

# Agriculture

## Suggestions and garden tips for fertilization and germination of tulip beds

Fertilize tulip beds after shoots have emerged from the ground but before the leaves open, using three pounds per 100 square feet of 10-10-10 fertilizer. Actually, only nitrogen is needed at emergence, so you could also use 15 ounces of ammonium nitrate, or 25 ounces of ammonium sulfate, or 32 ounces of calcium nitrate per 100 square feet.

It has been established and reported by Dr. Paul V. Nelson at North Carolina State University that tulip bulbs should also be fertilized in the fall. This is the time all nutrients are important. Use three pounds of 10-10-10 or four pounds of 8-8-8 per 100 square feet. I shall be sure to remind you in September.

Plant, per person: (Sources listed below)

Lettuce, head, 15 plants—new varieties include 'Stokes', 'Red Boston', 'Las Brillant', a glossy green from The Cook's Garden; Shepherd's 'Antina', green with red edges, and Johnny's 'Pirat', medium green with a red tinge.



Radichio, or chicory, 1/4 packet: 'Chioggia,' from Nichols, is considered the best for mild winter climates. As leaves will turn bitter in the heat, harvest while plants are young.

A new treat offered by Nichols is Asparagus Chicory, a variety of the Italian Favorite Endive Chicory. The plants send up extremely tasty shoots for use in salads, or steamed as a substitute for asparagus.

Herb seeds which may be broadcast in the garden now include caraway, chevil, coriander, dill, cumin, and parsley.

**Coriander-Cilantro**  
Coriander is much prized in the kitchen for its tasty leaves for its valuable seeds. The problem in our area, however, has always been its inclination to bolt with the onset of hot weather. Johnny's has a new coriander-cilantro (no specific name yet) that is very slow to bolt.

Mexican and South American cooks call the herb cilantro. It is an indispensable element in their spicy hot cooking. Salsa simply isn't salsa without it. Most fish dishes of the Yucatan require cilantro as an ingredient. The ubiquitous dinner salads of Equador are chock full of cilantro and peppers.

Chinese call the herbs Chinese parsley, using its refreshing flavor in many soups, spring rolls, won tons, and the like.

Moroccans include coriander in chicken dishes and preserving of lemons and olives. I once enjoyed a marvelous pigeon stew in Rabat that was composed of whole birds, cinnamon, raisins, apricots, and ginger in

a sauce strongly flavored with chopped coriander leaves.

Did you know coriander seeds are used in the manufacture of hot dogs? Chartreuse liquor? Gin martinis?

Coriander seeds have a pungency that makes foods taste even fresher than they are. Sprinkle them on pork roasts (not that your roast wasn't fresh to start with, of course). Try them on steamed artichokes, stewed dried fruits, pickled beets, and in any wild game gravy.

This recipe is a good substitute for salad. I've used it successfully several times.

**Broccoli in Coriander Marinade**  
1 pound broccoli flowerets  
5 tablespoons safflower oil  
2 tablespoons red wine or balsamic vinegar

1 tablespoon soy sauce  
1 or 2 garlic cloves, minced  
3 tablespoons fresh coriander, minced

1 teaspoon coriander seeds  
1/2 teaspoon powdered cumin salt (if desired) and coarse ground

pepper to taste  
Steam broccoli until crisp tender, plunge quickly in ice cold water to maintain color, but do not allow broccoli to cool entirely.

Mix together oil, vinegar, coriander, soy sauce, garlic, coriander seeds and cumin. Toss the broccoli in the marinade and add salt and pepper. Store in a closed container for 6 hours or overnight. Turn occasionally. Serve chilled or at room temperature. Serves 4.  
Adapted from Raleigh and Observer.

Cultivated for 3000 years, the name is derived from the Greek word koris, which means "bug," because the unripened seeds smell like insects they claimed. Odd name for a seed that was considered aphrodisiac during the Middle Ages.

So if your passions are other than culinary, grow coriander anyway, in sun or partial shade in moderately rich soil. You may need to stake the mature plant.

You could use your coriander crop to start a little cottage industry right

by the back door. All you need is a little sign.

"Keep you livie feelin' fine; "Buy my Love Potion Number Nine."

Seed sources:  
Stokes Seeds, Box 548, Buffalo, NY 12420; Cook's Garden, Box 65, Londonderry, BT 05148; Shepherd's Garden Seeds, 7389 West Zayante Road, Felton, CA 95018; Johnny's Selected Seeds, Albion, ME 04910; Nichols Garden Nursery, 1190 North Pacific Highway, Albany, OR 97321.

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## Price of necessities remains unlimited

Consumers often think that the prices of necessities are too high and that such prices should be controlled or limited.

But there are adverse consequences to such price limitations. The people who provide necessities—doctors, farmers, and investors in utility companies, for example—must be paid a price for their efforts great enough to keep them attracted to that business. If not, they won't produce the necessity but instead will produce something else.

Countries that have limited the price charged for necessities have learned this lesson. For example, Eastern European countries, including Poland and the Soviet Union, have put price controls on necessities like food and heating supplies.

The results are shortages. The price that is allowed to be charged for the produce or service is not high enough for farmers or coal miners to



recover their costs.

Farmers and coal miners have less in centive to produce, and so consumers wait in long lines or pay bribes to get the products.

Great Britain has seen the same effect in controlling medical care.

It is important that this is not allowed to get out of hand in this country. Limiting prices that producers of necessities can charge will only come back to haunt all consumers in the form of shortages.

## Workshop scheduled on farmworker laws

Farmers who employ agricultural workers, either seasonal or migratory, are being urged to attend one of five workshops on farmworker laws and regulations.

W.B. Jenkins, president of the North Carolina Farm Bureau Federation, said the workshops, to be held in February and March, are designed to help farmers who are employers to better understand those laws and regulations with which they must comply.

Location and dates of the workshops are as follows:  
Elizabethtown, February 18, Balden County Agricultural Service Center  
Hertford, February 19, Albemarle Commission Building,  
Smithfield, February 20, Johnston

County Agricultural Building, Hendersonville, March 26, Agricultural Extension Building,  
Yadkinville, March 27, Yadkin County Courthouse.

Registration for the workshops begin at 9:30 a.m., and the sessions should end around 3:00 p.m. There is no charge to attend.

According to Jenkins, workshop topics will include: recruiting and hiring workers, tax requirements and insurance, field sanitation standards, and migrant housing regulations. The Immigration Reform and Control Act, passed by Congress last October, will also be discussed as well as the Fair Labor Standards Act and the Migrant and Seasonal Agricultural Workers Protection Act.

## Sanford opens second office in North Carolina

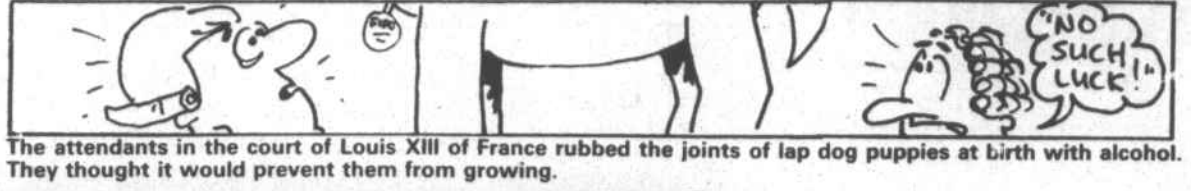
WASHINGTON, DC—Senator Terry Sanford celebrated the opening of his Charlotte office with an open house there on Monday Feb. 9.

"I want to be a senator who keeps in touch with his state and his constituents, and I want to give people the chance to keep in touch with me," Sanford said. "I'm pleased to be able to have an office in Charlotte, the state's largest city and one of its most important."

Sanford will hold a news conference in the office—room 212 of the Charles R. Jonas Federal Building, at 401 West Trade Street in Charlotte—at 11:00 a.m. The open house will last until 3 p.m. The public is in-

cluded. The Charlotte office, Sanford's second in North Carolina so far, will handle constituent matters. It will specialize in business-oriented concerns, such as dealings with the Department of Commerce, the Interstate Commerce Commission, the Small Business Administration, and the Securities and Exchange Commission, as well as the Immigration and Naturalization Service.

Staffing the Charlotte office will be Rachel Hughlett, a graduate of the University of North Carolina at Charlotte and formerly a business management specialist with the Small Business Administration.



The attendants in the court of Louis XIII of France rubbed the joints of lap dog puppies at birth with alcohol. They thought it would prevent them from growing.

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