

Winslow of Belvidere wins state tractor driving contest

Perquimans County netted a state championship during this year's 4-H State Congress held in Raleigh, July 23 through 25. Scottie Winslow, son of Mrs. Judy Winslow of Route 1, Belvidere, brought home the honors with his first place win in the 4-H State Tractor Driving Contest.

Scottie, age 16, won first place in the Perquimans County contest held July 9 in Chapanoke. As state champion, Scottie will now compete in the Regional Contest to be held in Richmond, Virginia during September 28, 29, and 30th.

The contests consist of both a 4-wheel trailer event and a 2-wheel trailer event in which a course of stakes, liles, and gates must be maneuvered, as well as a written Tractor Maintenance and Safety Quiz, and a Tractor Parts I.D. Quiz.

Scottie swept the competition in the driving events but even his lower scores on the quizzes did not stay his close six point win. Twelve youth from across the state compete in the State Finals.

Jeff Copeland, Perquimans County Extension Agent said, "I was really glad to see the support Scottie had from his home folks, with his grandfather, mother, brother and two friends accompanying him in his victory. Scottie has a good chance to win the regional event because of his skill in driving although he will have to study a little harder for the written part. Hopefully, having a state winner from our county will encourage more participation in our county contest this coming year."



Scottie Winslow of Belvidere, is the new State Champion in the 4-H Tractor Driving Contest held in Raleigh.

Country corn contest announced

Bill Jester, Perquimans County Extension Chairman and Chairman of the Rural Development Panel announced that the Rural Development Panel will again sponsor a corn yield contest in Perquimans County.

Only one entry per farm is eligible for award, however several applications may be submitted if production practices are different. Three trophies will be awarded to the top three entries at the annual corn banquet.

Panels: Tony Short, Soil Conservation Service (426-5545); Tommy Lynn Riddick, Agricultural Stabilization and Conservation Service (426-5802); and Bill Jester, Perquimans County Extension Service (426-5428).

The purpose of the corn contest is to recognize production practices necessary to produce outstanding corn yields, to encourage all of our farmers to strive for higher corn yields and to reward those producers who are producing high yields. Jester indicated that anyone in the county who grows more than one acre of corn may enter.

The harvested area must be a continuous area with four straight sides and minimum area of one acre. There must be a minimum of two rows similar produced corn on harvested area. At least one member of the Rural Development Panel must be present at the harvesting and weighing of the yield.

Last year's winner was J. Preston Morgan of the Whitehat community. The county contest was won with a yield of 162.6 bushels per acre. Anyone entering this corn contest will also be eligible for the N.C. Corn Contest. Jester indicated that it would facilitate harvesting process if the grower had the plot blocked out and had the combine and truck ready to go.

Perquimans Gardening



By Jean Winslow

Try a new type of salad green for this fall: feidsalat or corn salad. I ordered some seed from Burpee, which I just planted. House & Garden magazine suggests tossing these tender leaves with a little vinegar, oil, pecans and roquefort cheese.

While planting for fall, keep in mind that a family of four can use:

- 25 cabbage plants
- 1 pkg. each: kale, lettuce, beets, mustard, radish, spinach, and turnips.
- 30 broccoli plants
- 25-50 collard plants

Mark day lilies as they bloom. Next spring, after danger of frost is over, you will be able to divide your favorites for the following summer's bloom.

The best defense against drought damage in gardens is a good soil preparation. Here, as always, your compost pile will be a great help. The decayed vegetable matter, when incorporated into the soil, will act as a sponge trapping moisture for the benefit of thirsty roots.

NEVER spread compost or peat moss on top of the soil. The material will trap the water, and eventually shed the surplus. Get your muscles and elbow grease on, dig in with "vigah." It'll pay off, believe me. (What do you mean, hire somebody? Cheater.)

This area's encounter with unusually dry conditions will — and should — make us all stop and consider planting dif-

ferent varieties of plants, and eliminating those that are too demanding.

Looking around the area, I notice a paucity of the following drought resistant perennials:

- Armerea alber, white thrift;
- Artemesia, silver mound;
- Coreopsis;
- Eryngium, blue top eryngo;
- Gaillardia, blanket flower;
- Kniphofia, red hot poker;
- Salvia azurea, blue salvia;
- Yucca Smalliana, Adam's needle.

When you order perennials this fall, consider some of these along with your favorites.

Report reveals consumer habits

Have you ever wondered how your eating patterns and food buying habits compare with other American consumers? According to Kraft's "Consumer's Right To Know" program, food consumption and consumer trend surveys have revealed many interesting facts about the changing patterns in the American way of eating. Comparing data from surveys by government agencies, market research organizations, and independent companies in the food industry, Kraft has compiled a "food profile" of today's consumers.

"These surveys suggest that, when it comes to food, today's consumers are better educated, more demanding, and put a greater emphasis on quality," Kraft reports. "Their major food buying concerns include cost, nutrition, and lifestyle."

To cut grocery expenditures, shoppers

are choosing such alternatives to expensive beef cuts as poultry, pork, hamburger, fish, cheese, and non-meat products. Redeeming coupons, shopping for sales, less impulse buying, using leftovers and more home gardening and canning are other consumer methods for coping with rising prices. Although price is the major consideration in food buying, nutrition is still a concern.

Nutrition labeling, food additives and weight control are important issues. One survey revealed that there has been a 33 percent increase in the number of people on a weight-watching or reducing diet.

Major trends in American households are two-income families, more single-person households, and more women in the workforce. As a result, demand for convenience products, labor-saving

equipment, and small-portion packaging is growing. At the same time, the previous trend toward more eating away from home is beginning to decline, due to rising fuel prices and general inflation. A return to eating at home is indicated. With more women in the workforce, more men are doing the grocery shopping and cooking.

"All of this data," Kraft notes, "suggests that we are in an era of transition as people continue to cope with changing economic, demographic, and social patterns."

Roster of county War soldiers now available

History of the 27th through 31st Regiments of the North Carolina troops and the names and service records of approximately 7,000 Civil War soldiers are included in a new roster.

Volume VIII of "North Carolina Troops, 1961-1965; A Roster," published by the N.C. Department of Cultural Resources' Historical Publications section is off the press and now available according to editor Weymouth T. Jordan.

Included in the volume is a roster of a Perquimans County company, the

Raleigh national Historic Site.

Children should be between the ages of two months and two years of age. They will appear in the August 18th performance of the drama to celebrate the birth day of Virginia Dare.

Knowles said mothers must be available the night of the performance to be backstage with the children until time for them to appear on stage.

Photographs will be permitted during the auditions. Interested parents seeking further information can call 473-2127 from 9 a.m. to 5 p.m., Monday through Friday.

Seniors sponsor trip

The Perquimans County Senior Center is sponsoring a trip to Las Vegas, Nevada. The tentative date is set for November 15-19. The cost of the trip will be approximately \$500 per person. All ages are eligible for this trip.

The package includes four nights at the Las Vegas Hilton and the round trip air fare departing from Raleigh Durham Airport. If you are interested or would like additional information, please contact Patti White at 426-5695.

Cook's corner

This layered salad has been a tradition in my family. The secret is the homemade mayonnaise but use real commercial mayonnaise if you are not adept at making your own. Use perfectly ripe vegetables! You will be sure to enjoy this as a garnish for and summer meal.

Several tomatoes, cucumbers, onion. Slice vegetables — drain on paper toweling. Layer in a deep souffle dish — top with generous amounts of salt and pepper and spread with a layer of mayonnaise. Repeat layers of vegetables and mayonnaise — ending with

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mayonnaise. Sprinkle with fresh dill or basil and lightly with peprika. Cover and refrigerate until serving time.

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Nixon places second

Nickie Nixon was second overall in placings in the State 4-H Livestock Judging Contest held in Raleigh, July 20. Nickie who is the son of Mr. and Mrs. Ed Nixon, of Route 1, Hertford, was in competition with other young people from across the state.

Nixon along with Rebecca Rayburn, daughter of Mr. and Mrs. Walker Rayburn, and Jimmy Twine, son of Mr. and Mrs. James E. Twine, of Perquimans County Junior Team judged market hogs, Hereford hieifers, Suffolk ewes, market lambs and market steers.

NOTICE

The Board of Commissioners of Perquimans County will offer for sale by sealed bids the following vehicles formerly used by the Perquimans County Sheriff's Department.

- One 1976 Plymouth, 4 Dr., Sedan
- One 1978 Plymouth, 4 Dr., Sedan

Sealed bids may be submitted in writing to the undersigned clerk on or before 8:00 o'clock P.M., August 17, 1981. The Board reserves the right to accept or reject any or all bids.

Perquimans County Board of Commissioners

By: Jeanne C. White, Clerk to the Board

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