Perquimans People-

Phone line offers help to those in need

By VAL SHORT

If you are frightened and in trouble and in need of someone to talk to there is someone waiting to listen on the other end of Hopeline.

Hopeline - 338-3011 + is a 24 hour telephone service to provide an anonymous, compationate, trained ear for those in need.

Hopeline is for anyone - man, woman or child, who needs help, according to Janice Boyce, Hopeline volunteer.

The service is operated by volunteers who are on call all day and night for people in need. Hopeline was developed by the Crimes Against Women Task Force of Camden, Currituck and Pasquotank counties, which was organized under the N.C. Council on the Status of Women.

The program is funded for those counties, but according to Mrs. Boyce, Perquimans and Chowan will soon be added to the program. However, she said no caller would be

Hopeline is designed to be a sounding board for abused children, spouses, rape victims, and anyone in need, according to Mrs. Boyce. Volunteers working with the Hopeline are trained to help people make decisions about what needs to be done. Volunteers point out options and help build up the caller's self esteem.

"We let them know that help is available, which is something that a let of people just don't know," commented Mrs. Boyce.

"When they call us, they have already made that first decision they need help," she said.

Hopeline is manned by an answering service in Elizabeth City. The service takes the caller's name and number, gives the message to the Hopeline volunteer on duty and the call is returned within minutes. This enables volunteers to work out of their homes.

Hopeline also has a hospital call group, made up of seven volunteers. who will meet a rape or abuse victim at the hospital if requested, according to Mrs. Boyce.

Although the program receives some funding from the state, counties are not required to pay the costs of the program, said Mrs. Boyce. Other funding sources include the Elizabeth City Foundation, personal contributions and civic organizations.

The Hertford Business and Professional Women's Club is planning to take Hopeline as one of its projects this year, said Mrs. Boyce. They are encouraging PTAs and other civic groups to also get involved in the program.

For those in need, Hopeline provides motel accommodations, hospital costs, taxi and other travel costs and costs for trips to home. Mrs. Boyce said the long range plan for the program is to have a safe home available for these people.

"Volunteers are what we really need," said Mrs. Boyce. Hopeline is currently operating with approximately 30 volunteers in four counties. She said the program needs at least 30 more.

Three training sessions are provided for volunteers by professional counselors, law enforcement personnel and lawyers. The caring and compassion comes naturally for these volunteers, ac-

"When things get tough - when the economy is bad and people are out of work - we get a lot of spousal and child abuse," said Mrs. Boyce and for some of these victims, Hopeline may mean a way out.



Engagement announced

Mr. and Mrs. George E. Drawdy of oute 1, Edenton announce the marriage of their daughter Vivian L. to W. Howard Sutton, son of Mr. and Mrs. Charles H. Sutton of Route 2, Edenton.

The wedding is planned for 3 P.M. oh March 20 at Bethel Baptist Church. No invitations are being sent. Friends and relatives are inited to attend. Address the

The bride is presently employed at NCNB in Hertford and is a graduate of Perquimans County High School. The groom is employed with Winn-Dixie Stores in Edenton and is a



Drawdy

graduate of John A. Holmes High

Roanoke history class offered

iversary Celebration will begin during the year 1984. The College of The Albemarle's Continuing Education Division wishes to

The Roanoke Colonies 400th An- familiarize interested persons in the history and meaning of this celebration.

Registration begins. March 17 and the course will end April 21.

Add potato skins to your menu

1 stick melted butter

11/2 cup grated cheese

Bake potatoes at 400 degrees for 1

hour. Cut in half and scoop out the

pulp with a spoon. Cut skins in length-

wise strips about 2 inches wide. Place

on a baking sheet, brush with butter, sprinkle with salt and pepper. Bake

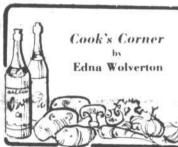
at 475 degrees for 5 minutes. Top with

grated cheese. Bake 5 minutes more.

Serve hot. (use the potato pulp for

salad, mashed potatoes, soup, etc.)

Potato skins appear to be a new item of the menu at many restaurants. I have experimented with their preparation and have found that the following process works well for me. Serve with a



variety of garnishes-bacon crumbs, black olives, sour cream, minced green onions, parsley, dill weed-oruse your imagination. The skins are a delicious appetizer or serve them as a garnish for soups. Ooops-I almost forgot-when you have left over skins from other potato recipes-freeze them-thaw and prepare.

Potato Hides 8 baking potatoes



1983 **SCHEDULE**



Continuing Education Non-Credit ADULT INTEREST Courses

	COURSE	BEGINS	ENDS	DAY(S)	TIME	LOCATION	FEE	
	Adult Basic Ed.	3-15	5-26	T&Th.	7-10	Voc. Center	Free	
	Crafts	3-16	5-25	Wed.	10-1	Wynn Fork Courts	\$15	
	Drawing (Basic)	3-15	5-24	Tu.	8:30-11:30	Belvidere-Dr.Rm.	\$15	
	Drawing (Advanced)	3-15	5-24	Tu.	12:30-3:30	Belvidere-Dr.Rm.	\$15	
,	Macrame' & Hammock	3-17	5-26	Th.	12:30-3:30	Belvidere-Dr.Rm.	\$15	
	Painting-Oil & Acrylics	3-14	5-23	Mon.	8:30-11:30	Belvidere-Dr.Rm.	\$15	
	Painting-Oil & Acrylics	3-14	5-23	Mon.	12:30-3:30	Belvidere-Dr.Rm.	\$15	
	Painting (Mural)	3-17	5-26	Th.	8:30-11:30	Belvidere-Dr.Rm.	\$15	
į	Religion	3-15	5-24	Tu.	7-10	Voc. Center	\$ 8	
ľ	Religion	3-17	5-26	Th.	1-3	Sr. Cit. Cntr.	\$ 8	
	Religion	3-18	5-27	Fri.	10-1	Wynn Fork Courts	\$ 8	
	Sewing	3-14	5-23	Mon.	10-1	Wynn Fork Courts	\$15	
	Sewing	3-15	5-24	Tu.	7-10	Voc. Center	\$15	
	Tole Painting	3-15	5-24	Tu.	7-10	Voc. Center	\$15	
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Call Gladys Hall - 426-5539 Tues. & Thurs. 7-10 p.m.

REGISTRATION will be during the first two weeks at the beginning of the class period for the above general interest (non-credit) courses. Registration is on a first come, first served basis. Persons 65 years of age and overmay enroll at no charge for tultian. Social Security numbers will be needed.

COLLEGE OF THE ALBEMARLE IS AN EQUAL OPPORTUNITY INSTITUTION

School menus

The Perquimans County Schools March 7-11.

Monday-Breakfast-pancakes- crisp, hot rolls and milk. honey or cereal, fruit or juice and and milk.

Tuesday-Breakfast-French toastjelly, cereal, fruit, juice and milk. Lunch-Tony's Pizza or hogieburger- Lunch-fish portion-cornbread or bun, tossed salad, fruit cup, Mgrs. hamburger-bun, cole slaw, French choice vegetable and milk.

Wednesday-Breakfast-sausage have released their breakfast and biscuit-grits, cereal, fruit, juice and lunch room menus for the week of milk. Lunch-sloppy joe-bun or pork choppette, corn, fried okra, apple

Thursday-Breakfast-doughnut or milk. Lunch-sausage biscuit or steak cereal, fruit or juice and milk. biscuit, macaroni and cheese, green Lunch-chicken pot pie or chuckbeans, applesauce, vegetable sticks wagon-bun, green peas, fruit cup, sweet potato puff, toast and milk.

> Friday-Breakfast-honey bun or cereal, fruit or juice and milk. fries, baked beans and milk

Ruritans sponsor benefit supper

A benefit supper for Linda Mc-Pherson and family will be held this Saturday, March 5 at the Durants Neck Fire Department Building. Barbecue plates will be sold for \$5

beginning at 4 P.M.

The supper is sponsored by the Durants Neck Ruritan Club.

Call Willard Pettengill at 264-2594

Classifieds - 426-5728

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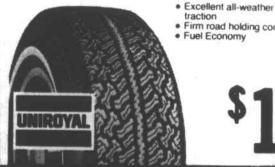
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