-5527 Stop home poisonings Pharmacists across America support Poison Prevention Week in an effort to spotlight the proper usage and storage of household products and drugs.

A single swallow of some home products can be fatal. So, never store poisonous solutions in drink bottles or food containers. Respect the potential danger such poisons det for, but in emergencies call the Poison Control ser, first, for advice. You, also, ought to "spring m" your medicine chest