

# Sports

## Scrimmage scheduled

Friday, August 22nd the mighty pirates of Perquimans County High School will take on Camden High School in a scrimmage game. Game time is 8 p.m. and season

tickets will be on sale at a cost of \$10.00 each. Admission to the scrimmage game will be \$1.00 without a season ticket. Come out and support the team!

## Senior calendar

August 21, Bible Study, 1:30-3:30, Aug. 22, Blood Pressures Checked for Free, Aug. 26, Bible Study, Aug. 27,

Bingo, Aug. 28, Bible Study. Last week's Bingo winners were Elizabeth Thach and Hester Reid.

## Extension news

By PAIGE L. UNDERWOOD  
ECONOMICS EXT. AGENT  
With the high cost of clothing, building a working wardrobe becomes a major investment and, as with any investment, you want to get the most for your money. Proper maintenance is essential to keep your clothes in good condition, help them last longer and make you look better. Spending a lot of money for clothes does not automatically ensure that they will wear well and be trouble free.

The ole Squeeze Test is still most reliable weather it is silk, wool, etc. If wrinkles remain—most likely it's a sized garment. How a garment is cleaned depends upon the fiber content, fabric weave or finish and the design. Always check the labels and jot down on a note card the biber content and the care recommended for each piece of fabric you purchase.

Prevent laundry mishaps by paying special attention to care labels, using the washer and dryer properly, and taking time to remedy common problems.

To avoid shrinkage—Be especially careful to avoid high temperatures

for washing and drying. Also, use slow agitation for machine washing. Once a garment has shrunk, restretching it may be impossible.

To avoid stretching—acrylic knits need to be moistened with a steam iron, then blocked and pined to the ironing board or a towel to dry.

Color problems such as graying could be caused by improper sorting or too little detergent, lack of hot water, oversized load or insufficient soaking.

To avoid linting use fabric softener in rinse.

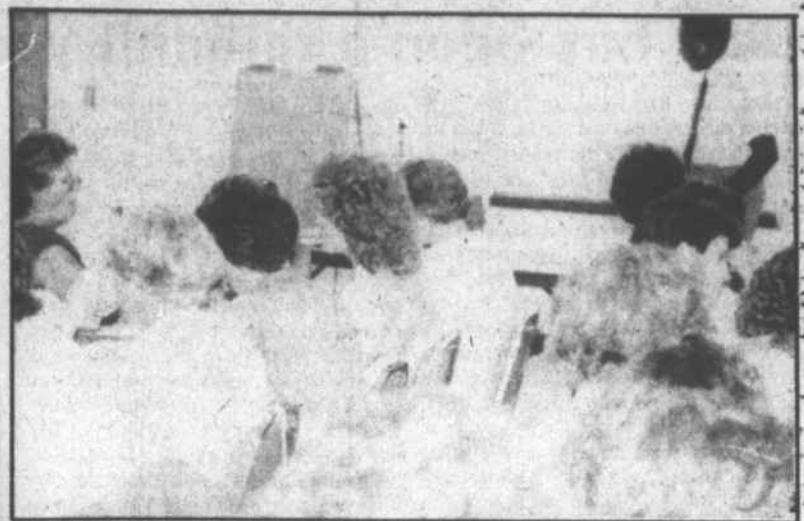
To prevent pilling—(Little balls of fabric) turn garment inside out before laundering, and use slower agitation and short cycle. Use disposable razor to remove pills from smooth textured knits.

To prevent snags, pulled buttons and broken zippers—mend clothing and fasten all closures before washing—turn knits and items with intricate trim inside out to prevent snagging. What gets washed, usually must be ironed—cotton silk, linen.

Prevent ironshine by using a press cloth or soleplate cover.



Perquimans county educators gathered Wednesday and Thursday for a series of mini-workshops organized by Chris Barber, career development project evaluator.



Mr. Odell Watson is shown here conducting his workshop entitled, Communicating within the educational environment.

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## Bowman-Gray signs contract

WINSTON-SALEM, NC—The Bowman Gray School of Medicine of Wake Forest University has signed an agreement with Vital Signs Inc., a New Jersey medical products firm, to make and market an inhalation mask invented by Dr. Henry M. Chilton, associate professor of radiology. "This is an important step in the evolution of Bowman Gray's research relationship with the private sector," said Dr. Richard Janeway, "The mask developed by Dr. Chilton is our first research advance directed at the marketplace through the patent process."

obtain pictures of the gas distribution through the patient's lungs. They use the test to determine if the patient has blood clots in the lung, chronic lung disease or other respiratory problems.

"The masks we formerly used did not have the mouthpiece," Chilton said. "Many of our patients are ill and don't have the strength to inhale enough gas to get a good test. So we would have to repeat the procedure. At \$100 for each dose of Xenon, a repeat procedure becomes expensive.

The Chilton mask will be used by patients undergoing lung function tests. The mask is equipped with a mouthpiece that allows the patient to inhale a small amount of Xenon gas. Doctors use imaging equipment to

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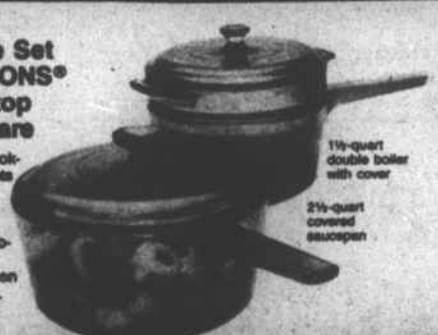


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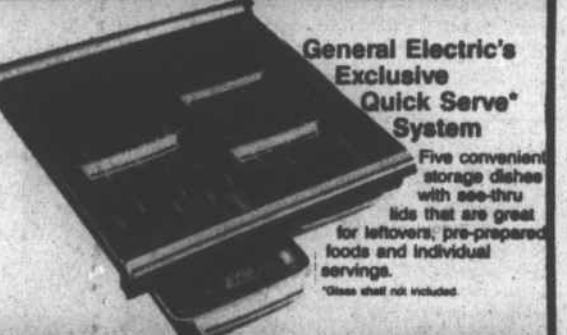
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