

Community news

"Alpine Splendor" trip scheduled

Plans for an "Alpine Splendor" trip are now being made for this spring, and area residents are invited to join in the trip sponsored by College of The Albemarle's Continuing Education Department.

The departure date for the 13-day tour of Switzerland, Austria and Germany is May 30. Jerry Rhees, retired associate professor of history at COA, will be the local coordinator and tour escort for the trip. Arrangements will be made through the services of Heritage Club of America in Philadelphia.

"We chose this particular tour for several reasons," said Rhees, who has organized and escorted numerous tours since initiating COA's first international trip in 1973. "It is an entirely first-class, relaxed, adult program. It visits so much of Europe's most beautiful and picturesque areas at a good time of year, and it has a very reasonable and guaranteed cost."

Rhees also noted that arrangements are also underway to secure

the services of the same outstanding overseas tour guide who accompanied COA's Scandinavian tour this past summer.

Sightseeing tours of Geneva, the Castle of Chillon (immortalized by Lord Byron), St. Moritz, Innsbruck, Salzburg (made famous by Mozart and the film "Sound of Music"), Vienna and Munich will be included. A highlight of the tour will be a seven-hour ride on the Glacier Express, the world famous mountain train. Starting at Brig, in the shadow of The Matterhorn, tour participants will enjoy a scenic excursion which will cross the most spectacular massif of the Swiss Alps. While relaxing in comfortable coaches and dining cars, they will traverse 291 bridges, 91 tunnels including the new eight-mile-long Furka Tunnel, the 6,669-foot Oberalp Pass and make several descents into picturesque valleys before arriving for the night at the plush resort of St. Moritz.

Other agenda items include attending a banquet and entertainment

near Vienna, enjoying a steamer cruise on the Blue Danube and visiting such famous villages as Berchtesgaden, Oberammergau and Garmisch. Visits will also be made to several of the Bavarian palaces and castles of Mad King Ludwig.

"Days and trips have been added in to allow relaxation and give our travelers a chance to fully enjoy the attractions of Geneva and its lake-shore and the attractions of Vienna and Munich," said Rhees.

Floyd Horton, director of COA's Continuing Education Department, said teachers may take this trip to enhance their teaching qualifications and could apply on an individual basis to their superintendent for possible teacher certification credit.

According to Rhees, the tour cost will cover everything from New York to New York including all breakfasts and most dinners. Anyone interested in participating in the tour may call him at 338-6258 for details about the informational meeting being planned.



Students in the second grade at Central School recently visited the Hertford post office to learn about the mailing process. Above Mr. Birch the postmaster talks with the classes about mailing letters and packages.

State 4-H convention scheduled

The 1988 North Carolina Volunteer 4-H Leaders' Conference and State 4-H Council Conference will be held Feb. 5-7 in Winston-Salem.

The weekend leaders' conference, to be held at the Stouffer Hotel, is designed to help volunteers better serve 4-H youth through innovative and educational programming. The conference theme is "4-H Catch the Clover," according to Juanita T. Bailey, Home Economics Extension Agent, 4-H.

Special training will include workshops on county 4-H camping, 4-H horse club management, bicycle education and animal science curriculum programming. Some leaders will participate in the Teens Reach-

ing Youth (TRY) program which prepares teens to teach various skills to younger 4-H'ers. Leaders participating in special training sessions will receive \$50 scholarships.

Other workshops will focus on new 4-H projects, 4-H trips and specialty 4-H camps. Leaders will concentrate on developing new programming and using teens as program resources.

The State 4-H Council Conference, to be held at the Hyatt Regency, will include special training and workshops on subjects of interest to today's youth.

Programming will include workshops on drug and alcohol abuse prevention, teen pregnancy prevention, exercise and nutritional diets

for teens. Other workshops will teach 4-H youth camping skills, self defense and everyday safety.

Youth who participate with adults in training for the TRY program and other leadership training sessions will also receive \$50 scholarships.

The conference theme is "Kids Helping Kids for a Healthier Tomorrow."

The pre-registration fee for each conference is \$20, which excludes the cost of lodging and some meals. Additional information and applications may be obtained from Juanita T. Bailey, Home Economics Extension Agent, 4-H. Applications must be submitted by Jan. 10.

Phonics course set

College of The Albemarle's Continuing Education Department is offering a "Phonics for Teachers" course this winter which will allow teachers to earn two renewal credit units.

The course provides instruction in the 45 separate sounds of speech. Standard pronunciation in various speech regions in the United States will also be covered with emphasis on the standard phonics of the South.

"This course is really good for teachers who teach phonics or anyone interested in learning the correct sounds of speech," said Lucy Vaughan who will teach this course from 7-

9 p.m. Wednesdays through Feb. 24. The class will meet in room 107 of Building C. The cost is \$15.

Persons interested in attending may register during the first two class meetings. A social security number is needed to register. Teachers taking the course for renewal credit may request approval and get reimbursed from their superintendent's office for the cost of the class. There is no charge for persons 65 or older. For more information, call College of The Albemarle at 335-0821, ext. 250.

Success workshop set

"Planning for Success," sponsored by College of The Albemarle's Small Business Center and the Albemarle Commission, will be offered in Elizabeth City next month.

The three-part program will help business owners and aspiring entrepreneurs develop the management skills necessary to make intelligent assessments of their prospects for survival; seize business opportunities as they arise; and help individuals transform an idea into a functioning, profitable business.

Peggy C. Self, who has a bachelor's of science degree from Winthrop College and a master's in education from East Carolina University, will present the programs from 6:30-9:30 p.m. in room 233 of Building A at College of The Albemarle.

On Jan. 13, the topic will be the business plan. On Jan. 20, financing a small business will be the focus for the evening. Records management and marketing will be covered on Jan. 27. Participants are encouraged

to attend all three sessions being offered at no cost.

For more information on "Planning for Success," call the college at 335-0821, ext. 231.

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Aids support groups meeting set

"The Eastern Regional AIDS Support and Education Group (ERASE) is forming peer support groups for persons who have tested positive for HIV-antibodies, for persons with AIDS, and for significant others of

persons with AIDS. Confidentiality is assured.

These groups will meet on the following dates:
HIV-positive persons...Tuesday, December 15

Persons with AIDS.....Thursday, December 17
Significant others of persons with AIDS...Thursday, December 17.

For details, call Stan at 756-8453 or Nancy at 758-4810."

Pasquotank art gallery sets showing

A triple interest display of local and out-of-town talent will be the December showing of the Pasquotank Arts Council at their Arts Center Gallery, 609 East Main Street, Elizabeth City, N.C.

Catharine Callaway of Hillsborough, N.C. brings her custom-de-

signed acid etched jewelry, and two local craftsmen, Alice Nadeau who will perfume the Gallery with original design herbal wreaths, center pieces and other goodies and Jack Bowden who will display his eye-pleasing stained glass lamps, window-panels and small pieces.

This show offers something for everyone and you are invited to visit the Gallery, enjoy the show and meet some of the dedicated people who man this all-volunteer non-profit operation. Show time is December 1 through December 19 from 10:00 a.m. until 4:00 p.m.

Adventures In Attitudes course set

College of The Albemarle's Continuing Education Department will soon offer a course entitled "Adventures in Attitudes" to help people learn how to get what they want out of life.

The 30-hour course will feature Vi Loveless of Action Consulting in Ahoskie as the presenter. Classes will meet on Tuesday and Thursday

evenings beginning Jan. 5 and ending Feb. 4 on the COA campus in Elizabeth City. There will be a \$15 registration fee and \$85 materials fee for the course.

The course will include discussions on effective communication, the dynamics of attitudes, managing your mind, understanding other people,

developing a magnetic personality, motivation and the power of believing, goals and self-management, and charting the rest of your life.

A minimum of 10 persons must enroll for the course to be held. For more information, call Pat Phillips at 335-0821, ext. 231.

Beach artist schedules local showing

Once again beautiful art work graces the halls of College of The Albemarle with a showing by an Outer Banks artist.

Rick Tupper, who lives in a geodesic dome house in Nags Head with his wife and two sons, has emerged as a painter with a powerful original style and has won the best-in-show honor for the last two years at the Frank Stick Invitational Exhibition featuring more than 70 artists.

"I feel comfortable where I stand as a painter at this time in my life,"

said Tupper, who is 40.

And he has every reason to feel comfortable. "It's nice to see that his work is being recognized," said Claire Grieves, coordinator of the Frank Stick Exhibition. "His popularity is growing by leaps and bounds. I'm a little prejudiced, but I really think he's the best artist on the Outer Banks."

Some of Tupper's most recognized pieces are part of his "Spring Bud" series. Immediately identifiable as Tupper's, these paintings present the

latest evolution of the artist's relationship with nature in life and were inspired by the birth of his sons. Looking back at the events surrounding the birth of his second son, Tupper said, "It had to do with expectation, new life, looking to the future. That's what started the Spring Bud series."

Some of Tupper's works can now be seen at College of The Albemarle. The public is invited to visit the college and enjoy some beautiful art work by an Albemarle area talent.

Applications accepted

College of The Albemarle's Bridges Program will be accepting applications for their next cycle on December 4, 1987, through Jan. 11, 1988 from 9:00 a.m. to noon and from 1:00 p.m. to 3:00 p.m. in room 113 of Building C at the Elizabeth City campus. The 11-week GED preparation, job-seeking and job-keeping skills course will begin Jan. 18, 1988, and continue through April 1, 1988.

The Bridges Program is funded under the Job Training Partnership Act. For more information, contact College of The Albemarle at 335-0821, ext. 242.

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