

SCHOOL

Central Grammar School to host Fun Fall Festival Saturday

By DEBBIE STALLINGS
From pickled herrings to a glass house, the entire community will find a special treat this Saturday at Perquimans Central

School's Fun Fall Festival
The day will begin at 6:30 a.m. with an all-you-can-eat pickled herring breakfast. Tickets for the breakfast are \$2.50 each. Con-

tact Terry Williams at 426-7696 or the school at 426-5332 for your tickets. Breakfast will be served from 6:30 to 9:00 a.m.
From 10:00 a.m. until 3:00 p.m.

there will be all kinds of games, entertainment, shops, displays, and food. The games for the children will include golf, fishing, ring toss, bowling, beanbag toss,

and dart game. Also there will be face painting, helium balloons, train rides, greased pigs, and frustration car. McGruff the Crime Dog and Smokey Bear will be there throughout the day. A magic show and a 4-H Puppet Show on fire prevention will entertain children of all ages.

the Coast Guard.
Homemade chili and crackers, hot dogs, hamburgers, sodas, coffee, popcorn, cotton candy, and peanuts will offer something for every appetite. We will also have a bake shop for all of those extra homemade sweets that everyone enjoys.
This year all of the games, shops, exhibits and concessions will be set up on the front lawn. The only things in the building will be the finger printing, magic show, and puppet show.
Parking will be available in the back of the school this year. No parking signs will be erected for your convenience and, most importantly, for the safety of the children. The public is asked to cooperate in observing these signs.

Scholarships available for foreign study

In 1986 outstanding high school students from each of the 50 states will be appointed by their Senators and Congressmen to receive full scholarships to travel to Japan for the summer or Germany for the year. The nomination process for these scholarships will take place this fall.
These two prestigious and highly competitive programs are known as the Japan-U.S. Senate Scholarship Program and Congress-Bundestag Youth Ex-

change Program. This fall all high school principals in the United States will receive notification of these programs along with applications forms on which to make the school's nomination (s) for each program.
The Japan-U.S. Senate Scholarship Program, now in its fifth year, began in 1981 when the Prime Minister of Japan came personally to the U.S. Capitol to announce the establishment by the Japanese government of 500

scholarships spread over a five-year period allowing American students to participate in YFU's summer home-stay program in Japan. This program is open to high school juniors and requires that a student have a minimum grade point average of 3.2 on a four-point scale and also be a proven leader in school and community activities.
Nominees compete with other applicants from their state. Applications are evaluated, first by a trained selection committee which selects the state semifinalists. The semifinalists are in-

terviewed by Selection Panels in each state composed of educators and YFU representatives.
This panel selects the 100 finalists who then receive appointments from their Senators. Scholarship winners participate in an extensive orientation program in Washington, D.C., where they visit their Senator's office and are received at the Japanese Embassy before departing for Japan in June. Deadline for receiving nominations from the high schools for next summer's program is November 4.

Lunch menus

The following is a list of menus for the Perquimans County Schools for the week of Nov. 4 through 8.
Monday—breakfast, toast with sausage link or cereal, fruit juice, milk.
Lunch, chicken patti on bun or hot ham & cheese, tater tots, green beans, corn, fruit cup, milk.
Tuesday—breakfast, doughnut or cereal, fruit juice, milk.
Lunch, sloppy joe on bun or steak biscuit with cheese, potato wedges, green peas, tossed salad, fruit, milk.
Wednesday—breakfast, ham

biscuit or cereal, fruit juice, milk.
Lunch, hot dog on roll or pimento cheese sandwich, french fries, vegetable soup, Mgrs. choice vegetable, fresh fruit, milk.
Thursday—breakfast, coffee-cake or cereal, fruit juice, milk.
Lunch, hamburger on bun or pork patti with biscuit, cheesy potatoes, lima beans, apple sticks, milk.
Friday—breakfast, cheese toast or cereal, fruit juice, milk.
Lunch, spaghetti or fish and cheese nuggets, shoestring fries, slaw pineapple, mixed vegetables, cornbread, milk.

Strep throat presents problem

The time of year is approaching when sore throats and colds are common. Some sore throats are caused by streptococcus germs ("strep throat") and are most common among children and young adults. Strep throat occurs most during the winter months when children are confined in school.

who will take a throat culture. After the diagnosis is made, treatment will be indicated by the doctor.
Certain symptoms are commonly found in children with strep throat. These include: sudden onset of a sore throat, particularly with pain when swallowing; fever, swollen, tender glands under the angle of jaw; headache, nausea or vomiting. If a child has had one or more attacks of rheumatic fever, every effort should be made to help them follow their family physician's orders. (Written by: Robert E. Gwyther, M.D., Chapel Hill, N.C. family physician as a public service of the North Carolina Academy of Family Physicians.)

Band Boosters to sell paper

The Perquimans County Band Boosters Association is currently selling Christmas wrapping paper. Rolls of paper are available for \$5.50 each. To purchase the paper, contact any Band Booster

Member or call: 264-2410, 264-2789 or 426-8357 after 6:00 p.m. Proceeds from the project will go towards financing a concert tour of Florida.

COA offers nursing course

C.O.A. offers an 11 week Nurses' Aide course to be held at Brithaven Nursing Home in Edenton beginning Nov. 11th. Classes will run Mon-Thurs.

from 8 a.m. until 3 p.m. There is a \$51 dollar fee. Contact C.O.A. Admissions Office or Ray Winslow at 335-0821.

Second Bridges Cycle set

College of The Albemarle will conduct the second, on-campus cycle of its 1985-86 Bridges Program next month. Applications will be accepted through Nov. 15.
The 11-week, GED preparation, job-seeking, and job-keeping skills course will begin on Tuesday, Nov. 19, and will continue through Feb. 19, 1986. Applications can be submitted

between 9 a.m. and 3 p.m. each day Monday through Friday, in C Building, Room 113 at the college. Marcy Thrash, Bridges intake officer, will provide applicants with complete program details.
The Bridges Program is funded under the Job Training Partnership Act (JTPA).

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As with any sore throat, using salt water gargles or Tylenol and rest are helpful. However, strep throat needs special attention.

It is extremely important to treat strep throat with antibiotics. This is because it can result in rheumatic fever—if left untreated. Rheumatic fever is potentially a serious disease that results in inflammation and scarring of the valves of the heart most commonly the mitral valve, located on the side that does the pumping to most of the body.
Most people recover from acute rheumatic fever if they get proper treatment. There may be permanent damage to the heart especially with repeated episodes. Once a child has had the disease, he or she becomes more susceptible to another attack than other children.

It is impossible to know if a child has strep throat unless he or she is seen by a physician—




Fossilized animal bones, carbonated to 29,700 years ago, were found at a Bering Strait land bridge site in 1975. They seem to prove man migrated from Asia to the U.S. since the animals were slaughtered by men.

KIDS KORNER

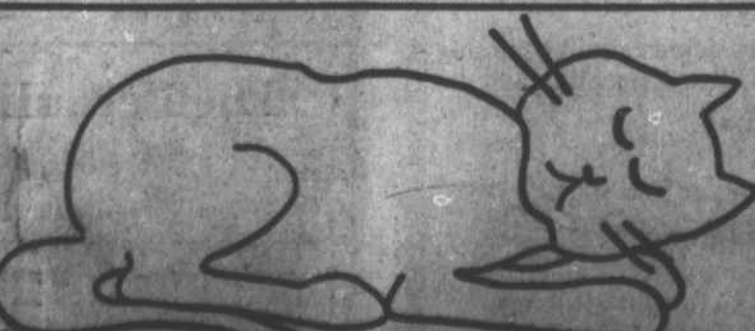
by: Alice Brown

HAPPY
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RECIPE

TOADS HAIR
FROGSTOES
HORSES TOES
ANCHOR DUST
BLUE RUST
GRODGY



WRITE TO:

KIDS KORNER
113 Covert Garden
Hertford, N.C.
27944
PHONE 426-5946

I WILL LISTEN.
I WILL RESPOND.

Together We Can Make Hertford Better.

I Would Appreciate Your Vote On Nov. 5th For Hertford Town Council.

T. ERIE HASTE, JR.

Paid for by T. Erie Haste, Jr.