Rates: 18.00 In-State

20.00 Out-of-State 426-5728

But I can't help it. When I see some politician's talking head on T.V., I immediately change channels. One thing I heard, though, and really didn't like, was the administration's emphasis on employer-based

the last few weeks.

By the time you read this, sident Clinton will have

details, even though tons have leaked out of Washington over

aled his much already revealed his much-awaited health care agenda. I'll admit I don't know a lot of the

What started as a fringe benefit an employer might offer to recruit and retain good employees has evolved into an expectation and, if some of our leaders have their way, a

health insurance.

requirement. The math gets

All Over the Map

pretty simple after that. A business purchasees the required coverage for its employees. Add these costs to the mix of social security matching funds, workman's compensation, accident insurance, state and federal taxes, plus a company's basic operating costs, and you get something that very much resembles a financial burden. And we all know where those added costs will come from, don't we? That's right; out of the pockets of the folks who buy or use that business's products or

Here's to your health care

services - usl

And if a company's costs
make the purchase price too
high, we move on to some other
guy or gal who offers the product
or service cheaper. The first
company loses business and may
have to close its doors. Then the
domino effect kicks in. You know
the rest

I applaud the President's efforts and appreciate the challenges he faces. But in this instance, I think he's working at the wrong end of an ornery mule. We'd all be better served if our government, in conjunction with private enterprise, steered its efforts more toward controlling and, dare I say it, even lowering the runaway costs of health care, not just figuring who to hand the bill to

Do you know what the best medicine for high health costs might be? Moderation!

Moderation in our eating, drinking and smoking. We need to exercise more. We need to ge stress out of our lives. I think they call it prevents medicine.

i want to send a big "Thanksi" out to all of you who've given such positive and enthusiastic support to the prospects for a fitness center here in town. Thanks for the words of encouragement (and for a terrific newspaper clipping I received from one reader). I'll relay our interest to our prospective entrepreneur and let you know something in the near future.

Is it just me or has anyone else noticed an increase in the number of unleashed dogs roaming the streets of Hertford lately? Just wondering.

Stop procrastinating

Are you a procrastinator? May this poem help you to stop

Around The Corner by Henson Towne Around the corner I've a

In this great city that has no end.

Yet days go by and weeks rush on

And before I know it a year is And I never see my old

friend's face For life is a terrible and swift

He knows I like him just as well As in the days I rang his bell. And he rang mine, We were

younger then.

And now we are busy, tired

Tired with playing a foolish Tired with trying to make a

"Tomorrow," I say, "I will call

on Jim." Just to show that I'm thinking of him.

But tomorrow come and tomorrow goes.

Around the corner! Yet miles

away.
"Here's a telegram sir." "Jim

died today."

And that's what we get and deserve in the end. Around the corner, a vanished friend.

Now that Labor Day has gone along with the last summe holiday and the children all in school, the harvest is underway. Soon we'll be complaining about how cold it is. I'll agree it has been a hot summer and we do have some very cold days in the winter months, but isn't that the law of nature? Can't we ever be satisfied and say "Thank you Lord for letting me see another

As the song says, if a bird can sing and be happy, why can't we realize that we are God's creatures and His is constantly blessing us. I'm reminded of a song that says "Come ye thankful people." How thankful are you?

I didn't get to Washington in August for the 30th anniversary of the march on Washington in 1963, but Perquimans was represented. I watched the program Eyes on the Prize, which was shown the following week on public T.V. It was reliving a history that seemed unbelievable but for sanity's sake, I've had to tell myself that progress has been made.

Upon seeing Nelson Hurdle, who had reached his, 100th birthday, in the Sept. 2 issue of The Perquimans Weekly, I was reminded of my father John Billups who would have been 101 had he lived until Sept. 19 of this year. He and Nelson were world war buddies!

After reading about what Lewis Grizzard said about



Bits 'N **Pieces** Marian Frierson

Local Columnist

respect, he asked the question, why have people lost respect? That is a good question. People once had a lot of respect for themselves, their fellowman, their churches, and their God. Where did the respect go?

My daddy, upon seeing a car coming if he was walking when the car got near enough, he would tip his hat to whoever was in the car. Regardless of whether or not he knew them. Now that was really hard to beat respect.
Will someone revive that old time
gentle respect? Thanks a lot!

Last year, it was my privilege to visit the Outer Banks three times this year. I just like the scenery, not the beach in particular, because I don't think my feet have been wet at a beach since I

This year was my first time to visit the peach and apple orchard up in Whiteston. I didn't know it was such a large operation. One should know what's going on in their own county shouldn't they? Well, I've always said a person is never too old to learn something new. I'll just have to tour Perquimans County in its entirety.

For years, I didn't miss a single Six County Fair at the Jaycee's fair ground in Elizabeth City. I would always go and take various items of vegetables, flowers, arts and crafts, and put up exhibits for my homemakers and senior citizens clubs. Nothing remains the same. It was an enjoyable experience, but there is no one to continue the

Corn crops in some fields must have produced an abundant harvest this year since I have seen so many large truck loads pass. Regardless of who it belongs to, I say "Thank the Lord for the harvest." After all, we are to rejoice with those who rejoice,

Maybe if I need some bread, the producers would share. In the Bible, David said, "I have never seen the righteous forsaken nor his seed beg for bread." I would like to think that I could be classified in one of

Did you read that your I.Q. is now judged by how smart you look? I think I like it better the way it was. I might make all zeroes the new way. (Life goes on never-the-less.)

Gem of the day (by Phyllis Diller). It wasn't bad enough that I lost the beauty contest, but I got hit in the mouth by "Miss Congeniality."

Enjoy life each day!



On finding an arrowhead

My stick prodded the soil as my footprints filled the rows. Each year, as soon as the crops have begun to be harvested, I am out in the fields looking for arrowheads and other Indian relics of the past. Once my people walked here, with plows turning the fertile soil in preparation of crops, but my le of even earlier walked these fields as well. In their black hair they wore feathers, and on their feet hand-stitched moccasins as they stalked prey and dug roots while fresh, clean breezes of "Indian summer" merged with tough, tanned skin. Once the arrows that I now prod about this soil for were carried skillfully through the air by their strong bows, sometimes hitting the mark, sometimes missing.

Last week, I found a crystal spear point among the cotton rows. It had been carved from solid white quartz rock, and was one of the most perfect specimens I've found in years. I probably would not have seen it had not the sun been so brightly glinting from its tip that only barely escaped the soil. Once I walked these same rows with a sharp hoe in my hand, but today I come back to them for relaxation and time to think and heal...and just for the rare



chance of finding one fragment of what used to be.

Syndicated Columnis

I look for tangible things I . can hold in my hand that are already present in my heart. I look for signs from the past that will point me towards more sensible foot-paths to the future. I look for anything that will give me a firm connection with my ancestry, in search of not just arrowheads, but of a deeper spiritual meaning and understanding to life.

When the Indians ruled America there were no time clocks, no traffic jams, no taxes and no crime problem. People hunted and fished every day, not just on the weekends. There was plenty of food to eat, not poisoned by chemicals, fresh clear water to drink not polluted by waste, clean air to breathe...then the white man came and thought he could improve things.

A recent rain had not only improved the remaining crops in

the field, but had exposed fragments of pottery here and there along the row I walked. I handled these remnants with great reverence, and soon I had a small basket full. I stood in the autumn breeze, silently remembering the Indian prophet, great Chief Seneca, and his words spoken in 1799 as a warning to all future generation There will be a time when the good water we use to cook our food, cook our medicines, and clean our bodies will not be fit to drink...and the waters will turn oily and burn...the cool waters that we use to refresh ourselves will warm and heat up...our will warm and heat up...our misuse of this water will turn it against us and people will suffer and die." I sat on the truck seat and drank from my thermos, realizing the predictions of the great chief had come true.

As I gazed down the long rows surrounded by thick woods. I could hear the call of a crow as I watched a red-tail hawk soar, listened to crickets in the grass, frogs in the swamp and the

listened to crickets in the grass, frogs in the swamp and the chattering of many birds. Within yards of where I sat, a huge doe stepped from the woods, sniffed the air and disappeared again into the underbrush. The words of Chief Seattle, recorded as early as 1780, infiltrated my brain: "What is man without

beasts? If all beasts were gone, men would die from a great loneliness of spirit. For whatever happens to the beasts, soon happens to man. All things are connected." An I remembered. too, how this great Indian Chief spoke to representatives of our government in the 1700s, warning us, even then, "What is there to life if a man cannot hear the lovely cry of the whippoorwill or the arguments of the frog around the pond at night. The whites too, shall pass...perhaps sooner than other tribes. Continue to contaminate your bed and you will one night suffocate in your own waste."

Age-old predictions of the Indians say that a time will come when the children of the white man will come to the doors of their teepees and beg for spiritual guidance to save the world that their fathers and grandfathers had destroyed and left for their legacy. I believe that time has arrived. But will the white man's pride get in the way of his own salvation? I wondered about this, and much more, as I stooped to retrieve an arrowhead from ancient sands that hold for us, these lifesaving answers.

Reflections on being a tax collector

I never thought that I'd be a tax collector, It's not one of those professions that people aspire to be. When asked if I enjoy my job. I usually respond with a resounding yes. That makes some people uneasy. Part of the reason is enjoy it so much is the people of this county. As a native of the sounding very comfortable with the honest and down to earth quality of the citizens.

I am also enjoying the challenge of the job. To become an effective tax collector, one must be tough. The job is a little tougher when your goal is to be effective tax of the tax laws.

The law affair. To think that people may actually like me would seem to be an impossibility.

This III regard for tax collectors and the laws content to tax laws.

The law collectors are fine that leave no room for comporting the northing new. The Bible speaks of Jesus sitting with the fax collectors and the sinners.

The same some goodness there the improvements made to property in less will be taxed in 1994.

I hope that I can make a dent in these perceptions. I believe the the nature of the assessment process is the to schedule appointments.

The same some goodness there and some salt will be improvements made to property in the seasessments and the number of parcels to the checked, it will be improvements made to property in the seasessments and the number of parcels to the checked, it will be improvements made to property in the seasessments and the number of parcels to the checked, it will be improvements made to property in the seasessments and the number of parcels to the checked, it will be impossible to schedule appointments.

The same some goodness there all along.

I have an antive of the sasessments process is ments and the number of parcels to the checked, it will be impossible to schedule appointments.

The same some goodness there and will respe

TaxTalk

I have begun to assess new vacy. Anyone who has visited my construction in the county. The home realizes that I cherish it

Letters

Dear Editor:

We would like to express our thanks to the staff, students, and community for the warm reception and support given to the Japanese exchange teachers during their recent visit to Perquimans County. The experience has been one that will be forever remembered by many of those treakers.

Hertford Grammar School fac-ulty for the enthusiasm shown as the Japanese teachers visited their classrooms and taught les-sons and finally to the HGS students for their sincere interest, acceptance, and affection toward