

# Local News

## Area meeting set for homemakers

Extension News



north carolina  
AGRICULTURAL  
EXTENSION  
SERVICE

By Juanita Bailey

The June Area meeting for Extension Homemakers and the general public titled "Summer-time Desserts—Nutritious, Inexpensive and Creative"—will be conducted on June 12, 1986 at 7:30 p.m. at the Perquimans County Extension Auditorium. Why an educational program on desserts? Well, desserts are an integral part of a menu and as such should be given some consider-

ation. Think of them not just as something sweet to be tacked onto the end of the meal, but as a way to round-out—fill in—the day's nutritional needs. Not enough fruit of a day's meals? Then include a fruit dessert. Insufficient milk or eggs? Then plan to serve ice cream or custard or a milk-rich chocolate pudding. The day's diet short or cereal? A bread or rice pudding will help fill in the gaps. The choice of a dessert is as important as the meal it will follow. It's a matter of common sense—of creating variety, sustaining in-

terest and adding a final, well-chosen touch so that the tone of a meal carries through to the end. A heavy meal is best followed by something light and tart; a bland one by something fairly substantial. Aim, too, for a contrast of flavors, colors and textures so that the meal, from start to finish, is delicately balanced.

Desserts cover a variety of items. Mark your calendars now and plan to come and learn how to select and prepare nutritious, inexpensive and creative desserts to help balance and add variety to your family meals.



CAMPAIGNING—Pete Thompson, (left) Democratic candidate for the N.C. House of Representative, met with about a dozen members of the community recently to discuss campaign plans for the June 3 Primary. Thompson will face Winnie Wood in that election in hopes of securing a spot on the November ballot. Pictured with Thompson is Bill Cox.

**All Bedding Plants**  
**1/2 Price**  
**Rose Bushes 6 for \$20<sup>00</sup>**  
**12 for \$30<sup>00</sup>**  
**LEARY PLANT FARM**  
Rt 1, Rocky Hock Rd, Edenton 221-4671

**N.C. House Of Representatives**  
**1st DISTRICT RUN-OFF ELECTION**  
Tuesday, June 3rd. . . 6:30 A.M. to 7:30 P.M.  
**VOTE FOR**  
**R.M. (Pete) THOMPSON**  
HE SUPPORTS THE IDEA OF STATE PAYMENT FOR MANDATED LOCAL PROGRAMS!  
(Pd. Political Adv., J.C. (Pete) Dall, Tr.)

**DISPATCHER**  
Perquimans County is currently seeking applicants for a part-time dispatcher. Midnight to 8:00 a.m. shift. Experience in communications desired but not required. Applications may be obtained at the County Manager's office in the Perquimans County Courthouse. Equal opportunity employer.

## NOTICE

Under and by virtue of the authority vested in me by section 105-369 of the North Carolina General Statutes and pursuant to an order of the Town Commissioners of the Town of Hertford, May 12, 1986, I am hereby advertising tax liens for the year 1985 upon the real estate described below. The name of the person to whom the real property is listed in the principal amount of tax and interest and advertising cost will be added. If the tax remains unpaid, the lien will be foreclosed by the taxing unit and property sold to satisfy the taxing unit's claim for taxes.  
This the 22nd day of May 1986

Matthew Bailey	\$17.63
Fenton Bemby	102.13
Kim & Paula Bemby	25.37
Willop Lee Blanchard	82.57
James Boyce, Sr.	179.16
Vernon & Ella Mae Brickhouse	109.97
Percy Brothers	15.49
Jimmy Byrum	192.03
George W. Cooper	79.20
Louise Davis	125.22
Will & Sybil Elliott	41.55
Curtis & Mary Etheridge	78.66
James Everett, Sr.	144.74
Charles & Georgia Fain	63.43
John Edward Felton	31.56
Charlie & Grace Ferebee	114.20
Theoris R. Ferebee	86.86
Samuel & Johnette Forehand	65.70
Roy & Gladys Hall	39.35
William P. & M. Harper	90.42
Fred Harvey	79.30
George Harvey	66.45
Robert Harvey, Sr.	95.41
Robert Harvey, Jr.	43.70
Scott & Edgar Harvey	81.15
Alfred & Willie Hasty	168.34
Gladys T. Hall	21.11
Lena Hourmous	83.45
Mary James	49.97
Calvin Lee Johnson	86.85
Louvenia Jones	51.17
Quinton & Judy Jordan	172.61
K.C. Farms	141.21
Lester Keel	160.61
Elnora Lane	3.27
Raymond & Pam Lassiter	215.55
Alvin & Mary Lee	111.33

Joseph & Pat Lightfoot	25.23
James & Linda Logan	126.73
Washington Lyons, Jr.	142.63
Celestine Modlin	34.57
Donald Richard Matthews	37.15
Marie Moore	31.39
Mary Morris	48.05
Ronald & Carol Mosley	179.16
William T. & Margaret Nixon	206.43
NC Dist. Assembly of God	124.79
Leonard & Gwen Overman	259.16
Curtis & Darlene Shambry	24.55
Jesse & Ann Simpson	16.17
James & Hattie Skinner	82.32
John H. Skinner, Heirs	88.34
Raleigh Skinner	47.75
Shirley Speller	15.57
Dennis & Dorothy Stallings	55.81
Jimmy Stallings & Clyde Sutton	188.13
Lee R. Stepney	47.09
Moran Sutton	74.93
Elizabeth S. Thatch	156.03
Lonnie Thatch, Sr.	15.54
Sam Tillet, (Est)	55.29
Willie & Catherine White	105.20
Joseph Winslow	23.48
Sarah Young	11.44
Mrs Gertrude Zachary	54.40
Junious Zachary	31.59
Shelton Zachary	23.78
Sidney Parson, Jr.	44.55
Sarah Sills	19.31
C. T. Dixon, Jr.	25.80
Robert & Charlie Gregory	29.50
O. T. Peal	114.30
Jimmy D. White	21.50

### Teenage Suicide:

## Symptoms are often a cry for help

Each year more than 6,500 teenagers make the final choice to take their own life. And, tragically, the numbers are getting worse, the North Carolina Medical Society reports.

Adolescence has always been a turbulent period, where great physical and emotional changes take place. But growing up appears to place a greater strain on today's teenager than any other generation.

Perhaps that's why the teenage suicide rate has climbed nearly 300 percent in the past 20 years, outstripping the general rate by a shocking 280 percent. One of the primary causes is the widespread use of alcohol and drugs, which experts blame for more than half of last year's teenage suicides, more than 3,000 in all.

In most cases, suicide is not a sudden or precipitous act, says Dr. James D. Vargo, chief of staff at Ridgeview Institute in Smyrna, Ga. It is usually preceded by an extended period of gradual change. The teenager becomes moody and withdrawn. He develops an "I don't care" attitude about health, appearance, and schoolwork. He is preoccupied with death.

These symptoms are often a silent cry for help. If you detect them in a teenager close to you, seek professional help right away.

## Oven stuffer a cinch

I have recently discovered how tasty the new oven stuffer roaster chicken can be. My first experience with the tender bird bought raves from my family. I did not stuff the chicken instead I prepared the dressing separately. It was a cinch to cook the

also sold in pieces that are equally as delicious.

**GREEN STYLE DRUMSTICKS**  
4 large oven roaster stuffer drumsticks  
salt and pepper  
3 tablespoons butter, melted  
1 teaspoon fresh minced garlic  
1 tablespoon lemon juice  
3/4 cups bread crumbs (I use homemade!)

2 teaspoons oregano  
2 tablespoons parsley flakes  
Season drumsticks with salt and pepper. Combine butter, garlic and lemon juice; rub over drumsticks. Combine bread crumbs, oregano and parsley. Roll drumsticks in bread crumb to coat well. Place on a baking sheet and bake at 375 degrees 60-75 min. or until tender. Serves 2-

4. (This is delicious with buttered noodles and fresh spinach!)

## Look who's new

**ADAM O. SANDERS**  
Mr. and Mrs. Stephen O. Sanders of Robbins, N.C. announce the birth of their first child, a son, Adam Oneal Sanders, born May 11, 1986, at Moore County Memorial Hospital, Pinehurst, N.C.

Maternal grandparents are Mr. and Mrs. L. Clinton Winslow, Jr. of Belvidere, N.C.

Paternal grandparents are Mr. and Mrs. Sydney L. Sanders of Moncks Corner, S.C.

Mrs. Sanders is the former Miss Anna Elizabeth (Beth) Winslow.

**STEVEN K. BAREFOOT**  
Mrs. & Mrs. Steve Barefoot of Rt. 1, Willow Springs, N.C. announce the birth of their son, Steven Keaton Barefoot, born May 23, 1986 at Rex Hospital, Raleigh, N.C.

Maternal grandparents are Mr. & Mrs. Robert R. Keaton of Hertford. Maternal great-grandmother is Mrs. Carlton Cannon.

Paternal grandparents are Mr. & Mrs. Warren Barefoot of Willow Springs, Great Springs. Paternal great-grandparents are Mr. & Mrs. Amos A. Walton of Willow Springs.

Mrs. Barefoot is the former Bobbie Jean Keaton of Hertford.



roaster. The internal thermometer pops up when done. The results, a tender, moist bird, ready for the table. The roasters are

**Mycitracin** Upjohn  
**TRIPLE ANTIBIOTIC FIRST AID OINTMENT**  
**...WHEN THERE'S A CHANCE FOR INFECTION, YOU NEED MYCITRACIN!**

**WE HAVE MOVED**  
  
**Wm. S. Blakemore, M.D.**  
**Ophthalmology**  
101 Mark Drive  
Edenton, N.C.  
**482-7471**  
the grey building behind the Chowan Hospital

**Swindell Monument Company**  
Monuments  
Markers  
Mausoleums  
Available in granite (of various colors) or marble  
We Are Direct Factory Representatives  
Call Larry Swindell  
509 Dobbs St. 426-7311

**FREE FRUIT TREES**  
MADE AVAILABLE BY APA REALTY:  
  
IS APA REALTY'S LOGO.  
Apples, Peaches and Apricots sounds fruity, so we're going to give a certificate for a free fruit tree to anyone who purchases a home or lot through APA Realty. Offer ends September 30, 1986. Call APA Realty 9 a.m.-5 p.m. at 264-3317 or after hours call Andrew at 264-2685, Michelle at 426-7874 or Rick 264-3323.  
Visit us at Southside Plaza 3 1/2 miles South of Elizabeth City. We'll give you a choice as broad as the Albemarle. Then we'll tell you what APA really stands for!!!