

BELO FOODS



Freshness & Quality
Meet The Meat
 Your Assurance of the Best
 & Lowest Overall Market

Sale thru July 18, 1987

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Be-Lo's Consumer Corner
 By Marie Cox

It's Picnic Time!

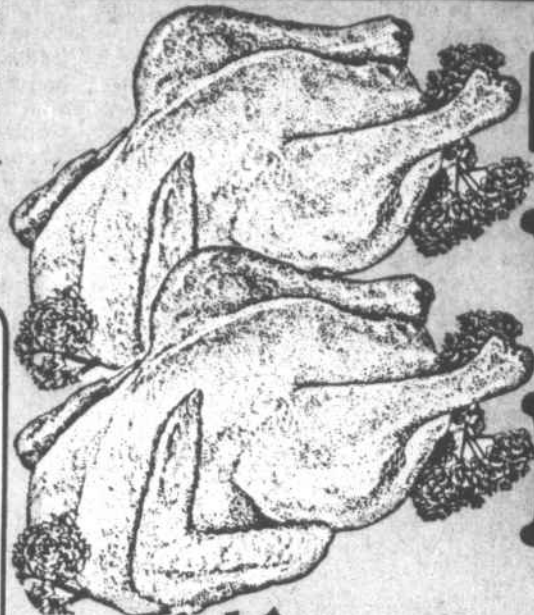
Oven Barbecued Chicken

- 1 2½-3-POUND FRYING CHICKEN, CUT INTO SERVING PIECES
- ¼ CUP WATER
- ¼ CUP VINEGAR
- 3 TABLESPOONS OIL
- ½ CUP CHILI SAUCE OR CATSUP
- 3 TABLESPOONS WORCESTERSHIRE SAUCE
- 1 TABLESPOON DRY MUSTARD
- FRESHLY GROUND BLACK PEPPER
- 2 TABLESPOONS CHOPPED ONION (OPTIONAL)

Combine all ingredients except chicken in a saucepan; simmer 10 minutes. Wash and dry chicken and place in a large baking pan. Pour half of the barbecue sauce over chicken and bake at 350°F., uncovered, for 50-60 minutes, basting with remaining sauce every 15 minutes.

Or, chicken may be immersed in sauce, then removed and cooked over charcoal, basting frequently.

YIELD: 4 SERVINGS
 APPROX. CAL/SERV.: 260



Fresh-Grade 'A' Whole Fryers .1b.



2-3 lbs. Avg. Weight
Papa David's Corned Beef

\$1.29
 1b.

Picnic Special
Fryer Wings & Drumsticks
5 lb. Box \$2.89



Jimmy Dean Assorted Biscuits

LOWEST PRICE? You Be The Judge!

Summer Special
Gibbs Pork & Beans
 1 lb. Cans
3 For \$1

LOWEST PRICE? You Be The Judge!

Creamy Smooth
Mrs. Filbert's Mayonnaise
 1 Qt. Jar
99¢

Camellia
Fresh Florida Orange Juice
 1/2 Gal. Ctn.
99¢

LOWEST PRICE? You Be The Judge!

Static Free Full Strength Fab Detergent
 "Now With Fabric Softener"
 42 oz. Box
\$1.29

Dawn Dew Fresh
Produce You Can Trust
Firm Ripe Dole Bananas
 3 lbs. **\$1**

Seedless-Flame or Thompson Grapes
 1 lb. **79¢**

Coca-Cola Classic
 6 12 oz. Cans **\$1.49**

Sprite, Cherry Reg. or Diet
Coke
 2 Ltr. Btl. **97¢**

Diet Rite, Cherry Reg. or Diet
R.C. Cola
 2 Ltr. Btl. **89¢**

Assorted Calif. Coolers... 4 12 oz. Btl. **\$2.99**

Chablis, Rose, Rhine Gallo Wines... 3 Ltr. Btl. **\$5.99**

Empress Mackerel
 2 15 oz. Cans **\$1**

Generic Tea Bags
 100 Ct. Box **99¢**

Clean Smelling Downy Fabric Softener
 96 oz. Jug
\$2.99

Be-Lo Tortilla Chips... 7 oz. Bag **79¢**

Reg. or Light Schlitz Beer
 6 12 oz. Cans **\$2.59**

Valuable Coupon

Blue Bonnet Margarine
 3 1 lb. Qtrs. **\$1.00**

Limit one per customer with \$7.50 or more other purchases and this coupon. Good thru July 18, 1987. This Coupon is Good At All Be-Lo Food Stores.

Valuable Coupon

Valuable Coupon

Liquid Det Palmolive
 22 oz. Btl. **89¢**

Limit one per customer with other purchases and this coupon. This Coupon is Good At All Be-Lo Food Stores.

Valuable Coupon