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The Perquimans Weekly

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The only newspaper for and about Perquimans County people

Hertford, North Carolina 27944

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Perquimans County an All of Us Community

October's theme: **Have patience and listen**

Longmire joins Dr. Lane's practice

By SUSAN R. HARRIS
Editor

Dr. Mack Longmire describes his association with Coastal Carolina Family Practice as a perfect match.

The 28-year-old physician joined the Hertford firm in August, and he said it's been a great couple of months. Longmire was looking for a place in a busy family practice, and that's exactly what he found at Coastal Carolina.

The Tennessee native never had a doubt about his career path.

"I always wanted to go into medicine as long as I can remember," Longmire said.

After earning an undergraduate degree at East Tennessee State University, Longmire



PHOTO BY ALLISON BRENNER, THE DAILY ADVANCE

Living History Day draws young to Newbold-White

By SUSAN R. HARRIS
Editor

A lawn full of children had so much fun, they didn't even know they were getting a hands-on history lesson.

The Perquimans County Restoration Association hosted a Living History Day at the Newbold-White Historic complex Saturday. The children who attended the afternoon event made candles, cornshuck dolls, rope and butter

the way the items were made during the 18th century. There were also old-fashioned games to play.

"They really, really had a wonderful time," said PCRA president Chris Lane. Lane said the history day was very successful and was a component of PCRA's historical education program.

Also on site were basket weavers, quilters, rug hookers and a dulcimer player.

Brunswick stew simmered in a large, black pot over an open fire and was served with cornbread.

"Next year, I think it will be a very large event," Lane said. "People were just so receptive."

The Living History Day was capped off by the annual jollification. Lane said the turnout for the yearly fall fundraiser was the largest ever for the restoration group.

Flu shots available at doctor's offices

By SUSAN R. HARRIS
Editor

Private physicians have a message for the public: Doctors give flu and pneumonia shots every day.

Chris Lane, office manager at Coastal Carolina Family Practice in Hertford, said doctors across the Albemarle area purchase flu and pneumonia vaccine each year for the benefit of their patients.

"The private physicians are doing their very best to give their patients flu shots and pneumonia shots," Lane said.

Private physicians file insurance, Medicaid, and Medicare, Lane said. That means that there is not out-of-pocket cost to most patients just as if the vaccinations were obtained at the health department.

And Lane added that many doctors will make arrangements to provide shots to patients not covered by a health plan who may be financially unable to pay cash for the service.

"The health department is not the only place to go get shots at no (out-of-pocket) cost," Lane said. "Flu shots are provided at physician's offices at no cost also the the patient."

Lane said appointments for the shots are not necessary at Coastal Carolina.

"In most cases there is no waiting," Lane said. "They can come in and get their shot and leave."

She recommends that those who are interested in getting flu or pneumonia shots call their doctors' offices for information.

Finch selected Teacher of Year

By SUSAN R. HARRIS
Editor

Perquimans County Schools recently named the system's Teacher of the Year.

Thelma Finch, an 18-year Perquimans elementary education veteran, was named the system's Teacher of the Year. She will represent the system in the state program.

Each school selected one teacher to represent its staff. The four finalists were then interviewed by a committee composed of students, a board members, parents and county residents interested in education.

Representing their faculties were Finch, Hertford Grammar; Emma Lawrence, Central; Annie Boyce, Perquimans Middle; and Kay Whitley, Perquimans High.

Each teacher was asked to provide her educational background, factors that influenced her to teach, rewards of teaching and personal beliefs about teaching. Their answers, which were submitted in writing, follow.

**Thelma Finch
Pre-Kindergarten
Hertford Grammar School.**

Education: Perquimans County High School; B.A. Elementary Education, N.C. Central University; graduate classes, East Carolina University; Teachers Academy; Motherhead Facilitator. Finch has taught in Perquimans County for 18 years.

Factors that influenced me

to teach: "I was greatly influenced by my grandmother's kindness and patience's in teaching me, I believe many of those characteristics were fostered in me to share with others. The teachers of the schools that I attended were also influential in my selecting the teaching field, because of their display of professionalism, positive attitudes towards me, and their aspiration of helping me to succeed."

Rewards of teaching: "Teaching brings many rewards, but some of the greatest is being able to see the four and five year old students whose lives I have touched become class valedictorian. I am rewarded when a student who has entered my classroom with statistics already in place against him or her that labels them as possible failures, become productive, contributing citizens. I am rewarded in knowing that I have been given the opportunity to touch the lives of future doctors, lawyers, teachers, homemakers, and the list becomes endless. I can make the difference."

Personal beliefs and feelings about teaching: "I believe teaching is a career that requires total commitment and dedication, not just to the students that you teach, but to their parents, and the community. It is a career that goes way beyond the boundaries of an eight to three thirty work day. Teaching is willing to be taught, it is the ability to use

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PHOTO BY SUSAN HARRIS

Dr. Mack Longmire has joined Coastal Carolina Family Practice. The Tennessee native said he is enjoying the Albemarle area and looks forward to becoming involved in the community.

Outside

THURSDAY	FRIDAY	SATURDAY
High: 80s Low: 60 DRY	High: 80s Low: 60 DRY	High: 80s Low: 60 DRY