Community

Happenings

Nutrition site menus

Menus for the Perquimans County Nutrition Site for the Elderly for March 6-10 is as follows:

Monday - Meatloaf w/gravy, green beans, rice, roll, orange,

Tuesday - Ham salad, peas, applesauce, bread, strawberries, milk.

Wednesday - Oven baked chicken, squash, butter beans, roll, cookie, milk.

Thursday - Vegetable beef soup, pimento cheese sandwich, juice, bread, cake, milk.

Friday - Turkey w/gravy, succotash, sweet potato patties, roll, melon balls, milk.

School meal menus

'The Perquimans County School System announces the school menus for March 6-10 as follows:

Monday - No school

Tuesday - Breakfast - Apple turnover, cereal, bread, fruit or juice, milk. Lunch - Hot dog/roll, or pork choppette/bun, potato wedges, winter mix, carrots, fruit cup, milk.

Wednesday - Breakfast - Cinnamon bun, cereal, bread, fruit or juice, milk. Lunch - Chicken pattie/bun or cheese burger, scalloped potatoes, green limas, vegetable sticks, apple, milk. Thursday - Breakfast - Steak biscuit, cereal, bread, fruit or

juice, milk. Lunch - Chicken pot pie or ham & cheese sandwich, sweet potatoes, greens, beets, fruit, rolls, milk.

Friday - Breakfast - Scrambled eggs, cereal, bread, fruit or juice, milk. Lunch - Taco basket, smoked sausage/roll, potato rounds, green peas, lettuce & tomato, fruit milk.

Health clinics

The clinic schedule for the Perquimans Health Department from March 6-10 is as follows:

March 6 - Prenatal clinic in the morning, followed with family planning in the afternoon.

March 8 - Child health clinic will be held all day.

March 10 - Pills/problems all day, general health clinic will be held in the afternoon.

Barbecue chicken supper

The Hertford Fire Department will sponsor a barbecued chicken supper on Saturday, March 4, 4-7 p.m. at the fire station. Eat-in or take-out plates will be available. Tickets re \$5 and are available from all firemen, Country Corner, Darden Department Store, Larry's Drive-In, Layden's TV and NationsBank.

Chapter 1

The Chapter 1 parent advisory council meeting for Hertford Grammar School will be held on Thursday, March 16 at the Perquimans County Board of Education. The meeting will begin at 1:30 p.m. The Chapter 1 teachers from Hertford Grammar School will introduce parents to our MOTHEREAD Perquimans program.

Adoption support group

Albemarle Families For Adoption is a new support group for prospective and current adoptive parents. Its first meeting is scheduled for 7 p.m., Thursday, Mach 9 at First United Methodist Church on South Road Street in Elizabeth City. If you have any questions, please contact Norman or Tracy in the evenings at 453-3817.

Interagency Council

The Perquimans County Interagency Council will meet on March 9 at 7:30 a.m. at the Perquimans County Schools Administrative Building.

Family Research Society

Family Research Society will meet Sunday, March 5 at Grace Methodist Church, Elizabeth City. Doors open at 2:30 p.m. The meeting begins at 3 o'clock. An open workshop will follow the meeting. For more information contact Steve Casper, 297-

Casting call

Act I is seeking personnel for a production scheduled for the end of April. Needed are one male and one female over 18, onemale and one female over 30, and one male and one female over 50. Tryouts will be scheduled at the convenience of those who call. For further information, call 426-5937 or 426-8425.

The Wilmington Law Practice of Kathleen Shannon Glancy, P.A. is proud to announce the opening of offices in Williamston, North Carolina

Mr. Otto Lukert, disability paralegal for 19 years will be based in the firm's new offices at 115 East Main Street, Suite 2

(919) 792-0999 or 1-800-336-0155

The Williamston and Wilmington, NC offices concentrate in Social Security, Workers' Compensation and Personal Injury.

Center crowns king and queen

Residents raise money for local projects during annual Heart Month

By BETH FINNEY

Brian Center Activity Director

Friday was the big day at Brian Center - the day we celebrated our February birthdays and crowned our king and queen as we wrapped up our annual Heart Month celebra-

Etta Walton and Robert Sutton were crowned our king and queen because they got the top number of votes from residents, staff, volunteers and family members.

Birthdays celebrated were those of Edna Bond, Virgie Hollowell and James Harrell.

Other Heart Month activities included a bake sale, peanut sale and heart tree. Hearts were purchased to hang on the tree in the entry area either in memory or in honor of a loved

Friday's party also included a raffle, with some great items won by those who held lucky

All the proceeds from the special Heart Month events was donated to "Perquima," a task force of 2020 formed to raise funds to go back into the

In March, we'll have a very special event. On March 4 at 7 p.m., we'll have Steve Austin performing here. Austin is a country and gospel performer who has had a song on the charts and two shows on the Nashville Network. He has opened shows for county greats Don Williams, Mel Tillis, Michael Martin Murphy and others. He will pick, sing and clog dance through 50 minutejs of down-home country, bluegrass and uplifting gospel songs. This event is open to the public.



Etta Walton and Robert Sutton were crowned the King and Queen of Hearts of Brian Center Friday. The event marked the culmination of Heart Month at the Center.

Water quality stressed

Water Conservation District and the Natural Resources Conservation Service have been working to improve water quality in the Albemarle Sound and its tributaries.

Recently, cooperators with farms located on Racoon Creek watershed in Perquimans County attended a meeting to hear discussion on participation in this program. Dwane Hinson, District conservastionist with the Natural Resources Conservation Service, conducted the meting. Her stressed water and nutri-

The Albemarle Soil and ent management as keys to improving and/or maintaining good water quality inthe Albemarle area.

> Landowners are encouraged to voluntarily decrease nutrient run-off with the cost share program, which provides partial funding to cover installation costs of conservation

> The Albemarle Soil and Water Conservation District includes Chowan, Perquimans, Pasquotank, Camden and Currituck counties. Call 426-5545 for conservation information.

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