

Albemarle Academy announces student honor rolls recently

Beverly B. Trotman, Headmistress of Albemarle Academy, has announced the Academy's honor students for the 1st semester of the 1987-1988 school session.

HEADMISTRESS' LIST: 5th grade: Amy Barclift, Van-Dee Hetherington. 7th grade: Logan Perry, Michael Walker. 10th grade: Leah Harrell. 11th grade: Walter Deal,

Lisa Stevenson. 12th grade: Dean Forbes, Paulette Mansfield.

HONOR ROLL LIST: 4th grade: Ben McPherson, Stuart Culpepper, Heather Jones, Tina Harris, Jason Griffin. 6th grade: Kim Byrum, Robbie Daughety, Sarah Lane, Amy Williams, Brent Winslow. 7th grade: Michael Worsham, Pam Winslow. 8th grade: Sheryl Deal, Laurie Anne

Robertson, Kristie Sawyer, Mary Scott. 9th grade: Darrin Cutrell, Cheryl Smithson, Tonya Stallings, Sandy Stroberg, Dabney Woodard. 11th grade: Bonita Barclift, Kristie James, Emma Rae Lane, Marcia Perry, Jennifer Scott, John Kight. 12th grade: Denise Cherry, Robin Griffin, Dennis Robertson.

Governor Martin proclaims February heart month in N.C.

Governor James G. Martin issued a proclamation designating February as Heart Month in North Carolina and urged North Carolina's citizens to support the lifesaving mission of the American Heart Association.

"I urge all our citizens to learn more about maintaining their health and to join in the fight against heart disease," said Martin.

In the proclamation, Martin indicated that cardiovascular diseases, including stroke, are the number one killers in the state.

Cardiovascular disease takes the lives of more than 24,000 North Carolinians each year according to the American Heart Association, North Carolina Affiliate. Over 46 percent of all deaths in the state are cardiovascular related.

"Cardiovascular diseases caused the deaths of nearly one million

Americans last year and will cost our country more than \$80 billion in 1988 for physician and nursing services, hospital and nursing home services and cost of medications, as well as the lost occupational output as a result of disability," said Martin.

In the 1987 campaign year, North Carolina AHA raised over 1.8 million dollars. This year volunteers are hoping to top that amount.

Individual and corporate contributions help fund research, professional and public education and community service programs. This year, the American Heart Association National Center and the North Carolina Affiliate will spend more than \$1.3 million on 58 cardiovascular research projects in the state. Programs funded include "Heart Treasure Chest," a preschool education project, and "Heart at Work," an em-

ployee wellness project.

Hundreds of volunteers in North Carolina will give their time to help with the AHA's annual educational and fundraising drive during February.

The Perquimans County Heart Association is planning the following activities for the month of February. On February 26th they will host a celebrity dinner at Angler's Cove Restaurant. The dinner feature celebrity waiters and waitresses from the area. All tips, and 10 percent of the dinner cost will go to the local heart association. Also February 28th is heart Sunday. Heart blitz day will be announced at a future date.

The American Heart Association is the only non-profit, voluntary health organization committed to reducing early death and disability due to cardiovascular disease and stroke.



On Friday, January 29th, members of the Perquimans County Heart Association gathered to plan heart month in Perquimans County. Governor Martin has proclaimed February as heart month in the state. Chris Lane, right front of picture is president of the heart association. The luncheon on Friday was sponsored by Peoples Bank and NCNB.

School lunch menus

The following is the school menu for the week of February 8-12, 1988.

Monday—breakfast—jelly donut or cereal, fruit or juice, milk.
Lunch—pizza or hot dog with chili, tri taters, green beans, corn, pears, milk.

Tuesday—breakfast—apple turnover or cereal, fruit or juice, milk.
Lunch—cheeseburger or fish nuggets-managers choice bread, tater rounds, winter mix vegetables, managers choice vegetables, peaches, milk.

Wednesday—breakfast—steak biscuit or cereal, fruit or juice, milk.
Lunch—barbecue-bun or grilled cheese sandwich, tater sticks, vegetable soup, cole slaw, fruit cup, milk.

Thursday—breakfast—toast-bacon or cereal, fruit or juice, milk.
Lunch—chicken pot pie hot roll or rib sandwich, candied yams, green peas, fried okra, fruit, milk.

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Hurdle, George join the staff at College of the Albemarle

Two new staff members recently came on board in College of The Albemarle's Student Support Services area to help students who are economically disadvantaged and/or first-generation college students and to assist those who are learning disabled or physically handicapped.

Lynn Hurdle, a native of Hertford and a 1983 graduate of East Carolina, earned her master's degree in counselor education at North Carolina State University. She recently began at COA as Counselor and Director of the Child Care program. Her experience includes residence hall work at Austin Peay State University in Tennessee and at NCSU in Raleigh. She has also worked as a social worker for the Perquimans County Department of Social Services.

Hurdle has been wanting to return to northeastern North Carolina. "I love this area of the state and being so close to the water," she said, "and many of my friends and family are here."

Jean George is COA's new Tutor Coordinator. She is an English major and received her bachelor's and master's degrees from Murray State University in Kentucky along with a specialist in college teaching. She has



Hurdle



George

also completed coursework for a doctorate in English from the University of North Carolina at Chapel Hill.

George came to Elizabeth City more than two years ago from Louisville, Kentucky, when her husband, took a job with the Albemarle Commission. They have a 17 year-old son and 15 year-old daughter who attend Northeastern High School.

NCSU announces dean's list

Chancellor Bruce R. Poulton has announced that 2,696 undergraduate students earned Dean's List honors during the fall semester just completed at North Carolina State University.

Students from 94 North Carolina counties, 34 states outside North Carolina and 21 foreign countries were among those who achieved the honor.

To make the Dean's List, students must earn an academic average of 3.25 or higher if they are carrying 15 or more hours of coursework, or a 3.5 or better if they are carrying 12 to 14 hours.

Poulton noted also that 559 undergraduates achieved a perfect 4.0 or "A" average for the semester. Of these, 481 were from North Carolina.

Perquimans County "B Plus" Average or Better were: Charles Jason Harrell, Physical & Mathematical Sciences, Rt. 1, Box 892, Hertford and Carol Ann Madre, Humanities & Social Sciences, Rt. 5, Box 399, Hertford.

Fuel excise tax is due in April

Farmers who use diesel fuel in their farming operations are required, effective April 1, to pay excise taxes on the fuel, however, they may claim a refund of the taxes or credit on their income tax return.

According to W. B. Jenkins, president of the North Carolina Farm Bureau, the new rule is a provision of the "Revenue Act of 1987" (Budget Reconciliation Bill).

Jenkins said the diesel fuel tax refunds or credits will be treated generally in the same manner as the re-

fund procedures on gasoline were treated prior to January 1, 1988. A tax of 15 cents a gallon is imposed on diesel fuel that is sold to an owner or operator for use as a fuel in a diesel-powered highway vehicle. The tax is included in the price paid for the fuel unless the purchase is tax free. However, all provisions permitting exempt, tax-free sales beyond the wholesale level are repealed effective April 1. Farmers still remain their exemption, but must first pay the tax upfront.

Jenkins pointed out that a farmer may claim the refund of taxes on fuels used quarterly, for each of the first three quarters of his tax year, depending on the amount of the claim, or he may claim a credit against the tax on his income tax return. The refund claimed for diesel fuel must be at least \$1,000 for each quarter.

The IRS is in the process of writing the new regulations with respect to fuel tax credits.

Easter Seals golf classic is scheduled

Century 21 Tar Heel Regional Golf Classic for Easter Seals, one of 27 being played across North Carolina this year, will be held at Pine Lakes Country Club in Elizabeth City, North Carolina on Wednesday, March 30, 1988 (Rain Date: Wednesday, April 6, 1988). Tournament format is 18-hole Better Ball of Pair for Amateurs in two divisions—Men's and Mixed (1 male player, 1 female player). A 12:30 p. m. shot gun start is scheduled. Gross and net winners in each division advance to the Century 21 State Championship.

Regional Gross Winners will play in the Gross Division and Regional Net Winners will play in the Net Divi-

sion at the State Championship. Tournament format is 36 Hole Better Ball of Pair. The Third Annual State Championship will be held at Raintree Country Club in Matthews, North Carolina on October 13 and 14, 1988.

Entry Fee is \$12.50 per person which includes green fees, cart and refreshments. A team sponsor can be purchased for \$50. Entry forms may be obtained by telephoning W. H. "Beans" Weatherly, Entry-Registration Chairman, at (919) 338-0881, or Linda Hubbard, Director, Golf Tournament Development, Easter Seal Society of North Carolina, at 1 (800) 622-5540.

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The case of the identical twins is a good example. In their youth they both needed glasses. Their prescriptions were almost identical, but not their occupations. One became a farmer who didn't have much time for reading. The other was a proofreader who spent his days reading and correcting fine print. By the time both men were 70, they were still wearing glasses, and their present prescriptions were identical. Except for the normal need to change their prescriptions from time to time, they had healthy eyes.

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