

Perquimans revisited

Rebecca Spivey, art teacher at left) and students Phyllis Young the wall of the Hertford Hard-

College of the Albemarle (far and Beverly Stallings, work on ware building.

Perquimans celebrates lunch week

are celebrating National School Lunch Week like other schools throughout the nation and their special emphasis is "Eat Well, Your Body can Tell."

This theme ties right in with the philosophy of the School Food Service program in Perquimans County where the name of the game is getting the children to eat, according to LaClaire Rogerson, Child Nutrition

Director. "We have to get these children to eat,"she said. More people are eating she said, with 1300 lunches being served during the month of September. Last year 85 to 90 percent of the student enrollment was fed in the

lunchrooms, according to Rogerson. The school foods program is the only unfunded program in the Perquimans system, according to Rogerson. Food, supplies, salaries and equipment are paid for from federal reimbursments and funds generated by lunch sales. The county also has an allotment of 10 cents per plate for USDA commodity foods.

Approximately 77 percent of the students are receiving free or reduced meals which means that the county is reimbursed for what the students don't pay. Current prices for school lunches are 40 cents for reduced lunch, 80 cents for kindergarten through sixth grade; 90 cents for grades 7 through 12 and \$1.25 for adults.

Central Grammar School is on the Type A food system which means that they get all five of the food entrees with no choice. The other schools, Hertford Grammar, Perquimans Union and Perquimans High operated on the "offer versus serve" plan in which students can choose any three, four or five food items being offered.

Students can also purchase supplemental items such as cinnamon rolls, peanut butter cake, juice, drinks, desserts and chef's salads.

For breakfast, students are offered choices everyday. Choices of a bread, fruit and milk are offered each day for breakfast.

The Perquimans staff has a total of 24 with a manager in each school. "I think we have a really good program," said Rogerson, "we have the best managers in the state." The four lunchroom managers are Eleanor Wilder, at Hertford Grammar; Doris Chappell, at Central; Lula Newby, at Union; and Edith Mansfield, at the high school. Each school has worked hard to corate and all of the cafeterias

The Perquimans County Schools are very attractive said Rogerson. The staff also takes great care in making the foods attractive because if it doesn't look good, the students won't eat it, according to Rogerson

> Rogerson encourages parents to visit the school lunchrooms to see how the school foods system has changed over the years. Mrs. Rogerson and the school food staff does everything they can to provide good attractive meals for the students each day to keep the customers coming back!

Feeding North Carolina's children lunch and breakfast at school is one of the larger business enterprises across the nation.

Some 2,016 schools serve lunches and 1,599 schools serve breakfast too. About 180,150 young customers (27 per cent) eat their breakfast at school each day. Some 742,797 students (73 per cent) eat a nutricious lunch daily. All these meals keep about 12,000 employees

busy daily. Nearly 48 per cent of our students pay for their lunch, about 8 per cent receive a reduced-price lunch, and 44 per cent eat this meal without paying. Breakfast appears to be a really needed meal, especially by the 82 per cent who eat it at no charge as well as the 6 per cent who receive their breakfast at a reduced-price, and the 12 percent of the students who purchase their breakfast. The average cost per plate last year for breakfast was 61 cents; average cost per platefor lunch was \$1.09. The total cost of the two programs was almost \$100 million.

Breakfasts have been served in North Carolina schools since 1968-69 when the first 84 pilot program schools began serving 11,180 children daily. When a school breakfast program is initiated, the simplest menus which meet federal requirements are usually accustomed to the program, menus broaden to choices within the breadcereal and fruit-vegetable or juice components. Most schools serve unflavored milk at the breakfast meal. Meat or meat alternate items

are included about twice a week.

The school lunch program began in
North Carolina in 1946. The pattern for a lunch requires 2 ounces of meat or meat alternate, % cup of fruit or vegetable or juice, bread or equivalent to total 8 servings per ek, and 1/2 pint of fluid milk. Portions of these required sizes fulfill approximately one-third of the recommended daily dietary

requirements for chidren aged 9 - 12 (about 4th - 7th grades). Portion

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Voters to decide fate of recreation program Perquimans County voters will missioners any more power than

have the opportunity to decide the fate of the county recreation program on election day, November

On the ballot is the Perquimans County Parks and Recreation Tax Referendum asking voters to vote for or against a county funded supervised recreation program.

If the referendum passes, the county will fund the recreation program, according to County Commissioner Welly White, but if it is voted down, "I don't see any way that we can fund it," White said.

White, who supports recreation said the county is now funding about \$30,000 of the recreation budget. The town is providing \$10,000, which could mean, according to White, " If the budget stays like it is, an extra penny could be added to the tax rate.

The purpose of the tax referendum said Board of Commissioners Chairman Joe Nowell is to "more or less get feelers from the people.

"I personally feel that the people will pass it. I think that recreation has been good for the county and I certainly am in favor of it." Nowell said. He continued that recreation is a part of the continued growth of the county and he is not in favor of ending the program.

Members of the recreation committee are concerned that the wording of the ballot is misleading.

They contend that the referendum

they already have and that the real issue on the ballot is whether or not the people want a county recreation

"There's nothing you can do about the ballot now, but mark yes on it." commented Mary Ruth Smith, a member of the recreation committee and an avid supporter of the county recreation program.

According to Smith, the committee is launching a campaign to inform the public about the recreation program and to make them aware of what the ballot really means.

Recreation supporter Wayne Winslow said the county recreation program is a necessary function within the community and said it 'helps entice industry to the com-

"I don't feel the voting will be a fair measure of whether or not they need the recreation program because most of those who benefit cannot vote." Winslow said.

Hertford Mayor Bill Cox also supports a county funded supervised recreation program. "Recreation department brings people into our town and community and has a definite effect on our economy." he said.

"I think we especially need this in Perquimans County where there is not a great deal of commercial recreation, like theatres, skating rinks and pools," he continued.

County commissioner Lester Simpson supports recreation but is against county taxpayers having to foot the bill. He feels participants in the recreation programs should pay for them.

"I think it's a good thing to have the people vote to find out how they really feel. We've always had it (recreation) and I think we'll always have it," Simpson commented.

In addition to providing athletic programs and events like youth and adult basketball, baseball, football and volley ball, the program provides programs in arts and crafts, gymnastics, tennis lessons and tournaments, T-ball for children from 5 to 8 years old, special events and activites and programs for senior citizens. These events are open to all county residents.

According to statistics provided by the recreation department, 64 percent of the total participation in Recreation Department events from September 1980 to February 1982 were county residents. Thirty-six percent were Hertford residents.

Breaking down the figures, for senior citizens events 59 percent of the participants were county residents; in adult events, 66 percent were county residents; and for the children's events 65 percent live outside of town.

Recreation committee members fear that voter participation will be down because this is an off-year election and are urging everyone to

Council supports recreation

By VAL SHORT

The Hertford Town Council voted unanimously to support a county supervised recreation program and went on record in support of a "yes" vote in the upcoming referendum.

"I feel it should be county funded. lock, stock, and barrel," commented councilman Jesse Lee Harris.

The action came during the council meeting Monday night.

The referendum will be part of the upcoming election November 2. which will give voters a chance to vote for or against a county-funded recreation program.

In other business the council reappointed John London to the ARPD-Board and appointed Joe Towe White to the 503 committee of the Albemarle Development Authority.

The council also approved the purchase of a personal liability insurance policy covering elected officials, police personnel and volunteer firemen. The policy will cost \$1,419 for \$1 million dollars of coverage.

Councilmen also approved the purchase of a flow meter for the

Waste Treatment Plant for \$4,000. The council approved \$100 for the Newbold-White House and voted to run underground electrical service to the site manager's trailer at no cost.

In other business, the council: ·discussed the new parking ordinance, which would make a parking violation a civil penalty.

·passed a resolution in support of the Coastal Resource Commission.

·discussed annexation of areas surrounding the town and directed Mayor Bill Cox and town attorney William Bentley to investigate.



Receiving a kiss of approval from little Anna Short of Hertford, is "Annie," who

will be on sale with her other doll friends at the Festival of Skills October 22 and 23.

Miriam Haskett is making the dolls for her booth at the Festival, which will be one of

thirty booths on display. (Photo by Val Short)

Annual Festival of Skills in near future

The Second Annual Festival of Skills will be held in the old White's Boarding House building on Church Street in Hertford. On Friday and Saturday, October 22 and 23, the old boarding house will come alive with a variety of craft items.

Over thirty craftsmen and organizations have responded to an invitation issued by The Perquimans County Extension Homemakers Association to join in this year's

The doors will be open from 10 a.m. to 9 p.m. on Friday to a wonderhouse filled with Christmas ornaments.

wood craft, ceramics, dolls, macrame, basketry, smocking. quilting, cross stitch, dough art and much, much more. The Festival will continue on Saturday from 10 a.m. to

Craftsmen who will demonstrate and sell their wares are as follows:

Mrs. Helen North will again demonstrate her talents with postage

Elvis Perry will be selling his homemade hearth brooms. Nancy Hobbs will have a variety of machine embroidered skirts,

pocketbooks, and pillows.

Margie and Anxie Wood will demonstrate how to make thier smocked items and pillows.

The Belvidere-Chappell Hill Fire Department Ladies Auxiliary will be selling a variety of canned goods such as pickles, relish, jellies, jams, beets and preserves.

Lindsey E. Barber will have sconces, clocks, book-ends, recipe & pencil holders, children's TV stool, puzzles, candle holders, and many more types of woodcraft for sale.

Ruby Stanley will demonstrate her skill at crocheting and will be selling sweaters, vest, hats, and scarfs.

Ann White and Miriam Haskett will again be selling their adorable dolls. Sonny Fletcher will be selling and demonstrating his pottery.

Joyce Hobbs will have a display of her handmade baskets for sell and will show you how to make your own.

Louise Knight and Patricia Benton will have felt ornaments and crocheted items, Christmas and fall decorations.

Emma Burke will have a variety of crafts including macrame, grapevine wreaths, stuffed items and

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