

COMMUNITY

Brian Center has dedicated employees and family atmosphere

By: Pat Rountree
Activities Director

I thought we'd reflect on the tremendous sense of pride and pleasure in the care we render this week. Our personnel and volunteers find a feeling of accomplishment in their services.

A nursing home is a highly regulated setting. Professional skills and high standards are a must. At the same time, a personal, home-like environment is a valued ingredient. It is our intent to blend good professional care with empathy and to maintain a close family-like relationship with residents and families.

Here are some "for instances" where family members and guests can be helpful to us.

1. Do not give food to residents without permission from the nursing department. It could create many problems and could be hazardous to that person's health.
2. Never assume it will be all right for a roommate to have the same food approved for another resident. Many of our folks are diet-controlled.
3. Clothing needs marking for identification and re-marking periodically.
4. We'd welcome your help in keeping clothing

mended.

5. You are encouraged to attend patient care conferences and participate fully in your resident's care plan.

Our residents are important, but for a brief moment let us recognize the people who "make a difference." They are the people who are here every day. They are involved in our residents' lives. They are here because they want to make a difference.

Coming through the front door, the smile from secretary Judy Willis; the cheerful greeting from administrator Joe France; the encouragement, listening ear and shoulder to lean on of social worker Nancy Morgan and the financial expertise of office manager Edith Cooper greet you. Nurses assistants are the people bustling around wearing blue tops. They are like the spokes that make the wheel turn.

Our director of nurses, Connie Thomas, has to know her stuff. The responsibility of carrying out doctors' orders, hiring the right personnel, ironing out problems and still finding time and empathy to be a real down-to-earth kind of person falls on the shoulders of a strong and professional leader.

Registered and licensed practical nurses make no

mistakes in medication. They stay on a rigid schedule and carry out not only medical and physical needs of residents, but rehabilitative programs. They like saying "hello" to residents just to see them smile and we confidently know they're there when emergencies arise.

Carolyn Caton makes sure all medical records are documented and accurate.

Two groups of people often overlooked are dietary, supervised by Gloria Holley, and housekeeping, supervised by Janet Layden. Like Mom, they're often appreciated but somewhat taken for granted. We know how important they are.

Maintenance department. Every home needs one. We are fortunate to have Don Long constantly keeping things working. No task seems too small or large for his attention.

As for the activities department, you've been well informed. You've probably met the director at a community event and you're reading my column each week.

A farewell party for RN Barbara Gustafson held at the Golden Corral in Edenton was well attended. Barbara will be missed and we hope she'll stop by to keep in touch.

Nursing assistants wore red flowers on Wednesday, Sept. 20 in honor and appreciation of National Nursing Assistants' Day. All of our staff enjoyed a treat - a spaghetti dinner - on this day.

Perquimans County Heart Association Board of Directors met Thursday at a luncheon at Eure's Restaurant to make plans for this year's fund drive. We at Brian Center have enjoyed annual participation and will be having our month-long events during February, National Heart Month. As activity director, I feel happy to have been chosen as a member of this team, along with Dr. Robert Lane, Christine Lane, Elizabeth Thach, Roy Chappell, Sharmon Haskett, Paige Underwood, Juanita Bailey, Suzanne Haste and Leslie White.

We are happy to welcome Bernard Osborne as a volunteer. Mr. Osborne comes from Snug Harbor and will be assisting Ned Thurston with his popular Bingo game each Tuesday.

Our volunteer for the week is Becky Carson.

We're still the folks who love to celebrate anything. Look for and come on out to join us at the monthly birthday party, fall jamboree and Halloween carnival. Dates for these will be posted.

Thanks for reading.

Community happenings

SHIIP volunteers make monthly visit

Senior Health Insurance Information Program (SHIIP) volunteers are specially trained by the North Carolina Department of Insurance to help retired persons with their health insurance problems.

There will be trained SHIIP advisors ready to help with your health insurance forms at the Hertford Senior Center every first Thursday of the month from 10:30 - 1:00. Come in for help or call Mona Sadler at 426-7044 for the advisor nearest you.

Health department schedules clinics

Clinic schedule for Perquimans Health Department for September 28 - October 5 is as follows: September 28 - teen clinic am; September 29 - general pm; October 2 - prenatal am, family planning pm; October 5 - immunization clinic 5-7 pm.

Fall mountain trip planned

The Perquimans County Recreation Department and Senior Center is sponsoring a Fall Foliage trip to Skyline Parkway, Luray Caverns and Fredricksburg, Va. October 27-29.

Day 1 - We will depart Hertford at 6 a.m. and Elizabeth City at 6:30 a.m. We will travel on to Waynesboro, Va., making stops for breakfast and lunch. There we will visit Swannanoa Palace and Gardens. We will stay overnight in Waynesboro at The Comfort Inn.

Day 2 - After check-out and breakfast, we will travel on towards New Market, Va. There we will go to The Tuttle & Spice General Store. From the moment you set foot on this historic door step, you'll be swept back to the 1880's. Thousands of "old store" items representing a life time collection are on display.

From there we will be traveling on to Luray Caverns for a one hour conducted tour. Luray Caverns is the largest and most popular caverns in Eastern America.

We will overnight in New Market, Va. at The Days Inn.

Day 3 - After a leisure breakfast and check-out, we will travel to Fredricksburg where we will lunch at Morrison's. There we will tour The James Monroe Law Office and the Mary Washington home. These are very close together which means a minimum amount of walking.

Departing for Elizabeth City, we will make the necessary stop for breaks and snacks-supper.

Approximate arrival time to Elizabeth City-Hertford should be 10 p.m.

Tour cost is: single - \$190; double - \$145; triple or quad - \$135.

Tour includes: motor coach, two nights' lodging, admission to all the above attractions and tour escort.

The total amount is due when you place your reservation for the tour. Cancellation date is October 12 for a refund.

Payments may be made at your Senior Center or First Class Travel. Sign up early, for there is a good trip in store for you!

Rec. Dept. sets State Fair trip Oct. 16

The Perquimans County Recreation Department-Senior Center is sponsoring a trip to the State Fair in Raleigh on Monday, October 16. The bus will leave Hertford at 6:30 a.m., stop in Williamston for breakfast, then go on to the fair. The bus will leave the fairgrounds at 4:30 p.m., making a stop for supper at Town and Country Restaurant in Williamston. We should return home around 8:30 p.m. The cost of the trip is \$15 per person which includes transportation only. To register call the Center at 426-5404. Space is limited so call now.

Nutrition site menus for coming week

The Nutrition Site menu for the week of October 2 - 6 is as follows:

Monday - baked chicken, buttered steamed cabbage, buttered green beans, whole wheat bread, margarine, brownie and milk.

Tuesday - BBQ pork, coleslaw with green peppers, seasoned turnip greens, cornbread, margarine, baked apples and milk.

Wednesday - Salisbury steak with gravy, mashed potatoes, buttered broccoli, marinated tomatoes with green peppers and onions, bran squares, margarine, raisin oatmeal cookie and milk.

Thursday - chicken and pastry, seasoned collards, canned corn, biscuit, margarine, congealed lime salad and fruit and milk.

Friday - BBQ beef, sweet potato casserole, mixed green peas, dinner roll, margarine, orange juice and milk.

Diabetes program slated at hospital

Chowan Hospital is now offering an affordable self-care diabetes program.

The program, which begins October 4 and runs through October 18, will be broken down in three two-hour classes offered three consecutive Wednesdays from 7-9 p.m. in the hospital classroom.

Nationally certified diabetes educators, Gwen Overman, RN, and Stephanie Nugen, RD, will be the instructors.

The program consists of disease process, home glucose monitoring, diet and meal planning, sick day management, exercises, medication, complications and review.

The cost is \$15 for the six-hour program. The class will be limited to 15 participants. For additional information or to register, contact Gwen Overman at 482-8451, ext. 219 or Stephanie Nugen, ext. 258.

Weekly calendar

Thursday, September 28

Alcoholics Anonymous and Alanon; 8:00 p.m.; Hertford United Methodist Church.

Jaycees; 7:30 p.m.; Joe's Place

Friday, September 29

Perquimans vs. Currituck; 7:30 p.m.; PCHS Athletic Field

Monday, October 2

Board of Education; 7:00 p.m.; Schools Administration Building.

County Commissioners; 10:00 a.m.; Courthouse.

Chowan River Moose Lodge; 8:00 p.m.; Moose Lodge.

Tuesday, October 3

Hertford Rotary; 6:30 p.m.; Hertford Cafe.

Parkville Ruritans; 7:00 p.m.; Winfall Community Building.

Bethel Fire Department; 7:00 p.m.; Fire Station.

Band Boosters; 7:30 p.m.; PCHS Band Room.

Obituaries

BELLE LANDING DIVERS

Belle Landing Divers, 62, of 206 S. Church Street, Hertford, died Saturday, September 23, 1989 in Chowan Hospital.

A native of Perquimans County, she was the widow of Preston H. Divers and daughter of the late William Deroy and Anna Belle Sawyer Landing. She was the owner-operator of W. M. Divers & Son Jewelers and a member of Hertford United Methodist Church.

Survivors include a daughter, Mrs. Martin E. (Toni) Stallings of Hertford; a sister, Mrs. Geneva L. Sawyer of Hertford; two brothers, W. D. "Bubba" Landing, Jr. and Emmett Landing, both of Hertford and a granddaughter, Miss Whitney Divers Stallings of Hertford.

Graveside services were held Sunday at 3:00 p.m. in Cedarwood Cemetery with the Rev. Raymond Wittman officiating. Swindell Funeral Home was in charge of arrangements.

JESSIE LILLY OVERTON

Elizabeth City—Mrs. Jessie Lilly Overton, 85, formerly of Winfall, died Wednesday afternoon, September 20, 1989, in Winslow Memorial Home, Elizabeth City.

A native of Perquimans County, she was the daughter of the late Abraham and Emma Potter Lilly and the widow of William Martin Overton. She was a member of Bethlehem Church of Christ.

Survivors include three daughters, Mrs. Mary Ruth Stallings of Portsmouth, Va., Mrs. Marjorie Bundy of Elizabeth City and Mrs. Fae Reeves of Camden; six sons, Jesse W. Overton, Graham L. Overton, and J. Luther Overton, all of Hertford, Julian R. Overton of Elkton, Md., Robert W. Overton and Donald Richard Overton, both of Elizabeth City; two sisters, Mrs. Marie Jackson of Norfolk, Va. and Mrs. Margaret Miller of Elizabeth City; 24 grandchildren; 23 great-grandchildren and 2 great-great-grandchildren.

Funeral services were held Saturday at 2:30 p.m. in Bethlehem Church of Christ with the Rev. Blair Yager and Dr. Melvin Stoyons officiating. Burial followed in the church cemetery with Swindell Funeral Home in charge of arrangements.

The grandsons served as pallbearers.

Donations may be made to the Bethlehem Church of Christ Building Fund.

Questions veterans ask VA office

Q: Are common-law marriages recognized by the Department of Veterans Affairs?

A: Yes, if the relationship was established in a state that recognizes common-law marriages.

Q: Is there special mortgage insurance for veterans?

A: You may purchase Veterans Mortgage Life Insurance if, as a disabled veteran, you receive a VA

grant for specially adapted housing.

Q: Do the eligibility assessment procedures for VA medical care apply to veterans age 65 and older?

A: VA's eligibility assessment procedures apply to all nonservice-connected veterans regardless of age. The law allowing veterans 65 years of age or older to receive care in VA facilities regardless of income was repealed in 1986.

Woodmen present flags

The Albemarle Lodge 463 of the Woodmen of the World Life Insurance Society has presented several American flags in this area recently.

Lodge President Thomas R. Vann presented a set including an American flag and a North Carolina state flag to Lester H. Simpson, chairman of the Perquimans County Board of Commissioners, for use in the Albemarle Commission auditorium.

Mathew Joyner, field representative for the Woodmen organization, presented to Roger Whitley, history teacher at the Perquimans High School, an American flag for the outside flag pole. Mr. Whitley's history students raise and lower the

flag each day.

Jimmy E. Copeland, past president of Lodge 463, presented a set of flags to Alton Elmore, Chowan County commissioner, for the Swain Civic Center auditorium in Edenton.

Dear friends,



A cheerful 93-year old offered this:

Age is a quality of mind. If you have left your dreams behind, if hope can no longer look ahead, then you are old. But if from life you take the best, and if in life you keep the jest, if love you hold, no matter how the years go by, no matter how the birthdays fly, you are not old!

Respectfully,

Sam S. Dell

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Dear Friends,

Please know that we are deeply appreciative of the love and kindness shown to each of us, in the loss of our loved one, S. Edgar Long.

Until we can say thank you more personally, we want to say we are truly grateful for such good friends.

All the gifts, visits, food times, floral tributes, cards, telephone calls, donations to charities made in his name - and especially you lifting us up in prayer were most appreciated. As were the beautiful notes of condolence sent to us, and the many nice things you have had to say about things, they meant so much to each of us.

We could feel your love and concern. It has helped us cope with our loss. Thanks again for all this as well as all the acts of love you did for him throughout his many illnesses.

Our most sincere thanks to each of you at this time of sadness in our lives.

Corrie W. Long
Mrs. Marjorie Long
Lucile L. White
Emmett & Madeline Long
John L. Whitley

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CORRECTION

In the Ad for the Perquimans County Board of Elections last week the question should have read "Excise Tax" not exercise tax. The newspaper regrets the error.

DIGNITY

ASK THE FAMILIES WE'VE SERVED

BERRY & OMAN

FUNERAL HOMES

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