Lommuni

Teachers recruit students

Selected teachers in North Carolina's high schools have a new duty this year of recruiting outstanding high school students to the teaching

This student recruitment effort is a part of the new Teacher Enchancement Program funded by the General Assembly and developed by the Department of Public Instruction.

One teacher selected from each high school in the state, along with regional winners in the state Teacher of the Year competition, will work toward improving the image of the teaching profession; provide information about the teaching profession; and identify and attract talented high school students, especially minority students, into the teaching profes-

Teacher recruiter from the Perquimans County school system is Lynda

State Superintendent Craig Phillips said he was "pleased that some of the very best North Carolina teachers had joined the effort to recruit

Perry graduates

Shelia Rebecca Perry graduated from the University of North Carolina at Chapel Hill on December 13, 1986. She received an B.A. in Education with a concentration in the Social Sciences. Shelia did her student teaching at Jordan High School in Durham, NC this past fall.

As an undergraduate, Shelia was a member of Inter-Varsity Christian Fellowship, a member of Students of North Carolina Association of Educators a 1986 participant of the NC Government Internship Program, and a 1984 volunteer at NC Memorial Hospital. Shelia will be continuing her studies at UNC-CH working towards a Master of Arts in Teaching.

Perry is a 1983 graduate of Perquimans County High School and is the daughter of Clifford J. (Pete) and Beckie Perry of Route 3, Hertford.

more good teachers into the profes-

These new teacher recruiters may assist in identifying possible candidates to receive scholarship loans; prepare presentations on the teaching porfession for student clubs and parent-teacher groups; and plan career day activities.

They will work with the regional Teachers of the Year or finalists in this program to promote teaching as a career. The regional teacher recruiters are: Region 1-Dianne W. Minton, Bath High School: Region 2-Timonthy Rickman, Northwoods Elementary School, Jacksonville; Region 3-Beverly L. Hine, Sherwood Githens Junior High School, Durham; Region 5-Kathy Ingram, Northwood School, Pittsboro; Region 6-Donna Hammrick, Jefferson Elementary, Shelby; Region 7-Linda Cloninger, W.A. Murray Elementary School, Hickory; and Region 8-Ann D. Melton, Waynesville.

For more information about the state teacher recruitment program.



SHELIA PERRY

Senior center news

Recently the following people journeyed to Norfolk, Virginia for a day of shopping. The trip was sponsored by the Senior Center. They were: Elsie Muse, Helen Jennings, Raymon Shacklock, Juanita Shacklock, Kathleen Brennaman, Mona Sadler, Rufus Spellman, Susie Spellman, Virginia Winslow and Avis Layden.

Also, Helen Shaw, Rachael Jones, Pearl Swayne, Louise Dooley, Margaret Higgins, Mamie Koelenbeek, Mattie Wrae Godfrey, Juanita Byrum, Elizabeth Winslow, Bonnie Lib Thach, Alice Combs, Brenda Woodard, Mary Lewis, Angela Hall, Mary Blount, Gerald Hall, Eunice Cale, Jo Ann White, Margie Simonoff and Martilly Woodard.

Bingo winners for December 3, were Mrs. Kathleen Brennaman and Mrs. Rosa Gibbs

A Tole-Decorative Painting Class will start on Tuesday night, January 6, 1987, at the Perquimans County Senior Center. The instructor will be Deborah Hoffler. For more information or to register for the class call the center at 426-5404

Bingo winners for December 10, were Georgette Miles and Leeora

Nutrition site menus

The following is a list of menus for the Nutrition Site program for the elderly during the week of Dec. 22-26.

Monday, baked chicken, mashed potatoes, green beans, dinner roll, margarine, cranberry juice, chocoie mi

Tuesday-tuna-noodle casserole, buttered broccoli, pickled beets, cornbread, margarine, strawberries

on lb. cake with topping, milk. Wednesday-Closed For Holiday. Thursday-Closed For Holiday. need For H

Cookbooks for sale

"Company's Coming", a cookbook put out by the American Cancer Society is now available. This lovely cookbook proves to be a suitable present for any lady on your Christmas

This cookbook may be purchased for \$6.00 at Hertford Savings and Loan, Woodard's Pharmacy or by calling 426-7850.

All proceeds from cookbook sales go to the American Cancer Society.

Town of Winfall There will be no Trash Pick up Dec. 26



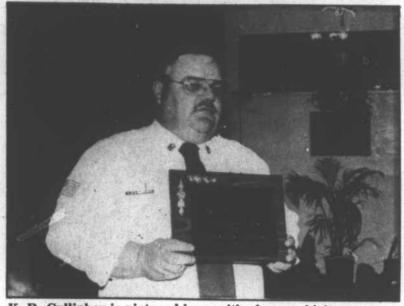
Dr. A.F. Downum
OPTOMETRIST LENSES: PLUS AND MINUS

A hyperopic (farsighted) eye, where the eyeball is too short, has a refractive power that is less than that of a normal eye. The light rays don't focus until they've fallen behind the retina. This condition requires a convex lens (thicker at the center, thinner at the edges) to bring the focus point forward, so it lands on the retina. This is also called a PLUS lens because it makes the total refractive power of the eye stronger, like a magnifying glass. A presbyopic eye also requires a plus lens, which is often prescribed in the form of bifocals.

of bitocals.

In the case of mypopia (nearsightedness), where the eyeball is too long, the total refractive power of the eye is greater than is required for an eye of normal length. A concave lens (thicker at the edges, thinner in the center) is used to correct this condition. This is also called a MINUS lens because it causes the light rays to diverge or bend outward, in effect weakening the total refraction.

Dr. A.F. DOWNUM 103 W. Eden St. Edenton, N.C. Phone: 482-8444



K. R. Cullipher is pictured here with plaque which was presented in memory of James L. Truitt by the Durants Neck Fire Department.

ea service news

WINSLOW

Navy Seaman Recruit David L. Winslow, son of Delvin E. and Myrtle N. Lamb of Route 2, Hertford, NC, has completed recruit training Command, San Diego.

During Winslow's eight-week training cycle, he studied general military subjects designed to prepare him for

further academic and on-the-job training in one of the Navy's 85 basic

Winslow's studies included seamanship, close order drill, Naval drill, Naval history and first aid. Personnel who complete this course of instruction are eligible for three hours of college credit in Physical Education and Hygiene.



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