

## Extension salutes volunteers

# Perquimans County 4-H program is for adults and children

Four H—for adults. Yes, 4-H is for adults as well as youth. 4-H provides leaders an opportunity to grow and watch others grow. "4-H allows you to work with kids and share in their excitement over achievements in 4-H," says Sherry Harrell who is the organizational leader for Town and Country 4-H Club.

Volunteers don't have to be Superman or Wonder Woman to be a 4-H Volunteer Leader, but they must have a liking for and an understanding for kids, plus have the stamina to keep up with active youth. The 4-H philosophy is "Learn By Doing" which is the basis of all 4-H work. Volunteers help youth learn by doing when they share their special skills or hobbies with 4-Hers. The volunteer leaders also learn by doing as they help with 4-H meetings, organize club calendars and other club activities.

Mary White likes to think of herself as the advisor to the newly organized Horse Club. When asked why she

became a 4-H leader, Mary immediately stated, "I believe in children loving animals. 4-H can help achieve this. I want to share with children the love and respect that I have for horses; the fact that animals can be a child's best friend and to help children experience the pleasure of horse back riding."

Volunteer leadership is the art of influencing others in the making of decisions. Leadership is developed through learned behavior and requires the ability to find, develop and encourage the talents of others. Ginger O'Neal, Activity Leader for Town and Country Club, believes that involvement is important to volunteer leadership.

"Often we as parents forget that we need to be involved in our children's activities in order to help them. My son Richard is in a 4-H club which is why I volunteered to help," said Mrs. O'Neal.

There are dozens of ways you can

### Extension News



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By Joannita Bailey  
Ext. 44 Agent

be a 4-H volunteer. With work, home activities and other involvements, you may not feel you have the time. But, you don't have to make a life commitment. You can volunteer a few hours a month or a few days, or even give a once-a-year commitment.

When Carol Roberts was asked why she became a 4-H leader, the response was "I was asked! Sometimes that's all it takes." She further stated that "It's a bit different with my husband, A.O. Roberts. He really enjoys working

with young people. He puts his work with the young people first." Carol and A.O. are leaders for the New Hope Club.

Many 4-H volunteers have found that the list of things they can share and do are endless. Share a skill connected with a hobby or your profession. Think of all the help that you as a volunteer could give a youngster in high school who is in the process of making the most important decision of his life — his career.

Mrs. Emma Burke, Organizational Leader for the Pooles Grove Club, feels that 4-H is a part of her career. "Being a 4-H leader has given me an opportunity to meet new youth and adults, learn skills to share with 4-Hers, and learn new ideas by attending various workshops."

4-H volunteer leaders have the opportunity to teach a small or large group any subject, ranging from cooking to needlecraft, wood-working, electrical skills, automotive

skills, bicycle safety and on and on.

Other volunteer leaders who deserve much praise for their work as 4-H volunteer leaders include: Ann Schallock — Town and Country Club; Douglas Layden — Belvidere; Geri Layden — Belvidere; Brenda Dail — Belvidere; Lucy Johnkins — Pooles Grove; Harrell Thach — 4-H Horse Club; Billy Wooten — Town and Country.

This is only a brief list of volunteers who have helped organize 4-H clubs in our county. However, the list of volunteers — donors, judges for 4-H activities, sponsors of 4-H trips, and volunteers who conduct

workshops — is endless. On behalf of the Perquimans County Extension Service, HATS OFF TO ALL VOLUNTEERS who provide continuing support for our county 4-H program.

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## Plant pole beans, cantaloupe, squash

After the 15th, these vegetables may be planted:

Pole beans — ¼ lb. per person. Try 'Kentucky Wonder 191,' 'Dade,' or 'Blue Lake.'

Cantaloupe — 12 plants per person. 'Classic,' 'PMR 45,' 'Burpee Hybrid,' or 'Ambrosia.'

Cucumber, pickling — ¼ packet. Try 'Carolina,' 'Calypso.'

Cucumber, slicing — 'Poinsett,' 'Sweet Slice.'

Pumpkin — ¼ packet per person. 'Big Jumbo,' 'Howden's Field,' 'Spookie' (small).

Squash, summer — ¼ packet per person. 'Seneca Prolific' (yellow), zucchini 'Elite' (green).

Tomato plants — 15 per person if you are into freezing and canning. 'Whopper (VFN),' 'Mt. Pride,' 'Marion,' 'Better Boy (VFN)'. Extension agent Bill Jester, Perquimans County, adds to this list "Beefmaster (VFN)," 'Terrific (VFN)' and 'Wonder Boy (VFN).'

### UNDERSTANDING THE BAD GUYS

Let's dissect VFN. Simple when you know the words.

Verticillium is a wilt. This is a cool-climate fungus disease that may be detected by leaves turning yellow

and dying from the base up. The plant slowly wilts away. Destroy immediately when you know you have been attacked.



Fusarium wilt is a serious fungus disease. Fungi are flowerless parasites. If the host is living, the fungus is called a parasite; if dead a saprophyte. By producing threadlike mycelium, they are able to send out spores and seeds. The spores are tough. They can harbor over winter and can be lurking in your garden soil, hungry for one more tomato plant. Hence, it is important to rotate crops. Burn infected plants.

Nematodes are worm-like var-mints that thrive on damp soil and decaying matter. Such plants as eggplants, cucumbers and tomatoes are attacked through the roots. Small

gals form interrupting the plant's ability to assimilate nourishment. Roots may die. Look for stunted plants with few flowers. Destroy infected plants and fumigate soil.

How can this be avoided, you cry? The answer is to purchase VFN-resistant plants. Tags on plants will usually indicate this. When you buy, for example, 'Better Boy (VFN)' you know you are protected. If in doubt, ask your nurseryman.

### GUESS WHO'S BACK

Ah, yes, the crabgrass. Crabgrass absolutely bugs a lot of folks. As I've said before, it's green, so I basically join it rather than fight. But for you purists out there, here are the names of some approved chemical crabgrass herbicides. N.C. State specialists suggest Balan, Betasan, Presan and Dacthal. The trick is to do it right this minute, or it will be too late.

Do not apply Balan until one year after your yard has been seeded if you planted fescue or bluegrass. Tupersan may be used the same spring you seed your yard. As always, read the labels very carefully, and follow to the letter.

Ah, yes, the fescue and the bluegrass. Its growing. Straight up.

Grow time is mow time, but don't think you can cheat and save a mowing or two by scalping the yard. Cool weather grasses should be kept two to three inches high, which requires your presence behind the machine of your choice about every five days during spring. Then warm weather inhibits its growth, and things calm down a bit.

Do not mow grass when it's wet. Grass is shallow-rooted and may be pulled out of the ground.

Remove clippings if they are heavy enough to mash the grass down. Put in compost pile.

While recently planted grass needs irrigation, as a general rule it shouldn't be watered during the summer, as cool season grasses do not grow during hot weather. Watering may induce too much growth and bring on pest and disease problems. I'm so glad I don't have to water grass. The time we spend in the summer 'dragging the hose,' is incalculable. I'd rather be sailing.

April 21, 22, 23

# FCX PRICE BUSTERS

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## Notice Of Public Hearing Town Of Winfall

The citizens of the Town of Winfall are hereby informed that the Town intends to submit a Small Cities Community Development Block Grant (CDBG) Application to the N.C. Department of Natural Resources and Community Development. The Town's application will include the following proposed projects.

1. **KING STREET COMMUNITY REVITALIZATION PROJECT —**  
Activities will be carried out in King Street, White Street, Louise Street and Cathryn Street neighborhood. Proposed activities include:
 

a. Acquisition .....	\$42,600
b. Public Facilities .....	171,770
(drainage and street improvements)	
c. Clearance .....	8,800
d. Relocation Assistance .....	19,000
e. Housing Rehabilitation .....	318,625
f. Planning and Administration .....	69,000
<b>Total Project Cost</b> .....	<b>\$629,795</b>
  
2. **WINFALL DEVELOPMENT PLANNING PROJECT —**  
The Town proposes to study the feasibility of constructing a sewer system for the Town of Winfall. The end product of the planning project will be an application for the future CDBG funding.  
Total Project Cost .....

3. **WINFALL LOCAL OPTION PROJECT —**  
The town proposes a local option project to rehabilitate 12 houses occupied by elderly, low and moderate income homeowners. Proposed activities include:
 

a. Housing Rehabilitation .....	\$98,400
b. Administration .....	10,000
<b>Total Project Cost</b> .....	<b>\$108,400</b>
<b>Total CDBG Program Cost</b> .....	<b>\$784,195</b>

In order to allow the Citizens of Winfall to comment on proposed CDBG projects, the Town will conduct a public hearing on April 28, 1983, at 8:00 P.M. at the Town Hall. All interested citizens are invited to attend.

Lloyd Ray Morgan, Mayor

# CASH REBATES

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