

# Ask A Neighbor! You Can Believe in...



...for  
**Quality Meats,  
Fresh Produce,  
& Low Prices!**



**Sale thru Aug. 22, 1987**

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Not Responsible for Typographical Errors

## Be-Lo's Consumer Corner



### In A Stew Over Food Safety?

Call the USDA Meat and Poultry Hotline for food safety facts.  
800-535-4555

#### Meat, Poultry & Seafood Preparation Tips

- **Avoid Tasting While Preparing**  
In raw meats, exists the possibility of bacteria.
- **Cook Meats Thoroughly**  
Use a meat thermometer inserted in the thickest part of the meat, avoiding fat or bone.
- **Keep Hot Foods Hot**  
High temperatures kill most bacteria
- **Keep Cold Foods Cold**  
Bacteria thrives at room temperature.
- **Thoroughly Reheat Leftovers**  
Never leave food out over two hours.

Next Week: "Hurricane Season Preparation"

**Sliced Bacon**

**Gwaltney**

**Fries Up Crisp Sliced Bacon**

**\$1.29**

1 lb. Pkg.

**4-7 lbs. Golden Delight Turkey Breast**

**\$1.39**

1b.

**Virginia Choice Pork Barbecue**

**\$1.29**

12 oz. Cup

**Jack's Fresh Made Cole Slaw or Potato Salad**

**\$1.29**

24 oz. Cup

**"Fan Bo Cub"**

**\$1**

1b.

**Whole (6- Sirloin)**

**\$1**

1b.

**Boneless Sirloin Tip Roast**

**FABRIC SOFTENER**

**IN Fab**

Full Strength Detergent  
Static Free Lemon Fresh

**\$1.29**

42 oz. Box

**Lotion Mild**

**Dove**

**99¢**

1 Qt. Btl.

**Delta**

by Corvex

**TOWELS**

**Large Rolls**

**2 For \$1**

**LUCKY LEAF**

**APPLE SAUCE**

**3 For \$1**

Serve Chilled  
1 lb. Cans

**Produce You Can Be Proud of...**

**Dawn Dew Fresh**

**Large-2 1/2" Size Carolina Peaches**

**39¢**

1b.

**Juicy Sweet Western Cantaloupes**

**79¢**

Ea.

**Virginia Grown Red Paula Apples**

**99¢**

3 lb. Bag

**High In Vitamin C Green Cabbage**

**18¢**

1b.

**All Purpose Russet Potatoes**

**99¢**

5 lb. Bag

**Great Sautéed Mushrooms**

**79¢**

8 oz. Pkg.

**Maxwell House MASTER BLEND**

**It's coffee made our way.**

**\$1.99**

13 oz. Bag

**KRAFT BARBECUE SAUCE**

**89¢**

18 oz. Btl.

**100 Tea Bags**

**\$1**

100 Ct. Box

**Buy 1-6**

**PINI GLO**

**GIBBLE'S**

**GLAMOUR KITTY**

**FROZEN FOOD SALE**

**KRAFT**

**La Creme**

**99¢**

8 oz. Cup

**Crinkle Cut French Fries**

**89¢**

2 lb. Bag

**Mac & Cheese Spaghetti & Meat**

**89¢**

8 oz. Pkg.

**Floridagold Orange Juice**

**\$1.09**

12 oz. Can

**Pot Ritz Pie Shells**

**79¢**

10 oz. Pkg.

**Morton dinner**

**89¢**

11 oz. Pkg.

**Chicken Turkey Salisbury Meat Loaf Western Mexican Mac & Cheese Spag.-Beans & Franks**

**Celeste**

**DeLuxe Pizza**

**7 oz. Pkg.**