# **Of local interest**

## Perquimans community calendar Supermarket diet analysis workshop set

How often have you asked yourself these questions? Am I eating enough calcium and protein rich foods? Do I eat too much fat? ... Well, to help you answer these questions, a Computer Diet Analysis Program will be setup at Belo Supermarket in Hertford, on Wednesday, February 24, 1988. This program will be available from 9:00 a.m. to 3:00 p.m.

The program analyses a 1-7 day diet for protein, calcium, iron fat and several other nutrients. It provides a readout on how well foods you have mation.

eaten fit into the Basic Four Food Groups. Suggestions are also given to help you improve your diet.

This program is being sponsored by the Perquimans County Extension Service. Call 426-5428 for more infor-

at-Law, will be the speaker. He will

Please plan to attend. We welcome

talk on N. C. Laws and Wills.

guests and new comers.

and dessert.

### Local chapter of AARP to meeting date set at the Hertford Senior Citizens Cen-

The February Meeting of the Permimans Chapter of AARP will be held Monday, February 29th at 1 p.m.

ter on Grubb Street.

Walter G. Edwards, Jr., Attorney-

### Barbecue chicken supper scheduled

Sponsored By-Durants Neck Volunteer Fire Department Ladies Auxiliary

Date-Saturday, February 27,

Time-4:30 p.m. to 7:00 p.m.

in New Hope Price-\$4.00 per plate Auction-Starts at 5:30 p.m. Menu-1/2 barbecued chicken, salad, roll green beans, potato

**Place-Durants Neck Fire Station** 

#### Tickets are available from any member of the Ladies Auxiliary. There will be a limited amount of tickets available at the door. So Come Early.

### Diabetes support group to hold meeting

The Northeastern N.C. chapter of the Juvenile Diabetes Foundation will meet Monday Feb. 22 at 7:30 at The First Christian Church on Parsonage Street in Elizabeth City. The meeting is open to the public, for information contact Richard Cobb after 6 p.m., at 330-4518. There are two major types of diabetes: juvenile (insulin-dependent or type 1) diabetes and maturity-onset (type 2) diabetes. Juvenile diabetes, the more severe form of the disease, can appear at any age, though most commonly from infancy to the late thirties. Juvenile diabetics must take daily insulin injections to stay alive.

All County Republicans please at-

**County Court House**.

### **Republican precinct meeting scheduled**

Perquimans County Republican and County Convention on Monday,

Party will hold its Precinct Meeting March 7 at 7 p.m. at Perquimans tend on Friday Kand to visit Golden Corral Golden Corral in Edenton, N. C. on

You are cordially invited to meet ator Tony Rand. He is a candidate for

Karen Rand, the wife of State Sen- Lt. Gov. There will be a dropin at the

The first, on Saturday, February

20th, at Hertford Grammar School

tory month.

NAACP to celebrate black history month served from 11:30 a.m. to 12:30 p.m. The Perguimans County Chapter of From 12:30 p.m. to 2 p.m. there will THE N.A.A.C.P. will be sponsoring two programs celebrating Black Hisbe a "Talent Program". Everyone is asked to attend and participate, espe-

> 27th at 1 p.m. a Worship Service will be held at First Baptist Church. At

torney Ronald Penney of Elizabeth City is the guest speaker for this occasion. He is a dynamic speaker with a message that will enrich and enlighten you. Please support this great

February 18, 1988 from 3:30 - 5:30

Evelyn Stubbins is the Program Chairperson and Lois Smith is the Contact Person, 426-7868 or 426-7295.



On February 12th the Perquimans County Head Start crowned their Valentine's day king and Queen. Pictured above are members of the class encircling this year's Valentine king, La Velle 🌗 London, and the queen, Sherdina Spruill. The Valentine's Day king and queen project was a parent fund raising project for head start, and the king and queen raised the most money for the program.

### Perquimans nutrition site menus tered peas & carrots, squash casse-

The following is the nutrition site menu for the week of February 22-26, 1988

Monday-salisbury steak, potato salad, seasoned turnips greens with roots, whole wheat bread, margarine, caramel iced carrot cake, milk, (optional: blended juice). Tuesday-sliced turkey breast

with gravy, broccoli casserole, buttered corn, roll, margarine, tangerine, tangelo or orange, milk.

Wednesday-bbq pork (chopped), boiled red potatoes in jacket, coleslaw cong. cabbage, cornbread, margarine, whole canned purple plums, milk, (optional: tomato juice).

Friday-oven baked chicken with lemon juice & honey (leg & thigh), seasoned green beans, cold mari-

sugar cookie, milk.

role, rice, margarine, ornage juice,

nated tomato quarters, biscuit, mar-

garine, hot spiced fruit (peach & pear Thursday-roast beef aujus, buthalves), milk.

#### schedule department rea health

The following is the Health Department schedule for the remainder of February.

Feb. 18: pap clinic; Feb. 19: general clinic p.m., wic all day; Feb. 23:

### be a panel of speakers. Lunch will be Partners with youth receive grant

The North Carolina Conference Council on Youth Ministries of the United Methodist Church has notified Perguimans-Chowan Partners With Youth that it is the recipient of a \$600.00 grant from its Youth Services Fund. Application for the grant was made on the recommendation of Rev. Henry A. Bizzell, Jr., pastor of the Hertford United Methodist Church and Rev. Ralph Epps, pastor of the Edenton United Methodist Church.

The Partners With Youth program works to alleviate the community problem of juvenile delinquency in Perquimans and Chowan counties and in this regard, Pamela Lineberger, associate director of the Conference Council, states "we are glad to offer assistance to the much needed endeavors of your project".

Criteria used by the North Carolina Conference Council on Youth Minmeaningful service to the community without embodying discrimination in any way, shape or form. Projects should work in cooperation with other community projects, should have low administrative costs and since it would be receiving help from a church group, it should in some way exemplify the teachings of

While the criteria are quite stringent, Partners With Youth does fulfill its conditions. The program, matching adult volunteers with court referred youths, requires that these volunteers be true role models, true good examples who follow the policy of "honesty is the only policy" rather than that "honesty is the best policy". Precisely because they are role models, they must be matched according to sex and race. Their function is to develop a sharing-caring one-on-one relationship between themselves and their youths - a relationship which is of prime importance in the work of all churches. The 'Volunteer's Prayer' expresses the

idea nicely:

p.m

O Lord. I'm matched with someone I don't know,

For a year (which seems like a long time).

For 52 meeting dates (which

seems like a lot), For over 200 hours (which seems to be half my life),

And For What?

That my youth might do just a little bit better at home, in school, and in our community-

Give me the patience and perseverance to last the course and make the difference so that in the long run, a truly upright citizen shall come forth to the glory of Your Name. Amen

The Perquimans Chowan Partners With Youth office is in the Old Courthouse, King Street, Edenton; phone 482-3939. If you are interested in helping financially or as a volunteer, or both, just contact the Executive Director, Dr. Louis V. Nadeau.

#### Post office to reduce retai The Postal Service announced the ministrative expenses.

cutback in retail window service hours and a change in Sunday operations in an effort to reduce operating expenses. These adjustments result form the Omnibus Budget Reconciliation Act, which mandates cuts in postal operational spending of \$430 million and \$815 million in capital commitments during the next 20 months.

The Hertford Post Office will reduce retail services hours an average of 10 percent in low-usage periods starting February 13, according to D.C. Burch, Sr., Postmaster. However, the move will not affect caller service and parcel pick-up service at those facilities.

Local adjustments mirror those taking place nationwide as the Postal Service strives to meet the budget requirements. Only one-third of the operational savings will come from service that directly affects customers. Two-thirds will come from internal cutbacks in training, purchase of supplies and services and other ad-

Of the operational adjustments taking place locally, two will have visible impact: The elimination of mail collection and mail processing on Sunday and the reduction in window service hours.

To help customers deal with the reduction in window service hours, several options have been introduced or expanded during the past two years to increase customer convenience: lobby vending equipment, self-service postal units, Stamps by Mail, Postal contract stations, expanded hours at selected area facilities and the stamps by consignment program, which allows commercial retailers to offer stamps at regular postal prices.

Following is a list of the new retail



all day; Feb. 26: general clinic. prenatal, general clinic p.m.; Feb.

24: eye clinic; Feb. 25: adult health

window hours for this area: Monday - Friday 9 a.m. - 5 p.m. 0.13 Saturday - Closed.



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event.

cially, the YOUTH. The second, on Saturday, February from 10 a.m. to ll:30 a.m. There will

istries to determine grant recepients require that projects encourage continued positive social change, spiritual growth, and community improvement and that they provide HAS IT STORE Full line of Hardware New Hope

335-1570 264-2784 Jollish & Sheila Clifton, Owners

#### erquímans area obit naries

Christianity.

**ROSA W. FELTON** 

Baltimore, Md.-Rosa W. Felton, 93, of 135 Edgewood St., Baltimore, Md. died February 5, 1988 in her home

The funeral was conducted member of Odd Fellows Lodge. Wednesday, February 10, 1988 at 1 p.m. at Poplar Run AME Zine Church by the Rev. Anthony Hathaway, Jr. Burial was at Dallas Bryant Cemetery, Winfall, N. C. Rowsom Funeral Home was in charge of the arrangements.

Mrs. Felton was a native of Perquimans County and a member of Poplar Run AME Zine Church and member of it's Missionary Society and Stewardess Board No. 1.

Survivors include a daughter, Annie Wiggins, Baltimore, Md., one God daughter, Alvania Wiggins, Philadelphia, Pa.; one brother, Charlie White, Brooklyn, N. Y.; one sister, Hattie Daughtry, Brooklyn, N. Y.; four grandchildren and one greatgrandchild.

#### **EFFIE S. CADDY**

Hertford, Effie S. Caddy, 84, of Rt. 3, Box 10, Hertford, died suddenly in her home Thursday, February 11.

A native of Perquimans County, she was the daughter of the late Martin and Susie Rogerson Spruill and the wife of the late George S. Caddy. She was a member of the Berea Church of Christ.

Survivors include one daughter, Mrs. George (Elizabeth) Baker of Rt. 3, Hertford, one sister, Mrs. Dallie Corprew of Portsmouth, Va., two grandchildren, and two great-grandchildren.

Funeral services were held Sunday ht 2:30 p.m. in the Swindell Funeral Home Chapel with Rev. Raffael Far-row officiating. Burial followed in Cedarwood Cemetery. Pallbearers were: John Martin Spruill, Clayton Spruill, Clyde Sutton, Steve Sutton, Lawrence Lee Sutton, and Jimmy Godwin.

GEORGE W. DAIL sapeake, Va.-George Wash-Dail, 86, of the 1200 block of ur Street, Ches eake, a re Street, Chesapeake, a re-ervisor, died Monday, Februnry 15, 1988, in a nursing home

Mr. Dail, a native of Tyner, had retired from J.G. Wilson Co. He was the widower of Pearl Lane Dail and member of South Norfolk Congregational Christian Church. He was a

> Survivors include four daughters, Marie Dail of Chesapeake, Vivian Moore of Norfolk, Gracie Maroney of Portsmouth; and Jeanette Cleveland of Wichita Falls, Tex.; three sisters, Nora Byrum of Suffolk, Lizzie Copeland of Winfall and Annie Hollowell of Hertford; 5 grandchildren and 4 great-grandchildren.

The graveside service was conducted at 2:00 p.m. Wednesday in **Riverside Memorial Park in Norfolk** by the Rev. Willis E. Joiner.

Graham Funeral Home, South Norfolk Chapel was in charge of arrangements. Information was provided as a courtesy of Swindell Funeral Home.

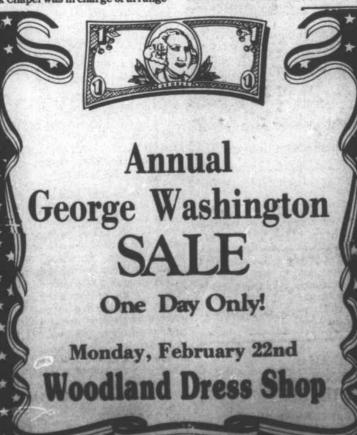
LUCILLE P. BOYD

Rocky Mount-Mrs. Lucille Pinkham Boyd, 96, of Rocky Mount, died Saturday, February 13, 1988.

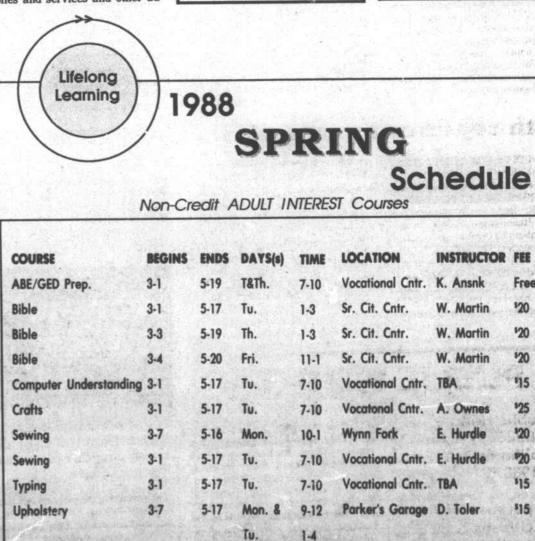
Funeral serivces wre held Wednesday at 2:00 p.m. in Gay-Yost Funeral Chapel. Burial followed in Pineview Cemetery.

Survivors include two daughters, Mrs. Eveyln Taylor of Hertford and Mrs. Frances Daughtery of Jacksonville, Fla.; two sons, Justice A. Boyd of Rocky Mount and Luther Holton Boyd of Wilson: 6 grandchildren and and 5 great-grandchildren.

Information was provided by Swindell Funeral Home



\*



PERQUIMANS COUNTY - Gladys Hall - 426-5263

Registration will be during the first two weeks at the beginning of the class period for the above general interest (non-credit) courses. Registration is on a first-come, first served basis. Persons 65 years of age and over may enroll at no charge for tuition. Social Security numbers will be needed.

College 0 **The Albemarie** 

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