



Sleigh bells ring

Sheldon's Mini-mart of Winfall has created a winter scene of a community covered in snow.

Holidays: Stocking stuffer ideas

What are American shoppers looking for this holiday season?

"Decision-making will be based on a new set of criteria emphasizing old-fashioned quality and contemporary convenience," says Robert L. Cohen, vice president of Yankelevich Clancy Shulman, who monitors consumer trends.

"Familiarity and reliability plus value-added extras such as guarantees are at the top of the list, especially at Christmas," he says.

Several stockings-full of ideas:

Under-\$6 gifts for children:

Scribble Stix are oversized, washable crayons.

Bow Bites are shoe accessories threaded on to laces to help keep shoes tied all day.

Zap Straps are glitter-covered shoelaces.

And old favorites: Duncan Yo-Yo, Slinky, Silly Putty.

The ideas comes from Laurie Kellachan, an editor with the trade magazine Toys and Hobby World, and Diane Cardinale, of the Toy Manufacturers of America, a trade group.

Egg erasers? Strawberry cake tape measures? Pineapple staplers? Thumb tack vegetables?

Office equipment is disguised as food in Li'l Fridge, a miniature refrigerator filled with office tools from Banning Enterprises.

It comes in three colors — pistachio, strawberry and french vanilla.

The Coca-Cola Christmas bottle, a 6½-ounce glass bottle patented in 1923 and available until 1937, is being offered for sale once again, in a limited number beginning mid-November.

The "hot" home appliance for Christmas? The automatic electric bread-maker, according to Beth R. Ellis, senior housewares editor of HFD, a home furnishings trade newspaper.

A compact road atlas of the United States, Canada and Mexico, is designed to fit into the car glove compartment, or Christmas stocking. The Rand McNally atlas is roughly 4-by-9 inches.

A "Cuddle Up" heated throw from Sunbeam is promoted as a warm, cozy answer to Christmas shopping.

Thinking jewelry?

Cultured pearls are available as opera-length necklaces, chokers, bracelets or earrings, brooches and pins. For men, pearl studs and matching cuff links.

Diamond jewelry apparently re-

mains popular. Last year, Americans bought an estimated 19.8 million pieces of diamond jewelry with a value of more than \$11 billion. Forty percent of those sales were during the year-end holiday season, according to the American Diamond Industry Association.

A Swiss watch called Maple, by Jean d'Eve, operates without a battery, its energy generated by wrist motion.

As a possible Christmas gift for fans of the late Andy Warhol, the National Multiple Sclerosis Society is offering a full-color limited edition 1989 calendar featuring work from one of his last projects, his Mercedes-Benz collection.

The calendar, more than 2 feet high, has monthly panels which can be removed and framed. The \$35 purchase price will be donated to multiple sclerosis research. To order by phone, call toll free: 1-9-WARHOL.

Perquimans Middle School highlights

The Perquimans Middle School Bands have been very busy this month. Two major performances and the band's annual fruit sale has capped off a Fall of very hard work.

The 7th and 8th grand band and cheerleaders worked very hard the month of November getting ready for the Hertford Christmas Parade. The hard work paid off, for they won First Place Band for the 60 members and over class. All total, the middle school marched 90 members in the parade. The group won a trophy and was pictured on the front page of "Sunday Advance" newspaper.

On December 20th the bands will be performing their annual Christmas Concert along with the middle school choirs. Christmas music as well as music they have worked on this fall will be performed.

The annual fruit sale is finishing up now with over 2000 boxes of oranges and grapefruit being sold to our county. The money will help all of the bands in our county.

This past September, 80 new students joined our band program in Perquimans County. These students are all in the 6th grade at the middle school. This number is about 50 percent of the total sixth grade enrollment, and the band enrollment is about 30 percent over the national average. These numbers show a strong basis for the continuing success of our Band Program.

The annual Perquimans County

Middle School Christmas Program will be held Tuesday, December 20th at 7:30 p.m. in the school gymnasium. The first half of the program is entitled "The Gifts of Christmas" and will be presented by the fifth and sixth grade music classes and the seventh and eighth grade chorus, all directed by Mr. Lynwood Winslow. This portion will include a look at Christmas gift-giving and its meaning, illustrated by favorite songs of the season. A short play, "The Runaway Presents" will be performed by Mrs. Sue Leete's fifth and sixth grade Language Arts Class. After a brief intermission Mr. David Ziembra will take the podium to lead the seventh and eighth grade bands in a concert of Christmas music including many old favorites. The bands are sure to do a smashing job after their successful performance in the Hertford Christmas Parade.

All students and faculty involved have worked very hard to prepare an evening of fun and entertainment. We invite the public to come and join this celebration of the Christmas season.

Perquimans Middle School Tigers dropped their first basketball game of the season to the Camden Cubs by a score of 22-17. The Tigers got off to a slow start and could not put things together. Leading scorers for the Tigers were Clint Winslow, 9 pts.; Kwame Everett, 4 pts.; Jeremy Riddick, 2 pts.; and Jermaine McClenny with 2 pts.

The Lady Tigers have been unsuccessful in both games this season.

Perquimans school menus

The following is the Perquimans County School menu for the week of December 19-21, 1988.

Monday—breakfast—pancakes, bacon, or cereal, fruit or juice, milk.

Lunch—hamburger, bun or chicken nuggets-managers choice bread, french fries, oriental vegetables, succotash, fruit, milk.

Tuesday—breakfast—scrambled egg, bacon, toast, or cereal, fruit or

juice, milk.

Lunch—pizza or fish sandwich, potato wedges, corn on the cob, mixed vegetables, fruit cup, milk.

Wednesday—breakfast—cinna-mon raisin biscuit or cereal, fruit or juice, milk.

Lunch—turkey, dressing, gravy, managers choice bread, or managers choice meat, sweet potatoes, green beans, managers choice vegetables, fruit, milk, autumn spice bar.

Easy holiday gifts to sew

'Twas the night before Christmas...and hysteria reigned.

No gift for Aunt Mildred, Billy boy or dear Jane.

It's an awful poem, all right...and an altogether too familiar scene, as well. But Andrea Nynas of Viking Sewing Machine Company has a sewing bag full of wonderful, quick, inexpensive holiday ideas ready for rescue.

"Gifts you make for others really are special," she said. "Just working on a gift means you're thinking about the person and caring about them."

It helps to create something beautiful and useful and well, she went on. The items she's designed certainly fit the bill: For those who get started early, she has personalized Christmas cards made of fabric scraps, charming tree ornaments, a great Christmas stocking made from ribbons, and wrapping paper made from brown paper bags. A cheerful Christmas tree skirt will highlight all the gifts under your tree.

Christmas preparation is less of a bah-humbug situation when you take a methodical approach to things, according to Ms. Nynas.

"First and foremost, START EARLY. It's not just a cliché. Make a list of people and approximately how much you want to spend for each. If you don't know what gift to get them, make some notes about their interest, lifestyle, way of thinking, etc. This will help you focus more directly on what he or she would enjoy receiving.

"Create a schedule for shopping and making gifts. Make a list of things to do and the time available to do them in. Be sure to allow time to buy supplies and a realistic amount of time to make the gift. Perhaps you'll need to set aside two evenings and Saturday afternoons each week to get things done. Write down a schedule and stick to it."

Andrea Nynas' Christmas Crafts booklet contains instructions for many other gift and decorative items, too, including sweat shirts, a dramatic cape made from sweat-shirt fabric, lingerie case and cosmetic bag made from shower curtains, and a leather briefcase.

For a copy of the free booklet, just write to:

Christmas Craft Ideas
Viking Sewing Machines
2300 Louisiana Avenue North
Minneapolis, MN 55427

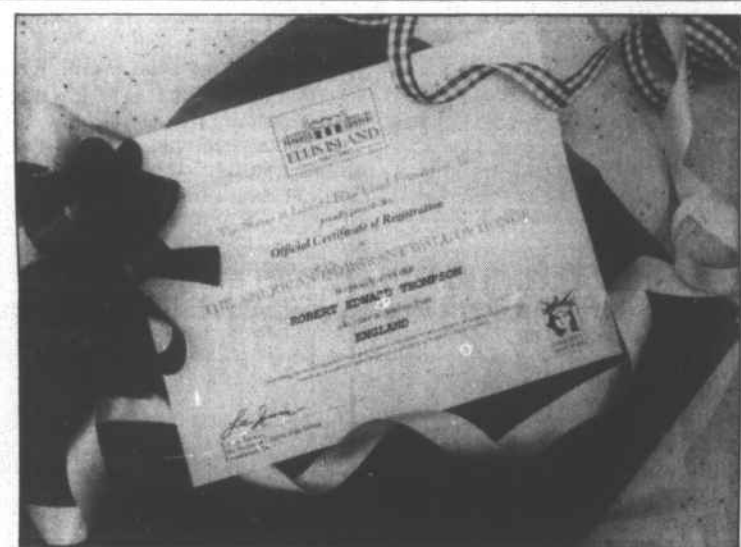
Lace Snowflake Ornaments

Needed:

18" of 2"-wide white edging lace
9" piece of 3/8"-wide grosgrain ribbon in red or green

6" piece ribbon or perle cotton for loop

Stitch with long basting stitch along straight edge of lace. Gather, tie thread ends in knot to secure. Right sides together, stitch short ends of lace together. Tie 9" piece of ribbon in a bow. Bar-tack in center of lace snowflake. Make loop to hang ornament, with 6" piece ribbon or string. Hang on tree.



Holiday gift

An inscription of "The American Immigrant Wall of Honor" is a most meaningful holiday gift. For a donation of \$100 or more, you can have the name of a parent, grandparent, or any ancestor permanently inscribed on this majestic display at The Ellis Island Immigration Museum. This holiday gift will only be available this holiday season by writing to: The Statue of Liberty — Ellis Island Foundation Inc., 52 Vanderbilt Ave., New York, N.Y. 10017-3808 or by calling (212) 883-1986.

Students organize club for car thieves only

BELLE GLADE, Fla. — Four high school students linked by police to at least three car thefts formed a club called CTO, or Car Thieves Only, authorities said.

Officers expect the arrests of the four youths to lead to other arrests and to enable them to clear more cases, said Sgt. Darren Kirch.

Officers recovered the stolen cars, stripped of all usable parts, Kirch said. He said the group had sold the parts at flea markets

around Florida.

"One of them told me they're in competition with a Miami group known as 'The Nissan Boys,'" said Patrolman Ed Anthony. That group specializes in Nissan thefts.

The four students, arrested last week, face charges including auto theft, aggravated battery, armed robbery and tampering with evidence. One 18-year-old was released on \$5,000 bond. The three juveniles, all 17, were taken to the county juvenile detention center.

Women have better diets

WASHINGTON— American women are eating healthier diets including more fiber and less fat, but most women still fall short of federal dietary standards, according to a trio of new studies commissioned by the U.S. Department of Agriculture.

Overall, University of North Carolina Professor Barry Popkin said, his research shows women are eating less food and selecting from a greater variety of food groups than they did in 1979.

While the three surveys focused on women, the researchers said much of the information can be generalized to include men and children because women often make dietary decisions for the entire family.

"American women have made major changes in their diets," he said last week at the USDA's Annual Agriculture Outlook Conference.

"Women have considerably increased the diversity of their diets and are much more likely to consume a number of lower-fat foods" such as skim milk and lean, trimmed meats. However, Popkin noted that women are eating more of what he called high-fat "Yuppie" foods including cheese, pizza, pasta in cheese sauce, deserts and salty snack foods.



CHRISTMAS TREES
*Old Fashioned
Fragrant*

RED CEDAR
At

OLD FASHION PRICES
ALL SIZES

HERTFORD HARDWARE
Corner of Grubbs and Church Streets

PERRY FURNITURE
Specializing In All Types of Furniture and Bedding


Across
Ehringhaus St. 335-1425 From Southgate Mall
OPEN 7 DAYS A WEEK...MON.-SAT. 7:30-5:30, SUN. 1-5

Just Arrived!...

- ROLL TOP DESKS
- STUDENT DESKS
- GUN CABINETS
- CURIOS
- AND MORE!

Financing Available
No Payment 'Til Feb. '89
WITH APPROVED CREDIT





**INSIGHT INTO
EYESIGHT**

Dr. A.F. Downum
OPTOMETRIST

DETECTING GLAUCOMA

Like blood pressure in the body, a certain fluid pressure within the eye must be accurately maintained for good eye health. When there is an increase of fluid pressure inside the eye (called intraocular tension) to a point that causes progressive harm to vision, this is a condition known as glaucoma.

It is quite serious and can lead to blindness if UNDETECTED and untreated. If detected and treated early, glaucoma can usually be successfully controlled.

Unfortunately, and unlike many other vision problems, the symptoms of glaucoma are not easily recognized by the individual. In many instances, by the time one notices a problem, the glaucoma may have already caused serious and irreparable damage. For this reason, periodic optometric examination are considered essential to eye health care. These examinations—which include an internal eye examination, a tonometry test and/or a visual field examination—are a good way to protect against vision damage from glaucoma.

Dr. A.F. DOWNUM
103 W. Eden St.
Edenton, N.C.
Phone: 482-8444

ORNAMENTS
PRIZES

PRIZES
ORNAMENTS

Subscribe or
Renew To
The Perquimans
Weekly

Pick an ornament from our tree.
Check the list to see if we agree.
If it does a prize you've won.

MERRY CHRISTMAS
TO EVERYONE!