

# Church notes

**Pool's Grove Baptist Church** will conduct regular Sunday morning services this Sunday with William Turner in charge of the Sunday Church School at 9:45 and pastor, J.L. Wills, delivering the morning message at 11.

Music during the worship service will be presented by the H.V. White Choir.

On Wednesday night, at 7 p.m., Midweek prayer service will be held at the church.

Superintendent R.B. Gibb will be in charge of the Church School this Sunday morning at **First Baptist Church**.

The morning worship will follow with pastor, J.H. London, preaching

from the subject: "Playing Second Fiddle". The young adult choir will sing under the direction of Mr. Larry Felton, organist. The Youth Ushers will be in charge.

A celebration of the Young Adult Choir's anniversary will be held at 2 p.m. that afternoon. Many singing groups and choirs of the area will be present with their special guest being the "Mighty Clouds of Faith," of Elizabeth City.

Rev. London, host pastor, invites all choirs and friends of music to be present.

Later, that evening at 8 p.m., the James Boyd Gospel Union will present a program at the church. Also present will be the Starlight Gospel Singers, the United Gospel Singers,

and the Heavenly Keys, all of Elizabeth City, the Shiloh Male Chorus, the Gates County Caravan of Gatesville, and The Perquimans County Male Chorus.

Everyone is invited to any or all of these services.

**Bay Branch AME Zion Church** will hold Sunday School at 10 a.m. with Mrs. Esther Hunter, Superintendent, in charge.

The Morning Worship will begin at 11:15. The Senior Choir will sing under the direction of Barbara Shannon, organist.

At 1:30, a service will be given by the Junior Usher Board. Rev. W.L. Leigh, pastor, invites the public to attend.

# Heart Fund elects officers

Mrs. Ben Thach, President and Fund Raising Chairman of the Perquimans County Heart Association, has announced the following list of officers for the 1982 Heart Fund Campaign.

Mrs. Archie T. Lane, Jr. will be the secretary, Roy Chappell, Jr. will serve as treasurer and Memorial Gifts Chairman; Miss Juanita Divers is the Public Information Chairman; Asa Richardson, the Special Benefits Chairman; and Mrs. Charles Murray will serve as Special Gifts Chairman.

Miss Elaine Pritchard will be the High School and Health Careers Chairman. The Health Careers Club will sponsor Balloon and Tag Days at the school.

Mrs. Eric Haste, Jr., will be the Hertford Business Day Chairman and Jack Symons will chair the Winfall Business Day.

Rural Heart Fund Chairman will be Mrs. Paige Underwood. She will be assisted by Mrs. Juanita Bailey who will be in charge of the 4-H clubs.

Heart Sunday Captains for Hertford are Mrs. Emmett Landing, Mrs. Charles Harrell, and Mrs. J.H. Towe. Captains for Winfall will be Mrs. Walter Humphlett, Jr. and Mrs. Robert Newton.



Hertford Mayor Bill Cox proclamation stating that February will be Heart Fund Month. Mrs. Ben Thach yesterday with a



Juanita Bailey instructs a class in microwave cooking last week at the Agriculture Extension Office.

# Extension news

Some thirty-four county women recently attended a Microwave Workshop held at the County Office Building. Major emphasis during this workshop was focused on microwaving meats.

Home Economics Extension Agent, Juanita T. Bailey stated that "microwaved meats cook in one third to one half the time it takes to cook them using your conventional range".

Homemakers preparing meats in the microwave should realize that less tender cuts of meat such as chuck roasts need to be (1) cooked in liquid, (2) tightly covered and (3) cooked on low to medium power setting in order to be juicy and tender.

Bailey also cautioned those attending not to overcook meats. "Always cook your meats the minimum amount of time given in the recipe. Allow for standing time, then test for doneness. If its not cooked to your satisfaction, return it to the oven

and continue to cook up to the maximum time given in the recipe."

**Workshop Favorite**  
**CABBAGE ROLLS ITALIAN STYLE**  
Power Level: High (10) Time: 22-26  
8 large cabbage leaves (from outer layers of cabbage)  
1/2 c. water

In 3-qt. casserole dish, place cabbage and water. Cover. Microwave at High for 7-9 minutes, or until leaves are pliable.

**Meat Mixture**  
1 lb. ground chuck beef  
1 egg  
1 c. pkged., precooked (minute) rice  
3 T. chopped onion  
1 t. salt

While cabbage is cooking, mix together ground beef, egg, rice, onion and salt. Divide meat mixture into 8 equal portions. Place one portion on each partially-cooked cabbage leaf and roll meat into leaf, securing with

toothpick if necessary. Return to 3-qt. casserole, placing rolls seam-side-down.

It is easier to form cabbage rolls if you shape the meat mixture into rolls about 3 inches long. Place each meat roll on the base of the cabbage leaf over the heavy vein. Fold the sides of the leaf over the meat and roll up. Secure the roll with a wooden pick if necessary.

**Sauce**  
2 8-oz. cans tomato sauce  
1 T. sugar  
1 t. oregano  
Blend tomato sauce, sugar and oregano. Pour over cabbage rolls. Cover casserole. Microwave at High for 15 to 17 minutes, rotating dish 1/2 turn and basting with sauce after 9 minutes. Yield: 8 cabbage rolls.

## Card of Thanks

I want to thank everyone who remembered me in any way while I was a patient in Albemarle Hospital and since my return home, and especially the many churches. Your thoughts, cards, prayers and other acts of kindness will always be appreciated.

Travis White

## Note of Appreciation

The family of Dennis Cartwright would like to thank everyone who remembered us in any way during the illness and death of our loved one. For the beautiful flowers, cards, food, visits, prayers and all other acts of kindness shown, we are thankful. God bless each of you.

The Family

## Card of Thanks

The family of Mrs. Mattie M. Winslow would like to express sincere thanks to friends, neighbors and relatives for their kind expressions of sympathy at the death of our loved one.

The flowers, cards, food, kind words and especially prayers were greatly appreciated.

May God bless you all.

You are cordially invited to attend the Fiftieth

Wedding Anniversary Reception

honoring

Mr. and Mrs. Hurley C. Hooper

on Sunday, February Seventh

Nineteen Hundred and Eighty Two

From Three until Five o'clock

at their home

712 West Grubb Street,

Hertford, North Carolina

Given by

Mr. and Mrs. Don Holman

Don and Billy

Please omit gifts

For your information

Dear friends,

We try in this series of 'open letters' to provide the public with information on funeral arrangements and death benefits which is not readily available elsewhere. If at any time you have questions not answered here, we welcome your visit or phone call to bring your query to our attention.

Respectfully,

Mrs. Susan Swindell  
**SWINDELL FUNERAL HOME**

# People briefs

Mrs. Crafton Matthews spent a few days last week with Mr. and Mrs. Fraizer Miller at Virginia Beach, Va.

Mr. and Mrs. Ray Winslow and family were weekend guest of Sgt. and Mrs. Will Green at Beaufort, S.C.

Miss Donna Thach, student at ECU, Greenville, spent the weekend with her parents, Mr. and Mrs. Ben Thach, Jr.

Mrs. Ann Young and John Young were weekend guests of Mr. and Mrs. Bill Blackwell at Centreville, Va. While there, they visited friends in Lancaster, Pa., also.

Mr. and Mrs. Don Chesson and family of Raleigh spent the weekend with Mr. and Mrs. Jake Chesson.

Miss Sue White of Virginia Beach, Va. spent the weekend with her parents, Mr. and Mrs. Julian White.

Miss Ann Rogerson is spending some time with her mother, Mrs. LaClaire Rogerson.

Mrs. Frazier Miller of Virginia Beach, Va. was a weekend guest of Mr. and Mrs. Crafton Matthews.

Mrs. Dick Brewer spent the weekend with her mother, Mrs. Annie Corey, at Williamston.

Mrs. Anniebelle Whitley and Mrs. Seymour Chappell have returned home from Albemarle Hospital.

# Lane wins BNC program

Daisy G. Lane is one of the winners of the Bank of North Carolina's 1981 Incentive Program, it was announced recently by President and Chief Executive Officer, Charles F. Merrill.

A native of Perquimans County, Ms. Lane won Second Place in the statewide promotion. The purpose of the Incentive Program was to increase sales efforts and bring in new deposits, and was open to every bank employee.

Ms. Lane joined BNC in 1977 and is a member of the Jayettes, the P.T.A. and is a Band Booster. She has one daughter, Sheri, age 14.

## HOSPITAL NOTES

Mrs. Naomi Bright, Mrs. Steve Perry, Sr., Lloyd Lane, Earl Riddick, and Elton Layden are patients in Albemarle Hospital.

# Senior calendar

The following is a schedule of events for the coming week at the Perquimans County Senior Center located on Grubb Street in Hertford.

- \*Feb. 4 - Ceramics, 9:30; Bible Study Class, 1-3 p.m.
- \*Feb. 5 - Resthome Retreat at Center, 10 a.m.
- \*Feb. 8 - Macrame Class, 9-12; Home and Personal Security Talk, 1 p.m.
- \*Feb. 9 - Basket-weaving Class, 9:30-4.
- \*Feb. 10 - Aerobic Dance, 10 a.m.; Bingo, 2-4 p.m.
- \*Feb. 11 - Ceramics, 9:30; Bible Study Class and Luncheon, 12-3 p.m.

Would you like to make your home safe from intruders? Do you know how to defend yourself if attacked? What type of locks are right for your home? Are you a single woman living alone and concerned with your personal safety?

Answers to these questions can be

heard at the Senior Center on February 8, at 1 p.m. Marshall Merritt, Hertford Police Chief, will be the speaker.

## Card of Thanks

I would like to thank the Perquimans County Rescue Squad and everyone who remembered me while I was in the hospital and since my return home, and for the gifts, flowers, cards and visits. It made me realize how nice it is to have friends. Thanks,

Bob Spivey

## Card of Thanks

I would like to thank everyone for remembering me in any way while I was in Pitt Memorial and Chowan Hospitals with your prayers, flowers, cards, visits and every act of kindness. It makes me realize anew how wonderful it is to have good family and friends who care. May God bless each of you.

Addie N. Keegan

<p>Member FTD <b>DOZIER'S FLORIST</b> Harris Shopping Center Day Phone 426-5721 Night 426-7592</p>	<p><b>WOODLAND Dress Shop</b> 108 S. WOODLAND HERTFORD 426-5620</p>
<p><b>DARDEN Department Store</b> 109-111 N. CHURCH ST. HERTFORD 426-5464</p>	<p><b>HOLLOWELL OIL CO.</b> SUPPLIERS OF OIL PRODUCTS GOODYEAR TIRES PHONE 426-5745</p>
<p><b>WINSLOW-BLANCHARD</b> Your FORD Dealer</p>	<p><b>A 10% DISCOUNT ON ALL PRESCRIPTIONS</b> IS OFFERED TO ALL OUR CUSTOMERS 60 YEARS OF AGE OR OLDER 426-5527 <b>WOODARD'S PHARMACY</b></p>
<p><b>BYRUM FURNITURE CO.</b> 117 W. Market St. We Buy and Sell Antiques PHONE 426-5262</p>	<p><b>Phillips' Furniture Co.</b> FACTORY OUTLET NEW &amp; REJECT FURNITURE U.S. 17 BYPASS, HERTFORD, N.C.</p>
<p><b>REED OIL COMPANY (Exxon Products)</b> Hertford, N.C.</p>	<p><b>PEOPLES BANK &amp; TRUST COMPANY</b> MEMBER OF FDIC HERTFORD, N.C.</p>